

OLLI ON THE MOVE



Walk at Old Mountain field in Wakefield

shared by OLLI Member and walking group facilitator, Cindy Opaluch



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Recommended: sturdy hiking shoes or sneakers

Old Mountain Field in Wakefield is South Kingstown's oldest park and was dedicated in 1938. The park boasts baseball and softball fields, four tennis courts, an in-line skating facility, a skateboard park, basketball courts, a restroom building and a small pond. Behind the recreational fields there are beautiful hiking trails through peaceful woods. The main trail goes around the pond, known as Indian Run Reservoir, in a loop that features mini boardwalks, and a wooden bridge across a stream, where turtles may be visible sunning on a rock and a heron, egret, or ducks may be seen along the water. In spring, the woods are becoming filled with green. The skunk cabbage has grown large, and the ferns are unfurling. This is the simplest path to follow for a newcomer to this trail system. This loop is accessed at the end of the parking lot past the skate park, starting by crossing the bridge along the edge of the pond, and then going into the woods on a path on the left.

“Old Mountain Field offers many opportunities to walk, enjoy nature, and explore!”

For the more adventurous, there are paths that lead from the loop along the pond (the side closest to the skate park) up the hill to a rock outcropping with a lovely view over the treetops and the pond. This view may also be reached by starting the walk at the trail entrance in the middle of the parking lot, between the tennis courts and the ball fields. This path passes through a cluster of rhododendrons, and to an enormous boulder with a plaque thanking the Hazard family for donating this land. The path continues to the right, and then take a right again to reach the rock outcropping with the view. Continuing past this spot will lead walkers down to the path next to the pond.

Another possible walk is to park at the beginning of the parking lot by the tennis courts, and follow the paved path at the end of Old Mountain Road, which leads to the South Kingstown Dog Park, the Broad Rock Playfields, and curves around to connect with the Senior Center and the new South Kingstown Recreation Center.



Directions to Old Mountain Field On Google maps: 831 Kingstown Road From points west: Take Route 138 east to Route 108. Take Route 108 south 2 miles. The Peace Dale Library will be on your left. Follow Rt. 108 approx. one half mile and turn left onto Old Mountain Road, to the parking lot. From points north: Take Route 1 South and exit at the Wakefield / Peace Dale exit. At the end of the exit take a right hand turn. Proceed to Route 108 intersection (approximately 1/2 mile). Follow 108 approx. one half mile, and turn right onto Old Mountain Road, to the parking lot.