



Quarterly Newsletter

Dear Community Partners,

We hope everyone is well during this unprecedented time. While at this time we are not able to be out in the community offering face-to-face nutrition education workshops, we are working with partners to engage with participants. If you would like resources, are interested in online workshops, or have other ideas for collaboration, please reach out! This newsletter highlights our contributions to the community during Winter 2020 and offers resources for community partners during this socially-distant time.

Our Reach to Rhode Islanders...

47 Community partners actively engaged

193 Presentations for:

1,051 SNAP-Ed eligible children and adults who received hands-on, interactive programs

774 SNAP-Ed eligible children and adults who received SNAP-Ed information through table events

150 professionals that work with the SNAP-Ed eligible population (professional development training)

45 Policy, Systems and Environment (PSE) engagements with 18 community partners

From January to March, we collaborated with 47 community partners to help improve the health of their community participants. Participants ranged from preschool and elementary-aged youth and their parents/caregivers, to adults and seniors.



Education Programs for Community Participants

Hands-on cooking demonstration and tasting with 5th grade students.

Eat Well & Spend Less

Helping adults attain a healthy diet on a limited budget

Heidi Hetzler, MS, RD, LDN



Professional Development

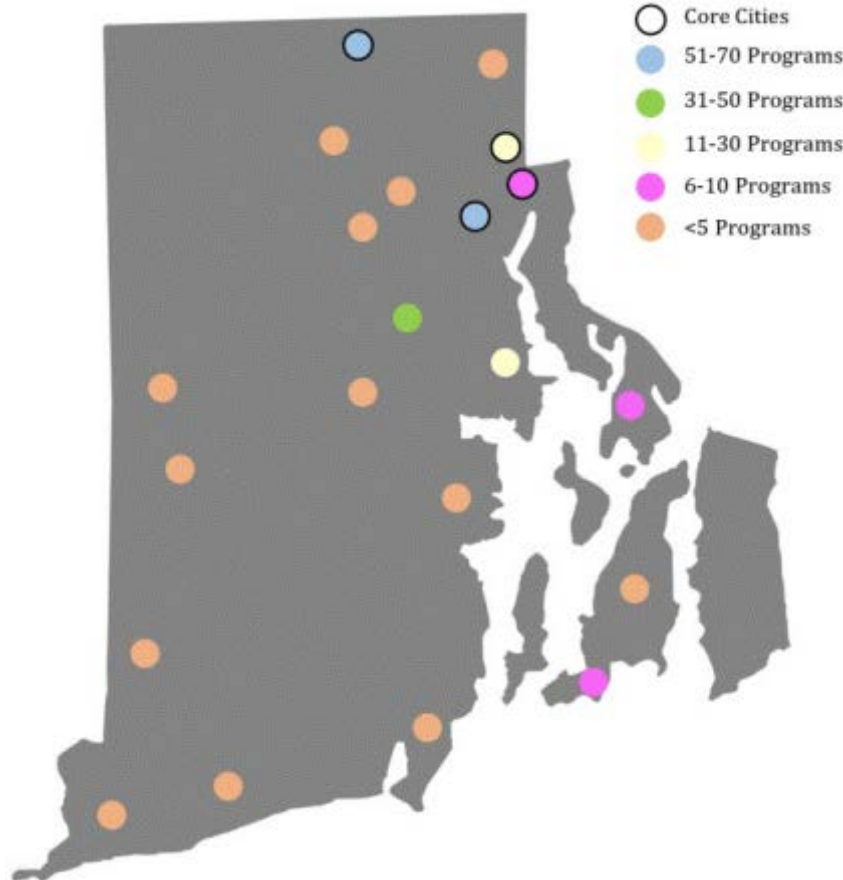
Diabetes Prevention Program staff completed a professional development training about helping their participants eat healthy on a limited budget.



Policy, Systems & Environment Strategies

A bulletin board kit is provided to the East Bay Food Pantry to encourage consuming healthy drinks.

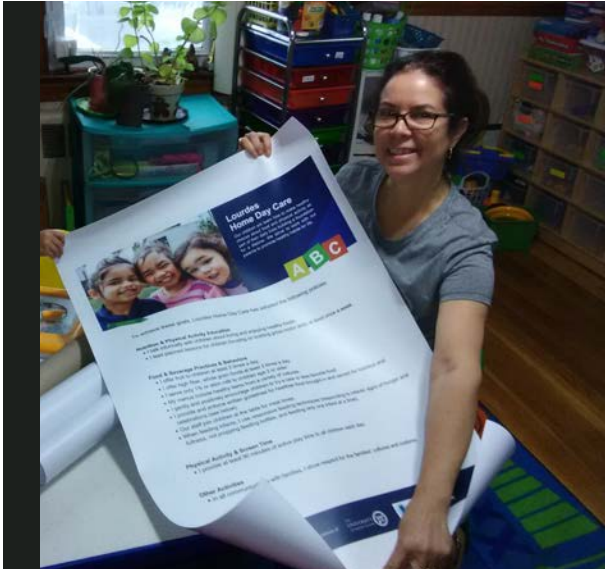
Where to Find Us...



What's New?

During the winter, we worked with Dorcas International Institute of Rhode Island's Community Health Workers. Nutrition education workshops provided information, resources, and tips to share with the refugee population that they work with.

Program Spotlight:



For the past 2 ½ years, URI SNAP-Ed has collaborated with the Rhode Island Department of Education (RIDE) and Farm Fresh Rhode Island (FFRI) to implement the state's Team Nutrition Training Grant, which aims to improve the overall wellness environment of child care centers and family day care homes participating in RIDE's Child and Adult Care Food Program (CACFP). All grant activities wrapped up during this quarter, providing an opportunity to report on SNAP-Ed's involvement in the project.

The main objectives of the grant were to:

- help create or improve wellness policies at the daycare
- implement evidence-based nutrition education
- improve healthy meal and snacks offered
- engage parents in wellness activities



24 child care center sites and 20 family daycare homes completed the program in either English or Spanish and created a new, comprehensive wellness policy for their program.



SNAP-Ed also co-delivered with FFRI 19 Grow It, Try It, Like It or Hábitos Saludables para Toda la Vida teacher trainings to 267 early childhood educator teaching staff.

Stay in touch!

Please reach out to us if you need any materials or information, want to discuss future collaborations, or have any success stories from community participants! You can email us at nutrition@etal.uri.edu or call our hotline at 1-877-366-3874. Please click the icons and follow us on our social media platforms for updates on programs, recipe ideas, and tips to share!

University of Rhode Island Supplemental Nutrition Assistance Program- Education (SNAP-Ed) 1-877-366-3874 (1-877-FOOD-URI) uri.edu/snapednutrition@etal.uri.edu



Community Nutrition Education RI



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