

Fruit and Vegetable Math

Name: _____

Date: _____

DIRECTIONS:

Jason is 9 years old and just learned in school that he needs to have 2 cups of fruit and 2 cups of vegetables every day. Do the math problems below to see what Jason is eating every day.



1 CUP FRUIT=	1 CUP VEGETABLES=
32 grapes	12 baby carrots
1 large banana	1 sweet potato
1 orange	2 cups leafy greens
1 apple	1 cup cooked broccoli



1. On Monday morning Jason packed grapes to bring to school with him for a snack. He packed 40 grapes and gave 4 to Sarah and 4 to John.

- a. How many grapes does Jason have left? _____
- b. How many cups of fruit is this? _____
- c. What does Jason need to eat to reach 2 cups of fruit for the day?
Circle the correct answer:

½ large banana
 1 orange
 2 apple slices

2. On Tuesday, Jason brought 15 baby carrots to school, but he did not eat 3 of them.

- a. How many carrots did Jason eat? _____
- b. How many cups of vegetables is this? _____
- c. At dinner, Jason ate 1 cup of leafy greens in his salad and half a sweet potato. Does Jason need to eat more vegetables to get 2 cups of vegetables for the day?
Circle the correct answer:

YES
 NO

Explain your answer: _____