

I Spy Nutrition Game

Clues and Answer Key for teachers

Pre K – Grade 1



Directions: Read the following clues and instruct the students to circle the pictures on the I Spy Nutrition Game Picture Sheet that match the clues.

I Spy...

1. a fruit that is red on the inside and green on the outside (watermelon)
2. a food that some kids like to eat for breakfast (cereal)
3. a veggie that is green (broccoli or lettuce)
4. a drink that is important for my body, especially on a hot summer day (water)
5. a fruit that is blue (blueberries)
6. a veggie that is orange (carrot)
7. a drink that comes from a cow that is good for my bones and teeth (milk)
8. a part of my body that is important to wash before I touch food (hands)
9. a vegetable that is white, tan or brown (mushroom)
10. an activity that I will be able to do if I eat healthy foods (girl jumping)
11. a place where fruits and veggies grow (garden picture)
12. a word that we use for healthy foods that we should eat every day (Go)
13. a word that we use for foods that aren't the best for our bodies that we should only eat once in a while (whoa)
14. a green vegetable that grows on top of the ground (broccoli or lettuce)
15. a word that describes one of my senses that helps me enjoy food (taste)
16. a veggie that is red that is usually on pizza (tomato)
17. a healthy food that swims in the water and is good for my muscles (fish)
18. a white fruit that has a yellow skin and grows in a tree (banana)
19. the food that peanut butter is made from (peanuts)
20. a food that comes from a chicken (egg)