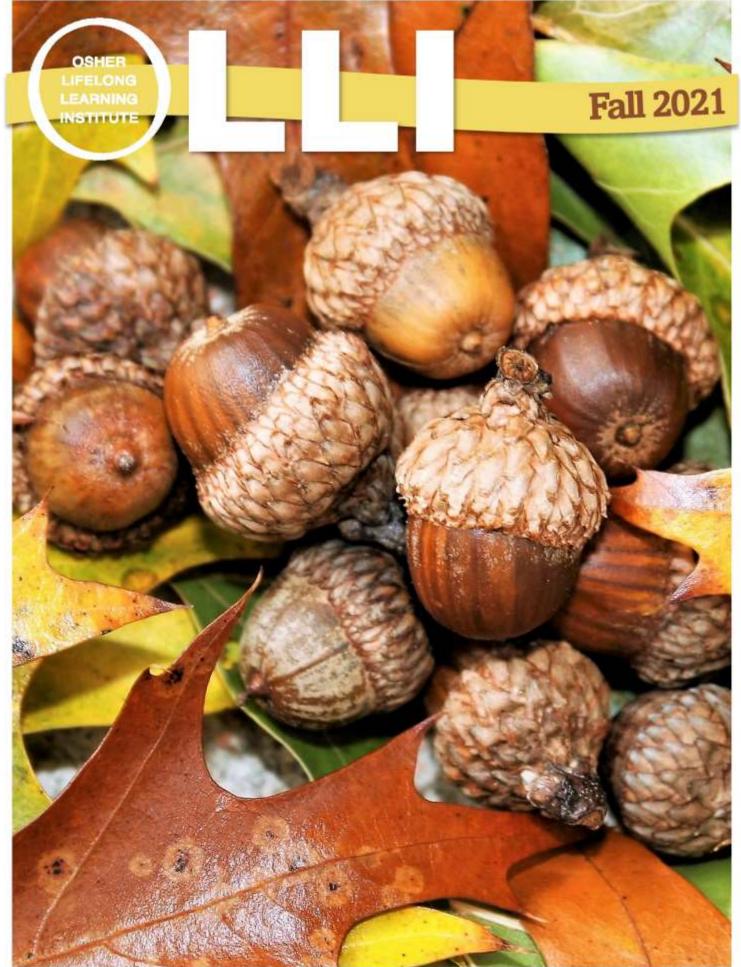
OSHER LIFELONG LEARNING INSTITUTE



UNIVERSITY OF RHODE ISLAND

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All virtual classes are indicated by the ZOOM symbol.



There are no Fall classes on the following dates:

September 6—Labor Day September 7—Rosh Hashanah September 16—Yom Kippur October 11—Columbus Day November 11—Veterans Day November 25—Thanksgiving



THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

OLLI at URI 210 Flagg Road, Room 212 Kingston, RI 02881 Phone: 401.874.4197 Fax: 401.874.2736 Email: olli@uri.edu Subscribe to our newsletter Website: uri.edu/olli





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OLLI ADVISORY BOARD

Phil Clark Bill Cole Jeffrey Coons Laura Evans Paul Gricus

Deborah Hayes Karen Lapointe Skye Leedahl Karen Pizzaruso Jet Vertz



There are 4 ways you can register for Fall classes.

Register anytime through our secure website: <u>URI.EDU/OLLI</u>

(click on **member log-in** at the top of the page).

Call the OLLI office. If you leave a message, we will do our best to return your call within 24 hours.

Print and mail in your registration form (located online)

Stop by the office between 9am and 5pm, Monday through Thursday, 9-12 on Friday.

Payment is accepted by credit card, check or ACH. We accept Visa, MasterCard, American Express and Discover.

> URI.EDU/OLLI 401-874-4197

FALL REGISTRATION BEGINS AUGUST 25!

REFUND POLICY

If you decide to drop out of a course, you must notify the office at least two weeks before the start date to receive a refund or credit toward another class. In some cases, OLLI finds that it must cancel a class. If that happens, we will make every effort to inform you at least one week before the start date, and you will receive a refund or voucher toward another class. OLLI follows the University's policy of cancelling classes for certain holidays and because of inclement weather. Memberships are non-refundable.

Fall 2021 Schedule at a Glance

<u>Monday</u>

A Curious Look at the 1948 World Series....8 All About Alice11 Digital Photography from Vision to Frame9 Friendships in Children's Books....10 Generals as Presidents....12 Genocide and the United Nations....11 Italian I....8 More Navajo Mysteries....8 Plant-Based Nutrition: Continued....11 Stay in Touch: A Mindfulness Workshop....10 The Card Game of Bridge....9 The Celtic Way of Seeing....10 The Vietnam War....9 Turtle Island Through Native American Eyes....12 Understanding Dental Plaque....12

<u>Tuesday</u>

Adinkra in Translation: Poetry of the Self....15 Audubon Society of Rhode Island Tour....17 Edson Gallaudet: Rhode Island Aviation....15 Pioneer

Environmental Policy in New Zealand....18

Flexible & Versatile....Chenin Blanc....13

Ingmar Bergman: Existential Filmmaker....13

Introduction to Horseback Riding....17

Masterpieces of the Uffizi Gallery....14

Maximizing Digital Tools....16

More Winning Novels of 2020....14

Rhode Island Fresh: The Harvest of....14 September

Rhode Island Fresh: The Heart Warming...14 Flavors of November

Rhode Island Fresh: The Tastes of14 October

The Global Arctic: A Transforming Region....16

The Last Man Executed in Rhode Island....16

The Poetry of Mary Oliver....17

The Right to Vote....18

Trash to Treasure: Crafty Recycling....15

Understanding Autism Spectrum Disorders....13

What Exactly Is Laughter?....18

What in the World Is the Explanation for....13 Global Warming?

Zentangle Holiday Cards....24

<u>Wednesday</u>

A Rhode Island Success Story: Cardi's Furniture23

Activists and Heroines of the 19th and 20th Centuries....20

American Art Before 1900....25

Chair Yoga....19

Computer Fundamentals....21

Feisty Foremothers From the 17th and 18th Centuries....20

Hidden Truths: Slavery and the Slave Trade in Rhode Island....21

Introduction to Zentangle....24

Long Day's Journey into Night....25

On a Lighter Note: Sports and Entertainment....20

Rhode Island Handweavers, 1750-2020....22

Search Theory and Its Applications....23

Slavery, Indenture, and Freedom in Little.... 22 Compton, RI

Smith-Appleby House Museum Tour....27 & Lunch

The Birth of the Atlantic Ocean and....27 Formation of the Connecticut Rift Valley

The Civil War in the West....26

The Golden Age of Mobile Photography....22

The Legacy of Mel Brooks....23

The Santiago de Compostela Pilgrimage....19

The Universality of The Portrait of a Lady....26

Topics in Ecology....21

Unsung Leaders of American Art....25 Movements

Verdi's Rigoletto....23

Zentangle Dragonfly....24

Zentangle Rock Cairn....24



Cover Photo by OLLI member and instructor Antonio Mattero

Fall 2021 Schedule at a Glance

<u>Thursday</u>

Cult and Conspiracy....27 Feel-Good Movies....29 Flexible & Versatile....Chenin Blanc....13 Identifying Common Invasive Plants....28 Let's Skate!....29 Rachel Carson: Her Life and Legacy....29 Safe Passwords....28 Slavery- The Scourge of Civilization....30 Soul in Motion....29 The Arab - Israeli Conflict....31 The Heritage of the Narragansett....31 The Heritage of the Narragansett....30 The Tomb of the Unknown Soldier....28 Walter Massie - Rhode Island's Wireless....27 Pioneer

<u>Friday</u>

Edith Wharton Revisited....32 Meditation....33 The Music and Events of the 1960s....33 The Swedish Vikings....32 The World of Odors from the Canine....33 Perspective

zoom

VIRTUAL CLASSES

Click on the class name to view the course description

Cult and Conspiracy... 27 Masterpieces of the Uffizi Gallery...14 Plant-Based Nutrition: Continued...11 Rachel Carson: Her Life and Legacy...29 Rhode Island Fresh: The Harvest of September...14 Rhode Island Fresh: The Tastes of October...14 Rhode Island Fresh: The Tastes of October...14 Rhode Island Fresh: The Heart Warming Flavors of November...14 The Impact of Jews on Classical Music...30 The Tomb of the Unknown Soldier...28 Understanding Autism Spectrum Disorder 13

**In Person Classes will be limited to 30 per classroom unless otherwise indicated.

**Per University Guidelines, face coverings are required in all indoor spaces regardless of vaccination status.



Classes by Subject

Current Events

A Curious Look at the 1948 World Series (8) A Rhode Island Success Story: Cardi's Furniture (23) Cult and Conspirarcy (27) Flexible & Versatile....Chenin Blanc (13) Rhode Island Fresh: The Harvest of September (14) Rhode Island Fresh: The Heart Warming Flavors of November (14) Rhode Island Fresh: The Tastes of October (14) Understanding Autism Spectrum Disorders (13)

History & Government

Activists and Heroines of the 19th/20th Centuries (20) Edson Gallaudet: Rhode Island Aviation Pioneer (15) Feisty Foremothers From the 17th & 18th Centuries (20) Generals as Presidents (12) Genocide and the United Nations (11) Hidden Truths: Slavery and the Slave Trade in Rhode Island (21) On a Lighter Note: Sports and Entertainment (20) Slavery- The Scourge of Civilization (30) Slavery, Indenture, and Freedom in Little Compton, RI (22) Smith-Appleby House Museum Tour & Lunch (27) The Arab - Israeli Conflict (31) The Civil War in the West (26) The Heritage of the Narragansett (31) The Last Man Executed in Rhode Island (16) The Right to Vote (18) The Swedish Vikings (32) The Tomb of the Unknown Soldier (28) The Vietnam War (9) Turtle Island Through Native American Eyes (12) Walter Massie - Rhode Island's Wireless Pioneer (27)

Humanities

Adinkra in Translation: Poetry of the Self (15) All About Alice (11) American Art Before 1900 (25) Digital Photography from Vision to Frame (9) Edith Wharton Revisited (32) Feel-Good Movies (29) Friendships in Children's Books (10) Ingmar Bergman: Existential Filmmaker (13) Introduction to Zentangle (24) Italian I (8) Long Day's Journey into Night (25) Masterpieces of the Uffizi Gallery (14) More Navajo Mysteries (8)

Humanities continued

More Winning Novels of 2020 (14) Rhode Island Handweavers, 1750-2020 (22) The Celtic Way of Seeing (10) The Golden Age of Mobile Photography (22) The Impact of Jews on Classical Music (30) The Legacy of Mel Brooks (23) The Music and Events of the 1960s (33) The Poetry of Mary Oliver (17) The Santiago de Compostela Pilgrimage (19) The Universality of The Portrait of a Lady (26) Trash to Treasure: Crafty Recycling (15) Unsung Leaders of American Art Movements (25) Verdi's Rigoletto (23) Zentangle Dragonfly (24) Zentangle Holiday Cards (24) Zentangle Rock Cairn (24)

Recreation and Wellness

Chair Yoga (19) Introduction to Horseback Riding (17) Let's Skate! (29) Meditation (33) Plant-Based Nutrition: Continued (11) Soul in Motion (29) Stay in Touch: A Mindfulness Workshop (10) The Card Game of Bridge (9) Understanding Dental Plaque (12) What Exactly is Laughter? (18)

<u>STEM</u>

Audubon Society of Rhode Island Tour (17) Computer Fundamentals(21) Environmental Policy in New Zealand (18) Identifying Common Invasive Plants (28) Maximizing Digital Tools (16) Rachel Carson: Her Life and Legacy (29) Safe Passwords (28) Search Theory and Its Applications (23) The Birth of the Atlantic Ocean and Formation of the Connecticut Rift Valley (27) The Global Arctic: A Transforming Region (16) The World of Odors from the Canine Perspective(33) Topics in Ecology (21) What in the World is the Explanation for Global Warming? (13)

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Aylward, Susan32	Masi, Kathi
Berardo, Stephen30	Mattero, Antor
Berman, Mark11	McGeehan, Jo
Birch, Raymond8	McKenna, Ma
Bogutt, Elizabeth17	Molloy, Scott
Brayman, Wendy17	Morse, Brett
Brownell, Bill	Morse, Linda
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Craig, Samantha17	Smayda, Norn
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Dimock, Randy13	Stein, Paul
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A Curious Look at the 1948 World Series with Raymond Birch Sept 13, 12 - 2 PM \$15

This program is not only for baseball fans! After taking a brief look at the music, movies, and important events of 1948, this program will give a brief history of the two teams in the 1948 World Series, the Boston Braves and the Cleveland Indians. The program will conclude with a look at important events in major league baseball in 1948, including great pennant races, ending with the 1948 World Series, the last World Series championship for the Cleveland Indians, a drought of 72 years.

Raymond Birch is a retired teacher who has always enjoyed baseball and talking about it. For the OLLI at URI he has taught classes on the 1967 Boston Red Sox , the Providence Steamrollers of the BAA, and Tom Lehrer.

Italian I with Dora Waters Sept 13, 20, 27, Oct 4, 18, 25 9:30 - 11 AM, \$55



This course is for beginners who seek to learn basic conversational Italian, as well as some grammar and vocabulary and exposure to the Italian culture. Students will also assemble in small groups to practice speaking Italian, all in a casual and relaxed atmosphere.

For the first class: read the introduction (pronunciation) and the first chapter of the Danesi text and familiarize yourself with the online/or mobile App that accompanies the text.

Required text: Marcel Danesi, Ph.D.: Italian Conversation Premium Edition, McGraw Hill 2017.

Dora Waters is retired and has taught Spanish and Italian for over 40 years at all levels in RI public schools and at the Moses Brown School. She has also taught as an adjunct professor of Italian at URI and Salve Regina University.



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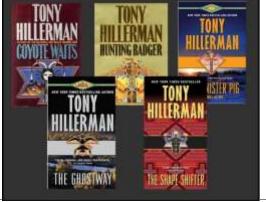
More Navajo Mysteries with Judith Gamble Sept 13, 20, 27 Oct 4 (skip 11) 18, 25, 1 - 2:30 PM \$55

This course continues the reading and discussion of several more Tony Hillerman mystery novels begun this past spring, but it is NOT necessary to have taken the first course to enroll in this one. Navajo (Dine) country in the desert Southwest is the setting for 18 Hillerman mystery novels published between 1970 and 2006. Each features one or both of his unforgettable Navajo tribal police detectives Lieutenant Joe Leaphorn and Officer Jim Chee, along with a cast of memorable Native American characters and a smattering of both good and evil whites. Hillerman, who was not Navajo, had a deep, admiring interest in and respect for their world--and in getting it right. He never claimed to be an expert, but millions of fans who turned his books into best sellers eagerly awaited his latest both for its intricate plot and another glimpse into Navajo culture. Most importantly, the Navajo people have lauded him, and his books are read in their schools. We will join these legions of readers by reading and discussing in class five more of them, chosen for their different themes. In addition, historical and cultural context, accompanied by the voices of contemporary Navajo writers on relevant themes, will be provided, along with a visual journey through the world of the Navajo.

Required texts: Tony Hillerman: The Ghostway (week 2), Coyote Waits (week 3), Hunting Badger (week 4), The Sinister Pig (week 5), and The Shape Shifter (week 6).

Judith Gamble has a Ph.D. in history and specializes in the social and cultural history of underrepresented people. She has taught courses on U.S. social and cultural history, Latin American civilization, and Native American history at URI and other colleges. Now her passion has shifted from scholarly to creative writing, both her own and the voices of others. Since the fall of 2017 she has

offered eleven "Voices" courses for the OLLI at URI.



The Card Game of Bridge *with Barton Buffington* Sept 13, 20, 27, Oct 4, 18, 25 Nov 1, 8, 5:00 - 7 PM \$65

The game of bridge is known to enhance sociability and provide mental exercise. It requires four players – two pairs, or partners, and uses all 52 cards. We'll begin with understanding the concept of taking tricks and the rules for following suit. After we learn some strategies and prac-



tice playing, we'll start bidding, and then partners compete. Homework will be given after every class based on materials provided by the instructor.

Prerequisite: Know the differences between the suits in the deck of cards – spades, hearts, diamonds, and clubs.

Barton Buffington has been a bridge teacher for Barton Buffington has been a bridge teacher for many years, having earned the highest rating, master teacher, from the American Bridge Teachers Association, the only one in RI. He is an accredited teacher by the American Contract Bridge League and has won more than 5000 master points in tournaments coast to coast.

The Vietnam War with Stanley Carpenter Sept 13, 20, 27 Oct 4, 5:30 - 7 PM \$45

The Vietnam War, in general, must be viewed through the lens of the Cold War to understand the competition between the Western capitalist democracies led by the United States and the communist totalitarian world led by the Soviet Union and the Peoples' Republic of China, Failed national elections in Vietnam in 1956 resulted in a division of the country that created communist North Vietnam and democratic South Vietnam. Communist attempts to overthrow the south and create a unified communist Vietnam led to active U.S. military involvement by 1965. This lecture series looks at the Cold War contextual background to the conflict and focuses on the major events and milestones leading up to the loss of U.S. public support and the eventual peace treaty of 1973.

Stanley D. M. Carpenter is emeritus professor of strategy and policy at the US Naval War College. (Continued) (Vietnam continued)

He retired in 2020 having served as strategy and policy department head, where he taught and administered the Strategy and War nonresident programs, and as the Naval War College command historian. He holds degrees from Florida State University (Ph.D.), University of St. Andrews, Scotland (M.Litt.), and University of North Carolina (A.B. with honors). After 30 years of service, he retired from the US Navy in June 2009 with the rank of captain. He is author of several nonfiction military histories and several historical fiction action–adventure novels. At OLLI, he has lectured on various wars from the War of American Independence through the Global War on Terror.

Digital Photography from Vision to Frame

with Cindy Horovitz Wilson Sept 13, 20, 27, Oct 4, 10 - 11:30 AM \$45

This class will explore digital photography from the moment the photo is taken to the picture on the wall. We start with a classroom session exploring

buttons, settings, composition, and photography terms, followed by a field session on campus where we put our new-found knowledge to practice. With our files captured, we move on to editing software and how to enhance our files. The final class will be all about printing, matting, and framing. **Note:** You may use a digital camera of any sophistication.



Cindy Horovitz Wilson, a resident of Wickford, has been making photographs since 1976. She earned her B.A. from the URI in 1978, studied briefly at the School of the Museum of Fine Arts in Boston, and received her M.F.A. from Tyler School of Art of Temple University in 1984. After 20 years in wedding photography and three years operating a gallery in Wickford, Cindy began teaching photography at local art associations. Since 2009, she has led travel photography workshops in various locations in New England and around the world. Cindy continues to pursue her creative journey, capturing her subjects with curiosity, authenticity, and dignity. She exhibits in regional and national shows, local art festivals, and art organizations.

MONDAYS

The Celtic Way of Seeing

with Christine Phoenix Green Sept 27, Oct 4, 18, 25, Nov 1, 1:30 - 3 PM \$50

The Celtic way of seeing is both ancient and modern, a splendid resource for living a creative, imaginative, poetic, and practical way of life. The symbolism of the Celtic Cross and the ancient Path of the Celtic Wisdom Wheel can guide and inspire us to live more generously and with a spirit of joy, appreciation, humor, and delight. There will be oppor-



tunity for meditation, journaling, and sharing.

Suggested reading: Tom Cowan: Yearning for the Wind: Celtic Reflections on Nature and the Soul (New World Library, 2003).

Christine Phoenix Green has taught a variety of courses for the OLLI at URI over the past 10 years. A piano and music teacher by profession, she is also an herbalist, retreat director, photographer, and writer of blogs on creativity, spirituality, music, cooking, and health including greeningspirit.wordpress.com, thewinterkitchenfarmacy.wordpress.com, and thepiano-mistress.wordpress.com.

Friendships in Children's Books

with Gale Eaton Oct 18, 25, Nov 1, 8, 15, 3 - 4:30 PM \$50

"What a gamble friendship is!" thinks Wilbur. His new friend Charlotte is everything he doesn't like fierce, brutal, scheming, bloodthirsty—but what pig could have a better friend? We'll look at how four children's authors have explored the gamble: E.B. White in Charlotte's Web, Philippa Pearce in Tom's Midnight Garden, Janet Taylor Lisle in The Art of Keeping Cool, and Padma Venkatraman in The Bridge Home.

Suggested texts: E.B. White, Charlotte's Web Philippa Pearce, Tom's Midnight Garden Janet Taylor Lisle, The Art of Keeping Cool Padma Venkatraman, The Bridge Home Francine Prose: *Reading like a Writer*.

(Friendship Continued)

Gale Eaton, a URI professor emerita and director of the Graduate School of Library and Information Studies (2006 -2012), was a children's librarian for 15 years before earning her doctorate; her favorite courses to teach were children's and young adult literature. She has written four books (including one about children's literature and two for young readers) and coauthored one.

Stay in Touch: A Mindfulness Workshop with Robert Cipriano

Oct 18, 25 Nov 1, 5:30 - 7 PM \$40

Living in the moment contributes to your mental and physical health by bringing concentration, acceptance, focus, self-awareness, engagement, and satisfaction to your life. By applying some simple behaviors based on your five senses, you can break through distractions and fully experience your life's meaningful daily moments. We will explore nine practical actions in a workshop format that encourages sharing both individual and group experiences. You'll

finish the course knowing what actions work best for you, and how and when to apply them to ensure a mindful, rewarding future.



For the first class: Be prepared to talk about mindful moments you have experienced and continue to value, along with personal roadblocks to experiencing a moment that you're willing to share.

Robert Cipriano, a professional trainer who has conducted workshops all over the country, holds a B.A. from UConn and an M.A. from URI. He conducts workshops on mindfulness, communication, presentation, and computer applications. His background, in addition to teaching, includes corporate management and marketing.

(Continued)

MONDAYS

All About Alice with Mark Berman Nov 1, 8, 15, 22, 10 - 11:30 AM \$45

On July 4, 1862, two Oxford University dons took the three small daughters of their dean on a rowing trip on the river Thames. The story that one of the dons made up to amuse the girls during that "golden afternoon" has become not just a beloved child's tale, but a classic of English literature. This course will examine the life of Lewis Carroll, his two best known novels, *Alice's Adventures in Wonderland and Through the Looking Glass, Alice's illustrators, and the effects that these works have had on our culture. For the first class: read Alice's Adventures in Wonderland.*

Required texts: Lewis Carroll: *Alice's Adventures in Wonderland and Through the Looking Glass, any edition.*

Mark Berman received a Ph.D. from URI's Graduate School of Oceanography and is retired from a career as a research oceanographer for NOAA's National Marine Fisheries Service. He has had a long interest in the writings of Lewis Carroll and studied them in two separate summer courses at Oxford University.

Genocide and the United Nations

with Jim Buxton Nov 15, 22, 1:30 - 3:30 PM \$35

This course will review the chronology of events in Rwanda, Cambodia, and Myanmar that led up to genocide. We will also briefly include information about Armenia, the Sudan,



and Bosnia. With each of these topics, we will examine and evaluate whether these occurrences were indeed genocide, and we will also evaluate the limited ability of the UN to respond to these tragedies.

Jim Buxton taught at South Kingstown HS for 32 years focusing on global studies and international relations. Between 2009 and 2020, he taught international politics at URI. Since 2012, he has taught many OLLI courses: the Arab Spring, the Arab-Israeli Conflict, Nuclear Proliferation, Costa Rica, Iraq and Iran, Syria and the ISIL crisis. He has also worked in the education department at Salve Regina, teaching an introduction to American education and supervising social studies student teachers. Plant-Based Nutrition: Continued with Ella Rodriguez Nov 8, 5 - 6:30 PM \$15



What is a "healthy diet"? If we ask 10 different people, we will probably get 10 different answers. The focus of this workshop is to help you understand exactly what a healthy diet really is. We'll take a

look at some examples of simple breakfasts, lunches, and dinners that you can easily that incorporate in your daily routine. You will leave the class empowered with the resources and tools you'll need to reclaim your own health. For the class: watch any of these documentaries on Netflix, YouTube, or Amazon: "What the Health," "Forks over Knives." and "Food Choices."



Suggested reading: Go to pcrm.org/veganstarterkit.

Ella Rodriguez started on a path toward plant-based nutrition when she was faced with a health issue a few years ago. Having decided to deepen her nutrition knowledge, she completed the Whole Foods Plant Based Nutrition Certification from eCornell University. In order to share what she learned. Ella went on to become a Healthy Teachers Program Instructor for Whole Foods and a Food for Life Instructor through the Physicians Committee for Responsible Medicine. Ella teaches a variety of nutrition education and cooking classes for different organizations, depending on their individual needs. Together with other like-minded people, Ella continuously works on a larger scale in the hopes of inspiring and educating people across RI as a co-leader of the Powered by Plants RI organization. For the OLLI at URI Ella taught Plant Based Nutrition: An Introduction in spring 2021.

MONDAYS

Turtle Island Through Native American Eyes *with Judith Gamble*

Nov 8, 15, 22, 29, Dec 6, 13, 1 - 2:30 PM \$55

On the continent of North America (Turtle Island to many indigenous people), from Maine to California, all of our lands were once theirs, a hugely diverse landscape of the greatest plenty that sustains us all. White Americans justified taking this land from the indigenous people and sanctioned it by formal treaties and other laws, a sordid story that many are



ashamed of today. This course seeks to show that, although the native people's lives were changed forever, they did not lose their deep connection to the land, both where their ancestors once flourished, and in what remains of their reservation homelands today. We will explore and try to understand their special bond to the earth and its preservation using primary writings and visual images from their point of view, both past and present. Each week a different region of the country will be featured, beginning right here in New England.

Note: All readings will be provided to students.

Judith Gamble has a Ph.D. in history and specializes in the social and cultural history of underrepresented people. She has taught courses on U.S. social and cultural history, Latin American civilization, and Native American history at URI and other colleges. Now her passion has shifted from scholarly to creative writing, both her own and the voices of others. Since the fall of 2017 she has offered eleven "Voices" courses for the OLLI at URI.

Generals as Presidents

with Lee Hardgrove Nov 15, 22, 29 Dec 6 3:30 - 5 PM \$45

Eleven U.S. presidents, from George Washington to Dwight Eisenhower, have served as general officers in the US Army. Some were career officers before they were presidents. Others served in different capacities such as military governor, civil general, or National Guard (or militia) general. How did the military experiences of these men influence their performances as president? What are the differences

(Generals Continued)

in being a military leader and an elected official? Did their military background influence their role as commanders-in-chief while technically being civilians? How did they influence both the institutions of the army and the presidency?

Lee Hardgrove is a retired United Methodist pastor who served parishes primarily in the New York area for 30 years. Lee is also a retired U.S. Army Reserve and NY National Guard chaplain who served briefly at Ground Zero in NY City and did a tour in Kabul, Afghanistan. He holds degrees from American University, Yale University, the U.S. Army Command General Staff College, and Rhode Island College.

Understanding Dental Plaque

with Antonio Mattero Nov 29 & Dec 6, 9:30 - 11 AM \$35

Everyone is susceptible to the detrimental effects of dental plaque. The bacteria in plaque are part of the normal oral flora; however, if left unchecked, can create a host of health problems. Dental plaque is connected with sugars and decay, periodontal disease, halitosis and dry mouth, and some systemic diseases. Images of oral disease will be shown as



will common supermarket items whose labels will be scrutinized. The presentation will conclude with a pictorial display and discussion describing simple measures, dental devices, and over-thecounter dental

products to aid in our controlling dental plaque buildup.

Antonio J. Mattero holds a B.A. from the University of Connecticut and a D.D.S., summa cum laude, from the University of West Virginia School of Dentistry. He practiced two years at the Samuels Dental Clinic at Rhode Island Hospital and has been in private practice in Westerly for 41 years. He is a member of the American Dental Association, the Rhode Island Dental Association, the South County Dental Society, the Academy of General Dentistry, and Omicron Kappa Upsilon (an academic honorary dental fraternity).

Understanding Autism Spectrum Disorders with Susan Jewel Nov 16, 10 - 11:30 AM \$15



Gain a baseline understanding of the daily challenges of children with communication and self-regulation challenges and how their needs affect their behavior. Professionals, parents,



and caregivers will hear about what autism spectrum disorders are, how they are diagnosed, and what areas of functioning affect a child's ability to interact socially, communicate, and learn.

Susan Baylis Jewel is manager of family support at The Autism Project, a unique collaboration of parents and professionals who provide quality support, training, and programming accessible to **all** children and adults with an autism spectrum disorder, their families, and those who work with them.

What in the World Is the Explanation for Global Warming? with Crandall Dimock

Oct 26, Nov 2, 9, 1 - 2:30 PM \$40

The goal of the course is to clarify the concrete foundations of the concept of global warming. We will emphasize the physical science behind its origin and development and consider methods and results used to substantiate trends in terrestrial, oceanographic, and atmospheric character. Based almost exclusively on the limitations and successes of science in addressing this controversial issue, we will discuss the consequences of global warming during the recent past; projected consequences during the very near future, and anticipated mitigation that has a sound technical foundation. The course will consider only marginally the associated global political science and economics.

Crandall W. Dimock holds B.S. and M.S. degrees and a teaching certificate from URI. He has served as an armor small unit commander in the US Army, an organic marine geochemist working on the oil spill response team for the Environmental Protection Agency, and a high school physics and chemistry teacher. He spent 25 years teaching physics at South Kingstown High School. For the OLLI at URI, he has presented Everyday Physics several times, and introduced the What in the World lectures in 2018.

Flexible & Versatile....Chenin Blanc with Elisa Wybraniec

Chenin Blanc traverses the globe and has some of the same flexibility and diversity as Chardonnay. It is a grape with racy acidity, allowing it to be made in several different styles. Join us at the Coast Guard house, taste through, and find your favorite style of Chenin Blanc.

2 dates available: \$25

- Tuesday, Oct 19, 3 4:30 PM
- Thursday, Dec 9, 3 4:30 PM

Elisa Wybraniec is a graduate of URI with a B.S. in finance. She holds the Wine & Spirit Education Trust (WSET) Diploma, is a certified



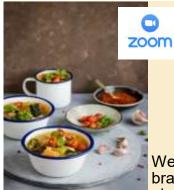
sommelier, and belongs to the Society of Wine Educators. She has served as adjunct faculty at Johnson & Wales and contributes occasionally to the Rhode Island Beverage Journal. Elisa also worked in Napa Valley for the talented winemaker Alan Viader of Viader Winery in 2018, as well as boutique winery Kosta Browne in Sonoma in 2019. She is now full-time wine director/sommelier at the Coast Guard House Restaurant in Narragansett. For the OLLI at URI she has given presentations about wines from all over the world.

Ingmar Bergman: Existential Filmmaker

with Paul Stein Sept 14, 21, 28, Oct 5, 12, 19, 1 - 3 PM \$55

Ingmar Bergman wrote or directed more than 60 films and 170 theatrical productions and authored over 100 books and articles. In Bergman's films, "this world is a place where faith is tenuous; communication, elusive; and self-knowledge, illusory at best," Michiko Kakutani (NYT). Bergman's legacy continues to be a timeless definition of cinema for all. Learn about the life of Bergman as we watch and discuss his *Wild Strawberries (1957), The Seventh Seal (1957), The Virgin Spring (1960), Persona (1966), and Cries and Whispers (1972). All films will be in Swedish with English subtitles. Film reviews and analysis will be emailed to all students at least one week before each class.*

Paul Stein studied film production for two years (1972-74) at the NYU Graduate School of Film. He taught video production and media literacy at various community access television stations in Massachusetts, and for the OLLI at URI, he has taught several film courses, most recently The New German Cinema and The Art of Watching Movies.





We are back this session celebrating with another cookalong series. What's better

than cooking with fresh healthy local ingredients? Join us for all or part of this cook-along series focusing on the bounty of Rhode Island's farms in the fall. Each class features a few easy-to-prepare delicious dishes using the produce that is in season. Recipes and grocery and supply lists will be sent in advance of each class to those who register. Cook along with the class or just enjoy and learn about R.I.'s seasonal ingredients.

The Harvest of September

Sept 21, 4:00 - 5:30 PM \$15

September is an exciting time of the year when it comes to seasonal cooking. With the last of summer's bounty and the beginning of the festive flavors of fall, there are so many delicious flavors to choose from! We will create early fall recipes using healthy local ingredients... delicious classic seasonal recipes with a modern twist.

Tastes of October

Oct 19, 4 - 5:30 PM \$15

The arrival of autumn's cooler temperatures makes cozy comfort foods seem more appealing than ever, but integrating more seasonal superfoods into your fall recipes can make your favorite hearty dishes much healthier. Apples, pumpkins, squash, cranberries, and kale are just a sampling of seasonal superfoods. This month's series will focus on using heart-healthy fresh ingredients to make traditional dishes and new favorites!

The Heart Warming Flavors of November

Nov 9, 4 - 5:30 PM \$15

When the air is crisp and the leaves start to fall, you'll love recipes that showcase the season's best flavors in savory soups and stews! If you need inspirational ideas and tips on how to make heart-warming recipes, join us for this cook-along session. Of course...a seasonal dessert will be on the menu!

Kathi Masi has been an educator for over 35 years. She is a graduate of the University of Tennessee and earned her master's degree in education from URI. A teacher recently retired from South Kingstown High School, she has taught classes in family and consumer sciences (FCS) specializing in culinary arts. In 2005, she was honored as RI FCS teacher of the year. Since retirement, Kathi has worked with FarmFresh RI, Own Your Health, and the RI Geriatric Education Center, teaching classes in nutrition, A Matter of Balance, and doing food demonstrations. This past summer, Kathy gave the Rhode Island Fresh cook-along series for the OLLI at URI.

Masterpieces of the Uffizi Gallery

with Rocky Ruggiero October 26, 4 - 5:30 PM \$15



The Uffizi Gallery houses the world's most important collection of medieval and Renaissance Italian paintings. This lecture will examine the evolution of some of its major works from the early 14th to the

mid-17th centuries, including Botticelli's *Birth of Titian's Venus and Primavera, Leonardo's Annunciation, Michelangelo's Doni Tondo, Titian's Venus of Urbino, and Caravaggio's Medusa and Bacchus.*



Rocky Ruggiero is originally from Providence, RI. He is a graduate of the College of the Holy Cross where he majored in art history and pre-medicine. Having been awarded a Florence Fellowship by Syracuse University, he continued his art history

studies in Florence, Italy, and later received his Ph.D. in art history and visual culture from the University of Exeter, UK. He lived in Florence for 20 years teaching art history for various American universities including Syracuse, Kent State, Vanderbilt, Boston College, as well as the Jay Pritzker Academy Summer Program in Florence. He now divides his time between the US and Italy. He is a frequent lecturer for Friends of the Uffizi Gallery.

More Winning Novels of 2020

with Marylen McKenna Sept 21, Oct 26, Nov 30, 11:30 AM - 1 PM \$40

Explore, discuss, and enjoy current award winning novels in class where everyone will participate in the discussion. We will begin with *EEG by* Dasa Drndie, winner of the 2020 Best Translated Book Award. In the second class, we will read *Hamnet* by Maggie O'Farrell, winner of the National Book Critics Circle Award and women's prize for fiction. And we will conclude with *Luster* by Raven Leilani, winner of the John Leonard Prize and the Pen/ Hemingway for a debut novel. We will explore the criteria for the awards, our agreement or disagreement with the selection, and delve into the character, plot, sense of place, and arc of the book.

(Continued)

(More Winning Novels, Continued)

Marylen McKenna, discussion facilitator, is a lifetime reader, beginning when she discovered the children's story hour at the Westerly Public Library and continued as an English major and initiated her first book group for moms in the early 1970s. While her career as library assistant, cataloguer, periodical librarian, and special ed librarian transitioned to business writing and editing in print and for the web, she participated and led numerous book groups in her different communities.

Edson Gallaudet: Rhode Island Aviation Pioneer with Brian Wallin

Sept 28, 10 - 11:30 AM \$15

Aviation pioneer Edson F. Gallaudet, a Connecticut native, brought his innovative aircraft design and manufacturing venture to Greenwich Bay in 1915. His 1895 model of a glider with a warped wing is on display at the Smithsonian and is thought to have possibly influenced the Wright Brothers. Gallaudet's unique gear-drive propulsion system was used by the US Navy in early experiments with antisubmarine aircraft during World War I. However, Gallaudet's advanced designs proved to be too far reaching and he was forced to retire (his company would continue in a different direction into the 1930s). This well-illustrated program follows Gallaudet's career and looks at what happened to his vision, his company, and its location on Greenwich Bay. (See bio on page 27)

Trash to Treasure: Crafty Recycling

with Tish Adams Nov 2, 9, 16, 23, 30, Dec 7, 12:30 - 2 PM \$55



Reduce, reuse, and recycle with flair while exercising your imagination. Add a little glue and a few embellishments to everyday items you would ordinarily throw away, to make one-of-a-kind greeting cards, gift tags, and more. You'll begin to *(Continued)*

(Trash to Treasure, Continued)

see product packaging, used gift wrap, and even junk mail in a whole new light. When you share your unique hand-crafted creations, you'll bring joy to friends and family, as you help to reduce the waste in our landfills.

Tish Adams, widely known as one of New England's top jazz vocalists, lives a multi-faceted artistic life as a bandleader, producer, promoter, songwriter, educator, crafter, portrait model, and radio host. Her association with URI began in 1997, when she joined its radio station (90.3 FM WRIU, Kingston) to host the weekly "Vocalists & Localists" show. She uses the arts as a vehicle to bring people together, encouraging them to support each other and their communities.

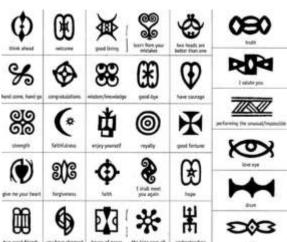
Adinkra in Translation: Poetry of the Self

with Rachel Ansong

November 2, 9, 16, 23, 30, 3 - 4:30 PM \$50

The Adinkra symbols are ancient ideographs from Ghana named after Akan proverbs. Each proverb has a corresponding philosophical and ethical cultural value

for the Akan people. Adinkra symbols are widely used in the United States and reflect the many values of human community.



Each

week, participants will create a piece of personal art (poem, short story, art object, music, visual art, textile, etc.) in connection with a selected Adinkra symbol. Their work will be shared online via an optional blog. A list of materials for the art making will be provided to those who register.

Rachel (Afua) Ansong is currently pursuing a Ph.D. in English literature at URI. Her work explores the Adinkra symbols and their uses in West Africa and the United States. She has published a collection on the symbols with the African Poetry Book Fund in 2020 titled Try Kissing God.

TUESDAYS

Maximizing Digital Tools

with Etta Zasloff Oct 12, 19, 26, Nov 2, 9:30 - 11AM \$45

Learning to use and trust the integrity of digital tools is a challenge that can overwhelm and discourage the most avid lifelong learner. However, those who persist are duly rewarded with more time and less stress. By embracing the power of computers and the cloud and learning how they work together, menial tasks can be more efficiently managed to simplify your life. With your contacts at the core, we will explore tips and tricks to help you communicate successfully with friends and relatives, manage your events and appointments in an electronic calendar and your email accounts. Basic security while online shopping and banking, including automatic bill pay will be discussed. This class will show by example how I use many digital tools and give basic how-to directions and resources to consult for further information. Half of each session will be a lecture followed by a question-and-answer discussion. This is an intermediate level tech class, for those who want to use digital tools more safely and effectively.

For the first class: Bring your IDs and passwords to access the software that you use, i.e., for your Microsoft, Apple or Google accounts and your personal hardcopy address/phone book.

Etta Zasloff retired in 2014 after 44 years in public education. She holds a B.S. in elementary education and an M.A. in school counseling. Her interest in digital communications grew from being an early adopter of word processing to her current volunteer web publishing work for several nonprofit organizations. She advocates for adults to embrace technology through the OLLI Technology Committee. She has led Digital Drop-Ins, taught technology courses, and now participates regularly in Let's Talk Technology, an OLLI Special Interest Group (SIG). She has also taught Revisiting Your Bucket List.

The Last Man Executed in Rhode Island

with Scott Molloy Oct 19 & 26, 5:30 - 7PM \$35

John Gordon was an Irish immigrant during a period of great prejudice against the Irish. He was hanged in 1845 for the murder of Cranston industrialist Amasa Sprague. (*Continued*)

JOHN GORDON, IRISH immicrant, last man EXECUTED IN RI. 1845 PARDONED JUNE 2011.

(Last Man Executed, continued)

We will explore what led up to the murder of Sprague and the trial and execution of Gordon, and discuss the subsequent collective guilt over this judicial murder, which led to the abolition of the death penalty in the state.

For the first class: read the first half of the Caranci book.

Required text: Paul Caranci: *The Murder Trial of John Gordon.*

Scott Molloy holds a B.A. from Rhode Island College, an M.A. from the University of New Hampshire, and Ph.D. from Providence College, all in history. He is professor emeritus from URI, teaching for 30 years, and URI's professor of the year in 1995, Carnegie Foundation's Professor of the Year in 2005, founding member of the RI Labor History Society, and author of several books including Trolley Wars, Irish Titan, and Irish Toilers.

The Global Arctic: A Transforming Region

with Barbara Nicholson & Barbara Findley Oct 5, 12, 19, 26 Nov 2, 9, 10 - 11:30 AM \$55

Major geopolitical changes in the Arctic are making that area of great interest to several nations around the world. Melt-

ing ice has opened opportunities for newly navigable passages, exploration for resources, and developing tourism. The class will focus on current competi-



tion, the transformations of climate change, and strategies for global cooperation in the future. This course is an expansion of a recent Great Decisions meeting, "The Coldest War: Towards a Return to a Great Power Competition in the Arctic." This class will enable participants to research in order to know and understand broadly the geography, history, native people, current stakeholders, overlapping claims, the role of the Arctic Council, the cost of security in the region and the benefits of development. Using the School of Oceanography as a resource will enable us to become familiar with the Arctic science study that URI is involved in.

(The Global Arctic, continued)

For the first class: You will need a fully charged tablet or laptop (you can use your phone or share a device with another participant); print the syllabus at home and have it in class so that you can add to it during class sessions, sharing information and ideas.

Suggested reading: Alexandra Middleton: *Prejudices* About the Arctic, <u>voutube.com/watch?v=n7CT9MLteuM</u>.

Barbara Findley is enthusiastically pursuing her "third liberal education." She was first introduced to collaborative learning while actively engaged in BCLIR at Brown (where she met Barb Nicholson), co-coordinating courses on a variety of subjects. She has been thrilled to join others pursuing new knowledge together, knowledge initially found in books and periodicals, lately the internet, then rounded out by the experiences and perspectives of classmates.

Barbara Nicholson holds a B.A. in psychology from Brown and an M.Ed. from Harvard. She taught for 30 years, retired to RI, and has led adult lifelong collaborative learning courses since 2001 at Brown, at Salve Regina and then, for the past ten years at the OLLI at URI, most recently The Future of Cities, Human Migration, and Artificial Intelligence.

The Poetry of Mary Oliver

with Elizabeth Bogutt Sept 14, 21, 28, 9:30 - 11:00 AM \$40

We will begin this course with an introduction to Mary Oliver, an American poet first published in 1963, who went on to win both a Pulitzer Prize in Poetry (1984) and a National Book Award (1992). Our first class will give us the opportunity to trace her clear and poignant observances of the natural world in some of her well-known nature poems. In our second class, we will explore her sources of inspiration while reading several of her lesser known poems on a variety of subjects, taking the time to find in her words our own personal inspiration. In our final class, we will take a makebelieve walk in and around Provincetown, the poet's home for fifty years and the place she called heaven.

Elizabeth Bogutt is a member of the Peace Dale Neighborhood Guild writers. Since moving to South County six years ago, she has read her fiction and poetry in a variety of different settings. Her greatest enjoyment comes from watching students get to know and appreciate this art form. For the OLLI at URI, she has taught Let's Fall in Love with Modern Poetry and Let's Write Some Poetry.

Audubon Society of Rhode Island Tour

Sept 21, 10 - 11:30 AM \$15

Situated on the beautiful 28-acre McIntosh Wildlife Refuge, the ASRI Nature Center and Aguarium is a magical and unique place. The Center has gardens and walking trails with a $\frac{1}{4}$ mile boardwalk that winds through fresh and saltwater marshes to a majestic view of Narragansett Bay. Benches, picnic tables, and a covered pavilion allow for places to sit and relax during your visit. The Center's state-of-the -art natural history museum and aquarium offers the opportunity to explore many natural wonders. Look inside a 33-foot life size right whale, discover life in a tidepool, observe Narragansett Bay's marine life, visit a rare orange lobster, or meet an octopus. Our group will be guided by a trained ASRI docent who can answer any of your questions. Don't forget to visit the Nature Gift Shop before leaving. The Center and Trails are accessible. For more information, go to asri.org.

Introduction to Horseback Riding

with Wendy Brayman & Samantha Craig Sept 14, 21, 28 & Oct 5, 11 AM - 12 PM \$200

Learn how to groom, tack up, and walk unassisted with the coaches of the URI Equestrian Team. URI offers safe school horses and plenty of space for learning. Weather permitting, we will conclude the course as we tack up and take a walk in the woods.

For the classes: Wear pants and shoes with a heel. Helmets provided.

Wendy Brayman has been coaching the URI Equestrian team and teaching people to ride for more than 10 years.

Samantha Craig has been coaching the URI Equestrian team and teaching people to ride for more than 10 years.



TUESDAYS

The Right to Vote

with John McGeehan Sept 14, 21, 28 Oct 5, 12, 5:30 - 7 PM \$50



Voter suppression has been a part of the United States political scene since the nation's beginnings. While the right to vote is not specifically enumerated in the body of the Constitution, the

Supreme Court has found the vote to be a fundamental right. Historically, the regulation of elections has remained a power of the states. Discussion will include a review of the Constitutional amendments that address voting rights, 1965 and 2013 Supreme Court cases, and current state legislative actions aimed at disenfranchising voters, touching on early voting, voter identification, mail-in ballots, and runoff elections.

For the first class: read "The Right to Vote, A Constitutional Guarantee or Privilege?" at <u>collegesoflaw.edu/</u> <u>blog/2019/09/17/the-right-to-vote-a-constitutional-</u> <u>guarantee-or-privilege/</u>

John R. McGeehan holds a B.A. in history from St. Lawrence University, an M.A. in liberal studies from Stony Brook University (SUNY), and J.D. from Catholic University's Columbus School of Law. Before retiring from a career in public, he spent 25 years as a high school history teacher. For the OLLI at URI he taught Twenty-five Songs: A Social History, 1930 – 2000.

What Exactly Is Laughter?

with Myrna Finn Sept 14, 21, 28 Oct 5, 12, 12:30 - 2 PM \$50



If laughter is the best medicine, we all need a life-long prescription. What exactly are the mechanisms and pro-



cesses that underlie laughter? We will delve into the science and art of laughter and discuss the psychological and physiological effects of laughter on the body, the neurology of laughter, theories of laughter, why we laugh and when we laugh. In addition, we will explore the purpose of laughter as well as the role laughter plays in social interactions. We will discuss what's funny, what's not, and who and what makes you laugh. *(Continued)*

(Laughter, continued)

By the end of the course, you will appreciate the role of laughing in improving your health and living your life more fully. **For the first class**: Links to YouTube videos will be provided to those who register; related questions will be provided for you to consider for discussion.

Myrna Finn, professor emerita from Salem (MA) State University, has taught all aspects of oral communication and has learned that one of the best ways to deal with stress and fear is to laugh. She's quick to find humor in the mundane and the inane, as well as with her own foibles.

Environmental Policy in New Zealand

with Bill Brownell Sept 21, 28 Oct 5, 3 - 4:30 PM \$40

The objective will be to study and discuss the evolution and application of New Zealand's progressive environmental policies and how they are driven by an all-encompassing "Clean and Green New Zealand" brand. An early history of extreme environmental exploitation and degradation has given way to a



modern philosophy of achieving maximum social and economic benefit for the entire country through protection and enhancement of natural landscapes, soil, water and endemic ecosystems. This approach has resulted in high levels of international approval for New Zealand's tourism opportunities and its extremely successful natural resource based industries (dairying, horticulture, beef and sheep meats, wool, fisheries/aquaculture and forestry).

The class will analyze the roles of a multiparty political structure, a strong sense of national identity, an influential indigenous culture, inspired leadership, and a relatively enlightened business community in achieving a high level of environmental sustainability for the country and its people.

For the first class: read excerpts from the Chapman book and the Huntington and O'Brien article (to be emailed to those who register). *(Continued)*

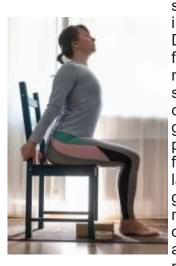
(New Zealand, continued) Suggested readings:

Madeleine Chapman (2020): The Most Powerful Woman in the World: How Jacinda Ardern Exemplifies Progressive Leadership. Nicholas Huntington and Thomas O'Brien: "Tied to a Star: The Green Party of Aotearoa New Zealand and the 2020 Election." tandfonline.com/ doi/full/10.1080/09644016.2021.1877477 (24 Jan. 2021). James Shaw (Co-leader of the Green Party). "We Made History" 2021. Te Awa No. 67. Wellington, NZ

Bill Brownell holds a B.A. in biology and political science from UNH and an M.S. in resource management and fisheries from Cornell University. For 14 years he was a project manager/specialist in rural development, fisheries, and marine conservation (mainly with the United Nations) in the Caribbean, South America, Africa, and the Indo-Pacific. He has been a New Zealand resident for 37 years, working as a researcher, lecturer, and advocate for marine and coastal ecosystems, and also operated an organic orchard and ecotourism business. He founded the UNH/EcoQuest Study Abroad Program in New Zealand in 1997.

Chair Yoga with Linda Morse Oct 27, Nov 3, 10, 17, Dec 1, 8, 3 - 5 PM \$55

Are you interested in practicing yoga but feel re-



stricted or uneasy about having to get down to the floor? Do you want to improve your flexibility and strength of movement? Whether you are seated at a desk or table or confined to a wheelchair, yoga practiced in a chair can provide the same benefits as floor practice. In this very relaxed and enjoyable program, you will gain flexibility, muscle strength, and peace of mind. Learn ways to move as well as breathing techniques for daily living. Move

at your own pace! Wear comfortable clothing that allows you freedom of movement.

Linda M. Morse, a URI grad, has been a yoga and meditation practitioner most of her life, having taught for 20 years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and a number of science fiction film programs. The Santiago de Compostela Pilgrimage with Mercedes Vacquero Oct 20, 4 - 5:30 PM \$15

The presentation is a blend of medieval history, literature, art history, and more. We will find out how the French epic, through the "Chanson de Roland," entered into Iberia; how the epic songs presented Charlemagne and how these legends triggered anti-Carolingian epics. We will experience how the Benedictine Monasteries around the pilgrimage route competed with Santiago and with each other to attract pilgrims.

Mercedes Vaquero holds a Ph.D. in romance languages and literatures from Princeton University, and is chair of the Medieval Studies Program and Professor of Hispanic Studies and Medieval Studies at Brown University. Her research is focused on the relationship between Spanish epic and history and how the scribal records show evidence of oral modes of thought. Her published works include El "Poema de Fernan Gonzalez" en un "Memorial de Historias"; La mujer en la epica castellanoleonesa en su contexto histórico; and Cultura nobiliaria y biblioteca de Fernan Perez de Guzma



with Marilyn Harris This is a 3-part series. You may register for one class or all three.

There have always been those women throughout our history who have surmounted socially determined gender roles to make a difference. Sometimes their contributions have been made quietly, while others have boldly defied the restrictions of their times. In 2019 we looked at ten of these women; this class introduces ten more.

Feisty Foremothers from the 17th and 18th Centuries Sept 15, 12:30 - 2 PM \$15

This week we'll look at the contributions of some often forgotten colonial women: Ann Smith Franklin, colonial newspaper printer and publisher; Abigail Newton Updike, matriarch of the Updike Family of Smith's Castle; and Catharine Littlefield Greene, arguably the real inventor of the Cotton Gin.

Suggested reading:

Dorothy A. Mays: Women in Early America: Struggle, Survival and Freedom. <u>Click here to read</u>: Robert Geake et al.: *The Women of Cocumscussoc* John & Janet Stegman: *Caty: A Biography*

Activists and Heroines of the 19th and 20th Centuries

Sept 29, 12:30 - 2 PM \$15

Making a difference during the time when "feminist" became a word, these women excelled in their own ways: Grace Lee Boggs (Chinese given name-Yu Ping), author, social activist, philosopher, and feminist; Christiana Carteaux Bannister, businesswoman, Black abolitionist; Margaret Tobin Brown, more than just the Unsinkable Molly Brown; Idawalley (Ida) Lewis, lighthouse keeper.

Suggested reading:

Stephen Ward: In Love and Struggle: The Revolutionary Lives of James and Grace Lee Boggs Timothy Cranston & Neil Dunay: We Were Here Too; Selected Stories of Black History in North Kingstown Kristen Iversen: Molly Brown: Unraveling the Myth. Lenore Skomal: The Lighthouse Keeper's Daughter

On a Lighter Note: Sports and Entertainment Nov 10, 12:30 - 2PM \$15

Of course, some women made their impact in the worlds of sports and entertainment: Glenna Collett Vare, considered R.I.'s greatest woman all-around athlete; Annie Smith Peck, mountaineer, adventurer, author, suffragist; Ruth Buzzi, comedienne, the Gladys Ormphby of Rowan & Martin's *Laugh-In*.

Suggested reading:

Glenna Collett Vare: See tributes on youtube.com Hannah Kimberley: A Woman's Place Is at the Top: A Biography of Annie Smith Peck, Queen of the Climbers. Ruth Buzzi – Laugh-In episodes available on youtube.com

Marilyn Harris, a many-times transplanted Midwesterner, earned her undergraduate degree at the University of Illinois and master's at Kutztown University (PA). Her work in the field of education—in federal project management, curriculum writing, gifted/talented teaching, and adult education—covers a span of over 45 years. Since 2011 she has enjoyed teaching numerous classes at the OLLI at URI. Marilyn's particular interests include travel (she has visited over a dozen countries and counting) and history (pretty much any period), and these form the basis of many of her courses. Most recently she offered RI Voices from the Titanic and the Seven New Wonders of the World.

Hidden Truths: Slavery and the Slave Trade in Rhode Island

with Charlotte Carrington-Farmer Nov 3, 9:30 - 11 AM \$15

Many people are unaware that Rhode Island, specifically Bristol and Newport, dominated the slave trading business. Enslaved people lived and labored in Rhode Island from the birth of the colony until slavery was abolished in 1842. Learn from primary sources about slavery—both indigenous and African—and the slave trade in Rhode Island, addressing slavery and its legacy through the present day.

Suggested readings:

- youtube.com/watch?v=alWuM9VPFU4
- youtube.com/watch?v=z3N9W4U1y_M
- <u>https://www.brown.edu/Facilities/</u> John Carter Brown Library/exhibitions/jcbexhibit/ Pages/exhibSlavery.html
- <u>https://benfranklinsworld.com/episode-170-wendy-</u> warren-new-england-bound-slavery-early-newengland/

Charlotte Carrington-Farmer is an associate professor of history at Roger Williams University, specializing in early American history. She received her Ph.D. from the University of Cambridge in 2010. For more, go to <u>rwu.edu/academics/schools-and-colleges/fshae/</u> <u>faculty/charlotte-carrington-farmer</u>

Topics in Ecology *with Peter Stetson* Oct 13, 20, 27, 10 - 11:30 AM \$40

Have you ever asked yourself how ecosystems work? Ever wondered about the changes that have occurred in our environment in the nearly 400 years since the pilgrims landed? Do you want to understand how a food chain fits into a food web, or a

population fits into a community? This course will cover each of these intriguing questions as well as additional relevant topics. First, we will examine the basics of ecological



systems, including biotic/abiotic factors, trophic levels, and food chains/food webs. Next, we will focus on plant and animal succession, while the final class will explore how populations change over time. (*Continued*) (Topics in Ecology continued)

For the first class: Read through the information presented at <u>basicbiology.net/environment/ecology</u>.

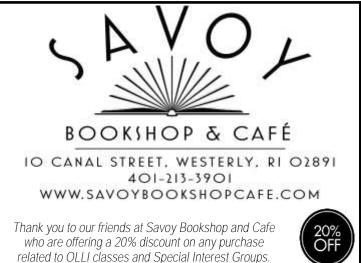
Pete Stetson is a retired 35-year veteran science teacher from the Coventry Public Schools where he taught biology, earth science, and environmental science. He was the coach for the school's Envirothon teams for 16 years, winning the state competition 6 times and taking those teams to the national competition.

Computer Fundamentals

with Jet Vertz Oct 13, 20, 27, Nov 3, 11:30 AM - 1 PM \$45

Today the usage of computers has become ubiquitous. Because we depend daily on some sort of computer-based gadget, it is important for us to understand the fundamentals of computers. This course will demystify computers so we feel comfortable using them and applying what we learn to make our lives easier. This class is not about how to operate specific gadgets or how to use specific apps. Using the automobile as an analogy, this class is about understanding the important features of an automobile and how they work together, not about "how to drive a car." By understanding the key features and how they work together, we will be able to take care of it better and drive more confidently. So, too, will it be with our computers.

Jet Vertz holds a B.S. in mechanical engineering, an M.S. in computer science, and an M.B.A. After receiving a commission from the United States Navy Officer Candidate School in Newport, he served as an officer during the Vietnam War era. He worked 40 years in the aviation business, retiring from Pratt & Whitney as vice president in 2012. Jet has been an OLLI member and instructor since 2013. By popular demand, he is bringing back Computer Fundamentals for further study.



WEDNESDAYS

Rhode Island Handweavers, 1750-2020 with Norma Smayda Oct 20, 9:30 - 11AM \$15

From Martin Read in the 1750s to current times, textiles have changed from purely functional to decorative. Handweaving and industrial weaving, have always been part of textile manufacturing in Rhode Island. We will explore the development of textiles in Rhode Island with emphasis on the work of W.H.H. Rose and Bertha Gray Hayes, two of RI's most noteworthy handweavers.

Suggested reading: Smayda, White, Brown, and Schelleng: *Weaving Designs by Bertha Gray Hayes* (Schiffer, 2009).

Norma Smayda established the Saunderstown Weaving School in 1974. There, instruction is individualized for beginning and advanced students and includes designing the projects, warping the loom, and weaving. There is a strong emphasis on traditional weaves, the works of Weaver Rose and Bertha Gray Hayes, and Scandinavian techniques, as well as design and weaving theory. For more about the school, to saunderstownweavingschool.com.

Slavery, Indenture, and Freedom in Little Compton, RI with Marjory O'Toole

Oct 20, 5:30 - 7 PM \$15

Explore the history of slavery, forced indenture, and freedom in Little Compton, RI, through the personal stories of the people who lived that history. Research using hundreds of primary source documents has recently documented the enslavement of 200 people of color, indigenous and African, and the town-ordered indenture of 50 additional men women and children in Little Compton between 1674 and 1816. Learn how these stories fit into the wider history of Massachusetts and Rhode Island slavery, forced and voluntary indenture, gradual emancipation, and the successes and struggles connected to newfound freedom in the North.

Marjory O'Toole has been the managing/executive director of the Little Compton Historical Society since 2006. Her work focuses on returning the voices of underrepresented people to the local history. Marjory holds an M.A. in public humanities from Brown University and has served the university as a community fellow for the past two years. She is the author/co-author/editor of eight local history books, including If Jane Should Want to Be Sold: Stories of Enslavement, Indenture, and Freedom in Little Compton, RI, now in its second printing. Most recently she has worked on the Little Compton Women's History Project, a web-based public history project (<u>littlecompton.org</u>) that includes the biographies of numerous women of color.



The Golden Age of Mobile Photography with Jan Armor Sept 15, 22, 29, Oct 6, 10 - 11:30 AM \$45

Join this mobile photography adventure using that amazing little camera hidden in your phone. Learn how to make, not just take, better pictures with your phone or tablet. Along the way you will meet and be inspired by several young photographers who are creating exceptional images with their camera phones. Finally, you will use the Apple and Google clouds to store, search, organize, and share your memories. Join us for some mobile photo fun. **Note**: For both iPhones and android phones and tablets. **For the first class**: Take a picture of an animal or a child. Make Jan laugh! For inspiration, go to Jan's iPhone pictures at <u>armorphoto.com/work#/iphone/</u>

Jan Armor is an award-winning educator and fine art photographer with 40 years of experience in both digital and traditional media. He has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, Wickford Art Association, South County Art Association, and others. Jan has been a mainstay of the OLLI at URI since summer 2010. Go to armorphoto.com. to see his work and a more detailed biography.



A Rhode Island Success Story: Cardi's Furniture with Peter & Ron Cardi Sept 8, 9:30 - 11 AM \$15

Ron and Pete Cardi look forward to sharing the history of their business with OLLI members. Their goal is to operate the most team-friendly work environment with a true work–life balance, allowing their



staff to provide the best in home furnishings, mattresses, interior design, and customercentered service for the communities they serve. They will speak

about the obstacles and achievements of navigating a business through changing economic conditions, and even a pandemic, along with working with other local businesses in assisting people to age at home in comfort.

Ron and Pete Cardi are third-generation owners of Cardi's Furniture and Mattresses, Ashley Home Stores, and the Rhode Island Design Center, with locations in *RI*, *MA*, and *NH*.

Verdi's Rigoletto

with Louis Mainelli Nov 10, 17 Dec 1, 8, 1 - 2:30 PM \$45

Paternal love, innocence, and moral corruption are underlying themes of *Rigoletto* — the first opera of the second period of what are considered to be three periods of Verdi's operatic compositions. The course will examine Verdi's life and, more particularly, aspects of his life that influenced his composition(s); the distinct characteristics of the three periods; the historical origins of *Rigoletto; characteristics of the Verdian voice; a comparison of different artists' voices; the music/style of Rigoletto that is prefigured in previous works; evidence in Rigoletto that prefigures Verdi's later works.*

The course is being offered in preparation for the Metropolitan Opera's HD transmission of Rigoletto on January 29.

Louis Mainelli has taught opera courses on Bel Canto, Poulenc, Tchaikovsky, Berg, and Wagner at various lifelong learning programs: the OLLIs at URI and UMass, Boston, and Circle of Scholars programs at Salve Regina College and Edward King House -- both in Newport. A former high school mathematics department chair in Darien, CT, he has also taught at the MET School in Newport. Search Theory and Its Applications

with Ralph Klingbeil Nov 17, 24 Dec 1, 8, 9:30 - 11 AM \$45

This course is an introduction to search theory, which uses scientific methods to search for targets of interest (anything from a misplaced set of car

keys, to a lost child, a downed airplane pilot, or an adversary nation's submarines). We will review the underlying ideas of search theory using actual case studies. Class participation is encouraged, and a list of rules for conducting more ef-



fective searches will be developed in class.

Ralph Klingbeil holds a Ph.D. in physics (SUNY Buffalo). Following postdoctoral work (University of Maryland) he was a defense contractor, mainly for the Navy. He joined the Naval Undersea Warfare Center in 1997 and retired in 2015. He again worked as a defense contractor until 2019. His work involved the application of systems and operations analysis techniques to challenging military and non-military problems.

The Legacy of Mel Brooks with Brett Morse Oct 27, Nov 3, 10, 17, Dec 1, 8, 3 - 5:30 PM \$55



Melvin Kaminsky, better known as Mel Brooks, is one of the few people to win an Oscar and Emmy, Grammy, and Tony awards. Only 5'5" tall, he is a giant among his Hollywood peers and one of the funniest people on this

planet. We will enjoy six of his most comical films: The Producers (1967), Blazing Saddles (1974), Young Frankenstein (1974), Silent Movie (1976), High Anxiety (1977) and History of the World – Part I (1981). Discussion will follow each movie, as well as relevant information about the making of the film and the actors involved.

Brett Morse worked in the pharmaceutical industry for over 40 years. A graduate of Bryant College, he served in the US Navy during the Vietnam era and is a certified yoga instructor. His love for music began at an early age when he was introduced to many celebrities in the music industry through his father's work with RCA and Columbia Records. For OLLI, he continues to offer his insights into the music and history he so enjoys.



Introduction to Zentangle with Krista Horbert Sept 15, 22, 29 3 - 5:30 PM \$40

What is Zentangle? Rick Richards and Maria Thomas, who developed the Zentangle Method, describe it as a meditational art form. It is easy to learn -- anyone who can make the letters i, c, s, and o, which are the elemental strokes, can learn to create tangles (structured patterns). Enjoy the many benefits of making beautiful images in this series of classes which build one after the other. We will focus on the foundations of The Zentangle Method, patterns, and fundamental tangle principles and techniques. We will begin with the basic strokes and lay down a general founda-

tion as we draw, and over the weeks we will watch some unpredictable designs emerge. In the last class, we progress to tones from the Renaissance, when art incorporated the use of subtle earthy colors such as, brown, sepia, terra cotta, warm and cool grays.

** This class or its equivalent is required for all other Zentangle workshops

Zentangle Dragonfly

October 13, 3 - 5:30 PM \$15+materials

In this whimsical class we will be draw a dragonfly on a tile with a graphite pencil, micron pen, and glitter pen to create a unique piece of art. We can add background to this pattern or add an inspirational quote around it. Prerequisite: the Introduction to Zentangle course or its equivalent.

Zentangle Holiday Cards

Tuesday, Nov 16, 3 - 5:30 PM \$15+ materials

We will make a variety of holiday cards based on holiday themes such as wreaths, snowmen, and candles using materials available from the instructor. Prerequisite: the Introduction to Zentangle course or its equivalent.

Zentangle Rock Cairn

Dec 15, 3 - 5:30 PM \$15+materials

Rock cairns provide the opportunity to experience the Zentangle method in an inspiring way. Learn about the history of cairns and see examples of them in places like our national parks. The form lends itself to a complexity of drawing techniques. Prerequisite: the Introduction to Zentangle course plus both the October and the November workshops.

Krista N. Horbert is a certified Zentangle teacher who discovered the art of tangling by stumbling across an introductory Zentangle class with Maria Thomas and Rick Roberts, the developers of this art form. There she learned about their journey and began to realize the many benefits of tangling, which she shares with enthusiasm with her students.

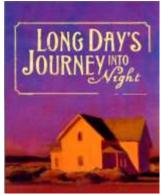


Long Day's Journey into Night with Kara Marziali

Nov 3, 10, 17 Dec 1, 8, 15, 10 - 11:30 AM \$55

Long Day's Journey into Night is widely considered to be Eugene O'Neill's magnum opus and one of the finest American plays of the 20th century. Long

Day refers to the setting of the play, which takes place in the span of one long, almost uneventful day. In four acts, O'Neill exposes the cycles of addiction, the codependence of relationships, and the repetitive behaviors of each character. We will explore themes, motifs, and symbolism, and compare the characters in this semi-autobiographical



play to its playwright and his family. The play is a cautionary tale and a poignant reminder for us to let go of our past and face our demons. Although O'Neill described Long Day as a "play of old sorrow, written in tears and blood," Kara promises to bring some levity to the class. **For the first class**: read Act I.

Required text: Eugene O'Neill: *Long Day's Journey into Night,* Harold Bloom, ed. (Yale University Press, 2002, recommended).

Kara Marziali holds a B.F.A. in theater arts from Emerson College and is a certified Ageless Grace® instructor. As a dedicated patron of the arts, she is involved in many creative endeavors both personally and professionally. Her first children's book, Kara Koala and Her Kaleidoscope of Feelings was recently published. For the OLLI at URI, Kara's most recent offering was Making Merry: A Celebration of Shakespeare and the Art of Poetry.



American Art in the 20th Century: A Survey with Terry Duffy

By the 20th century, American art appeared on the world stage and assumed the leading role in transforming the art world. How a young nation achieved this extraordinary position will be examined during these two courses. This artistic energy will be discussed in the context of America's dynamic growth.

American Art Before 1900 Sept 15, 22, 29, Oct 6, 1 - 2:30 PM \$45

American art before 1900 reflected the energy and opportunity that the richness of America offered to all. The works of Copley, Stuart, Bierstadt, Cole, Caitlin, Remington, and Winslow Homer created the painted tapestry that is American early history. The kaleidoscope of the century will be presented with images of our most treasured, awe-inspiring paintings of the time.

Unsung Leaders of American Art Movements

Oct 13, 20, 27, Nov 3, 1 - 2:30 PM \$45

The Eight (group of American painters who exhibited together only once, in New York City in 1908), 291 (a small gallery in New York opened in 1905 by Stieglitz and Edward Steichen), the 1913 Armory Show, and abstract expressionism will be discussed as the major forces that propelled the United States to a pre-eminent leadership position.

Terry Duffy, after childhood art classes, took to wandering the halls of the RISD museum, which had a profound, lifelong impact on him. Visiting museums and appreciating art became his hobby, and the experience impelled him to learn more. His many hours spent visiting America's great museums fed his insatiable interest in the visual arts. For the OLLI at URI, Terry has taught several art education courses, most recently Four Steps Toward Modern Art.

WEDNESDAYS



The Civil War in the West with Ed Thomas Sept 15, 22, 29 Oct 6, 13, 9:30 - 11 AM \$50

This class will cover the Civil War west of the Appalachians from the beginning to the middle of 1863. We'll consider campaigns, more than battles. We'll look at how geography affected operations, how the relationship between geography and Confederate infrastructure influenced US decision making, the war on the rivers, different types of ironclads, and US logistical and engineering accomplishments. The other Civil War, the one west of Virginia, is a story for another time.

Suggested reading: Earl Hess: The Civil War in the West; Edward H. Bonnekemper III: The Myth of the Lost Cause.

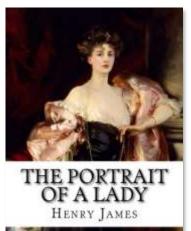
Ed Thomas attended Dartmouth College and served with the 1st Cavalry Division in the Republic of Vietnam in 1967 and 1968. He became a computer programmer before Xerox invented Windows and the mouse, was an early walker on the path to the paperless office, taught in elementary school computer labs and was an early "Mr. Mom" in 1989. Recent visits to Gettysburg and several other battlefields rekindled a lifelong interest in the Civil War. He's currently active keeping sellers of used books about the Civil War in business. For the OLLI at URI he taught Why Didn't the South Win the Civil War?



The Universality of The Portrait of a Lady with Ann Ferrante Sept 15, 22, 29 Oct 6, 13, 20, 3 - 4:30 PM \$55

Henry James's The Portrait of a Lady centers on the mind of Isabel Archer as she progresses from being an innocent American girl in Albany, NY, to becoming an experienced woman in Rome, Italy. Her inherent individuality is challenged through her relationships with the men and women in her life who seek to control her destiny. Ultimately, she resembles some of the complicated societal women in portraits by John Singer Sargent, bringing fiction

and painting together in portraying women living in an evolving late 19th- and early 20th-century world. The story of Isabel Archer has excited readers from the time it was first published in 1881 and then revised in 1908 to recent reviewers who illuminate Isabel's ongoing appeal: John Banville's sequel, Mrs. Osmond (2017), and Michael Gorra's Henry James and the Making of an American Masterpiece (2012), a study of the con-



nection between Henry James's life and his construction of *The Portrait of a Lady*.

For the first class: Read pages 19 through 112 of The Oxford World's Classics edition, which gives the 1908 revised text, the preferred one for the course.

Required text

Henry James: *The Portrait of a Lady, Oxford World's Classics, 2009 edition.* Those who wish to listen to the text may be confined to the 1881 version (which will not significantly interfere with our discussion).

Ann Ferrante (Ph.D. in English, URI, 1984) is a specialist in 19th- and early 20th-century American literature. Her doctoral dissertation is titled The Dark Woman of Hawthorne's Art. She has taught literature and writing at URI, Rhode Island College, and RISD. She is retired from RISD, after 30 years of teaching there, as faculty emerita and distinguished lecturer. Recently she has led discussion sessions on novels of Henry James at the Willett Free Library in Saunderstown.

WEDNESDAYS

The Birth of the Atlantic Ocean and Formation of the Connecticut Rift Valley with O' Don Hermes

Sept 22, 29, Oct 6 11:30 AM - 1 PM \$40 (optional field trip on Oct 13)

As a precursor to the formation of the Atlantic Ocean, the eastern margin of North America and the western margin of Africa developed rift basins that were later aborted as rifting became centered at the mid-ocean ridge. Evidence of this early rifting is well exhibited in central Massachusetts and Connecticut, as well as north and south along the Atlantic seaboard. These basins include abundant volcanic rocks and sedimentary rocks deposited on land and in lakes and rivers. These rocks are well preserved and can be visited easily on a one-day field trip. We will see how features in the rocks led to interpretations of the geologic processes operative during formation. **For the first class**: read Chapter 2, "Plate Tectonics" in the Johnson article.

Suggested reading: Chris Johnson et al: *An Introduction to Geology (opengeology.org/ – a free online textbook).*

O. Don Hermes received his A.B. from Washington University, St. Louis, and M.S. and Ph.D. from the University of North Carolina at Chapel Hill. He completed his post-doctorate at UCLA. He taught at URI for forty years, emeritus in 2009. Professor Hermes developed a course for URI entitled Geology of National Parks, which is still being taught there. He is an advocate for social justice, especially topics related to climate change, immigration, and racism.

Smith-Appleby House Museum Tour & Lunch Sept 8, 10 AM - 1 PM \$25

The Smith-Appleby House dates to circa 1696 and is one of the oldest homes in Rhode Island. This delicately restored and furnished farmhouse features original cabinet work, stenciled walls, and other intriguing architectural details. A unique feature is the smoke room on the second floor—serviced by the huge fireplace in the keeping room. The home sits on seven acres that include the original barn and family cemetery. The house is on the National Register of Historic Places and has received the Footprints in History Award from the Blackstone Valley Tourism Council. After the tour, OLLI members will enjoy a hearth-cooked lunch of three different hearty soups, bread and cheese, coffee/ tea and a seasonal dessert. Walter Massie - Rhode Island's Wireless Pioneer with Brian Wallin

Dec 2, 9:30 - 11 AM \$15

Walter Massie, a Providence native and civil engineer, became fascinated with the potential of wireless radio at the turn of the 20th century. Ranked among the leading American experts in the field at the time, he established a Rhode Island-based wireless communications company whose clients included the US Navy and the Fall River Steamship Line. But, he eventually fell victim (as did other US wireless efforts) to the relentless efforts by Guglielmo Marconi to corner the worldwide radio market. Massie's Point Judith wireless radio station was moved to the New England Wireless and Steam Museum in East Greenwich where it has been completely restored.

Brian L. Wallin is a graduate of Stonehill College and earned his master's degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of World War II Rhode Island (History Press, 2017).

Cult and Conspiracy with Richard Hoskin Nov 4, 9:30 - 11 AM \$15

From satanic pedophilia to white supremacy, from the "deep state" to political malfeasance, from the imprisonment of thousands "next week" to rioting in the streets, global cults and conspiracies including the



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rapidly expanding QAnon sow fear, division, and enthusiasm. How much is true? Should we be alarmed? Should we, can we, do something about it? Richard Hoskin draws on his experience as a journalist and historian to report on "reliable sources" and "fake news" to seek answers, inform, and discuss while leaving others to make judgments.

Richard Hoskin studied history at The Queen's College, Oxford University. He was a journalist with (Continued)

THURSDAYS

(Conspiracy continued)

his family's newspaper and interned with BBC News. He joined Procter & Gamble in England and later transferred to America. His study of history and active participation in politics at Oxford led to a fascination with and inside knowledge of plots and the tactics of persuasion. Late-night conversations with his political allies and opponents revealed fascinating secrets as they intrigued to pursue fame and infamy in their future political and journalistic careers.

His historical novel, The Miner and the Viscount, *is set in his native Cornwall, and together with his* Memoirs While Memory Lasts *tells compelling stories about both the United Kingdom and the United States.*

Safe Passwords with Yan (Lindsay) Sun Oct 28, 10 - 11:30 AM \$15



We need to create passwords to do just about everything on the Web from checking email to online banking. Most people tend to use short, easy-to-remember passwords. We will learn why strong passwords are needed and how to create strong passwords that are easy to remember.

Yan (Lindsay) Sun, an IEEE Fellow and professor at URI, is founding director of the Center of Cyber-Physical Intelligence and Security (CYPHER) at URI. She holds a B.S. with highest honors from Peking University and a Ph.D. in electrical and computer engineering from the University of Maryland. She joined URI in 2004. She was an elected member of the Information Forensics and Security Technical Committee (2014-2016). Dr. Sun was the Editor-in-Chief of IEEE SPS SigPort (2015 – 2017) and an associate editor of IEEE Transactions on Signal and Information Processing over Networks.

The Tomb of the Unknown Soldier

with Gerry Mansell Oct 7, 2 - 3:30 PM \$15

Gerry Mansell shares his experience as a sentinel at the Tomb of the Unknown Soldier. He will talk about the mission of the sentinels, the guard



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selection process and standards, and a guard's routine on post. His presentation will include information about the sarcophagus of the Unknown Soldier and the selection process and honors rendered to unknowns from WWI, WWII, Korea, and Vietnam.

Gerry Mansell was a sentinel and assistant relief commander at the Tomb of the Unknown Soldier from April 1982 to September 1983. He was awarded the Guard, Tomb of the Unknown Soldier Identification Badge #259. Gerry retired from the US Army in July 1995 with the rank of Sergeant First Class.

Identifying Common Invasive Plants

with Tom Hoagland Sept 23, 1 - 2:30 PM \$15

Invasive plants overpower native and ornamental species and then spread quickly to starve native plants and animals from sunlight, nutrients, and habitat, which disrupts an interconnected biological and ecological place-based network that has developed over millions of years. On this walking tour at Canonchet Farm, learn about the major invasive species found locally and how to identify them, remove them, and maintain removal by replanting the area with native species with dense root systems. Along the trail we will observe the effects of invasive plants in a second growth woodland and discuss best practices for homeowners in controlling the spread of plants like privet and burning bush if they want to keep rather than eliminate them.

Tom Hoagland is a 2010 URI master gardener, president of the Friends of Canonchet Farm, and an RI certified invasive plant manager. For the OLLI at URI, Tom led a tour of the URI Demonstration Garden at East Farm in 2018. He also co-taught this same Invasives class for OLLI in 2018.

Feel-Good Movies with *Lynda Tisdell* Sept 30, Oct 7, 14, 21, 28 Nov 4, 1 - 4 PM \$55 Remember walking out of a movie saying, "I'm so glad I saw that!"? A great movie is like having Thanksgiving dinner when you've been on a diet, or seeing a dear friend after a long time, or falling a little bit in love. Come watch and discuss movies that are life-affirming, and heartwarming, and optimistic: *Lilies of the Field, Forrest Gump, Music and Lyrics, Good-bye, Mr Chips, Enchanted April,* and *Yesterday.*

Lynda Tisdell has loved movies ever since she saw *Peter Pan at the age of six. Passionate about movies, she has studied them, endlessly discussed them, and dreamed about them. For the OLLI at URI, she has previously taught Great American Movies courses about musicals, politics, deception, comedies, coming of age, romance, musicals, Shakespeare, and Elia Kazan.*

Soul in Motion *with Irene Pica* Oct 21, 28 Nov 4, 18, Dec 2, 9, 10 - 11 AM \$55

This unique mind-body exercise class explores natural, expressive movement using elements of yoga,



breathwork, meditation, and dance. Inspired by the rhythms of popular and world music, you'll get an exhilarating workout and leave feeling energized and joyful! Participants can be seated or

standing, with or without support.

Irene Pica has studied yoga and dance with many world -renowned teachers and has been teaching yoga, dance, and creative movement in CT, NY, and RI for almost 30 years. She was the founder and director of Symmetry Yoga Center in Westport, CT. and is registered with Yoga Alliance at the advanced E-500 hour level. Irene currently teaches yoga at All That Matters in Wakefield, RI. Let's Skate! with Dorothy Cunningham Oct 7, 14, 21, Nov 4, 18, Dec 2 9 - 9:50 AM \$55 + fees to Boss Arena



Refresh your ice skating skills or get started in a sport that is challenging, social, and a lot of fun. Starting with the basics, each skater will be given personal attention by our coach according to the step-by-step learning programs of the United States Figure Skating Association and the Ice Sports Industry. Participants may continue skating after class until 10:20. Admission to the Boss Arena: \$35 for 6-week skate card. Skate rental, \$30 for 6 weeks. **What to wear**: ski jacket and pants, gloves, mittens, winter hat or helmet.

Dorothy M. Cunningham holds a B.A. in English from URI and has taught in public and private schools for over 35 years. The Iditarod has been a favorite topic among her students and their parents throughout this time. Dorothy has coached skating, figure and hockey, for over 40 years. Her Franklin Blades Skating School has produced skaters for professional ice shows, various learn-to-skate programs, and coaches who work with all levels from beginners to Olympic skaters.

Rachel Carson: Her Life and Legacy



with Karen Stein Oct 7, 14, 21, 28, 12:30 - 2 PM \$45

OCL 7, 14, 21, 28, 12:30 - 2 PM \$45

Rachel Carson was perhaps the most significant environmentalist of the 20th century. Her books about the sea invite readers to share her celebration of its wonders. Silent Spring informed us of the dangers of DDT and similar chemicals and led to the founding of the EPA (Environmental Protection Agency). Although DDT production and use was banned, many new chemicals that damage our food supply or threaten our health have been developed to control insects. This course will look at Carson's life and works and consider how to best (Continued)

THURSDAYS

(Rachel Carson, continued)

maintain her legacy. **For the first class**: read Rachel Carson: "Undersea" (handout will be provided to those who register).

Required text: Rachel Carson, Silent Spring.

Suggested reading:

Karen Stein: Rachel Carson (Sense Press, 2012).

Karen Stein is an Emerita Professor of English and Women's Studies at URI. She is the author of Rachel Carson (Sense Publishers, 2012). She has taught a variety of courses for OLLI and courses on poetry for the Providence Lifelong Learning Collaborative.

The Impact of Jews on Classical Music

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with Emanuel Abramovits Sept 23, 30, Oct 7, 14, 9:30 - 11AM \$45

Composers, conductors, or performers, like Felix Mendelssohn, Aaron Copland, Phillip Glass, Leonard Bernstein, Itzhak Perlman, Daniel Barenboim,

Jascha Heifetz, and Vladimir Horowitz will show us how one of the most fruitful branches of the Jewish renaissance affected the world's music and how migration, war, and prejudice



were no obstacles for those who innovated in musical expression and gave virtuosity and showmanship new meanings.

Emanuel Abramovits, a mechanical engineer with an M.B.A., has been a concert promoter since 2000, responsible for shows by international artists in Venezuela, like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson (Supertramp), Kansas, Megadeth, Dream Theater, Slash, Backstreet Boys, ASIA, Journey, Kenny G, and local symphony orchestras. He has designed and staged many original events, and was in charge of documenting Holocaust survivors' stories, the history of the local Jewish community, and presenting art exhibitions, lectures, film cycles, orchestral concerts, and contents for Limmud programs.

Slavery - The Scourge of Civilization

with Stephen Berardo Sept 23, 30, Oct 7, 14, 21, 10 - 11:30 AM \$50

This course will examine the broad historical roots of slavery, with an emphasis on slavery in the New World. Slavery was practiced in all thirteen original colonies, throughout the Caribbean, and various countries in South America, particularly Brazil. Newport, RI, in particular, was a commercial center of the Atlantic slave trade, even after slavery was illegal in RI. And slaves weren't just imported from Africa-Indigenous Peoples from Canada to South America were forced into slavery. Slavery was written into the U.S. Constitution even though the framers knew at the time that it would divide the nation. And of course, slavery led directly to the Civil War where an estimated 700,000 people died (more than 2% of the population). We will review and discuss the different types of slavery from early civilization to the present day. This course will also look at the impact of slavery's legacy, and particularly systemic racism in today's society.

For the first class: Davis: Chapter 2, and McPherson: Chapter 1. Review the website <u>slavevoyages.org</u>.

Suggested reading:

David Biron Davis: Inhuman Bondage: The Rise And Fall of Slavery in the New World. James McPherson: Battle Cry of Freedom: The Civil War Era. Solomon Northrup: Twelve Years a Slave. The web site <u>slavevoyages.org</u>

Aristotle: Politics.

Harriet Beecher Stowe: Uncle Tom's Cabin. Frederick Douglass: Narrative of the Life of Frederick Douglass, an American Slave. Frederick Douglass: What to the Slave Is the Fourth of July?

Stephen Berardo has a master's degree in public administration and is a student of history and political systems. He is a planning consultant and has been an adjunct and full-time college faculty member teaching courses in business administration and aviation. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.

The Arab - Israeli Conflict with Jim Buxton

Sept 23, 30, Oct 7, 14, 21, 11:30 AM - 1 PM \$50

This course will trace the history of the conflict between Israel, the Palestinians and neighboring countries. Considerable attention will be paid to understanding many points of view in regard to such matters as the Balfour Declaration, the UN Partition Plan, the 1967 Six Day War, the Palestinian-Israeli peace plans, and more. We will examine many of the unresolved issues that led to friction: refugees, settlements in the West Bank, terrorism, nonrecognition of Israel, Jerusalem, water, "the wall" and more.

Jim Buxton taught at South Kingstown HS for 32 years focusing on global studies and international relations. Between 2009 and 2020, he taught international politics at URI. Since 2012, he has taught many OLLI courses: the Arab Spring, the Arab-Israeli Conflict, Nuclear Proliferation, Costa Rica, Iraq and Iran, Syria and the ISIL crisis. He has also worked in the education department at Salve Regina, teaching an introduction to American education and supervising social studies student teachers.

Live Out Loud: A Vocal Performance Workshop with Tish Adams

Sept 23, 30, Oct 7, 14, 21, 28 3 - 4:30 PM \$55

This workshop is designed for everyone every voice is unique. Come find yours and unleash its potential. Discover that the difference between singing and performing is all in the delivery. Learn why a good voice is not always enough while a not -so-good voice is not always enough while a not -so-good voice can be plenty. If you have a good voice this course will help you take it to the next level if you think you can't sing at all, come any if way. For the first class: come with the lyces of your preferred song(s) in a binder.

Tish Adams, widely known as one of New England's top jazz vocalists, lives a multi-faceted artistic life as a bandleader, producer, promoter, songwriter, educator, crafter, portrait model, and radio host. Her association with URI began in 1997, when she joined its radio station (90.3 FM WRIU, Kingston) to host the weekly "Vocalists & Localists" show. She uses the arts as a vehicle to bring people together, encouraging them to support each other and their communities. **The Heritage of the Narragansetts** *with Robert Geake* Dec 2, 1:00-2:30PM \$15

As the Narragansett, the indigenous tribe of Rhode Island, struggled for acknowledgment in the early 20th century, state politicians and local historians created monuments that memorialized a "people of the past." Learn about that struggle, the tribe's reclaiming its status as a sovereign nation, and how we as Rhode Islanders can recognize and acknowledge the places and names around us on the land that remains part of their heritage.

Robert A. Geake is a public historian who has written fourteen books on Rhode Island and New England history including Keepers of the Bay: A History of the Narragansett Tribe of Rhode Island, From Slaves to Soldiers: The 1st Rhode Island Regiment in the Revolutionary War, and New England Citizen Soldiers of the Revolutionary War. His most recent book, New England Plantations, Commerce, & Slavery, was published in April 2021. He currently serves as the president of the Cocumscussoc Association which manages Smith's Castle historic house museum in North Kingstown, Rhode Island. He is a member of the Friends and Associates of the John Carter Brown Library at Brown University, as well as the Rhode Island Historical Society.



Register for Parking for the Fall Semester

Log on to URI.AIMSPARKING.COM

Log in with your Member # (located on the label of the Fall Brochure) or you can log in to your OLLI account. Navigate to My Dashboard and then select My Profile. Your Student ID is the # you will use to log in for your parking permit.

If you need help or have any questions, please call the office at 401-874-4197.

The Swedish Vikings with Ken Johnson Oct 15, 9:30 - 11 AM \$15

We will visit four very different former Viking sites in Sweden starting at the World Heritage site of Birka near today's Stockholm. Founded in ca. 750, Birka is the first town recorded in Swedish history. Reachable only by boat, it is of central importance for linking the northern trade routes between Russia and England. Next, we will travel south to the Viking ring fortress of Trelleborg. This fortress, discovered in 1988 in the middle of the city, has been excavated and reconstructed. Several other forts of the same type are known in Denmark and in southern Sweden as well. The third stop is Ales stenar overlooking the Baltic Sea. These raised stones in the shape of a ship form the largest ship grave in Scandinavia. Our last stop in the reconstructed Viking village of Foteviken on Sweden's southern coast. This was the site of a great naval battle in 1134 at the end of the Viking era. Foteviken depicts the life



of the Vikings featuring the houses, fortifications, and reenactors that demonstrate Viking life.

Suggested reading:

Sawyer, P. (ed.): The Oxford Illustrated History of the Vikings (Oxford University Press, NY, 1997) (probably the best book about the Vikings)

Haywood, J.: The Penguin Historical Atlas of the Vikings. (Penguin, 1995).

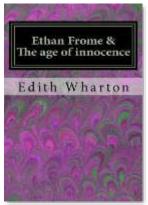
Harrison, D. 2019. Vikingarnas Historia (The History of the Vikings). Historiska Media, Lund (in Swedish)

Svanberg, F. : Vikingatiden I Skåne (The Vikings in the southern Swedish Province of Skandia). Historiska Media, Lund, 2000 (in Swedish)

Ken Johnson is an internationally known retired chemical oceanographer and a first-generation Swedish-American. He holds B.S. and M.S. degrees (University of Rhode Island and the University of Minnesota, respectively), and an honorary Ph.D. from the University of Gothenburg. He has given many talks on Swedish history for the OLLI at URI, and most recently, The Bronze Age Carvings of Tanum, Sweden.

Edith Wharton Revisited with Susan Aylward Sept 17, 24, Oct 1, 8, 10 - 11:30 AM \$45

In his landmark biography of Edith Wharton, R.W.B. Lewis described her "as one of the most intelligent American women who ever lived" and her work "among the handsomest achievements in our literature." We are going to look at Wharton with fresh eyes, rediscovering her work through close readings of *Ethan Frome* (1911)

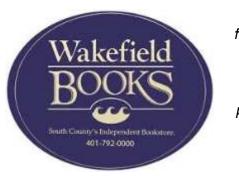


and The Age of Innocence (1920). They are very different works in style and substance. Yet, they are also remarkably similar. We will explore Wharton's "compassion for the wounded or thwarted life" that flows through these novels, as well as her use of subtlety; her precision of form; and the perspective from which they are written. That perspective is a fascinating one—decidedly American—and what R.W.B. Lewis describes in his preface to The Age of Innocence as "the long gaze backward across the ruins of time."

Before the second class: Read Ethan Frome.

Required texts: Edith Wharton: *Ethan Frome and The Age of Innocence* (any edition).

Susan Aylward spent 35 years on the staff of the North Kingstown Free Library beginning as a student page and ending as library director. She earned a B.A. and a Ph.D. in English and an M.L.S., all from the URI. Susan has taught many literature-based courses for the OLLI at URI.



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Meditation with Linda Morse Nov 5, 12, 19 Dec 3, 10, 17 9:30 - 1 1:30 AM \$55

Have you wondered what meditation is all about and if it is right for you? People of all cultures have meditated for thousands of years. Come to this very relaxed program and learn about the health and wellness benefits that can be gained from this ageold practice. This class is appropriate for those with an established practice and those new to meditation. You will have the opportunity to learn several different ways to meditate, look at ways of integrating mindfulness into daily life, and leave feeling relaxed and renewed. There will also be presentation material about the history of meditation, and styles and traditions. Wear comfortable clothing. Feel free to bring a yoga mat or cushion. This program can be experienced from the chair.

Linda M. Morse, a URI grad, has been a yoga and meditation practitioner most of her life, having taught for 20 years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and a number of science fiction film programs.

The Music and Events of the 1960s with Brett Morse

Nov 5, 12, 19, Dec 3, 10, 17 9:30 -11:30 AM \$55

Using a timeline, movie clips, and videos, we will witness the events and music of the fabulous 1960s that affected our lives and changed the world around us. Events include the Vietnam War, the presidency and assassination of JFK, the death of MLK and the civil rights movement, the Cuban missile crisis, the first Superbowl, and Neil Armstrong's walk on the moon. We will also enjoy the music, especially the British Invasion including The Fab Four, the Kinks, the Rolling Stones, and many other rock groups and solo artists.

Brett Morse worked in the pharmaceutical industry for over 40 years. A graduate of Bryant College, he served in the US Navy during the Vietnam era and is a certified yoga instructor. His love for music began at an early age when he was introduced to many celebrities in the music industry through his father's work with RCA and Columbia Records. For OLLI, he continues to offer his insights into the music and history he so enjoys. The World of Odors from the Canine Perspective with Jennifer Anderson Sept 24, Oct 1, 8, 9:30 - 11 AM \$40

With scent detection training, dogs can use their strongest natural sense in a way that can be enjoyable and engaging as a foundation of trust is being built and strengthened between handler and dog. Learn how the odor imprinting and search process works. We will delve into the theory and physical

attributes of scent; our historical harnessing of this astounding canine talent; and how humans can continue to tap into this seemingly



endless talent pool to save lives and understand our environment. Certified search and rescue and tracking dogs will demonstrate the skills discussed in each session.

Jennifer Anderson is an animal trainer/ teacher with 30+ years of experience in canine, equine, and small animal training and rehabilitation. She holds an undergraduate degree in physical and applied geography with minors in chemistry/botany from SUNY/ New Paltz and a master's in environmental and community planning from URI. A Spring 2013 graduate of the FBI's New Haven Division Civilian Academy, she continues study in forensic anthropology and integrates these disciplines into her application of the chemical and physical properties of scent theory, meteorology, topography, and human and animal behavior. Jen is a certified canine search specialist with the State of Rhode Island Search and Rescue team and deploys with her three canine partners.

OLLI Mail-In Course Registration - Fall 2021

<u>FULL COURSI</u> Name (one member per form)	E DESCRIPTIONS ARE AVAILABLE ONLINE: URI	ONLINE REGISTRATION		
		begins August 25. Mail in registrations will		
	ZipRenewal Date:	August 24		
	expEmail			
Image:	Wednesday A Rhode Island Success Story: Cardi's Furniture (\$15) Activists and Heroines of the 19th and 20th Centuries (\$15) American Art Before 1900 (\$45) Chair Yoga (\$55) Computer Fundamentals (\$45) Feisty Foremothers From the 17th and 18th Centuries (\$15) Hidden Truths: Slavery and the Slave Trade in Rhode Island (\$15) Introduction to Zentangle (\$40) Long Day's Journey into Night (\$55) On a Lighter Note: Sports and Entertainment (\$15) Rhode Island Handweavers, 1750-2020 (\$15) Search Theory and Its Applications (\$45) Slavery, Indenture, and Freedom in Little Compton, RI (\$15) Smith-Appleby House Museum Tour & Lunch (\$25) The Birth of the Atlantic Ocean and Formation of the Connecticut Rift Valley (\$40) The Civil War in the West (\$50) The Golden Age of Mobile Photography (\$45) The Legacy of Mel Brooks (\$55) The Santiago de Compostela Pilgrimage (\$15) The Universality of The Portrait of a Lady (\$55) Topics in Ecology (\$40) Unsung Leaders of American Art Movements (\$45) Verdi's Rigoletto (\$45) Zentangle Dragonfly (\$15 + fees)	Thursday Cult and Conspirary (\$15) Feel-Good Movies (\$55) Flexible & VersatileChenin Blanc (\$25) Dec Identifying Common Invasive Plants (\$15) Let's Skate! (\$55 + fees) Rachel Carson: Her Life and Legacy (\$45) Safe Passwords (\$15) Slavery-The Scourage of Civilization (\$50) Soul in Motion (\$55) The Arab-Isreali Conflict (\$50) The Heritage of the Narragansett (\$15) The Impact of Jews on Classical Music (\$45) The Tomb of the Unknown Soldier (\$15) Walter Massie—Rhode Island's Wireless Pioneer (\$15) Friday Edith Wharton Revisited (\$45) Meditation (\$55) The Music and Events of the 1960s (\$55) The Swedish Vikings (\$15) The World of Odors from the Canine (\$40) Perspective Total # Classes		
 Rhode Island Fresh: The Heart Warming Flavors of November (\$15) Rhode Island Fresh: The Tastes of October (\$15) The Global Arctic: A Transforming Region (\$55) 	 Zentangle Rock Cairn (\$15 + fees) Payment Method: Check (Payable to I 	firm before you write your check.		
 The Last Man Executed in Rhode Island (\$35) The Poetry of Mary Oliver (\$40) The Right to Vote (\$50) Trash to Treasure: Crafty Recycling (\$55) Understanding Autism Spectrum Disorders (\$15) What Exactly Is Laughter? (\$50) 	Credit Card: Visa Mastercard Di Credit Card No: Name on Card: Signature:	Exp:3/4 digit code:		
 What in the World Is the Explanation (\$40) for Global Warming? Zentangle Holiday Cards (\$15+fees) 	OFFICE USE: DATE RCVD: DATE PROCESSED: _ MEMBERSHIP: CURRENT NEW REN	INITIALS:		

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Emergency ContactRelat	ion:	Phone Phone	e				
MEMBER PROFILE							
The following information is used to help us better understand our OLLI Membership as a community and to better serve you. This information is optional and confidential.							
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🗆 Bachelor's Degree 🗀 Master's Degree 🗀 Doctorate							
Employment Status: 🗆 Retired 🗆 Work Full Time 🗀 Work Part-Time 🗀 Not Currently Employed							
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For questions, please call 401-874-4197 or email olli@uri.edu							
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All Special Interest Groups are FREE with your OLLI membership.

Complete details on our website.

Please register online to join these groups by visiting <u>URI.EDU/OLLI</u>



BOOK GROUP

Meets the third Friday of each month at 1:00pm at OLLI. Book selections are available on our website: URI.EDU/OLLI Facilitator: Beth Leconte bleconte@uri.edu.

BROWN BAG POETRY

Brown Bag Poetry is temporarily paused.. This lunchtime meeting is an informal reading and discussion of new original poems we write. Prompts (two each month) come straight from the lines of a rich variety of well-known poets, both past and contemporary. Facilitator: Judy Gamble Jgamble139@gmail.com





GOLF

Pre-registration is required. Golf continues at Laurel Lane (Richmond) This Special Interest Group is open to OLLI members that have some experience, and to those that have been playing for years. Facilitator: Kathy Plante kaplante@yahoo.com

Join other OLLI members for a series of world affair discussions based on the Great Decisions program of the Foreign Policy Association. Great Decisions 2022 returns in January. Facilitator: Beth Leconte bleconte@uri.edu





LET'S TALK TECHNOLOGY

Meets the last Thursday of each month from 11:30-12:30pm. The Tech Committee invites you to joinin a monthly conversation about tech developments that constantly creep into our lives, but often remain perplexing. The first half of the session will focus on a previously announced topic and the second half of the session will be open to questions and discussion about your technology wonderings. Register online.

MAH JONGG

Do you like to play Mah jongg? Join this group on Thursdays from 1-3pm. Resumes September 9. Register online at URI.EDU/OLLI. Facilitator: Marie Rickets mrickett@gmail.com





PHOTO FRIDAY

Do you like taking pictures with your camera or phone? Join our Photo Friday Group! Each month you will be given a different prompt to photograph and submit. Photos will be shared and discussed during a monthly Zoom meeting. The group meets the first Friday of each month from 10-11am. Facilitator: Jan Armor janthephotoman@gmail.com

WALKING GROUP

Walking Group meets weekly on Wednesdays at 1pm. Improve your health; make new friends while exploring our South County area. Walks generally last an hour. Register online and each week you will receive an email for the location. Facilitator: Cindy Opaluch CindyRl@cox.net



WRITERS GROUP

Meets the first Friday of each Month at 1pm at OLLI. Come share your writings, listen and learn from others, and most importantly have a good time. If you are interested in joining the group, please register online. Facilitator: Susan Berman susanb99@yahoo.com.