# **Senior Day**



## A health, wellness, and fall risk program!

## Free health assessment by URI and JWU students!

Completed by students from URI Physical Therapy, Pharmacy, Communicative Disorders, Nutrition and Food Sciences, Nursing, and Human Development and Family Science Programs and Johnson and Wales University Occupational Therapy Program. Supervised by faculty.



### **Program Details:**

What: Screening for general health and well-being. Recommendations to improve health and wellness and decrease fall risk will be provided as appropriate.How: Participate in one team interview on Zoom AND attend an in-person health screening at the University of Rhode Island.

**When:** Zoom interviews will take place between Sept. 22-Oct. 1; your in-person screening at URI will be during ONE of the following times:

- Wednesday October 6th 8:00am -12:00pm
- Thursday October 7th 8:00am-12:00pm, OR 4:00pm 7:00pm
- Saturday October 9th 8:00am 12:00pm

#### Program participants must:

- Be age 65 or older
- Provide proof of COVID-19 vaccination
- Wear comfortable clothing and walking shoes
- Sign a form to agree to assessment by students

"My student team was wonderful. To a person, each was professional, respectful, caring and listened well. These qualities are essential in caregivers and I am deeply appreciative of their commitment and conscientious attention."- **Testimonial from past program participant** 

## Please sign up by August 11, 2021.

For more information or to register: Email: <u>seniorday@uri.edu</u> Call: 401-874-4464

Or you can visit our website to sign up directly: https://web.uri.edu/ipe/senior-day-2021/

Free and accessible parking available!