



# Food Safety Guide



Category	Food	Refrigerator (40 °F or below)	Freezer (0°F or below)
Salads	Egg, chicken, ham, tuna & macaroni salads	3-5 days	Does not freeze well
Hot Dogs	Opened package Unopened package	1 week 2 weeks	1-2 months 1-2 months
Luncheon Meat	Opened package or deli sliced Unopened package	3-5 days 2 weeks	1-2 months 1-2 months
Bacon and Sausage	Bacon Sausage, raw– from chicken, turkey, pork, or beef	7 days 1-2 days	1 month 1-2 months
Hamburger & Other Ground Meats	Hamburger, ground beef, turkey, veal, pork, lamb, & mixtures of them	1-2 days	3-4 months
Fresh Beef, Veal, Lamb & Pork	Steaks Chops Roasts	3-5 days 3-5 days 3-5 days	6-12 months 4-6 months 4-12 months
Fresh Poultry	Chicken or turkey, whole Chicken or turkey, pieces	1-2 days 1-2 days	1 year 9 months
Soups & Stews	Vegetables or meat added	3-4 days	2-3 months
Leftovers	Cooked meat or poultry Chicken nuggets or patties Pizza	3-4 days 3-4 days 3-4 days	2-6 months 1-3 months 1-2 months
Condiments	Spaghetti sauce Ketchup Mustard Barbeque sauce Mayonnaise Soy sauce Hot sauce Jelly/Marmalade Salad dressing Salsa	1 year 6 months 12 months 4 months 2 months 2-3 years 2 years 6 months 2 months 1 month	