

## THANK YOU!

I began making personal calls to the 700 members who currently have credits on our books for canceled classes. This figure amounts to over \$45,000. I am pleased to say that as of today 30 members have opted to waive their credits in an effort to help OLLI out during these challenging times.

There are many more calls to make over the next few weeks and I believe that our spirit of giving will continue as we all look forward to returning to OLLI as a community of lifelong learners.


I have enjoyed talking with many of you and hearing how you and your families are doing, and what you are doing to keep yourselves busy. Some are catching up on reading, others are exploring new places to walk, one is learning French, and another is simply enjoying the slower pace in the comfort of home.

My calls have also given the members an opportunity to ask questions about OLLI and our plans going forward. It is a great way to stay connected.

I look forward to chatting with many of you in the days to come.

Be well and stay safe,

Beth Leconte  
 Director  
 OLLI at URI

<p><b>Something to Read</b></p>	<p>Looking for something to read? Project Gutenberg eBooks are mostly older literary works. Most were published before 1924, with some published in the decades after. Project Gutenberg is a library of over 60,000 free eBooks. Choose among free epub and Kindle eBooks, download them or read them online. You will find the world's great literature here, with focus on older works for which U.S. copyright has expired. Thousands of volunteers digitized and diligently proofread the eBooks, for enjoyment and education.  <a href="https://www.gutenberg.org/">https://www.gutenberg.org/</a></p>
<p><b>Something to Watch</b>  <i>Recommended by Jan Armor, OLLI member and faculty.</i></p>	<p>PBS American Masters Series - many outstanding biographies about artists, painters, inventors, architects, musicians, etc. All are A+</p>
<p><b>Quote to Ponder</b></p>	 <p style="text-align: center;">“          The only way to          make sense out of          change is to plunge          into it, move with it,          and join the dance.          Alan Watts</p>
<p><b>On-Line Education</b></p>	<p>Check out Northeastern's past Lifelong Learning On Demand Programs. You can complete the modules at your own pace and learn something new! <a href="#">Click here for the programs.</a></p> <p>The OLLI at Berkshire Community College has come great lectures. <a href="#">You can check the out here.</a></p>

**This is Week 2 on decluttering.**

Good luck this week and remember to share your stories with us by emailing

[olli@etal.uri.edu](mailto:olli@etal.uri.edu)

Be well, Beth Leconte

How successful were you last week removing one item from each room? Was it easy or difficult for you? How did it feel and what did you learn? Were you motivated to do more? Going forward you might want to experiment with this idea

Consider removing items following the calendar and finding things to put in your bag each day For example: April 14, discard 14 items, April 15, discard 15 items. If you find you have nothing to discard, consider listing a few things each day. For example: April 14 list 14 things you are grateful for; April 15 list 15 relatives or friends you wish to reach out to; April 16, list your favorite movies or books etc.

Keep in mind that as you go through your rooms ask yourself some of these questions

1. When was the last time I used it?
2. Is this item something I love? Does it have sentimental value that cannot be replaced?
3. Can I get by without it?
4. Is it in good shape Will it last for a long time?
5. Do I know someone else who could benefit from it?

Now that you have some things collected what can you do with them?

1. Donate (Jonnycake Center, Habitat Restore, Big Brother/Big Sisters, homeless, churches, group homes, college students, Domestic Violence Resource Center...etc.)

2. Consign or sell
3. Inventory for a family member or friend
4. Trash it

5. Take a photo of your sentimental items and write a story about it

Make a personal property inventory of things you may wish to pass onto family or friends (artwork, jewelry, furniture)

1. List by room or location
2. List the item
3. Next column list "requested by"
4. Next column list "agreed receiver"

Invite family members or friends to come over and look at your items and if interested they can select their item. Sometimes you can do it by lottery. Family members draw a number. Number one goes first and selects an item, then Family member two goes and selects an item and so forth

This is planning. It does not mean they will remove the item immediately. It simply may be a wish list for when you are ready to move on and give the item away.

**OLLI Photo Fun**

*Submitted by Marilyn Harris, OLLI member and faculty.*

You can also share a photo! Click the link below to join our photo album. You must have a gmail address to participate. Submit one photo per person. We will publish one favorite photo per week. \*\*Please note that when you share a photo with us on the Google site, you are giving us permission to share that photo on a public website. [Click here to submit your photo for publication!](#)



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