# **Ensuring Effective Faculty Mentoring: Tips for Chairs**

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# Agenda

Group Discussion: Mentoring in

Your Department

Mentoring: Benefits, Models, Mechanics, and Best Practices

**Your Mentor Profile** 

**Developing a Mentor Program** 

**Mentoring Dilemmas** 

"Successful mentors view the act of mentoring as an opportunity for thoughtful reflection and personal growth."

- Enz, 1992

Enz, B. J. (1992) Guidelines for selecting mentors and creating an environment for mentoring. In T. Bey and C. Holmes (Eds.) *Mentoring: Contemporary Principles and Issues*. Reston, VA: Association of Teachers Educators.

### What Role Does Mentoring Play in Your Department?

- What does mentoring look like in your department?
   What would you like it to look like?
- As a faculty member-turned-chair, how (if at all) has your thinking about faculty mentoring changed?
- How has mentoring changed since you were a new faculty member?
- What is the most important lesson you have learned as a mentor that you would like to pass on?

# Facts about Faculty Mentoring



# Compared to non-mentored faculty, formally mentored faculty experience:

- Higher levels of job satisfaction
- Better student evaluations
- Greater academic productivity
- O More promotions
- Greater commitment to their institution and greater commitment to their profession
- Stronger likelihood of remaining at the institution
- Greater likelihood to mentor others in the future

(Johnson, 2007; Cartwright, 2008)

# And yet, how does mentoring often happen?

- Sporadically haphazard communication
- Informally little accountability or expectations
- Inconsistently great mentoring → no mentoring
- Partially meeting only some needs
- Transitory relationships fizzle and end
- Fuzzy expectations lack of ground rules
- Unrecognized little formal or informal recognition

# Why is it Important?

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#### The Academy Today

- Working longer hours
- Increasingly competitive scholarly climate
- Increasing expectations about teaching & service
- Changing expectations about balancing life and work
- Faculty diversity is increasing
- Focus on multi- and interdisciplinary scholarship

#### Recruitment & Retention Tool

- Important perk, especially in this economic climate
- Informal networks wield great power
- Isolation is a key contributor to attrition

## Models and Types of Mentors

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- One-to-one
- Multiple Mentors
- Group or Peer Mentors
- Mentor Networks
- Expert Mentor Teams
- "Synergistic" Mentoring
- E-mentors or paper mentors

# Mentors Should: Be Available, Share Knowledge, Be Supportive, Provide Networks, Listen

#### Career guidance and advocacy

- o Research, teaching, service → workload balance, priorities
- Tenure and promotion process
- Grants, publications
- Access to resources
- Establish professional networks and collaborations
- Advocate and protect

#### Organizational

- Navigating university systems
- Share "local knowledge"
- Help settling in
- Promote mentoring within department
- Instill a sense of citizenship

#### Psychosocial

- Offer support, advice, sympathetic ear, sounding board
- Work-life integration
- Establish social and community networks
- Be a role model
- Develop trust

# Some things to consider . . .

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- Sociocultural assumptions
- Underrepresented or "solo" faculty
- Tokenism/generalization
- Care giving responsibilities
- Harassment and discrimination
- Status/power differences
- Diversity in scholarship, talents, styles, and career paths

Gender
Race, ethnicity
Age
Sexual orientation
Disability

### Your Mentor Profile



#### ... Or, if you prefer these categories:

- I am really skilled and comfortable with this and I can do it just fine
- I am really skilled and comfortable with this, but I have to admit I don't think to do it enough
- I know something about this, but I could learn a little more
- This is an area I'm not really knowledgeable about
- This is an area I'm not comfortable talking about
- What other people can I suggest to help address this?

# Components of a Great Mentor Program

- 1. Visible, overt, regular communication from leadership that good mentoring is a department priority
- 2. Formal program management
- 3. Thoughtful mentor matching at hire, and prior to arrival on campus
- 4. Multiple mentors, one outside department, until T&P decision
- 5. Provision for training of mentors
- 6. Provision for training of junior faculty (mentees)
- 7. Opportunities for junior faculty to network/meet as a group
- 8. Opportunities to check on success of mentoring relationships for every junior faculty, and re-assign/augment, etc., as needed
- 9. Evaluation of program as a whole on a regular basis
- 10. Provision of formal recognition, acknowledgment, awards, etc., for mentoring



Communication from leadership that mentoring is a priority.

- Be diligent about mentor assignments
- Establish a formal policy and guidelines
- Provide resources and incentives!!
- Acknowledge work of mentors
- Host social gatherings
- Encourage departmental mentoring as a way to increase social capital
- Foster a culture of mentoring normalize mentoring in the department – resist the deficit model
- Be a role model have a mentor (peer?) yourself

#### Formal program management



- Mentoring is the intangible benefit
- Otherwise slippage is inevitable
- Designated person or committee to:
  - Manage
  - o assign,
  - o check-in and re-assign
  - ensure training occurs
  - Plan gatherings
  - acknowledge efforts of mentors

Thoughtful mentor matching at hire, prior to arrival.

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- Automatic process not voluntary
- Who assigns? Search committee? Chair?
- Assessing individual faculty needs ask!
- Contact prior to arrival on campus, and immediately upon arrival

#### Multiple mentors until T&P decision

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- Few people are a "one-man-band"
- Less is not more
- Cross disciplinary/department exposure is helpful
- One year is NOT ENOUGH! Remember going through the tenure process?

#### **Provision of Training for Mentors**



- Few people are natural mentors
- See Slide 5! (how mentoring often happens)
- Annual workshop, tutorial and/or handbook
- Occasional informal gatherings to compare notes
- Occasional informal gatherings with mentees

#### Provision for training for junior faculty

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### Learning to be a good mentees:

- Initiating behaviors (motivation to engage/disengage)
- o "Coachability" (willingness to learn and use advice)
- Competencies (clarity of goals, communication style)

People don't know what they don't know, and may be hesitant to ask

Expectations of a mentoring relationship

Opportunities for junior faculty to network as a group

- Informal networks are extremely valuable
- Junior faculty are very busy and may tend to isolate themselves
- Shared local knowledge
- Shared challenges
- Opportunities for collaboration

#### Checking in and make changes, as needed

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- Mentoring relationships should not be left on their own (see Slide 5 again!)
- After first semester, and one year
- Be wary of silence or quick answers
- Informal, face-to-face conversations "chats" very important as subtle issues rise to the surface
- Suggest additional mentors rather than ditching ineffective one
- Stress no-fault policy be ready to mediate or finesse

#### Regular program evaluation



- Accountability, Accountability, Accountability,
- Be careful of self-perception bias (differences in satisfaction in relationship between mentors and mentees)
- Formal evaluation campus-wide is best
- Short survey or topic at department meeting annually

# Formal recognition, acknowledgments, awards, etc..

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- Mentoring should not be a thankless job
- Formal service contribution
- Partial course release, stipend, etc.
- Verbal acknowledgement, pat on the back
- Elevate mentoring to a high status activity



# **Mentoring Dilemmas**

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- Sarah
- Brian, Joe & Sarah
- David
- Geraldine
- Jeff and Cathy/Cathy and Jeff
- Jaime

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URI ADVANCE Program Faculty Mentor Online Tutorial: http://www.uri.edu/advance/MentorTutorial/mentoring\_introduction.html

# Thank You. Questions?

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