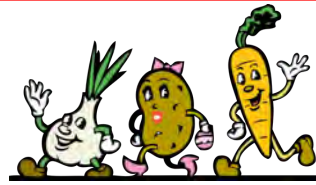


GET MIXED UP AND MOVING!



Directions: Unscramble the letters to reveal the mystery word. Choose some of these to get 60 minutes of physical activity every day!

1. nur



7. croecs



2. yapl



8. xsecreie



3. mjpu



9. kabtlesbal



4. wkal



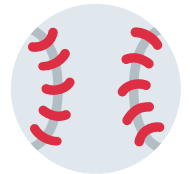
10. cusmsel



5. adetyhr



11. lesablba



6. kebi



12. ethbrtaea



Visit web.uri.edu/snaped for more family-friendly recipes and information and follow us on social media!



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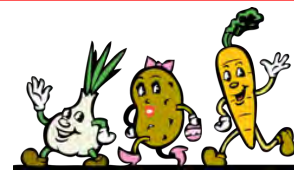


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¡MÉZCLATE Y MUÉVETE!



Direcciones: Descifra las letras para revelar la palabra misteriosa. ¡Elija algunas de estas opciones para realizar 60 minutos de actividad física todos los días!

1. rocerr



7. olúbtf



2. jurag



8. cejercoii



3. raalst



9. cabtolneso



4. namciar



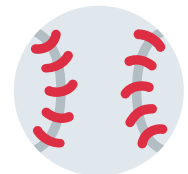
10. lusúmocs



5. hdirtraa



11. ibbéslo



6. cابلةiic



12. tlodai



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