OLLI NEWS	May 11, 2020
Something to Watch	* <u>Click here</u> to Read about the 10 best free alternatives to Netflix.
	*A reminder that during the COVID-19 public health crisis, the Foreign Policy Association has made the digital edition of the Great Decisions television series available to students and the public on YouTube.
	*Check out this list of The Best Shows on Amazon Prime.
On-Line Education	* In the coming weeks we will be introducing you to URI's online learning platform Webex. <u>You can view a brief</u> <u>tutorial on Webex here</u> and keep your eye out for some additional training coming soon! If you've used Webex before and would like to join us in training other members, please email <u>olli@etal.uri.edu</u> and let us know.
UNIVERSITY OF MICHIGAN	* OLLI at the University of Michigan is offering several free lectures this week. No registration is required and topics include Social Dimensions of Infectious Diseases and Vaccines, Economic and Policy Approaches to Vaccines and The Appropriate Role of Government in Vaccines. Check out their website for all the details and the link to join all of the classes: <u>https://www.olli-umich.org/</u>
OSHER LIFELONG LEARNING INSTITUTE	* OLLI at George Mason has video recordings of some of their spring 2020 classes. Follow this link and click on any class listed in green. <u>https://olli.gmu.edu/spring-2020-class-videos-recordings/</u>
Something to Read	*Recommended by OLLI Member Brigitte Brocato
Boundless Energy PERFECT HEALTH LIBRARY The Complete Mind/Body Program for	Boundless Energy by Dr. Deepak Chopra. The Complete Mind/Body Program for Overcoming Chronic Fatigue. Dr. Chopra presents an approach to eliminating fatigue and to regaining a sense of energy and vitality that is based upon one's Ayurvedic body type and the correct balance of mind and body. LG Alternate.
Overcoming CHRONIC FATIGUE Deepak Chopra M.D.	*Check out <u>Greater Good Magazine published by UC</u> <u>Berkeley.</u> In this science-based site, you'll find videos, quizzes, podcast, keys to well-being and also a link to
OLLI in BLOOM	online courses that you can audit for free. They say April Showers bring May flowers so there should be an abundance of flowers this month!! Maybe you have some flowers in bloom in your own yard or you've seen some on a walk or ride. Time to get out your phone or camera and take some photos of those beautiful blooms! Submit photos of flowers for inclusion in a special OLLI collage project. We will include as many as possible! Email photos to Beth D. <u>beth_desrosiers@uri.edu</u> .

Music Theatre Recommended by OLLI Member Elizabeth Donovan	You won't want to miss this OLLI SBU chorus performance of Vive la Compagnie .https://www.youtube.com/watch?time_continue=19&v=i- 1kKAlq1fY&feature=emb_logo A lot of theaters are offering digital content discussions, clips from past performances. One I have enjoyed very much is "History at Play." Judith Kalaora is offering "Pay Per Hap" live theater presentations that can be viewed through FaceBook Live. Judith specializes in one woman performances portraying famous and not so famous women in history. To learn more about this theatre group: http://www.historyatplay.com
OLLI ENTERTAINS	Check out OLLI member and instructor Bob Mattis, back again this week with another Magic Trick to share!
Magic Bob is back!	Do you have a talent to share? Maybe you play an instrument, sing a song or have a talent you'd like to share with members? Let us know. Email <u>olli@etal.uri.edu</u> .
OLLI Photo Fun Submitted by OLLI Member and instructor Sandra Enos. River herring making their annual migration up the Saugatucket. The photo was taken at the Peace Dale Mills.	You can also share a photo! Click the link below to join our photo album. You must have a gmail address to participate. We will publish one favorite photo per week. **Please note that when you share a photo with us on the Google site, you are giving us permission to share that photo on a public website. Click here to submit your photo for publication! If you don't have a gmail account, email your photo to OLLI@etal.uri.edu. Make sure you provide your name and where you took the photo!
Ways to Help	LOOKING FOR A WAY TO HELP OTHERS: If you are looking for a way to help those in need during these difficult times, purchase a few extra items (see below) for them the next time you are shopping. OLLI member Jan Armor, is collecting items at his house. (You can leave them at his door while keeping your social distance.) Email or call Jan (janthephotoman@gmail.com) for more information. 401-783- 8232. Check out this video and When you're shopping, think of those lunch bags: https://youtu.be/Tw2Z06JduJ8
OTHER	Here's a great way to unleash your creativity! COVID-19 Creative Calls for Submission. Visit: <u>https://discover.submittable.com/blog/covid-19-creative-calls-</u> <u>for-submission/</u> The list continues to grow with ways you can share your writing, poetry, and art. Let us know if you get involved in any of these projects!

Do you have a book, quote or idea to share with OLLI? <u>Click here</u> and share your ideas with OLLI!