

RHODE ISLAND'S CHALLENGES

1 IN 6

RI children struggle with hunger

35%

of RI youth aged 2-17 are overweight or obese

11%

of RI adolescents in grades 9-12 consume soda daily

1 IN 8

RI adults live in poverty

65%

of RI adults are overweight or obese

34%

of RI adults consumer fruit less than one time per day

WHAT IS EFNEP?

The Expanded Food and Nutrition Education Program (EFNEP) empowers limited-resource families with children, school-aged youth, and pregnant teens to make nutrition and physical activity-related behavior changes as a way to facilitate a healthy lifestyle and reduce chronic disease risk.

YOUTH IMPACT



84%

improved ability to choose healthy food



58%

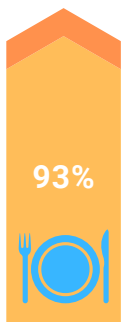
improved safe food handling practices



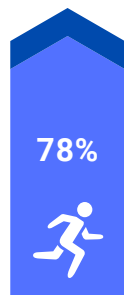
43%

improved physical activity behaviors

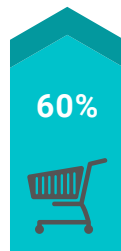
ADULT IMPACT



improved diet quality



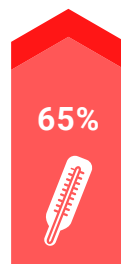
were more physically active



improved food resource management



improved food security



improved food safety practices

OUR PARTNERS:

- K-12 Schools
- After School Programs
- Adult Education Sites
- Job Training Sites
- Community Centers
- Head Start Sites
- WIC Sites
- Libraries
- Health Care Sites
- Public Housing Sites and Shelters and more!



CONTACT US:

Sarah Amin
EFNEP Director
sara_amin@uri.edu
401-874-4024

Jess Meuleners
EFNEP Program Manager
jessicam@uri.edu
401-277-5272

web.uri.edu/efnep/

