

Name _____ Date: _____

Pears



Directions: Read the passage then answer the questions in complete sentences.

Nutrition Facts:

Pears are packed with fiber and vitamin C. Fiber is important for digestion. Vitamin C helps heal cuts and gives you healthy skin. Most of the vitamin C and fiber in a pear is found in the peel.

Pears are picked before they are ready to eat. You can tell that a pear is ripe when the part near the stem is a little bit softer than the rest of the pear. Ripe pears make a delicious snack or dessert.

Pears in History:

In ancient times, pears were more popular than apples! The first pear seeds were sent to the United States in 1629.

Growing Pears:

Apples and pears grow on trees but are part of the rose plant family. In the spring, pear trees are filled with beautiful white blossoms. Small pears form and grow larger during the summer. Pears are ready to harvest in late summer and early fall. There are over 3,000 varieties of pears grown around the world.

1. What part of the pear has the most vitamin C?

2. How can you tell when a pear is ready to eat?

3. What did you learn about how pears grow?
