Fruit and Vegetable Reference List for Teachers

Fruits and Vegetables

- Apples
- Apricots
- Artichokes
- Arugula
- Asparagus
- Avocados
- Bananas
- Beets
- Blackberries
- Blueberries
- Bok choy
- Boysenberries
- Broccoli
- Brussels sprouts
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Celery
- Cherries
- Chives
- Collard greens
- Corn
- Cranberries
- Cucumbers
- Dates
- Eggplant
- Figs
- Garlic
- Grapefruit
- Grapes (and raisins)
- Green beans
- Guava
- Honeydew melon
- Jicama
- Kale
- Kiwi
- Kumquat
- Leeks
- Lemons
- Lettuce
- Limes
- Mango
- Mushrooms
- Mustard greens
- Nectarine
- Okra
- Onions
- Oranges
- Papaya
- Passion fruit
- Peaches
- Pears
- Peas
- Peppers
- Pineapple
- Plums (and prunes)
- Potatoes
- Pumpkins
- Quince
- Radishes
- Raspberries
- Rhubarb
- Spinach
- Squash
- Starfruit
- Strawberries
- Sugar snap peas
- Summer squash
- Swiss chard
- Sweet potatoes
- Tomatillos
- Tomatoes
- Turnips
- Ugly fruit
- Watermelon
- Wax beans
- Yams
- Zucchini

Let’s Get Descriptive!
Encourage your students to build their language skills by using these adjectives to describe fruits and vegetables.

Bitter
Bland
Bright
Bumpy
Chewy
Chilly
Chunky
Cold
Colorful
Crisp
Crunchy
Delicious
Eye-catching
Firm
Flavorful
Fleshy
Fragrant
Fresh
Fruity
Fuzzy
Green
Hard
Irresistible
Juicy
Leafy
Luscious
Mashed
Mellow
Mild
Moist
Mouth-watering
Mushy
Plump
Pulpy
Pungent
Raw
Red
Refreshing
Ripe
Robust
Shiny
Soft
Sour
Sticky
Subtle
Succulent
Sweet
Tangy
Tart
Tasty
Tempting
Vibrant
Vivid
Wet
Wrinkled
Yellow
Yummy
Zesty