ELLIE O. RESUME

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EDUCATION

University of Rhode Island, Kingston, RI Bachelor of Science: Nutrition Sciences

May 2019

EXPERIENCE

Nutrition Assistant

Rhode Island Hospital, Providence, RI

July 2016-May 2018

- Processed diet orders in a fast paced environment
- Prepared and modified menus to conform to patients' diet orders as prescribed by physician
- Provided daily meal service to patients

Unit Volunteer

South County Hospital, Wakefield, RI

Jan 2018-May 2018

- Stocked patient rooms with towels, blankets, sheets, and hospital gowns
- Assisted patients before meal time by clearing trays and refilling water jugs
- Visited patient rooms with the Comfort Cart to offer free complimentary items

Undergraduate Research Assistant

University of Rhode Island, Kingston, RI

Sept 2016-Sept 2017

- Assisted in research on Parkinson's disease, multiple sclerosis, and traumatic brain injuries
- Prepared dysphagia recipes for URI's Parkinson's disease support group
- Delivered nutrition lessons to people who have dysphagia
- Analyzed, input, and assessed scores from physical activity and dietary screening surveys
- Assisted in evaluations by taking blood pressure and conducting finger pricks on participants
- Conducted 24 hour recalls using the multiple pass method

General Nutrition Undergraduate Teaching Assistant

University of Rhode Island, Kingston, RI

Jan 2016-May 2016

- Facilitated student learning by creating practice exam questions
- Advised students on course material during drop in office hours
- Graded and provided feedback for a 5-part long dietary analysis project for over 25 students
- Assisted in the lab with anthropometric measurements for students
- Trained to use bodpod, sahara bone sonometer, and waist/hip circumference measurements

RELEVANT CERTIFICATIONS

Bloodborne Pathogens & Biosafety, OSHA Responsible Code of Research, CITI Program ServSafe, National Restaurant Assocation Sept 2017-Present July 2017-Present March 2016-March 2021

SKILLS

Computer: Microsoft Office (Word, Excel, PowerPoint)