

**NEED SOME TECHNICAL HELP?  
ALL SENIORS CAN CALL CYBER SENIORS AT  
1-844-217-3057**

**where trained volunteers are standing by to answer their tech questions and to help you sign up for online training sessions.**

Tech savvy seniors can also:

- register online for a group session or one-on-one tech-support by visiting their website at [www.cyberseniors.org](http://www.cyberseniors.org).
- access the over 1200 training tutorials (*soon available in Spanish and French*) and the Cyber-Seniors discussion forum by calling 1-844-217-3057 to register.
- Click here to visit their website: [Cyberseniors.org](http://Cyberseniors.org).

**Something to Watch**

Apple TV+ is making some content free, for a little while. Read the article by [clicking here](#).

2. If you're on Facebook, check out this LIVE Premiere: At the Table with [Chef Robert Irvine](#) at 5 p.m. Monday, April 20.

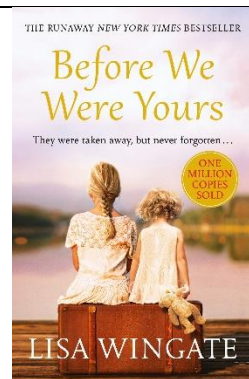
Family memories are made at the table, but they start in the kitchen! In this series, the renowned chef will walk us through simple recipes your family will love, made with ingredients from your pantry. [Click here to check it out!](#)

3. Have Prime Video? Check out the documentary series **Women Who Made History**

Iconic women of history are chronicled in this documentary series. From legendary rulers like Catherine the Great, Queen Elizabeth, and Cleopatra, to brave rebels like Joan of Arc and Sophie Scholl, this series provides an intimate look at larger than life figures who shaped history.

**Something to Read**

*Submitted by OLLI member Martha Carr.*



**On-Line Education**

1. OLLI at the University of Michigan has a video catalog of classes you can watch. They are also going to be live-streaming 2-3 lectures each week, and you are welcome to join them. You can go to [www.oli-umich.org](http://www.oli-umich.org) to see what they are offering each week and click on the Video Catalog for previous classes.

2. Check out this presentation from OLLI at the University of South Carolina Beaufort: Beaufort During the Civil War.

<https://www.youtube.com/c/OLLIattheUniversityofSouthCarolinaBeaufort>

**OLLI Photo****Fun**

*Submitted by  
Lorraine  
Rappoport,  
OLLI member  
and volunteer.  
Views from the  
shores of Lake  
Washington, in  
Medina,  
Washington,  
where she's  
spending the  
weeks of  
pandemic  
isolation!*



You

You can also share a photo! Click the link below to join our photo album. You must have a gmail address to participate. We will publish one favorite photo per week. \*\*Please note that when you share a photo with us on the Google site, you are giving us permission to share that photo on a public website. [Click here to submit your photo for publication!](#)

**Ways to Help**

**LOOKING FOR A WAY TO HELP OTHERS:** If you looking for a way to help those in need during these difficult times, purchase a few extra items (see below) for them the next time you are shopping. OLLI member Jan Armor, is collecting items at his house. (You can leave them at his door while keeping your social distance.) Email or call Jan ([janthephotoman@gmail.com](mailto:janthephotoman@gmail.com)) for more information. 401-783-8232. Check out this video and When you're shopping, think of those lunch bags: <https://youtu.be/Tw2Z06JduJ8>

**Do you have a book, quote or idea to share with OLLI? [Click here](#) and share your ideas with OLLI!**