



*A  
Learning  
Community  
of Adults  
50 and  
Better*

**OLLI**  
*at*  
**URI**

**VIRTUAL  
LEARNING**

*Spring*  
**2021**

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## ***SOMETHING NEW IN THIS CATALOG***



Wherever you see the symbol at left, click to view a video introduction from the instructor of the class. You can check them all out on our website by [clicking here](#).

## **MAKE A GIFT TO OLLI**

To make a secure donation on-line, go to [urifoundation.org/giveonline](http://urifoundation.org/giveonline).



THE  
UNIVERSITY  
OF RHODE ISLAND  
OSHER LIFELONG  
LEARNING INSTITUTE



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

# 3

## Easy Ways to Register

In person registration will not be available this semester.

Please go online or call the office at 874-4197.

Payment is accepted by credit card or check.

We accept Visa, MasterCard, American Express and Discover.



ONLINE



BY PHONE



BY MAIL

🔑 Register anytime through our secure website:  
<https://uriolli.augusoft.net/>

☎ Call the OLLI office. If you leave a message, we will do our best to return your call within 24 hours.

📄 Print and mail in your registration form (see page 21)

## OLLI ADVISORY BOARD

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*Cover image submitted by OLLI member and volunteer Jean Anderson.*

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## SPRING 2021 SCHEDULE AT A GLANCE

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The Winter Kitchen FARMacy: Recipes for a Healthy Winter Season .....	14
U.S. Constitution: Keep It, Amend It, Replace It?.....	16

Join us

**Reasons you  
should join us for  
a virtual class:  
It's easy and fun  
It's SAFE  
No Driving  
No Parking  
No bad weather!**

### REFUND POLICY

If you decide to drop out of a course, you must notify the office at least two weeks before the start date to receive a refund or credit toward another class. In some cases, OLLI finds that it must cancel a class. If that happens, we will make every effort to inform you at least one week before the start date, and you will receive a refund or voucher toward another class. OLLI follows the University's policy of cancelling classes for certain holidays and because of inclement weather.

Memberships are non-refundable.

# Class Listing by Subject

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Meditation .....	15
The New 7 Wonders of the World-Machu Picchu, Chichén Itzá .....	18
New 7 Wonders of the World-Petra, The Great Pyramid at Giza .....	18
The New 7 Wonders of the World-Roman Colosseum, Taj Mahal .....	18
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## STEM

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## What's Happening?

Looking for the calendar?  
Visit our website to view our calendar.  
You can even click on the class listing  
for a description of the class.

<https://web.uri.edu/olli/programs/>

# Class Listing by Instructor

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Buxton, James.....	Russia-USSR up until 1953 .....	12
Carpenter, Stanley.....	The War of American Independence 1763-1783.....	8
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Cunningham, Dorothy .....	The Iditarod: Alaska's Last Great Race .....	20
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Egnoski, Tina.....	Short Story Writing Workshop.....	20
Enos, Sandra.....	Marriages and Families: A Sociological Perspective on an Essential Institution .....	9
Gamble, Judith .....	Navajo Mystery Novels.....	7
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Morse, Brett.....	Mindful Decluttering: Simplify Your Life and Make Room for What is Important to You.....	12
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# Mondays

## CONVERSATIONAL ITALIAN I

Ted di Stefano

Mondays 1:00 PM - 2:30 PM

Jan 25, Feb 1, 8, 15, 22, March 1 \$50

Max Class Size: 20



The goal of Italian I is to encourage students to speak and understand basic Italian and to create a lasting curiosity for the language. Students will experience its unique joy and beauty in a supportive and interactive environment. Handouts and video clips of everyday interactions, most with a comic twist, will supplement the text from time to time. A handout written in Italian will accompany each video clip so that students can read and hear the spoken Italian at the same time, thus aiding in the learning process.

**For the first class:** Read pages 1-21 in the Danesi text and listen to CD tracks 1– 4 two times.



**Required text:** Marcel Danesi, Ph.D.: *Learn Italian the Fast and Fun Way with MP3 CD, ed. 4*, available online and at Wakefield Books at a 20% discount.

## CONVERSATIONAL ITALIAN II

Ted di Stefano

Mondays 1:00 PM - 2:30 PM

March 15, 22, 29 April 5, 12, 19 \$50

Max Class Size: 20



Italian II follows Italian I with additional exposure to the wonderfully romantic Italian language. The goal of this course is to create a continued enthusiasm for, and interest in, learning the basics of speaking Italian. Following the format of Italian I, handouts and video clips will aid in the learning process. Participants will be encouraged to speak Italian as best they can with friendly encouragement from Professor di Stefano.

**For the first class:** Review pages 1 – 21 in the Danesi text and listen to CD tracks 1 – 4.

**Required text:** Marcel Danesi, Ph.D.: *Learn Italian the Fast and Fun Way with MP3 CD, ed. 4*, available online and at Wakefield Books at a 20% discount.

**TED di STEFANO** has spoken Italian all his life. He has a B.S. in Accounting from Providence College, an M.B.A. from Boston University, and a C.P.A. from the R.I. Board of Accountancy. This is his 8th year of teaching Italian at OLLI.

## NAVAJO MYSTERY NOVELS

Judith Gamble

Mondays 3:30 PM - 5:00 PM

March 1, 8, 15, 22, 29 April 5 \$50

Max Class Size: 20



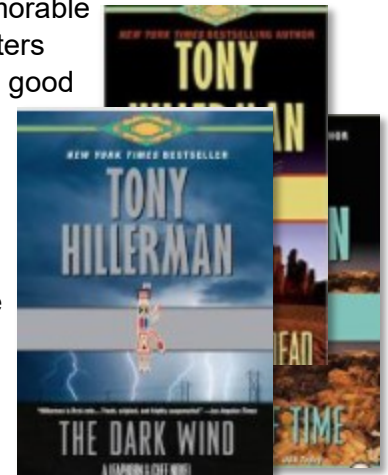
Navajo country in the desert Southwest is the setting for 18 Tony Hillerman mystery novels published between 1970 and 2006. Each features one or both of his unforgettable Navajo tribal police detectives, Lieutenant Joe Leaphorn and Officer Jim Chee, along with a cast of memorable Native American characters and a smattering of both good and evil white people.

Hillerman, who was not Navajo, had a deep, admiring interest in, and respect for, their world and in getting it right. He never claimed to be an expert but millions of fans who turned his books into best sellers eagerly awaited his

latest both for its intricate plot and to get another glimpse into Navajo culture. Most importantly, the Navajo people have lauded him and his books are read in their schools. We will join these legions of readers by reading and discussing four of them in class, chosen for their different themes. In addition, historical and cultural context will be provided, accompanied by the voices of contemporary Navajo writers on relevant themes, and a visual journey through their world.

**Required texts:** Tony Hillerman: *Dance Hall of the Dead* (1973), *The Dark Wind* (1982), *A Thief of Time* (1988), *Sacred Clowns* (1993). All of these books are still in print and widely available in libraries:

**JUDITH GAMBLE** has a Ph.D. in history and specializes in the social and cultural history of underrepresented people. She has taught courses on U.S. social and cultural history, Latin American civilization, and Native American history at URI and other colleges. Now her passion has shifted from scholarly to creative writing, both her own and the voices of others. This will be the 10th "Voices" course she has taught at OLLI.



# Mondays

## CREATING A MYSTERY SERIES

Claremary Sweeney

Monday, January 25

4:00 PM - 5:30 PM \$10

What makes a book series interesting enough to make a reader become a fan? Is it endearing characters? Familiar settings? Thought-provoking themes? Well-planned plots? These are some of the questions Claremary Sweeney, author of The South County Mystery Series, will answer along with specifics about how she makes sure each installment of her own series won't be DOA.

**CLAREMARY SWEENEY** is a local author. Her children's stories include *A Berkshire Tale* and *Carnivore Conundrum* featuring a little pitcher plant at the Roger Williams Botanical Garden who decides he's going to be a vegetarian. She's also written five mysteries set here in South County: *Last Train to Kingston*, *Last Rose on the Vine*, *Last Carol of the Season*, *Last Sermon for a Sinner*, and *Last Castle in the Sand*. She is available any time of the day or night to talk about the worlds she has created within the pages of her books.

## THE WAR OF AMERICAN INDEPENDENCE 1763-1783

Stanley Carpenter

Mondays, Feb 22, March 1, 8, 15 and 22

5:30 PM - 7:00 PM \$45



The first lecture addresses the causes and context of the American Revolution. Precipitants to the outbreak of the war include the various parliamentary revenue acts, the rise of political and economic opposition to Crown rule, and the role of early revolutionaries such as Samuel Adams and Paul Revere. The second lecture covers the outbreak of armed insurrection in Boston with the events at Lexington Green, Concord, the Battle of Bunker Hill, and the

Patriot siege of Boston that culminated in the British evacuation of Boston. This lecture addresses the role of George Washington and the creation of the Continental Army. The third lecture covers the British reaction beginning in 1776 with the operation against New York and the campaign in New Jersey. The lecture addresses the Trenton-Princeton battles that resulted in a re-emergence of a viable Continental Army, the British Hudson Valley Campaign that culminated with the Saratoga defeat, and the successful British campaign against Philadelphia. The fourth lecture addresses the British southern campaign that began with the successful capture of Savannah and Charleston. We follow Lord Cornwallis's campaign in the Carolinas and Virginia that culminated with the siege of Yorktown and the surrender that prompted the end of the struggle. The final lecture addresses the maritime and naval aspects of the war with emphasis on the 18th century British Royal Navy, the Continental and French navies, and the critical role of the Battles of the Virginia Capes and The Saintes in the ultimate outcome of the struggle.

**STANLEY D.M. CARPENTER**, retired US Navy captain, is professor emeritus from the United States Naval War College in Newport, RI. He holds a Ph.D. and M.Litt. in British military history. As a professor of strategy and policy at the Naval War College from 1998-2020, he served as the Head of the Strategy and Policy Department in the College of Distance Education and Naval War College Command Historian before retiring in March 2020. His historical specialties cover the War of American Independence, the 20th-century world wars, and British and American naval and military history. In addition to historical research and publications (latest work, *Southern Gambit: Cornwallis and the British March to Yorktown* (Norman, OK: University of Oklahoma Press, 2019)), Professor Carpenter publishes historical fiction centered on the two world wars (latest work, *The Linden Tree* (Franklin, TN: Clovercroft, 2020)).

Learn  
something new  
every day



# Mondays

## BE YOUR OWN LIFE COACH

Robert Cipriano

Mondays, February 15 & 22  
6:00 PM - 7:30 PM \$30



Everyone wants to improve something. Life coaches design plans with the aim of setting people on a path to more fulfilling lives while motivating and encouraging them to follow through with those plans. But only you can do the work. Why not make the plan yourself, in a class, with input and guidance from your classmates? Assess your wants, needs, and goals, consider your strengths and weaknesses, and construct a plan you're comfortable with, acknowledging who you are and where your talents and skills lie. You'll work with simple aids to help design your plan, keep to it, and make adjustments as changes occur.

**ROBERT CIPRIANO**, a professional trainer who has conducted workshops all over the country, holds a B.A. from UConn and an M.A. from URI. He conducts workshops on mindfulness, communication, presentation, and computer applications. His background, in addition to teaching, includes corporate management and marketing.

## ART AND GENETICS

Louise Paquin

Mondays, March 1, 8, 15  
9:30 AM - 11:00 AM \$35



Max Class Size: 25

Throughout history, numerous artists have represented in their work humans who have a variety of genetic and congenital conditions. For example, Diego Velasquez frequently depicted dwarfs in his paintings. What do these representations tell us about society's views on "differentness"? The class will examine several categories of such physical conditions as they appear in different periods of art history and discuss several hypotheses that have sought to explain the artistic choices and the scientific bases for many of the conditions shown.

**LOUISE PAQUIN** holds a Ph.D. from Georgetown University and is a board-certified cytogeneticist (chromosomal). She spent 31 years as a professor at McDaniel College in Maryland, teaching biology, genetics, advanced genetics courses, and bioethics. Now having retired and returned to her native Rhode Island, she has offered several OLLI courses.

OSHER LIFELONG LEARNING INSTITUTE



## MARRIAGES AND FAMILIES: A SOCIOLOGICAL PERSPECTIVE ON AN ESSENTIAL INSTITUTION

Sandra Enos

Mondays, February 1, 8, 15  
9:30 AM - 11:00 AM \$35



In this class, we will take a sociological look at one of our most essential and important social institutions, the family – how families have changed over time, how parenting styles differ across time, place, and ethnicity, and what the future of the family looks like across the world. We will rely on our personal experiences and have short readings and exercises in an interactive and engaging course designed to help us all understand our lives as partners, children, parents, and siblings – how important these relationships are and how much they differ across social contexts.

**SANDRA ENOS** enjoyed a career in public service and served as a sociology professor for her last two decades of employment. Retired in August 2019, she launched a social enterprise called *Giving Beyond the Box*, which curates gift boxes featuring products that create social impact. Enos is a member of the Solutions U networks and serves on several local nonprofit boards.

Learn from Anywhere with  
**URI/OLLI**  
Virtual Learning

# Mondays

## SEPTIC SYSTEMS 101

Alissa Cox

Monday, February 22  
9:30 AM - 11:00 AM \$10



Interested in learning about septic systems and how they work? Wondering how best to take care of your system so that it continues to function at maximum efficiency? Curious about how an “advanced treatment” system can help protect the environment from septic system pollution? Find out about common types of septic systems, their components and functions, and actions you can take to keep your system performing well over time! For the first class: Bring some information about your own septic system (specific instructions for preparing this information will be provided to those who register).

**For the first class:** Bring some information about your own septic system (specific instructions for preparing this information will be provided to those who register).

**ALISSA COX** is a clinical assistant professor in the Natural Resources Science Department at URI, where she teaches an undergraduate course about natural resource conservation and co-teaches a graduate level course with Dr. Sunshine Menezes on public engagement with science. She is also the director of the New England Onsite Wastewater Training Program, which aims to educate wastewater professionals about septic system design, function, best practices, and relevant scientific research findings. Alissa recently graduated with her Ph.D. from URI's Laboratory of Soil Ecology and Microbiology, which is led by Dr. José Amador. Her research interests include performance of various nitrogen-removing advanced septic system technologies, greenhouse gas emissions from different septic system components, and the effects of climate change on septic systems in near-shore areas, as well as effective science communication and inclusive teaching practices in the STEM field in general.

## WRITING A LEGACY LETTER

Jay Sherwin

Monday, January 25  
9:30 AM - 11:00 AM \$10



Max Class Size: 20

A legacy letter (also called an ethical will) is a document that people create to share their life lessons, express their values, and transmit their blessings to family and friends. A legacy letter is not a legal document or memoir and, typically, is only a few pages long; writing one is a rewarding experience that re-

sults in an enduring gift. This workshop will introduce the concept of legacy letters. It includes discussion and brief writing exercises to encourage participants to examine their life histories, capture important insights, and begin crafting their own legacy documents.

**JAY SHERWIN** created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. He has practiced law, given away money for five different charitable foundations, worked as a philanthropy consultant and served as a hospital chaplain. He has extensive experience teaching and facilitating online learning programs, including recent online presentations for OLLI programs in Maine, New Hampshire, Vermont, Massachusetts, and California. More information is at [www.jaysherwin.com](http://www.jaysherwin.com).

# Tuesdays

## CUBA AND COLOMBIA

James Buxton

Tuesdays, April 20, 27  
1:00 PM - 2:30 PM \$30



Max Class Size: 20

This course will track Cuban history with a focus on 1898 - 1991. We will analyze the causes of the Cuban Revolution of 1959, and then will evaluate the rule of Fidel Castro, and the role of the USA vis-a-vis Cuba. In doing so, we will assess the many arguments for and against Castro's government. We will end our evaluation at the time when the Soviet Union collapses, and we will examine this impact on Cuba. In regard to Colombia, we will track Colombian history, with a focus on the 4 decades of civil war between FARC and ELN and the military government. We will spend significant time assessing the Drug War and Colombia's relationship with Venezuela.

**Note:** It would be helpful to have taken the course *Russia: The USSR Until 1953*

**JIM BUXTON** taught in the South Kingstown High School Social Studies Department for 32 years, specializing in Honors Global Studies and Honors International Relations courses. During the 1997-98 school year he taught in England on a Fulbright teacher exchange. He was honored as the RI Social Studies teacher of the year in 1997. Since retiring in 2009, Jim has taught in the Political Science Department of URI, as well as in the Education Department of Salve Regina. Additionally, for the past decade, he has taught many courses for the OLLI at URI and at the Circle of Scholars program at Salve Regina.

# Tuesdays

## FIVE CENTRAL AMERICAN COUNTRIES

James Buxton



Tuesdays, March 2, 9, 16, 23, 30

1:00 PM - 2:30 PM \$45

Max Class Size: 20

This course will examine the Central American history necessary to evaluate the migration of Central Americans to the United States. We will look at the countries where most of the Central American migration occurs: El Salvador, Honduras, and Guatemala. We will spend less time on two other Central American countries, Costa Rica and Nicaragua. The basic question is this: why there is so much migration from the Northern Triangle countries and not from Costa Rica and Nicaragua?

**JIM BUXTON** taught in the South Kingstown High School Social Studies Department for 32 years, specializing in Honors Global Studies and Honors International Relations courses. During the 1997-98 school year he taught in England on a Fulbright teacher exchange. He was honored as the RI Social Studies teacher of the year in 1997. Since retiring in 2009, Jim has taught in the Political Science Department of URI, as well as in the Education Department of Salve Regina. Additionally, for the past decade, he has taught many courses for the OLLI at URI and at the Circle of Scholars program at Salve Regina.

## WALLED GARDENS: BOOKS FOR THE CHILDREN OF EMPIRE-BUILDERS

Gale Eaton



Tuesdays, January 19, 26 Feb 2, 9

1:00 PM - 2:30 PM \$40

A "Golden Age of Children's Literature" in Britain (1860–1940) overlapped the British Crown Rule in India (1858–1947). In this prosperous era middle-class parents could hope to protect their children from both moral and physical dangers, and a new genre of children's literature offered protected worlds: fantasies of good places, threatened by evils from without but always saved by courageous protagonists. This course looks at several classics (*The Princess and the Goblin*, *The Wind in the Willows*, *The Little Princess*, and *The Chronicles of Narnia*),

considering their roots, their assumptions, and their imaginative power.

**For the first class:** read *The Princess and the Goblin* (free at [gutenberg.org/ebooks/34339](http://gutenberg.org/ebooks/34339) or [archive.org/details/princessgoblin00macd\\_1](http://archive.org/details/princessgoblin00macd_1)).

**GALE EATON**, a URI professor emerita and director of the Graduate School of Library and Information Studies (2006 -2012), was a children's librarian for 15 years before earning her doctorate; her favorite courses to teach were children's and young adult literature. She has written four books (including one about children's literature and two for young readers) and co-authored one.

## WINNING NOVELS OF 2020

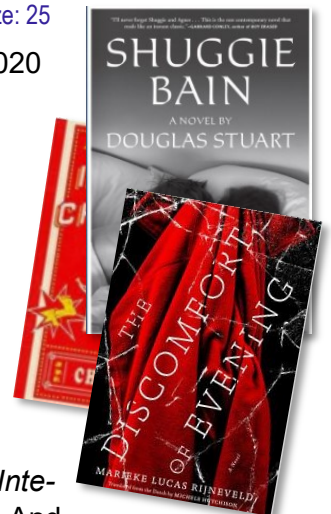
Marylen McKenna

Tuesdays, Feb 9, March 23, April 20

3:00 PM - 4:30PM \$35

Max Class Size: 25

Explore, discuss, and enjoy 2020 award winning novels in class where everyone will be asked to participate in the discussion. We will begin with the translated *The Discomfort of Evening* by Marieke Lucas Rijneveld, winner of the Booker International Prize for fiction. In the second class, we come back to America for the National Book Award winner, *Interior Chinatown* by Charles Yu. And we will conclude with *Shuggie Bain* by Douglas Stuart, Booker Prize for fiction. We will explore the criteria for the awards, our agreement or disagreement with the selection, and delve into the character, plot, sense of place, and arc of each book.



**MARYLEN MCKENNA**, discussion facilitator, is a lifetime reader, beginning when she discovered the children's story hour at the Westerly Public Library and continued as an English major and initiated her first book group for moms in the early 70's. While her career as library assistant, cataloguer, periodical librarian, special ed librarian, transitioned to business writing and editing in print and for web, she participated and led numerous book groups in her different communities.

# Tuesdays

## MINDFUL DECLUTTERING: SIMPLIFY YOUR LIFE AND MAKE ROOM FOR WHAT IS IMPORTANT TO YOU

Beth Leconte and Brett Morse

Tuesdays, Feb 23, March 2,9, and 16

4:00 PM - 5:30 PM \$40



Perhaps you want to simplify so you can enjoy your retirement years to the fullest. You might want to downsize your home for a comfortable and easy-to-manage household. Like many today, you might even consider selling your home to travel the countryside in an RV. You might now be on a fixed income and want to take an inventory of what you really need and want in your life at this stage. Yet again, you might want to get your life in order “decluttering” the unnecessary and organizing your affairs with family members. In this course helpful hints will be shared along with weekly exercises and discussion. Community resources and contacts will be provided to assist you.



### **BETH LECONTE**

has been in the human services field for over 40 years, holding master's degrees in human services administration from Springfield College and in holistic counseling from Salve Regina. She has been the executive director of the OLLI at URI for more than 9 years. Before coming to OLLI, she was with the YMCA for 25 years. Beth founded and facilitates the Aging: Living Well special interest group. In summer 2017, she and Brett Morse first co-taught Make Room in Your Life for What's Important to You.

**BRETT MORSE** has offered several courses at the OLLI at URI. He worked in the pharmaceutical industry for over forty years. A graduate of Bryant College, he served in the U.S. Navy during the Vietnam era and is a certified yoga instructor. For OLLI, he continues to offer his insights into the music and history he so enjoys. With Beth Leconte he co-taught Make Room in Your Life for What's Important to You.

## RUSSIA-USSR UP UNTIL 1953

James Buxton



Tuesdays, Jan 19, 26 Feb 2 (skip 9) Feb 16

4:00 PM - 5:30 PM \$40

Max Class Size: 20

This course will review the following time periods in Russian / Soviet history: the Czarist period, World War 1, and the Russian Revolution. Lenin's rule and the establishment of a Communist government, and then Stalin's rule, and World War 2. We will spend a certain amount of time assessing Marxism. At the tail end of the course we examine a few civil wars during the Cold War: Angola, Cambodia and a few others. This will set the context for the courses I will lead on Central America, Cuba and Colombia. So, it would be helpful if you took this course before taking the other courses.

**JIM BUXTON** taught in the South Kingstown High School Social Studies Department for 32 years, specializing in Honors Global Studies and Honors International Relations courses. During the 1997-98 school year he taught in England on a Fulbright teacher exchange. He was honored as the RI Social Studies teacher of the year in 1997. Since retiring in 2009, Jim has taught in the Political Science Department of URI, as well as in the Education Department of Salve Regina. Additionally, for the past decade, he has taught many courses for the OLLI at URI and at the Circle of Scholars program at Salve Regina.

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or Instagram?

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URIOLLI



OLLI\_URI

# Tuesdays

## WOMEN OF ROCK AND ROLL

Robert Joyce

Tuesdays, March 23, 30, April 6, 13

6:30 PM - 8:00 PM \$40

Max Class Size: 20



The 1970s was the decade in which women earned their place in Rock and Roll as commercial and critical partners in the new art form. This course will feature the music and careers of Janis Joplin, Heart with Ann and Nancy Wilson, Linda Ronstadt, Stevie Nicks of Fleetwood Mac, Tina Turner, and other honorable mentions. Learn how these women gave rise to some of the biggest selling albums and how their contributions shaped the culture and sound of Rock and Roll.

**ROBERT JOYCE** has over 30 years of teaching at Augustana University and also the University of South Dakota, UC and is a popular OLLI presenter with a history of over ten years of presenting to Osher Lifelong Learning Institute members in the Midwest. Rob is also an accomplished composer, producer, author and educator. He has been the Executive Director for the Rapid City Arts Council as well as the Sioux Falls Jazz. Blues Society, for which he served for the latter for over twenty years. Rob makes his home in Sioux Falls, South Dakota.

## IDA LEWIS: THE LEGENDARY LADY LIGHTKEEPER OF LIME ROCK

Brian Wallin

Tuesday, April 13 9:30 AM - 11:00 AM \$10



Ida Lewis was just 11 years old when her father was appointed keeper of the Lime Rock Lighthouse in Newport in 1853. Four years later, he suffered a stroke that would leave him a life-long invalid. His teenaged daughter began assisting her mother in tending the light that marked the often stormy harbor entrance. As a young woman, Ida gained worldwide fame for saving the lives of numerous individuals from the turbulent and frequently icy waters surrounding the light station. Eventually officially appointed light keeper, yet ever modest of her achievements, she shunned publicity whenever possible and remained devoted to her duties until her death in 1911. This richly illustrated lecture portrays one of

the most famous women of the 19th century and highlights the role of other women who cared for lighthouses across the country.

**BRIAN L. WALLIN** is a graduate of Stonehill College and earned his master's degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of *World War II Rhode Island* (History Press, 2017).

## WHY DIDN'T THE SOUTH WIN THE CIVIL WAR?

Ed Thomas

Tuesdays, January 26, Feb 2, 9, 16

9:30 AM - 11:00 AM \$40

This class looks at the Civil War, but not one battle. We will take a quick look at what led up to the war and what the country was up to in the 1850s. We will then look at the strengths and vulnerabilities of each side and what each would need to do to win. Why did they stand up in long lines to fight? How did logistics, from shoes (iron and leather) to steamboats work. How'd they talk to each other? How do you move, clothe, feed 60,000 soldiers and keep their cartridge pouches full? What weapons did they use and how did they work? We will discuss how the fighting strategies changed over time. We'll look at who was the better general, Grant or Lee. At the end, you'll know how to wreck a railroad and why the South didn't win.

**Suggested:** By the second class, watch the movie Gettysburg.

**ED THOMAS** attended Dartmouth College and served with the 1st Cavalry Division in the Republic of Vietnam in 1967 and 1968. He became a computer programmer before Xerox invented Windows and the mouse, was an early walker on the path to the paperless office, taught in elementary school computer labs and was an early "Mr. Mom" in 1989. Recent visits to Gettysburg and several other battlefields rekindled a lifelong interest in the Civil War. He's currently active keeping sellers of used books about the Civil War in business.

# Wednesdays

## TEREZIN: WHERE THE NAZIS CONFINED CHILDREN



Naomi Zucker

Wednesdays, February 10, 17, 24 March 3  
1:00 PM - 2:30 PM \$40

Max Class Size: 20

Terezin, in former Czechoslovakia, was presented to the world during WWII as an idyllic village where Jews would be safe and protected. In reality it was a concentration camp: 33,000 of its prisoners, including 15,000 children, would be transported to their deaths. Among those prisoners were a number of adult artists, writers, and musicians who helped the children express themselves through art and writing. The children's work survived them and can provide insights into the thoughts and emotions of today's children who are confined in camps around the world. We will study the camp itself and discuss the early lives of the teachers and children incarcerated there. We will review the art and poetry of the younger children, a newspaper produced by the older boys, and an opera written for, and performed by, the children.



**Required text:** Hana Volavkova (editor), Vaclav Havel (afterword), Chaim Potok (foreword): *I Never Saw Another Butterfly: Children's Drawings and Poems from*

**NAOMI ZUCKER** taught at URI for many years. She is the author of two books that won human rights awards and

three well-received novels for young people. She recently completed an historical novel, set in Bohemia, for which she did extensive site research that inspired her to teach the course about Terezin.



## THE WINTER KITCHEN FARMACY: RECIPES FOR A HEALTHY WINTER SEASON

Christine Phoenix Green

Wednesdays, January 20, 27, February 3  
1:00 PM - 2:30 PM \$35

Max Class Size: 20

The Covid19 pandemic and annual cold/flu seasons challenge us to keep our immune systems strong and vital. Good quality food and recipes for wellness, especially from the vegetative and herbal world can nourish and strengthen our bodies, helping us to withstand these challenges. This series will offer guidance and recipes we can prepare from our kitchens and gardens to nourish and sustain us in body, mind, and spirit and inspire us to appreciate the wonderful gifts of the green kingdom that our planet provides for our well-being. We will view the documentary "Strengthening the Immune System" from the award-winning series. Remedy, combining science and the folkloric tradition for our health and well-being.

**CHRISTINE PHOENIX GREEN** has given a variety of classes and "retreats in an academic setting" for OLLI/URI, inspiring and enhancing health, creativity, spiritual deepening, and positive well-being. She has been a music/piano instructor for over 40 years, a photographer, writer, herbalist, champion of creativity and a motivational speaker. For more about Christine, go to her blogs, all at WordPress.com: [The Greening Spirit](#), [Sensuous Soups and Suppers](#), and [Piano Mistress](#).

# Wednesdays

## MEDITATION

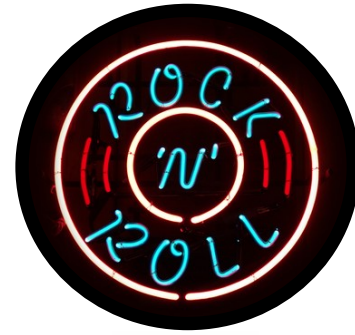
Linda Morse

Wednesdays, January 20, 27, Feb 3, 10, 17, 24  
3:30 PM - 5:00 PM \$50

Max Class Size: 30

Have you wondered what meditation is all about and if it is right for you? Learn about the health and wellness benefits to be gained from this age-old practice. This program is appropriate for those with an established practice and those new to meditation. As you learn several different ways to meditate and look at ways of integrating mindfulness into daily life, you will leave feeling relaxed and renewed, taking with you a “bag of tools” to choose from for your daily life. Wear comfortable clothing. Feel free to bring a yoga mat or cushion to sit. This program can be experienced from the chair.

**LINDA M. MORSE**, a URI grad, has been a yoga and meditation practitioner most of her life, teaching for 20 years. Certified through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and some science fiction film programs.



## THE PIONEERS OF ROCK AND ROLL

Robert Joyce

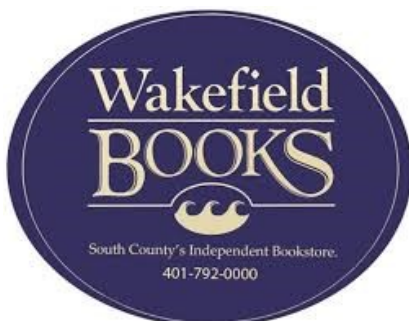
Wednesdays, February 3, 10, 17  
6:30 PM - 8:00 PM \$35



Max Class Size: 20

Although Elvis Presley may have been called the King of Rock and Roll, there were five major artists who were seminal in making the music more mainstream for radio and younger audiences in the late 1950s. Little Richard, Fats Domino, Jerry Lee Lewis, Chuck Berry, and Buddy Holly forged the road to assuring the world that “rock and roll is here to stay.” We will learn about these five pioneers, their musical contributions to Rock and Roll, and their legacy and inspiration left for generations of musicians to follow.

**ROBERT JOYCE** has over 30 years of teaching at Augustana University and also the University of South Dakota, UC and is a popular OLLI presenter with a history of over ten years of presenting to Osher Lifelong Learning Institute members in the Midwest. Rob is also an accomplished composer, producer, author and educator. He has been the Executive Director for the Rapid City Arts Council as well as the Sioux Falls Jazz & Blues Society, for which he served for the latter for over twenty years. Rob makes his home in Sioux Falls, South Dakota.



## Special for OLLI Members and Faculty

The OLLI at URI is grateful to our friends at Wakefield Books who are offering a 20% discount on any purchase related to OLLI classes and special interest groups.

160 Old Tower Hill Road, Wakefield, RI 02879  
Wakefieldbooks.com



# Wednesdays



## RHODE ISLAND AND THE MOSQUITO FLEET

Brian Wallin

Wednesday, March 10

9:30 AM - 11:00 AM \$10



The Navy's famed Patrol Torpedo (PT) boats of World War Two had a unique Rhode Island connection. It was at the Motor Torpedo Boat Squadron Training Center (MTBSTC) that more than 12,000 officers and enlisted men, all volunteers, learned to operate these 50 tons of fighting fury. This colorful lecture traces the development of the PT from early designs to the heavily armed warcraft that operated in every theater of the war. It includes rarely seen visuals and numerous stories about the men who took these high-powered, tough little craft into battle.

**BRIAN L. WALLIN** is a graduate of Stonehill College and earned his master's degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of *World War II Rhode Island* (History Press, 2017).

## U.S. CONSTITUTION: KEEP IT, AMEND IT, REPLACE IT?



Stephen Berardo

Wednesdays, January 20, 27 Feb 3, Feb 10

9:30 AM - 11:00 AM \$40

The response to the Covid pandemic and the 2020 national election have raised many constitutional questions; can the federal government legally enforce health and safety measures (such as wearing masks or taking a vaccine) when they are opposed by state and local governments and citizens? Does the Constitution give the federal government sufficient control over the election process? Does the Supreme Court exercise more power than granted to it in the Constitution? What would be required to eliminate the Electoral College? Does the Constitution adequately protect voting rights? This course will focus on these

issues, as well as the pros/cons of rewriting, abolishing, or keeping the Constitution as it is. Louis Michael Seidman, in his book *On Con-*



stitutional Disobedience, argues that modern America should not be bound by a Constitution written in 1787, no matter how good it was at that time. A number of other prominent lawyers and scholars have argued that we should abolish, or greatly amend, the Constitution. We will examine the experience of other pluralistic democracies with no written constitutions.

**STEPHEN BERARDO** has a master's degree in public administration and is a student of history and political systems. A planning consultant, he has been an adjunct and full-time college faculty member teaching courses in business administration and aviation issues. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.



# Thursdays

## CHAIR YOGA

Linda Morse



Thursdays, February 18, 25, March 4, 11, 18, 25  
1:00 PM - 2:30 PM \$50

Max Class Size: 30

Are you interested in practicing yoga but feel restricted or uneasy about having to get down to the floor? Do you simply want to achieve better flexibility and strength of movement? Whether you are seated at a desk or table, or you are confined to a wheelchair, yoga practiced in a chair can provide the same benefits as floor practice. In this relaxed and enjoyable program, you will gain flexibility, muscle strength, and peace of mind. Learn ways to move as well as breathing techniques for daily living. Wear comfortable clothing that allows you freedom of movement.



**LINDA M. MORSE**, a URI grad, has been a yoga and meditation practitioner most of her life, teaching for 20 years. Certified through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and some



## THE EVOLUTION OF THE MARTINI

Dale DeGross

Thursday, January 21, 4:00 PM - 5:30 PM \$10

Move over, James Bond! Learn about the history, culture, and evolution of the martini from the man who brought back the classic cocktail at the world-famous Promenade Bar in New York's Rainbow Room in the 1980s. His career in the hospitality industry earned him the moniker "King Cocktail." Along the way, his lifetime experiences in the hospitality industry include a momentous night at Windows on the World restaurant on the eve of the September 11th attack in 2001 and the aftermath in the following days.

**DALE DEGROSS**, a native Rhode Islander, is winner of two James Beard Awards and the Wine Enthusiast 2018 Cocktail Legend Award and founding president of the Museum of the American Cocktail in New Orleans. His first book, *The Craft of the Cocktail* was published in 2002 with an updated volume, *The New Craft of the Cocktail* in 2020.

## Have you logged on to OLLI's registration portal?

Current Members: Log in as a student to activate your membership as a first time user of this new software. Remember to reset your password (see below), for ease of access. You can also update your profile, renew your membership if needed & review course selections.

Don't know your username? Member profiles have been created. In most cases, your username is your email address. Select "Forgot your password" and an email will be sent to you. Note: If your email has changed, the system will not recognize your account. Contact the OLLI office for assistance if needed at [olli@etal.uri.edu](mailto:olli@etal.uri.edu).

# Thursdays

## The New 7 Wonders of the World

Marilyn Harris



About 100 BCE, an ancient Greek compiled the first list of seven “must sees” for Hellenistic travelers, which came to be known as the seven wonders of the ancient world. In 2000 Canadian-Swiss Bernard Weber initiated a campaign to compile a modern list based on an internet poll of more than five million people worldwide.

*Each virtual class takes us to a new destination. Register for one or all four classes.*

### The Great Wall of China and the Christ the Redeemer Statue

Thursday, January 21, 1:00 PM - 2:30 PM \$10

### Machu Picchu and Chichén Itzá

Thursday, January 28, 1:00 PM - 2:30 PM \$10



### Roman Colosseum, Taj Mahal

Thursday, February 4, 1:00 PM - 2:30 PM \$10

### Petra, The Great Pyramid at Giza

Thursday, February 11, 1:00 PM - 2:30 PM \$10

**MARILYN T. HARRIS**, a many-times transplanted Midwesterner, earned her undergraduate degree at the University of Illinois and her master's at Kutztown University (PA). Her work in the field of education – including federal project management, curriculum writing, and teaching – spans more than 40 years. Since 2011 she has taught more than 20 classes (usually history, science, or travel-related) for the OLLI at URI.

# Thursdays

## FAMILY, INTIMATE RELATIONSHIPS AND AGING: AN OLLI INTERGENERATIONAL COURSE

Melanie Brasher

Thursdays, Feb 11, 18, 25 March 4, 11  
9:30 AM - 10:45 AM \$45

Max Class Size: 25

URI students and OLLI members will discuss social science perspectives on family and interpersonal relationships among middle-aged and older adults. The URI students will participate as part of a course cross-listed between the Human Development & Family Science and Sociology & Anthropology departments, HDF/SOC 431: Families and Aging. Course topics will include romantic relationships, widowhood, older parents and adult children, grandparenting, and family policy. Each week all students will be given a list of readings and videos to provide background information. Students are encouraged to share personal experiences that relate to the social science research and theory on each topic.

**MELANIE BRASHER** is an associate professor at URI in the Department of Sociology & Anthropology. She holds a Ph.D. in Sociology from Duke University. Her research interests include aging and the life course, demography, social determinants of health, intergenerational relations, and health disparities. At URI, she teaches courses on family, health, aging, and research methods. She is also a faculty affiliate with the URI Engaging Generations: Cyber-Seniors Program.

**Did you know OLLI has a new Special Interest Group called Photo Fridays? Check our weekly newsletter for all the details on how you can join the group.**



**Photo Fridays Lead by Photographer Jan Armor**

## BETTER PICTURES WITH YOUR IPHONE

Jan Armor

Thursdays, Jan 21, 28 Feb 4, 11  
9:30 AM - 11:00 AM \$40

Max Class Size: 25

There are people out there who are taking better photos with their iPhone than I used to take with my \$2000 DSLR (digital single lens reflex). Their photos leave me speechless...It is hard to believe that they have been taken with that little iPhone in pocket or purse, but they have! In this workshop I will show you how to make, not take, better pictures with your iPhone. Better travel shots, better portraits, better landscapes, we'll cover them all. Videos as well. You'll also learn how you can often make your pictures even better using the Apple "Photos" app that comes with your phone. Enjoyable homework assignments will be given for each session.

## CONTEMPORARY MASTERS OF PHOTOGRAPHY

Jan Armor

Thursdays, March 11, 18, 25 April 1  
9:30 AM - 11:00 AM \$40

Max Class Size: 20

This four-session workshop is an informative and enjoyable introduction to selected contemporary masters of the medium. We will visit their work with them virtually, and learn how and why they create the exceptional art that they do. In addition, using your own camera or phone as an artistic tool, and inspired by these master image-makers, you will be challenged to create your own digital image and share it in our class, as humble or as exceptional it may be. Photographers we will learn from and be inspired by in the class include Andreas Gursky, Gregory Crewdson, Joyce Tenneso, Keith Carter, Nan Goldin, Katy Grannan and Ryan McGinley.

**JAN ARMOR** is an award-winning educator and fine art photographer with 40 years of experience in digital and traditional media. He has received grants and awards for environmental photography and has taught at numerous Rhode Island art museums and associations. Jan has been a mainstay of the OLLI at URI since summer 2010. To see his work and a more detailed biography, go to [armorphoto.com](http://armorphoto.com).

# Fridays

## INTRODUCTION TO YOGA



Linda Morse

Fridays, April 16, 23, 30 May 7, 14, 21  
9:30 AM - 11:00 AM \$50

This program is perfect for those new to the practice of yoga (maybe you'd just like to be able to move and stretch better!) or those who wish to fine-tune their practice. You will experience the fundamentals of yoga postures, proper alignment, and breath awareness, as well as the benefits for each posture. This slow-paced program guides students to gain flexibility, build core strength, and reach a comfort level to participate in a yoga class. No prior experience is needed. Wear comfortable clothes and have a yoga mat. Know that you will finish refreshed and renewed in this safe and enjoyable setting.

**LINDA M. MORSE**, a URI grad, has been a yoga and meditation practitioner most of her life, teaching for 20 years. Certified through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and some science fiction film programs.

## SHORT STORY WRITING WORKSHOP

Tina Egnoski

Fridays, February 5, 12, 19, 26  
9:30 AM - 11:00 AM \$40



Do you have a story to tell? Now's the time to move your idea from inspiration to page. This workshop will explore the craft of fiction through writing exercises. Each session focuses on an element of craft, such as character development, setting, dialogue, or conflict. In a supportive environment, participants will write from in-class prompts and share their work, receiving valuable feedback from fellow writers. Writers at all levels will strengthen their writing and their connection to creativity.

**TINA EGNOSKI** is a fiction writer and poet. The author of three books, *This Invisible Beauty*, *In the Time of the Feast of Flowers*, and *Perishables*, she has been published in a number of literary journals. She's received two literature fellowships from the Rhode Island State Council on the Arts. Her novel *Burn Down This World* was published by Adelaide Books in February 2020.

OSHER LIFELONG LEARNING INSTITUTE

## THE IDITAROD: ALASKA'S LAST GREAT RACE \*



Dorothy Cunningham

Friday, March 5 & 12, Wed March 17  
9:30 AM - 11:00 AM \$35

Max Class Size: 25

The Iditarod covers 1,049 miles over Alaska's hazardous terrain with the best-conditioned athletes, the beautiful, well-trained teams of dogs, led by their mushers (drivers). You will feel like part of the race, hearing true tales along the trail and learning about the training and equipment needed by mushers and dogs, current Iditarod rules, dangers, and checkpoints of the race. Using the race log, we will follow our mushers in real time and cheer on the teams to the finish.

\* CLASS MEETS FOR 2 FRIDAYS AND ONCE ON WEDNESDAY

**DOROTHY M. CUNNINGHAM** holds a B.A. in English from URI and has taught in public and private schools for over 35 years. The Iditarod has been a favorite topic among her students and their parents throughout this time. Dorothy has coached skating, figure and hockey, for over 40 years. Her Franklin Blades Skating School has produced skaters for professional ice shows, various learn-to-skate programs, and coaches who work with all levels from beginners to Olympic skaters.





## What our members are saying about Virtual Learning

“I am enjoying the online OLLI classes. They offer a safe way to go beyond the walls of my home during this difficult time.”

~ Eric Menke~

“If I were home sick in bed, I could still do OLLI. If I were in China, I could still do OLLI. If I should oversleep, I can still do OLLI. I also think that online learning could enable OLLI members to take a course at a distant OLLI or enjoy a lecture at a distant OLLI.”

~Gregory McNab~

*Learn from Anywhere with*  
**URI/OLLI**

“The beauty is that on site, zoom, and/or on line learning are not mutually exclusive at all. We also participate in OLLI in Florida, where we normally would be at this time of year, but are not due to COVID so far. The availability of online classes enabled us to still go ahead and participate fully in the programs we found desirable, in fact more than we could have with in class programs”

~Robert Randell~

**OLLI ONLINE** OLLI currently uses Webex for our online courses, but moving forward, we will be exploring using Zoom for some of our Special Interest Groups.

### What is Webex?

**Webex** is a video conferencing platform provided to URI students, faculty and staff. It allows you to meet virtually meet with other people, without leaving your home or office. **Webex** allows instructors to present



their screen and host interactive discussions.

Of course, while we would all prefer to return to in-person classes, **Webex** is a great way to keep our members learning and connecting.

You can find a variety of resources on how to join a Webex meeting on our website. Visit: <https://web.uri.edu/olli/online-learning-resources/>

Check out the helpful links on our website and please reach out to us if you need help or have questions.

Call 401-874-4197. We will do our very best to return your call within 24 hours.



VIRTUAL LEARNING

## Steve BERARDO

*As a teacher at OLLI we interact with highly motivated students who bring a lifetime of experience to each class. I find, as an instructor, that the interaction with and feedback from the students is the most exciting part of each course. They take each course because they are genuinely interested in learning and expanding their horizons, and I learn as much from them as, I hope, they get out of my courses.*

## Deb KOPECH

*Exploring a topic with peers is challenging but really rewarding. I would advise anyone trying this for the first time to do a Special Interest Group (SIG) one time program just to see how it feels. I guarantee you'll come back for more!*

## Peter STETSON

*I so enjoy connecting with people and sharing what I know. Then watching some of them take off using what they learned going in a different direction. They in turn teach me!*

## Kara MARZIALI

*OLLI is a community of like-minded adults who value lifelong learning. Each member has a desire to expand the breadth of their knowledge and share their worldview with others. Additionally, most members have vast professional and vocational experiences that make them ideal teachers. It has always been meaningful for me to share my passion for theatre, dramatic literature, and art. OLLI provides that opportunity. Teaching to and connecting with other seasoned learners has been such a joy for me. I appreciate the member-driven curriculum, and I am inspired to share my intellectual interests each semester. If OLLI wants to continue offering a wide range of academic, cultural and social programs and activities to enrich adult learners over age 50, we need YOU to become part of the faculty. Sharing our talents, stories, expertise, and hobbies is such a satisfactory experience...you won't want to miss it!*

## Gale EATON

*Teaching for OLLI is a chance to delve deeper into fascinating subjects, organize one's thoughts about them in new ways, and get conversations going with smart people who see things from different angles. Teaching for OLLI online? It's a way to keep the community alive, to nourish friendships through isolated months, and maybe -- even when life allows us to get*

*back together -- a way to avoid driving after dark. OLLI is about relationships -- with people, and with ideas, and with creative activities. It's easier in person. But given any medium of communication, we can keep doing it. We care enough.*

## Karen STEIN

*Teaching for OLLI is interacting with people who enjoy learning!*

## Brian

## WALLIN

*I have been proud to serve as a member of the OLLI faculty for the past couple of years. As an author and historian, I especially enjoy interacting with OLLI attendees who share an interest in exploring the rich history of Rhode Island, its people and the events which have shaped our society in the Ocean State. It is not surprising that Rhode Island has had influences far beyond our borders. The stories I am pleased to share are not only personally enjoyable to research and develop, but I find I also learn from the impressions and experiences of those attending.*

# TEACH FOR OLLI

## Why not give it a try!

We invite you to share your knowledge, passions, and interests with other OLLI students by teaching a course for us!

OLLI faculty and presenters are members of the community who are excited about teaching and involving an enthusiastic group of learners in a new way.

Some of our OLLI instructors are current or retired high school or college faculty, while others are people who enjoy the opportunity to share their interests and knowledge.

Just as our members attend classes for the pleasure of it, our faculty at OLLI often teach for the sheer joy of sharing their expertise and enthusiasm for a topic. There are no tests to prepare or papers to grade, just teaching and holding discussions with interested and engaged students. We are able to offer small honorarium dependent on the length of the course.

**Submit your proposal for Summer 2021**  
Visit <https://web.uri.edu/olli/course-proposal/>

**MEMBERSHIP INFORMATION** (Please use one form per person)

NEW MEMBERSHIP  RENEWAL MEMBERSHIP RENEWAL DATE: \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Seasonal Address \_\_\_\_\_ Begin Date \_\_\_\_\_ End Date \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

Year of Birth \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relation: \_\_\_\_\_ Phone \_\_\_\_\_

**MEMBER PROFILE**

The following information is used to help us better understand our OLLI Membership as a community and to better serve you. This information is optional and confidential.

**URI Alumni :**  No  Yes Year \_\_\_\_\_ **Gender :**  Male  Female

**Highest Level of Education:**  High School  Some College  Associates Degree /Certification

Bachelor's Degree  Master's Degree  Doctorate

**Employment Status:**  Retired  Work Full Time  Work Part-Time  Not Currently Employed

**Current/Former Occupation:** \_\_\_\_\_

**PAYMENT INFORMATION:** Annual Membership Fee \$65 (non-refundable)

Payment Method:  Check (Payable to URI) Credit Card:  Visa  Mastercard  Discover  AMEX

Credit Card No. \_\_\_\_\_ Exp Date: \_\_\_\_\_ 3 or 4 digit code \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature \_\_\_\_\_

Photos taken during OLLI events or programs can be used in promotion material for OLLI at URI.

OLLI and URI will not be held liable for members or guests for any damage or personal injury.

Your membership must be in effect through the last date of the class(es) you have chosen.

**For questions, please call 401-874-4197 or email [olli@etal.uri.edu](mailto:olli@etal.uri.edu)**

**If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212, Kingston, RI 02881**

OFFICE USE: DATE RCVD: \_\_\_\_\_ DATE PROCESSED: \_\_\_\_\_ INITIALS: \_\_\_\_\_

# OLLI Course Registration - Spring 2021

FULL COURSE DESCRIPTIONS ARE AVAILABLE ONLINE AT: <https://uriolli.augusoft.net/>

Name (one member per form) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Renewal Date: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email \_\_\_\_\_

**ONLINE REGISTRATION**  
begins December 21.  
Mail in registrations will  
not be processed until  
December 22.

<b>Monday</b>	<b>Fee</b>	<b>Enroll</b>
Conversational Italian I	\$50	
Conversational Italian II	\$50	
Navajo Mystery Novels	\$50	
Creating a Mystery Series	\$10	
The War of American Independence 1763-1783	\$45	
Be Your Own Life Coach	\$30	
Art and Genetics	\$35	
Marriages and Families: A Sociological Perspective on an Essential Institution	\$35	
Septic Systems 101	\$10	
Writing a Legacy Letter	\$10	

<b>Tuesday</b>	<b>Fee</b>	<b>Enroll</b>
Cuba and Colombia	\$30	
Five Central American Countries	\$45	
Walled Gardens: Books for the Children of Empire-Builders	\$40	
Winning Novels of 2020	\$35	
Mindful Decluttering: Simplify Your Life and Make Room for What is Important to You	\$40	
Russia-USSR up until 1953	\$40	
Women of Rock and Roll	\$40	
Ida Lewis: The Legendary Lady Lightkeeper of Lime Rock	\$10	
Why Didn't the South Win the Civil War?	\$40	

<b>Wednesday</b>	<b>Fee</b>	<b>Enroll</b>
Terezin: Where the Nazis Confined Children	\$40	
The Winter Kitchen FARMacy: Recipes for a Healthy Winter Season	\$35	
Meditation	\$50	
The Pioneers of Rock and Roll	\$35	
Rhode Island and the Mosquito Fleet	\$10	
U.S. Constitution: Keep It, Amend It, Replace It?	\$40	

<b>Thursday</b>	<b>Fee</b>	<b>Enroll</b>
Chair Yoga	\$50	
The New 7 Wonders of the World-Machu Picchu, Chichén Itzá	\$10	
The New 7 Wonders of the World-Petra, The Great Pyramid at Giza	\$10	
The New 7 Wonders of the World-Roman Colosseum, Taj Mahal	\$10	
The New 7 Wonders of the World-The Great Wall of China/Redeemer Statue	\$10	
The Evolution of the Martini	\$10	
Family, Intimate Relationships and Aging: An OLLI Intergenerational Course	\$45	
Better Pictures With Your iPhone	\$40	
Contemporary Masters of Photography	\$40	

<b>Friday</b>	<b>Fee</b>	<b>Enroll</b>
Introduction to Yoga	\$50	
Short Story Writing Workshop	\$40	
The Iditarod: Alaska's Last Great Race	\$35	

Payment Method:  Check (Payable to URI) # \_\_\_\_\_

Credit Card:  Visa  Mastercard  Discover  AMEX

Credit Card No: \_\_\_\_\_

Exp Date: \_\_\_\_\_ 3 or 4 digit code: \_\_\_\_\_

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OFFICE USE:

DATE RCVD: \_\_\_\_\_

DATE PROCESSED: \_\_\_\_\_

MEMBERSHIP:  CURRENT  NEW  RENEWAL

INITIALS: \_\_\_\_\_