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# Hey, What's On Your Plate?

## Bilingual Memory Match-Up: Fruit & Veggie Edition



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THE  
UNIVERSITY  
OF RHODE ISLAND

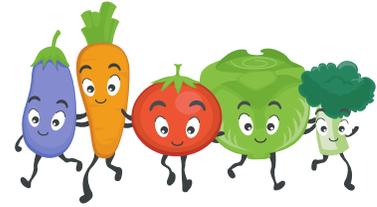


**Ages: Grades K-2**



# Bilingual Memory Match-Up: Fruit and Veggie Edition

**Age:** Grades K-2



## **Nutrition Objectives:**

- Students will be able to recognize a variety of fruits and vegetables.
- Students will be able to determine which food group specific foods belong to.



**\*Bonus\*** Students can learn the Spanish translation of popular fruits and vegetables!

## **Description:**

- This group activity involves the whole class and can be used in a classroom or the gym as a warm-up before a Health or PE class.

## **Directions:**

1. Mix and spread all cards facing down on a flat surface.
2. Players take turns, turning any two cards picture-side-up. The cards must be turned over completely, so that all players can see them.



**A Match:** A player makes a match if the two cards turned picture-side-up are identical. Those two cards are then removed from the playing area. Next, another player takes a turn.



**A Miss:** A player misses if the two cards turned over are not identical. Place the two cards picture-side-down again, in the same spot. That player's turn ends and they must choose an exercise for the group to do together.

3. The game continues until all cards have been matched and removed from the playing area.

For more of our nutrition education and resources, visit: <https://web.uri.edu/community-nutrition/>



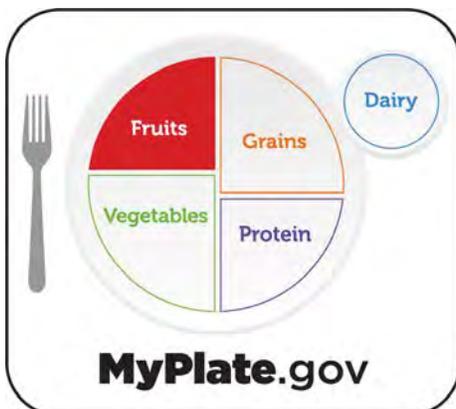


# Apple



# Manzana

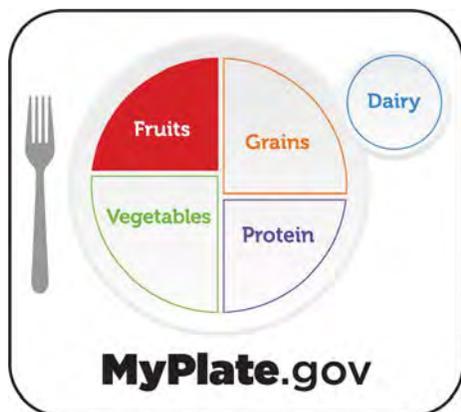
(mahn-sah-nah)





# Papaya

(pah-pah-yah)



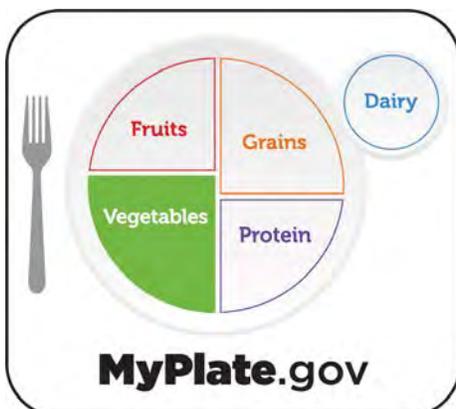


# Cucumber



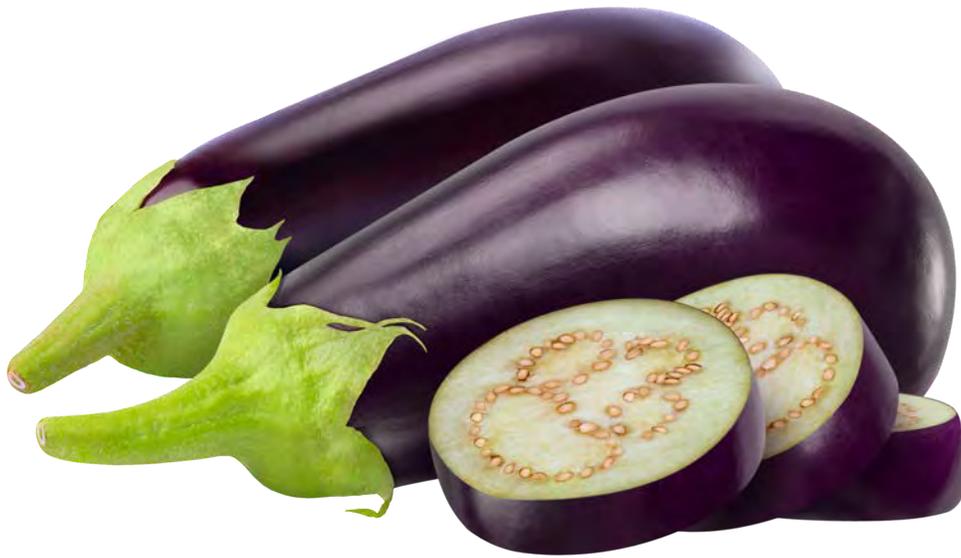
# Pepino

(peh-pee-noh)



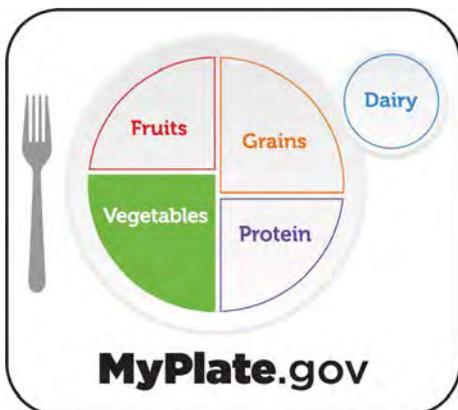


# Eggplant



# Berenjena

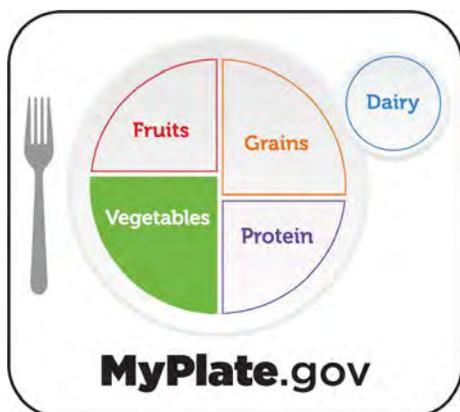
(beh-rehng-heh-nah)





# Jicama

(hi-kuh-muh)



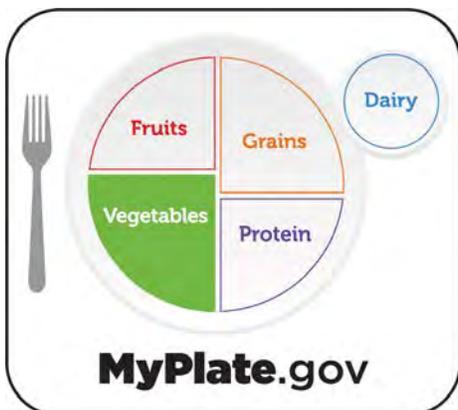


# Plantain



# Plátano

(plah-tah-noh)



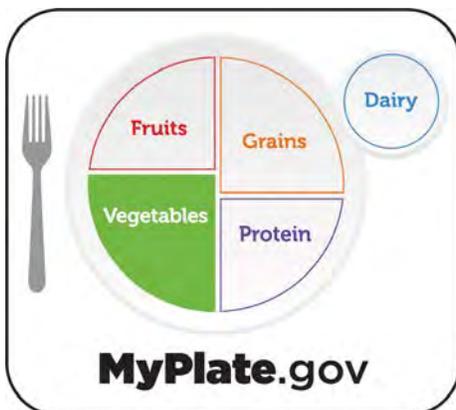


# Sweet Potato



# Batatas

(bah-tah-tah)



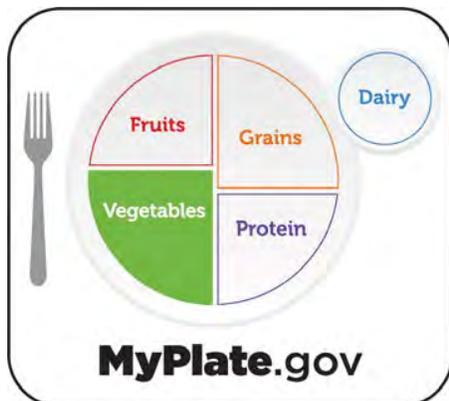


# Avocado



# Aguacate

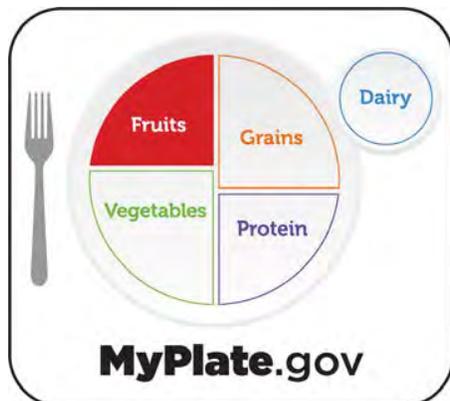
(ah-gwah-kah-teh)





# Mango

(mahn-goh)



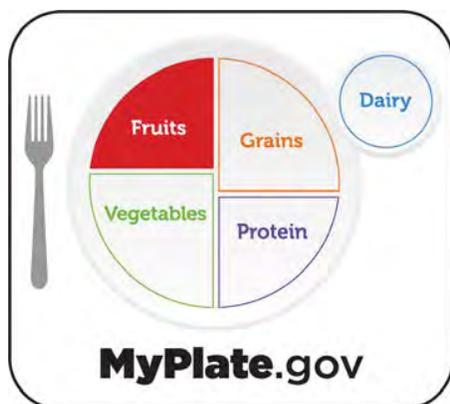


# Passion fruit



## Maracujá

(mah-rah-koo-yah)



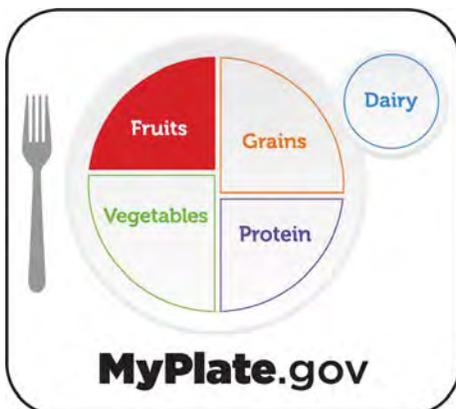


# Apple



# Manzana

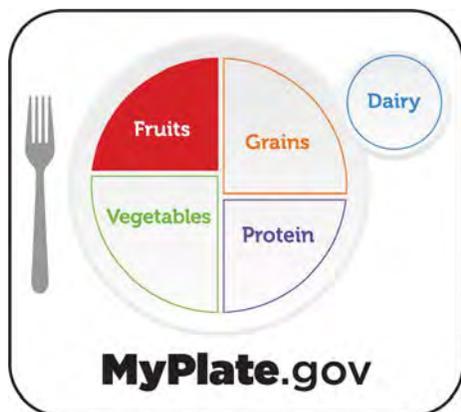
(mahn-sah-nah)





# Papaya

(pah-pah-yah)



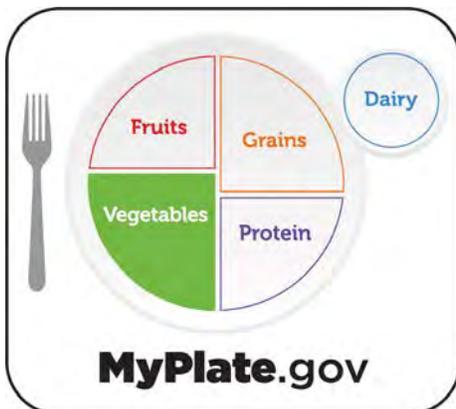


# Cucumber



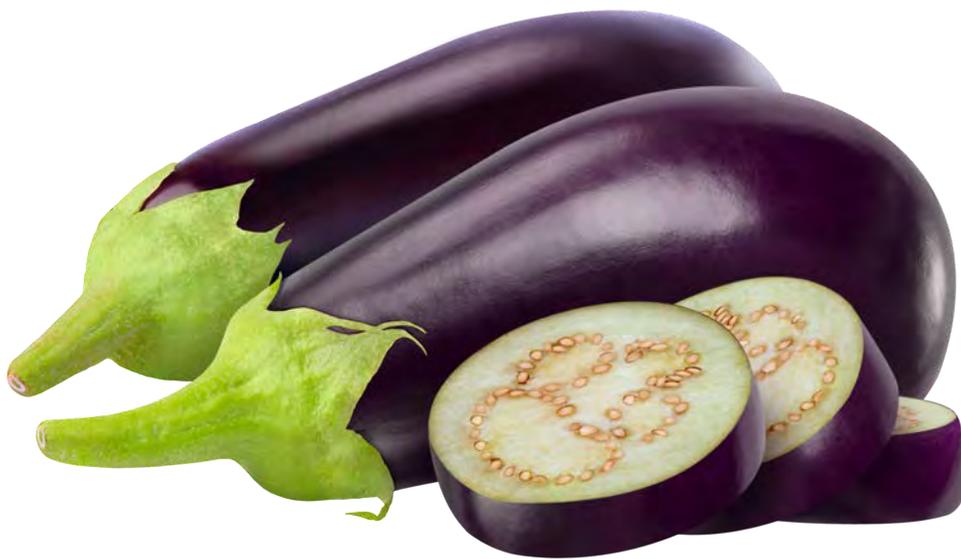
# Pepino

(peh-pee-noh)



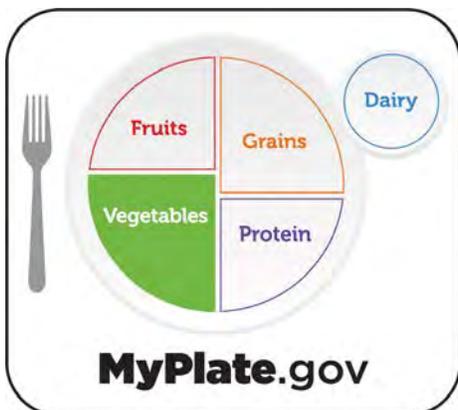


# Eggplant



# Berenjena

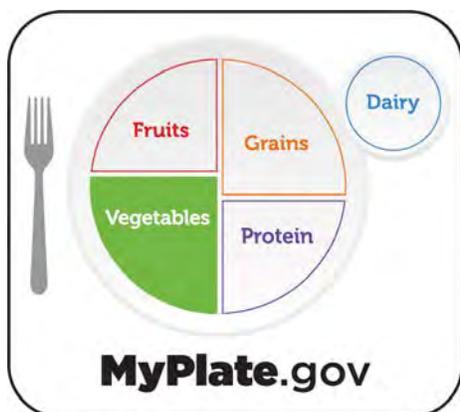
(beh-rehng-heh-nah)





# Jicama

(hi-kuh-muh)



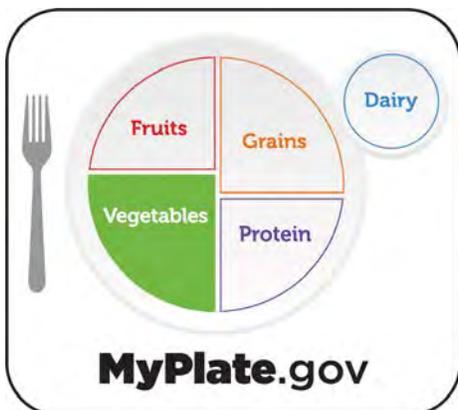


# Plantain



# Plátano

(plah-tah-noh)



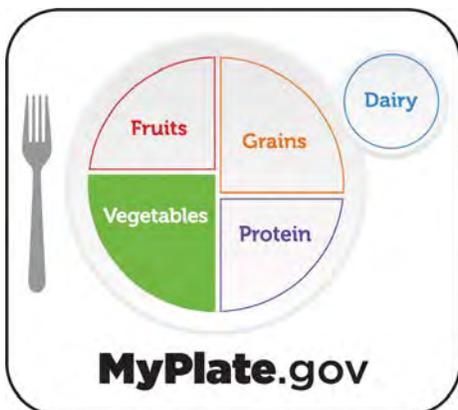


# Sweet Potato



# Batatas

(bah-tah-tah)



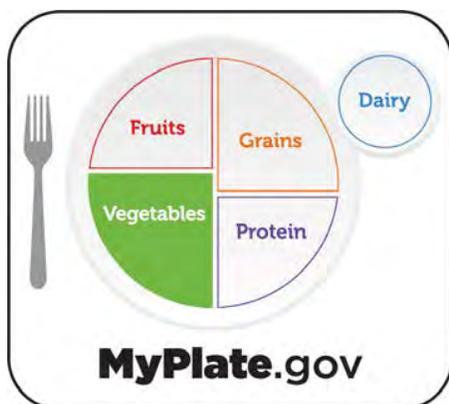


# Avocado



# Aguacate

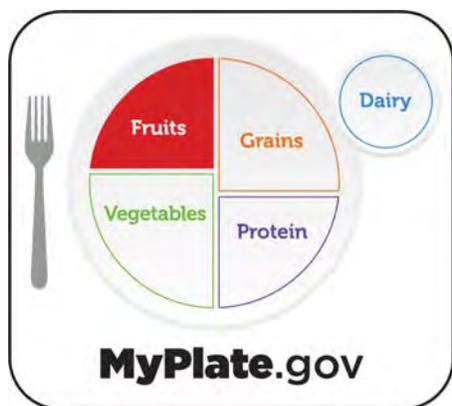
(ah-gwah-kah-teh)





# Mango

(mahn-goh)





# Passion fruit



## Maracujá

(mah-rah-koo-yah)

