

I Spy Nutrition Game

Grades 2-5

Picture Sheet



NAME: _____

Directions: Circle the picture(s) that match the clue.

STOMACH

FIBER

2 cups + 2 cups

5

GO

WHOA

one half

SLOW

60

MyPlate.gov

The octagonal frame contains the following items: a head of broccoli, a boy pointing to his stomach, two carrots, a pair of yellow gloves, a hand pouring water from a yellow watering can onto plants in a garden, a girl jumping, a wedge of Swiss cheese, three almonds, a banana, a blue bowl of soup, a bunch of spinach, two strawberries, a head of lettuce, a pair of large eyes, a blue water bottle, the MyPlate.gov logo, a red heart, a glass of milk, three blueberries, a red and white striped container of french fries, a brain on a man's head, a red can of soda, a bowl of cereal with a spoon, a flexing arm, a watermelon, and a slice of watermelon.