

OLLI NEWS

Friday, April 24, 2020

Dear OLLI Members,

We have been missing all of you and have been busy preparing ways to continue with our lifelong learning during this uncertain time in our lives.

First and foremost, we wish to stay connected as a community. With that being said, we have been working on the following:

- Reaching out to members via phone calls
- Including helpful tips and educational links in our weekly emails
- Working with our OLLI member volunteer Tech Committee to become familiar with WebEx, a URI supported platform to bring to you online lectures and courses. Some of your familiar OLLI faculty are learning this program as well
- Supporting URI students with field experience in bringing to you continued Cyber Seniors experiences and upcoming presentations from the Pharmacy students
- Communicating with OLLIs throughout the country and with the OLLI National Resource Center on best practices
- Engaging our Curriculum Committee in reviewing all course proposals for the fall semester
- Making great strides in completing our new member communication and registration software implementation which will ease the registration process for membership and course registration online with the ability to accept credit card purchases
- Working on our three-year Strategic Plan to provide program enhancements and member engagement in all areas of OLLI over the next three years

We also want to remind you of these important points:

- All memberships will be extended by three months
- An August program has been scheduled and within the next few weeks the September – December schedule will be finalized
- The staff will be reducing their hours to half-time May 1- July 31, to assist with the financial impact this has had on OLLI, just as it has affected so many other businesses and families
- Programs will be delivered safely in accordance with the state and URI regulations. This may result in online courses and/or a hybrid of in classroom and online learning. The good news is that we will be here for you!

Personally, I have been reaching out to all 700 members who have credits on our books with OLLI. It has been a pleasure speaking with so many of you and I cannot thank you enough for your understanding and generosity in waiving your full credit, or a portion thereof, in support of OLLI during this time. By giving back your credit you are helping to defray the loss income of both our Spring and Summer semester. We have streamlined our expenses and have refined our budget going forward. All these measures will allow us to return strong in the fall.

To those that I have reached, THANK YOU, and please know that I am continuing to reach out to others with credits over the next few weeks. Every little bit helps, and I so appreciate your kindness and desire to reconvene as a community of lifelong learners as soon as we can.

Please email us at olli@etal.uri.edu should you have any questions or concerns. Stay healthy and well!

Beth Leconte
Director, OLLI at URI

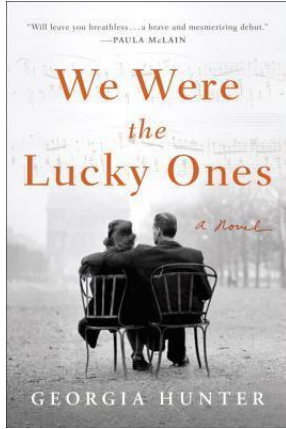
Heartfelt 
THANKS
TO OUR VOLUNTEERS!

This is National Volunteer Week and we have to give a **BIG** shout out to all the OLLI volunteers who support us, keep us running and have helped shape OLLI. Whether you are on a committee or lead a special interest group, volunteer as faculty or work in the office, deliver catalogs to libraries, or help make phone calls, work at special events, or assist in mailings....we have so many wonderful, talented and caring volunteers and we know we wouldn't exist without you!

Something to Watch

- Check out the 20 best new movies to stream on Netflix, Hulu, Amazon Prime and HBO. <https://www.digitaltrends.com/movies/best-new-movies-to-stream-this-week/>
- If you missed the original airing, you can still watch former OLLI faculty member **Maury Klein** in **"The Innovators: Pitney Bowes at 100"**. <https://cptv.org/the-innovators-pitney-bowes-at-100/>.

Something to Read
Recommended by OLLI member Donna Gustafson.



- ***We Were the Lucky Ones***. A novel (based on real life experiences) by Georgia Hunter <https://www.goodreads.com/book/show/30267929-we-were-the-lucky-ones>. Donna says the book is beautifully written and very visual. Each chapter (devoted to one family member) has you on the edge of your seat. The suspense is real - very real.
- Did you know Amazon offers many free books to download to your Kindle? Go to the Kindle Store and type "free kindle books" in the search bar. Right now Amazon is offering nine free Kindle books from around the world including *The Man Who Played With Fire* by Jan Stocklassa, *Life* by Lu Yao and *Your Perfect Year* by Charlotte Lucas.

On-Line Education



- Our own member and instructor Jan Armor has created a presentation entitled "Leaving Footprints In The Sand." Watch the video and learn how to leave some of your own footprints, permanent ones. Learn how to make quality books from your iPhone photos, right on your phone! You will learn many tips and techniques as you create your first book. It's easy, it's fun and it is inexpensive. A beautiful book with thirty pictures is only \$10! [Click here to view the video.](#)
- Check out this presentation from OLLI at University of North Carolina Wilmington: [COVID19 Vaccine...The Science Behind our Immunity: Q&A with Dr. Jennifer McCall](#), PhD, MBA, assistant professor of clinical research at UNCW, talks about vaccine development, what it would take to develop a COVID19 vaccination, how our immunity works, and more! Dr. McCall's

interests include drug discovery, immunology, and the business of biotechnology. Recorded lecture, date March 31, 2020. Note that the talk starts at 6:27 into the recording.

- OLLI at the University of Michigan has several lectures you can stream live next week. Follow this link to see their offerings: <https://www.oli-umich.org/>

Stay Well

Are you streaming any exercise or wellness classes? Let us know what you like and email oli@etal.uri.edu

Through this difficult time, CreativeLive is extending their [Health & Wellness classes](#) for free to the creative community. Click here to see what you can view today! <https://www.creativelive.com/onair>.

OLLI ENTERTAINS



[Check out OLLI member and instructor Bob Mattis as he performs a magic trick for members.](#) Do you have a talent to share? Maybe you play an instrument, sing a song or have a talent you'd like to share with members? Let us know. Email oli@etal.uri.edu and let us know!



With our days spent at home now is a good time to get rid of "STUFF" both inside and outside of our homes. Start slowly and enjoy the process. Continue to put things aside to donate and/or pass onto family members.

At this stage of our lives I like to follow the tips found in the book. The Gentle Art of Swedish Death Cleaning: How to Free yourself and your family from a Lifetime of Clutter, by Margareta Magnusson.

Tips of Swedish Death Cleaning:

1. Remove Excess
2. Go Digital
3. Discard with intention and without guilt
4. Discard with intention and consideration of others
5. Take care of yourself
6. Allow yourself to feel and reflect

You may want to view these brief videos for humor and tips on the benefits of getting rid of stuff now:

- George Carlin- "Stuff" <https://www.youtube.com/watch?v=MvgN5gCuLac>
- 10 Things I learned from Swedish Death Cleaning: https://www.youtube.com/watch?v=cS9Zr2N_UDg
- What you need to know about swedish death cleaning <https://www.youtube.com/watch?v=8fWGxxCDEj0>

Enjoy and let me know about your experience.

Beth Leconte, Director-OLLI at URI

OLLI Photo Fun

*Submitted by Cindy Opaluch
at Pettasqumscutt Rock.*



You can also share a photo! Click the link below to join our photo album. You must have a gmail address to participate. We will publish one favorite photo per week. **Please note that when you share a photo with us on the Google site, you are giving us permission to share that photo on a public website. [Click here to submit your photo for publication!](#)

Technology

Need some technical assistance? All seniors can call Cyber Seniors at 1844-217-3057 where trained volunteers are standing by to help with tech questions. Visit Cyberseniors.org or more information.

Ways to Help

LOOKING FOR A WAY TO HELP OTHERS: If you are looking for a way to help those in need during these difficult times, purchase a few extra items the next time you are shopping. OLLI member Jan Armor, is collecting items at his house. (You can leave them at his door while keeping your social distance.) Email or call Jan (janthephotoman@gmail.com) for more information. 401-783-8232. Check out this video and When you're shopping, think of those lunch bags: <https://youtu.be/Tw2Z06JduJ8>

**Do you have a book, quote or idea to share with OLLI?
[Click here](#) and share your ideas with OLLI!**