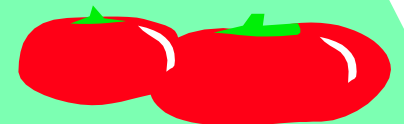
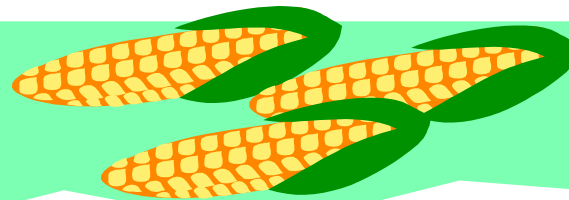
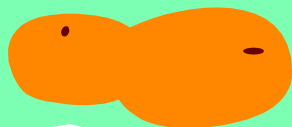
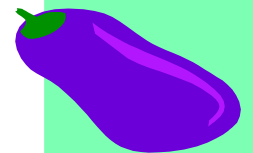
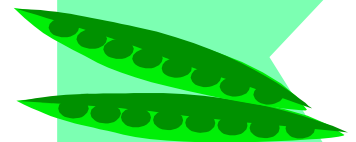
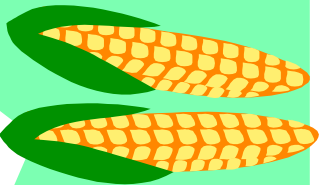
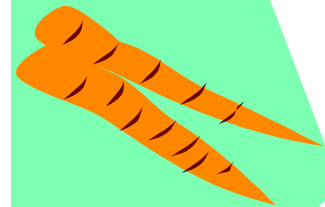


**I pledge to eat more fruits  
and vegetables and to  
persuade my family to do  
the same.**



**Date:** \_\_\_\_\_