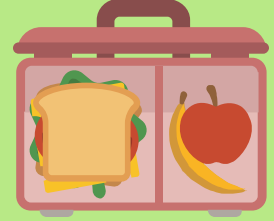


Nutrition & Dietetics



Most students who pursue nutrition and dietetics have two different interest areas. Nutritionists focus on the role of nutrients and draw on the social sciences to draw on factors of food and eating.

Dietitians are often focused in healthcare and helping individuals meet dietary needs. Many students will pursue advanced degrees to excel in areas such as clinical nutrition, community/public health, food service management, education, and others.

Government Feeding Programs (WIC)
Health and Fitness Centers
Universities
Research Institutions
PeaceCorp
Hospitals and Clinics
Community Centers
Correctional Facilities
Nursing Homes
Restaurants
U.S Department of Health
Food & Drug Administration
National Institute of Health
Center for Disease Control & Prevention

COMMON EMPLOYERS



PROFESSIONAL ORGANIZATIONS

Academy of Nutrition and Dietetics
American Dietetic Association
American Nutrition Association
American Society for Nutrition
National Association of Nutrition Professionals



STRATEGIES ON ENTERING THE FIELD

- Most positions require the Registered Dietitian (RD) credential. Become an RD through an accredited bachelor's or master's program followed by an approved, supervised internship. RD's must also pass the Registration Examination for Dietitians
- Scientific aptitude is a must in this profession
- Get involved in campus wellness and peer education groups
- Volunteer in hospitals or nursing care facilities to gauge interests
- Over half of dietitians and nutritionists work in hospitals, nursing homes, or physicians' offices