











June 13– August 26 | URI.EDU/OLLI



A Community of Learners Ages 50+



Table of Contents

Classes by Category4
Classes by Day, Date, Time 5/6
Index of Instructors
In-Class Descriptions7
Discover URI16
Tours & Trips17/18
Great Decisions18
Virtual Class Descriptions19/20
Age Friendly University21
Registration Form22
Membership Form23



As a member-driven program, we encourage you to consider the valuable contribution you can make outside of your role as a student. We invite you to share your knowledge, passions, and interests with other OLLI students by teaching a course for us!

If you have questions regarding a topic or format, please contact Operations Manager, Beth Desrosiers. at 874-4197 or email beth desrosiers@uri.edu



Easy Ways to Register

There are 4 ways you can register for Summer classes.



Register anytime through our secure website: <u>URI.EDU/OLLI</u> (click on member login at the top of the page).

Call the OLLI office (401 - 874 - 4197)If you leave a message, we will do our best to return your call within 24 hours.

> Print and mail in your registration form (located online).

© Stop by the office between 9AM-5PM, Monday through Thursday, 9AM-12PM on Friday.

> Payment is accepted by credit card or check.

We accept Visa, MasterCard, and Discover.

SUMMER REGISTRATION **BEGINS MAY 25**

Special Interest Groups

All Special Interest Groups are FREE with your OLLI membership. Please register online to join these groups by visiting URI.EDU/OLLI

- Book Group \Diamond
 - Bowling

 \Diamond

- Golf
- \Diamond Great Decisions Δ
- ◊ Let's Talk Technology
- ♦ Mah Jongg
- ♦ Movie Group
- ◊ Photo Friday

COVER PHOTOS: All summer photos were submitted by OLLI members. Thank you to: Antonio Mattero, Jan Armor, Dyann Boudreau, Kate Corbett & Donna Gustafson

Meet the OLLI Staff

IMPORTANT DATES



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Summer 2022

June 13 to August 26 Registration is May 25

Fall 2022

September 12 to December 23 Registration is August 23

Winter 2023

January 9 to March 10 Course proposals due August 2

Class Limits: In person classes are limited to 30 per classroom unless otherwise indicated.

Extra Fees for courses: Additional fees are sometimes required for courses that involve off-campus activities, special events, or special supplies needed for the class.

Email: OLLI uses email to communicate important information like class confirmations, schedule changes, cancellations, and other special notices. We also send out a weekly email, "This Week at OLLI," listing our weekly events and notices. If you do not have an email, please visit the Cyber Seniors Students to assist in setting one up and learning how to use it. We will not share your email with anyone.

MAKE A GIFT TO OLLI

To make a secure donation on-line, go to urifoundation.org/giveonline

Become a friend of the Osher Lifelong Learning Institute at URI!



URI.EDU/OLLI

CLASSES BY CATEGORY

Current Events

Entertainment

Award-Winning Movie Musicals	. 15
The Sitcom	. 14

History & Government

Politics

Contemporary Economic Policy Issues 19	9
Rhode Island	
Early Rhode Island History9)
Walking Through Time: 5000-Year History of URI Campus 16	5
Smith's Castle: A Rhode Island Treasure 11	
Coastal Defenses in Narragansett7	,
U.S. History	
World War II Foundation Museum Tour 18	5
The Folk Singers, the Bureau, & the Second Red Scare)

World History

Life in Germany During and After	
World War II	9

Humanities

Arts

Hand Lettering: Faux Calligraphy 12
Salon des Refuses
Vignettes: Writing from Experience8
Literature
Writing a Legacy Letter
The Vietnam War Era Seen Through Short Fiction
Music
The Music of Young America! The Story of Motown Records9
Duke Ellington & His Musicians8
Philosophy & Religion
Free Will - Is It an Illusion?9
Photography
Travel and Landscape Photography with Your iPhone13

Recreation and Wellness

Health

Ticalar	
Breath Techniques1	5
Aging Gracefully - Let's Do it Together 1	1
A Time to Close 1	3
Leisure	
Kayak Historic Wickford Harbor 1	17
Mindfulness	
In This Moment: Mindfulness Meditation	.7
Personal Growth	
Purpose Driven Retirement	.7
Creativity, Play and Innovation 1	0
Women's Body Image Workshop 1	2
Find Your Voice 1	2
Tours/Travel	
URI Library Tour 1	6
The Glass Station Studio and Gallery Tour 1	7
Johnston Landfill and Recycling Facility 1	.7
Matunuck Oyster Farm Tour 1	.7
STEM	
Environment	
Topics in Ecology	.8
Vegetable Research at URI 1	.6
Tree Care and Essentials Simplified 1	.4
A Look at Renewable Energy 2	20
Introduction to the South Kingstown Land Trust	15
Math & Science	
The Evolution of Drug Discovery 1	0
Introductory Oceanography, Continued 2	20
Technology	
Let's Explore the Google Suite 1	3
Special Interest Groups	
Great Decisions	
Quad Alliance 1	8
Drug Policy in Latin America 1	8

CLASSES BY DAY, DATE, TIME

MON	IDAY	Time	# Weeks	Class ID	Page#
Jun-13	Life in Germany During and After World War II	11:30 AM - 1:00 PM	6	500	19
Jul-11	In This Moment: Mindfulness Meditation	10:00 AM - 11:30 AM	6	505	7
Jul-11	Purpose Driven Retirement	3:00 PM - 4:30 PM	5	494	7
Jul-11	Contemporary Economic Policy Issues	5:00 PM - 6:30 PM	4	475	19
Aug-1	Topics in Ecology	10:00 AM - 11:30 AM	4	488	8
Aug-1	Coastal Defenses in Narragansett	10:00 AM - 11:30 AM	1	507	7
TUE	SDAY				
Jun-14	Duke Ellington & His Musicians	1:00 PM - 2:30 PM	4	502	8
Jun-14	Vignettes: Writing from Experience	9:30 AM - 11:30 AM	4	506	8
Jun-21	URI Library Tour	10:00 AM - 11:30 AM	1	478	16
Jul-5	Free Will - Is It an Illusion?	10:00 AM - 11:30 AM	3	496	9
Jul-12	The Glass Station Studio and Gallery Tour	10:00 AM - 11:00 AM	1	490	17
Jul-12	Early Rhode Island History	2:00 PM - 3:30 PM	6	474	9
Jul-19	The Vietnam War Era Seen Through Short Fiction	3:30 PM - 5:00 PM	6	495	19
Jul-26	Creativity, Play and Innovation	10:00 AM - 11:30 AM	5	497	10
Aug-2	The Evolution of Drug Discovery	9:30 AM - 11:00 AM	4	479	10
Aug-2	Walking Through Time: 5000-Year History of URI Campus	10:00 AM - 11:30 AM	1	489	16
Aug-2	The Music of Young America! The Story of Motown Records	1:00 PM - 2:30 PM	4	501	9
Aug-16	Kayak Historic Wickford Harbor	10:00 AM - 1:30 PM	1	471	17
	NESDAY				
	Hand Lettering	10:00 AM - 11:30 AM	1	504	12
	World War II Foundation Museum Tour	2:00 PM - 3:30 PM	1	491	18
Jun-22	Let's Explore the Google Suite	10:00 AM - 11:30 AM	5	487	13
Jun-29	Aging Gracefully - Let's Do it Together	1:30 PM - 3:00 PM	4	464	11
Jul-6	Kayak Historic Wickford Harbor	10:00 AM - 1:30 PM	1	470	17
Jul-13	Introductory Oceanography	9:30 AM - 11:00 AM	4	476	20
Jul-13	Johnston Landfill and Recycling Facility	11:30 AM - 12:30 PM	1	492	17
Jul-20	A Time to Close	3:30 PM - 5:00 PM	1	486	13
Jul-27	Women's Body Image Workshop	10:00 AM - 12:00 PM	1	482	12
Aug-3	Travel and Landscape Photography with Your iPhone	10:00 AM - 11:30 AM	3	508	13
Aug-3	Salon des Refuses	11:30 AM - 1:00 PM	4	473	11
Aug-3	Smith's Castle: A Rhode Island Treasure	2:00 PM - 3:30 PM	3	499	11
Aug-24	Find Your Voice	10:00 AM - 11:00 AM	1	483	12

5

CLASSES BY DAY, DATE, TIME

THURSDAY	Time	# Weeks	Class ID	Page#
Jun-16 Tree Care and Essentials Simplified	10:00 AM - 11:30 AM	5	465	14
Jun-16 Matunuck Oyster Farm Tour	10:00 AM - 11:30 AM	1	493	17
Jun-23 The Folk Singers, the Bureau, & the Second Red Scare	4:30 PM - 6:00 PM	6	481	20
Jul-21 The Sitcom	10:00 AM - 11:30 AM	1	485	14
Jul-28 A Look at Renewable Energy	9:30 AM - 11:00 AM	5	477	20
Aug-11 Vegetable Research at URI	5:00 PM - 6:30 PM	1	472	16
FRIDAY				

Jun-24	Introduction to the South Kingstown Land Trust	10:00 AM - 11:30 AM	1	480	15
Jul-8	Breath Techniques	9:30 AM - 11:30 AM	4	484	15
Jul-8	Award-Winning Movie Musicals	9:30 AM - 12:30 PM	4	503	15
Jul-15	Writing a Legacy Letter	10:00 AM - 11:30 AM	1	498	20
Jun-17	Great Decisions 2022	11:00 AM - 12:30 PM	1	466	18
Jul-15	Great Decisions	11:00 AM - 12:30 PM	1	467	18
Aug-19	Great Decisions	11:00 AM - 12:30 PM	1	468	18

INSTRUCTORS

Izenstark, Amanda16
Janusz, John10
Kaplan, Lloyd8
Kirkwood-Tucker, Toni
Landstreet, Julia15
Lataille, Michele7
Leonard, Aaron20
Marziali, Kara12
Morse, Linda15
Morse, Brett15
Nauck, Jennifer17
Perlow, Robert14
Shaker, Tom8, 9
Sherwin, Jay20
Singh, MD, Arun13
Smith, David7

Stetson, Peter	
Vertz, Jet7	
Weibezahl, Robert	



6 URI.EDU/OLLI

MONDAYS

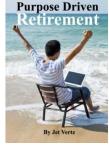
Purpose Driven Retirement

5 Sessions with Jet Vertz Mondays, 3:00 PM - 4:30 PM July 11, 18, 25, Aug 1, (skip 8), 15 Max: 20 Tuition: \$50

PLAY VIDEO 🕨

Do you have a purpose, mission, or reasons for how you live out your retirement? Numerous studies have shown that those with such goals are happier, more productive, and live longer than those with no purpose. If you are planning to retire or have already retired and

have not given much thought to what meaningful things you will be doing, you may wish to take this course. You will examine your past, define who you are today, and methodically develop



meaningful things to do during your retirement.

Suggested Reading: *Purpose Driven Retirement* (not required but highly recommended). Available on Amazon.com.

Jet Vertz worked 40 years in the aviation business and was an executive at Pratt & Whitney Aircraft prior to his retirement. He holds a B.S. in mechanical engineering, M.S. in Computer Science, and an MBA. He was a U.S. Naval Officer during the Vietnam War. Jet's been an OLLI instructor since 2013 and, in addition to this course, has taught and Histories and Mysteries of Aviation, the History and Future of Automobiles, Computer Fundamentals, and more.



In This Moment: Mindfulness Meditation

6 Sessions with Michelle Lataille Mondays, 10:00 AM - 11:30 AM July 11, 18, 25, Aug 1, (skip 8) 15, 22 Max: 20 Tuition: \$55

PLAY VIDEO 🕨

According to Suzuki Roshi, "We meditate so that we can enjoy our old age." Join us as we learn to be alert and calmly present in the moment. This practice, which is made easier in a group setting, can lead to peace, equanimity, and a deeper intimacy with ourselves and the world. Each session will include some instruction, guided meditation, a discussion of the principles underlying the practice, and the opportunity for questions and sharing.

Michele Lataille is a long-time meditator and yoga practitioner and is training as a Mindfulness Meditation Teacher in a course led by Jack Kornfield and Tara Brach. A graduate of URI and the University of Maine School of Law, she has practiced as a civil trial attorney for 19 years and taught high school English for another 13. Now, in addition to pursuing her studies and teaching meditation, she is helping immigrants learn English at Dorcas International Institute of Rhode Island.

Coastal Defenses in Narragansett, RI

1 Session with David Smith Monday, August 1, 10:00 AM - 11:30 AM Max: 20 Tuition: \$15

Take a virtual tour of seven coastal defense sites in Narragansett, from Revolutionary War era Bonnet Battery to Fort Nathaniel Greene built during World War II. Examine the remnants of earthwork and concrete battlements, fire control points, and casements for long-range guns that were built to defend Narragansett Bay and Rhode Island Sound from enemy warships. We will learn about the history of each location, its role in the scramble to keep up with evolving military strategy and technologies, and the return to peacetime public use.

Suggested Reading: Walter K. Schroder: *Defenses of Narragansett Bay in World War II* (RI Publications Society, 1980). Available on Amazon.com.

Special notice: This course will be presented at **The URI Bay Campus** in the Coastal Institute Auditorium. The lecture will be followed by a walking tour of batteries and the submarine net anchor. The walk be about 30 minutes and includes several steep stairways.

David Smith is a retired marketing consultant and a U.S. Army veteran who served at the Continental Army Intelligence Center, Ft. Bragg, NC. After the service, David earned advanced degrees from Miami University of Ohio and Babson College and managed advertising and public relations for the AutEx Division of Xerox and EMC Corporation. In 1987, he started his own communication business for high-tech clients. From 2012 to 2021, David and his wife Rosemary produced the On Pettaquamscutt Winter Speakers Series, during which Coastal Defenses in Narragansett was first presented.

7

MONDAYS

TUESDAYS

Topics in Ecology

4 Sessions with Peter Stetson Mondays, 10:00 AM - 11:30 AM August 1, (skip 8), 15, 22, 29 Max: 18 Tuition: \$45



Have you ever asked yourself how ecosystems work? Ever wondered about the changes that have occurred in our environment in the nearly 400 years since the pilgrims landed? Do you want to understand how a food chain fits into a food web, or a population fits into a community? This course will cover each of these intriguing questions as well as additional relevant topics. First, we will examine the basics of ecological systems, including biotic/ abiotic factors, trophic levels, and food chains/food webs. Next we will focus on plant and animal succession, while the final class will explore how populations change over time.

Peter Stetson is a retired teacher who taught biology, earth science, and environmental science over the course of 35 years in the Coventry public schools. He also served for 16 years as coach for the school's Envirothon, six-time winners in the Rhode Island State competition and participants in the national competition. As an educator, he used the Google Suite with his students.

Vignettes: Writing from Experience

4 Sessions with Allan Carter Tuesdays, 9:30 AM - 11:30 AM June 14, 21, 28, July 5 Max: 12 Tuition: \$45

PLAY VIDEO 🕨

A vignette is a short descriptive piece of writing that captures a brief period in time. Our writings will include remembrances that remain vivid, or we can write about recent experiences as well. Students may find old photos or letters that would prompt them to write. The goal is to create freely without being concerned about whether it is good or bad. Suggestions in class may show the writer ways to clarify or elaborate but will not focus on evaluations that may intimidate the creative spirit.

Allan Carter holds a B.A. and an M.A. in English from URI. He was an instructor at the University of Bridgeport and a professor at the College of DuPage. He has written and directed plays, He was founding adviser for its campus literary magazine (still operating after 30 years) and co-founder of the After Hours Film Society at the Tivoli Theater, Downers Grove, Illinois (still meeting after 25 years). He is currently collecting his memories and practicing the "vignette method."

Duke Ellington & His Musicians

4 Sessions with Tom Shaker & Lloyd Kaplan Tuesdays, 1:00 PM - 2:30 PM June 14, 21, 28, July 5 Max: 35 Tuition: \$45

Duke Ellington experienced great success as a pianist, bandleader, arranger, and composer. Much of his success was aided by the unique musicians with whom he worked, including Billy Strayhorn, Johnny Hodges, Paul Gonsalves, and Cootie Williams. In this course we'll look at (and listen to) his classic line-ups and wonderful

(Duke Ellington, Continued)

singers who made Duke Ellington one of the most beloved bandleaders in the history of American music.

Lloyd Kaplan holds a B.S. in music education from URI and a master's in music from Brown University. His latest honor was his induction into the RI Music Hall of Fame in April 2018, the first music educator to be so honored. He taught for 30 years at CCRI and is a member of its Hall of Fame. In winter, Lloyd teaches for the OLLI at Coastal Carolina University in SC. With Tom Shaker, he co-authored In Harmony: Early Vocal Groups Remembered & Celebrated (Consortium, 2020).

Tom Shaker has spent over 30 years as a college professor, teaching courses in video and film production, media, music history, news writing and reporting, sports announcing, and public speaking. He has taught at Northeastern University, UMass, Dean College, and Worcester Polytechnic Institute. He is the co-author of A Treasury of Rhode Island Jazz & Swing Musicians (2016) and, with Lloyd Kaplan, In Harmony: Early Vocal Groups: Remembered & Celebrated (2020). Tom also co-produced the award-winning documentary film Do It Man: The Story of the Celebrity Club (2018). He is a contributor to RhodyRadio, producing podcasts covering jazz, vocal groups and Rhode Island Diner history. For the past 15 years Tom has been the host of "The Soul Serenade," a classic soul and funk show on NPR affiliate station WICN in Worcester, MA. He currently serves on the Board of Directors of New England Jazz Alliance.



TUESDAYS



Early Rhode Island History 6 Sessions with Robert Geake Tuesdays, 2:00 PM - 3:30 PM July 12, 19, 26, August 2, 9, 16 Max: 20 Tuition: \$55

Explore this state's history—its indigenous people, its founding by Roger Williams, the tragedy of the Pequot and the King Philip Wars, and the accumulation of "abandoned" lands that became the Narragansett Plantations. Learn about the early laws of the state and punishments, including public executions for capital crimes, the formation of the government after the Declaration of Independence, and the role of Rhode Island in the Revolutionary War. Voluntary homework assignments will be given.

Suggested reading: From Roger to the Revolution Weeks 1&2: Geake, Robert Keepers of the Bay: A History of the Narragansett Tribe, Warren, James God, War, and Providence Additional: Salisbury, Manitou and Providence: Indians, Europeans, and the Making of New England, Williams, Selmar Divine Rebel The Life of Anne Marbury Hutchinson

Robert A. Geake, a public historian and author of 14 books on Rhode Island and New England history, has given talks and presentations throughout the region. He currently serves as president of The Cocumscussoc Association, which runs Smith's Castle historic house museum, and is on the advisory board of the Rhode Island Slave History Medallion Project.

The Music of Young America! The Story of Motown Records 4 Sessions with Tom Shaker Tuesdays, 1:00 PM - 2:30 PM August 2, 9, 16, 23 Max: 35 Tuition: \$45

Smokey! The Temps! The Supremes! Marvin Gaye! The Jackson Five! We all grew up with the great sounds and artists of Berry Gordy's Motown Records. For many of us, these records brought black artists into white homes for the very first time. Not only were the songs iconic, many became the soundtrack to the civil rights movement. We'll learn about the origins of Motown and its heyday, and on to its move from Detroit to Los Angeles and the demise of Motown Records.

Suggested Reading: Nelson George: *Where Did Our Love Go?: The Rise and Fall of the Motown Sound* (University of Illinois Press, 2007). Available on Amazon. The RI public library system has a few copies.

Tom Shaker has spent over 30 years as a college professor, teaching courses in video and film production, media, music history, news writing and reporting, sports announcing, and public speaking. He has taught at Northeastern University, UMass, Dean College, and Worcester Polytechnic Institute. He is the co-author of A Treasury of Rhode Island Jazz & Swing Musicians (2016) and, with Lloyd Kaplan, In Harmony: Early Vocal Groups: Remembered & Celebrated (2020). Tom also coproduced the award-winning documentary film Do It Man: The Story of the Celebrity Club (2018). He is a contributor to RhodyRadio, producing podcasts covering jazz, vocal groups and Rhode Island Diner history. For the past 15 years Tom has been the host of "The Soul Serenade," a classic soul and funk show on NPR affiliate station WICN in Worcester, MA. He currently serves on the Board of Directors of New England Jazz Alliance.



Free Will - Is It an Illusion? 3 Sessions with Stephen Berardo Tuesdays, 10:00 AM - 11:30 AM July 5, 12, 19 Max: 35 Tuition: \$40

The concept of free will has been debated for thousands of years. "Why, then, 'tis none to you, for there is nothing either good or bad, but thinking makes it so. To me it is a prison" [Hamlet II, ii]. Many ancient Greeks and Romans believed that the gods determined human destiny and that it was futile to try to change our future. The Western concept of personal responsibility, as expressed in many religions, legal systems, and moral arguments, is based on a belief in free will. However, many scientists today believe that the concept of free will is an illusion—that human actions are governed by our genes, mental neurons, physical biology, and environment. If there is no free will, then can there be such things as responsibility, guilt, punishment, or redemption?

Required text: Sam Harris: *Free Will* (Free Press, 2012).

Stephen Berardo has a master's degree in public administration, a B.A. in English literature, and is a student of history and political systems. He has been a planning consultant as well as an adjunct and fulltime college faculty member teaching courses in business administration and aviation management.

TUESDAYS

Creativity, Play, and Innovation

5 Sessions with Sandra Enos Tuesdays, 10:00 AM - 11:30 AM July 26, Aug 2, 9, 16, 23 Max: 20 Tuition: \$50



We often focus our attention on creativity as if it were solely an individual trait, a flash of brilliance. In this interactive course, we will examine the social contexts of creativity and innovation. Why are some historical periods more innovative than others? Why are some communities more likely to foster creativity than others? Do creativity and innovation peak in the early years and decline as we age? Why do men outnumber women as artists and creators? What are the social and cultural factors that allow some of us to be creative and others that ignore creative talent? Why do some organizations squander good ideas? We will explore these questions and do some exercises each week to play with these ideas and others. We will also apply our creative talents to a community service project.

Sandra Enos, Ph.D., is a retired professor of sociology. With a life-long interest in creativity, she loves the idea of introducing play and fun to older students. She has taught several courses at OLLI, most informed by sociology. Two months after retiring, she launched a social enterprise called Giving Beyond the Box, where she curates gift boxes full of products that make positive social impact in our community and beyond. She plays mandolin, loves to move, enjoys the South County life, and appreciates the lifelong learning opportunities afforded by OLLI and its members.



The Evolution of Drug Discovery

4 Sessions with John Janusz Tuesdays, 9:30 AM - 11:00 AM August 2, 9, 16, 23 Max: 20 Tuition: \$45

In ancient times, scientific knowledge was limited, but today advances in chemistry, biology, and biotechnology have allowed for new and ever-evolving knowledge about drugs. Learn about the history of drug discovery from the mostly serendipitous discoveries of the 19th century to the more rational approaches used today. We will discuss topics such as the discovery of anesthetics and antibiotics, finding and validating new drug targets, and finding and optimizing potential new drug molecules. Some specifics include developing structureactivity relationships, computerassisted drug design, and case histories of successful drug discovery. We will wrap up with discussions of immunotherapy, "undruggable" targets, gene editing, and vaccines.

John Janusz received a B.S. in chemistry from Providence College and s Ph.D. from Yale University in organic chemistry. He worked at Procter & Gamble for 30 years, much of that time in drug discovery. Over the next 10 years, he joined two small biotech firms, Akebia Therapeutics followed by Aerpio Pharmaceuticals. He has been chair of the Cincinnati chapter of the American Chemical Society, and was an adjunct professor of chemistry at the University of Cincinnati and Xavier University. He is the coauthor of more than 50 publications and patents.

THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

A Word About WAIT LISTS

If you get closed out of a class, you should always add your name to the Wait List. There are always cancellations before a class and if an opening becomes available, we will call you and register you over the phone.

WEDNESDAYS

Smith's Castle: A Rhode Island Treasure 3 Sessions with Marilyn Harris Wednesdays, 2:00 PM - 3:30 PM

August 3, 10, 17 Max: 25 Tuition: \$40

Rhode Island is a small state with a big history. Smith's Castle at Cocumscussoc is a big part of the earliest days of the colony and is important in its subsequent development. For the first two weeks we will learn about the building and the people who inhabited this historical treasure. Week 3 features a guided tour of the Castle. There is ramp access to the building itself, but it is necessary to climb stairs to the second floor.

PLAY VIDEO 🕨

For directions, go to <u>smithscastle.org/directions</u>.

Entrance fees to Smith's Castle will be paid directly to Smith's Castle on August 17.

Suggested reading: Cocumscussoc Assn. et al.: *The Women of Cocumscussoc: A Cocumscussoc Reader,* Vol.2. Available through amazon.com and at the North Kingstown Library. Copies available for sale at the gift shop during regular season hours, www.smithscastle.org.

Marilyn Harris, a many-times transplanted Midwesterner, earned her undergraduate degree at the University of Illinois and master's at Kutztown University (PA). Her work in the field of education-in federal project management, curriculum writing and enrichment teaching for all age levels-covers a span of almost 50 years. Since 2011 she has taught numerous classes at OLLI and made presentations at area libraries and senior citizen groups. Marilyn's interests include travel, and she frequently shares her experiences and photos through her classes. As a history buff and long-time docent at Smith's Castle, she finds colonial history and women's studies particularly fascinating.



Salon des Refuses

4 Sessions with Terry Duffy Wednesdays, 11:30 AM - 1:00 PM August 3, 10, 17, 24 Max: 25 Tuition: \$45

The Impressionists filled the hallowed hall of the French art establishment with an exhibit that changed the course of Western art forever. How it all came about, the who, and the why mark the beginning of a revolutionary time in art history. We will focus on the work of the greatest of Impressionist artists: Pissarro, Renoir, Monet, and Manet, examining what they saw and how they expressed it on canvas. We will follow how their brilliant interpretation of France during the La Belle Epoque led to post-Impressionism and by 1900 to expressionism in an astonishingly exciting chapter in art history. Your appreciation for Van Gogh, Cezanne, and Matisse will grow as the course unfolds into the early 20th century. It is a logical but extraordinary story of the greatest epic in art.

Terry Duffy, after childhood art classes, took to wandering the halls of the RISD museum, which had a profound, lifelong impact on him. Visiting museums and appreciating art became his hobby, and the experience impelled him to learn more. His many hours spent visiting America's great museums fed his insatiable interest in the visual arts. For the OLLI at URI, Terry has taught several art education courses.

Aging Gracefully -Let's Do It Together

4 Sessions with Linda Gatewood Wednesdays, 1:30 PM - 3:00 PM June 29, July 6, 13, 20 Max: 35 Tuition: \$45

This course is designed to help older adults remain safe, active, and independent in their homes. Sessions 1 and 2 explore little-known changes in the sensory, musculoskeletal, and nervous systems that naturally occur with aging that can affect safety. Session 3 examines features of the home environment that contribute to falls and strategies to improve safety. Session 4 explores the significance of sleep and sleep quality. Sessions include break-out activities designed to identify concerns and identification of preventative strategies to improve and maintain safety and independence.



Linda Gatewood has been an occupational therapist since 1986 with varied clinical experience in geriatrics, neurological and orthopedic rehabilitation, hand therapy, mental health, and burn care. An assistant professor in the CCRI Occupational Therapist Assistant Program since 1998, she created the RI Independent Provider Program Personal Care Assistant training curriculum. Linda is currently enrolled in the Gerontology and Geriatrics Graduate Certificate program at URI and is passionate about helping older adults stay off the floor!

WEDNESDAYS

Hand Lettering: Faux Calligraphy

1 Session with Kara Marziali Wednesday, June 15, 10:00 AM -11:30 AM Max: 35 Tuition: \$15

PLAY VIDEO 🕨

Hand lettering is an extremely easy art form, and you don't need any fancy tools. If you know how to hold a pen and follow instructions you will be able to learn how to create beautiful letters using supplies you have at home—any pen, pencil, or marker will do. Faux calligraphy is essentially the same as authentic calligraphy, except you don't need fancy nibs or brush pens. Participants will focus on the process of hand lettering, practice strokes, outline the alphabet, create character connections, play with flourishes, and discover their own style.

Materials List: Plenty of paper with a smooth surface. You may want to consider lined paper, graph paper and copy paper. Do not use textured or watercolor paper. - Pencils, pens (ballpoint gel, rollerball, or felt tip), and/or markers (Crayola Super Tips Washable Markers, Sharpie, etc.). If you have a brush pen and wish to use it during class, feel free, but you do not need one. - Please have a quote or phrase in mind (6-10 words), so we can each hand letter an inspirational saying. Some limited supplies will be available during class.

Kara Marziali holds a B.F.A. in theater arts from Emerson College and is a certified Ageless Grace® instructor. As a dedicated patron of the arts, she is involved in many creative endeavors both personally and professionally. Her first children's book, Kara Koala and Her Kaleidoscope of Feelings was recently published. For the OLLI at URI, Kara's most recent offerings were Hand Lettering and Find Your Voice.



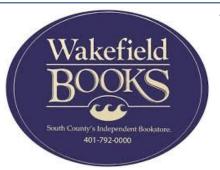
Women's Body Image Workshop

1 Session with Kara Marziali Wednesday, July 27, 10:00 AM -12:00 PM Max: 25 Tuition: \$15

PLAY VIDEO 🕨

Body image is not what you look like; it has to do with your personal relationship with your body. How can you create a healthy vision of yourself? Kara Marziali will share her experiences, conclusions, and hopeful resolutions. Participants will explore how they feel about themselves, reshape their concept of body image, engage in a meditation exercise, and take part in a creative activity. There will be time for discussion and/or Q&A at the end of the workshop. While body image is not merely a female issue, this particular workshop will be geared specifically for women. For this class: Please bring your vulnerability and insecurity...along with an open mind and your willingness to change. Additionally, come with a journal or notepaper and a pen.

Kara Marziali Bio (see Hand Lettering)



Find Your Voice

1 Session with Kara Marziali Wednesday, August 24, 10:00 - 11:00 AM Max: 35 Tuition: \$15

PLAY VIDEO 🕨

It takes courage and faith to find your voice and own it. Use sounds and speech to express yourself in this unique class. Participants will do vocal exercises, such as trills, articulation, humming, and breathing as well as tongue twisters, affirmations, and singing. This gentle class will inspire you to be your authentic self, relieve stress, alleviate tension from prolonged computer use, improve breath control, increase confidence, think posi-

tively, and have fun. Bring an open mind, a spirit of playfulness, a sincere heart, and one affir-



mation (a positive, practical statement about oneself). Have a water bottle handy and be prepared to enjoy yourself!

Kara Marziali Bio (see Hand Lettering)

Thank you to our friends at Wakefield Books who offer a 20% discount on any purchase related to OLLI classes or special interest groups.

> 160 Old Tower Hill Road Wakefield, RI 02879 <u>Wakefieldbooks.com</u>

WEDNESDAYS

Let's Explore the Google Suite

5 Sessions with Peter Stetson Wednesdays, 10:00 AM - 11:30 AM June 22, 29, July 6, 13, 20 Max: 15 Tuition: \$50

Learn how to utilize the cloud-based Google Suite using your own device or one of the computers at OLLI. Google Drive, Google Docs, Google Sheets, and Google Slides make up



the basis of the suite of applications. In the last class we will investigate

some additional Google Apps. These apps are all cloud based, so that, anywhere you have access to the internet, you can access your documents. Participants should have a Google Account and be able to log - on to the wi-fi in the lab.

Suggested reading: James Bernstein: Google Apps Made Easy: Learn to Work in the Cloud (available on Amazon.com). The first chapter is helpful for setting up a Google account.

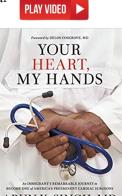
Peter Stetson is a retired teacher who taught biology, earth science, and environmental science over the course of 35 years in the Coventry public schools. He also served for 16 years as coach for the school's Envirothon, six-time winners in the Rhode Island State competition and participants in the national competition. As an educator, he used the Google Suite with his students.

A Time to Close

1 Session with Arun Singh, MD Wednesday July 20, 3:30 PM - 5:00 PM Max: 35 Tuition: \$15

As a child, Dr. Singh endured two bone-shattering accidents that led

to temporary paralysis that would seem to disqualify him from any profession that required use of his hands. Also, he had to deal with undiagnosed dyslexia while growing up in an impoverished society. He came to America for



ARUN K. SINGH, MD

higher education in the 1960s with \$5 in his pocket, not knowing a single person, completely lost coming from a different culture, society, color, and religion. He went on to become one of the preeminent heart surgeons in the U.S., performing more than 15,000 heart surgeries. Dr. Singh will talk about how he overcame these obstacles and the present state of affairs in medicine.

Suggested Reading: Arun K. Singh, MD: *Your Heart, My Hands* (available at Wakefield Books).

Arun Singh was born in India and received his medical degree there, followed by surgical training at Columbia University, Brown University's Alpert Medical School, and Great Ormond Street Hospital for Children in London. He practiced at RI Hospital from 1975 – 2016. A member of the faculty at Brown University's Alpert Medical School since 1976, he is now professor emeritus. For a more details about his life and his achievements, go to yourheartmyhands.com/about-drsingh/.

Travel and Landscape Photography with your iPhone

3 Sessions with Jan Armor Wednesdays, 10:00 AM - 11:30 AM August 3, 10, 17 Max: 20 Tuition: \$40

This workshop will inform you about how to make better pictures with your iPhone while on you are on vacation. You will also learn how to organize and share your images while on the road. The second meeting includes a photo walk at the South County Museum, where the Visitors Cen-

ter, Metz Exhibition Hall, and Print Shop are wheelchair accessible. The other buildings have step-up access.

Please note: Entrance fee of \$10 to be paid directly to the museum on



the day of the visit.

Jan Armor is an award-winning educator and fine art photographer with 40 years of experience in both digital and traditional media. He has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, Wickford Art Association, South County Art Association, and others. Jan has been a mainstay of the OLLI at URI since summer 2010. To see his work and a more detailed biography, go to armorphoto.com.

REFUND POLICY: If you decide to drop out of a course, you must notify the office at least two weeks before the start date to receive a refund or credit toward another class. In some cases, OLLI finds that it must cancel a class. If that happens, we will make every effort to inform you at least one week before the start date, and you will receive a refund or voucher toward another class. OLLI follows the University's policy of cancelling classes for certain holidays and because of inclement weather. Memberships are non-refundable.

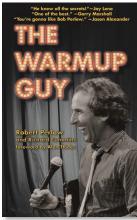
THURSDAYS

The Sitcom

1 Session with Robert Perlow Thursday, July 21, 10:00 - 11:30 AM Max: 35 Tuition: \$15

According to Jay Leno, "Bob Perlow is the best warm-up guy in the business." Ac-

company Bob on a stroll down memory lane by way of the television shows we all grew up with. His journey after URI reveals the ins-and-outs of television from 1975 to the present. Bob will entertain vou with stories and anecdotes about his 35-



year career in the business, using videos, photos, and music from the shows he worked on.

Bob Perlow spent his working life in the television industry as a writer, actor, and producer. He is author of the book The Warmup Guy and has worked on such iconic shows as Laverne & Shirley, Taxi, Newhart, Cheers, Friends. and more including 15 years on the Tonight Show. Bob is a graduate of URI and received an M.B.A. and taught at Johnson and Wales before entering the entertainment industry.

Your membership must be valid throughout the duration of the classes you register for. If you're not sure of your renewal date, log on to you're account and select "Dashboard" then "Membership Information." Or call the the office at 401-874-4197.



Tree Care and Essentials Simplified

5 Sessions with John Campanini Thursdays, 10:00 AM - 11:30 AM June 16, 23, 30 July 7, 14 Max: 35 Tuition: \$50

How do we manage trees (and shrubbery) for continuous, highquality life? Understanding the principles and practices of proper planting, pruning, and care is the key to the long-term productivity of trees. We will discuss soils management, tree biology, and insect and disease diagnostics. The last session will be a skills workshop held outdoors on campus to demonstrate the management concepts emphasized in the classroom.

For the first class: Observe the trees and shrubbery near you. Identify their most prominent physical features. Also, if applicable, compare a tree to a shrub describing how they are alike and how they differ.

John Campanini earned a B.S. in natural resources management and an M.S. in plant pathology-entomology at URI. He is the technical advisor to the non-profit RI Tree Council, a position he has held since 2004. His primary duties include teaching, publishing the Council's ROOT TIPS monthly newsletter, and administering the RI Champion Tree Program. Before joining the Tree Council, John was employed for 28 years by the City of Providence as city forester. During his tenure there, he was awarded the Distinguished Public Service Award by the RI Public Expenditure Council and the Alfred Hawkes Environmental Award by the RI Department of Environmental Management.

THINGS you should KNOW

Parking Passes: OLLI parking passes are renewable yearly in August. If you registered your vehicle during the fall winter or spring semester, you are all set for summer. We will send reminders out in August when it's time to renew for fall semester.

Video Previews: When you view a class in our online software or the pdf catalog, a video symbol will appear if there is a video to view. Please note: video previews are not available for all classes.

Registration: Classes will be available to view online on May 18. Registration begins on May 25.

Great Decisions: There are three Great Decisions sessions this semester. Registration is FREE but you MUST register for each individual session.

Emails: OLLI uses email to communicate important information like class confirmations, schedule changes, cancellations, and other special notices. We also send out a weekly email, "This Week at OLLI," on Monday mornings listing our weekly events and notices. If you are not receiving it, please email or call us and let us know. We will not share your email with anyone.

Classroom Locations: Not sure what room your class is in? Check the TV monitor located in the lobby.

Extra Fees for Courses: Additional fees are sometimes required for courses that involve off-campus activities, special events, or special supplies needed for the class.

FRIDAYS

Introduction to the South Kingstown Land Trust

1 Session with Julia Landstreet Friday, June 24, 10:00 AM - 11:30 AM Max: 35 Tuition: \$15

The South Kingstown Land Trust preserves and protects over 3,072 acres throughout South Kingstown. This session will provide a general



overview of land protection and the South Kingstown Land Trust's history, trails, programs, stewardship prac-

tices, conservation activities and more.

Julia Fry Landstreet currently serves as the first executive director for the South Kingstown Land Trust. She served as executive director for the Nashville Civic Design Center, a nonprofit think tank promoting high-quality design and planning in the city's built and natural environments. As president of the board for Friends of Warner Parks, she led a successful \$18 million capital campaign to purchase properties, including a 250-acre oldgrowth forest, increasing the park's holdings to 3,100 acres. She has also worked as a community organizer, elected official, naturalist, educator, and curator.

Breath Techniques

4 Sessions with Linda Morse Fridays, 9:30 AM - 11:30 AM July 8, 15, 22, 29 Max: 30 Tuition: \$45

At one time or another, we may have found ourselves dealing with anxiety, fears, panic attacks, sadness, stress, sleep issues, or physical pain. We may have tried a variety of paths to alleviate these feelings, but when all else fails . . . BREATHE!!! The breath is the guide on the journey to balance. Not only will we learn about the respiratory and circulatory systems, we will have the opportunity to experience several breath techniques. Besides being calming, the breath can also be

(Breath, Continued)

energizing, giving you the ability to focus and concentrate on a sport, performance, or activity. This interactive, relaxed, and enjoyable program can help you to increase lung capacity, build stamina and energy, exercise your lungs and heart, and come to the fullest essence of your being. Please wear comfortable clothing. Bring a yoga mat if you can. This program may be fully experienced from the chair.

Linda M. Morse, a URI grad, has been a yoga and meditation practitioner most of her life, teaching for over 20 years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and a number of science fiction film programs.





Award-Winning Movie Musicals

4 Sessions with Brett Morse Fridays, 9:30 AM - 12:30 PM July 8, 15, 22, 29 Max: 35 Tuition: \$45

Along with *Frozen*, which ranks as the highest grossing animated film of all time, and *La La Land*, which tied the record for most Oscar nominations with 14 (winning 6), we will enjoy *Les Miserables* (8 Academy Award nominations, winning 3) and The Greatest Showman (5 major nominations and Golden Globe winner for best song "This is Me"). Each week we will watch one of these great musicals and have the opportunity for discussion and review.

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. navy during the Vietnam era, and is a certified yoga instructor. He was very fortunate to have a father working in the music industry, first with RCA and then Columbia Records, and had the opportunity to meet many of the artists.



SUMMER REGISTRATION BEGINS MAY 25

DISCOVER THE UNIVERSITY OF RHODE ISLAND

Walking Through Time: 5000-Year History of the URI Campus

1 Session with Kris Bovy Tuesday, August 2, 10:00 - 11:30 AM Max: 20 Tuition: \$15

In 2017, the University of Rhode Island marked its 125th anniversary. The land on which the university sits, however, has a much longer and complicated history that is invisible to most members of the campus community. Ancestors of the Narragansett, the only federally recognized tribe in this area, had lived and worked here for millennia. Archaeological work performed prior to the construction of the Ryan Center in the 1990s also revealed a late 18th-century burial ground associated with the Niles family, which likely contains the remains of enslaved Africans and Indigenous people, part of the tumultuous history of Rhode Island. Join us on a walking tour of URI campus to learn about the history of this land. The walk will be at a slow downhill pace winding our way past various points of interest with frequent stops to answer questions.

The class will meet at the Welcome Center by the ram. Please arrive 15 minutes early.

Kris Bovy is a professor of anthropology and currently chair of the Sociology & Anthropology Department at URI. She has conducted archaeological analysis and fieldwork in a wide variety of settings throughout North America. Bovy teaches introductory and advanced undergraduate courses in archaeology and anthropology and works closely with faculty and students in the interdisciplinary underwater archaeology minor and history master's program. Bovy's research expertise is in Pacific Northwest Coast archaeology and the analysis of bird bones, with the goal of understanding past human and animal interactions in coastal settings. She has

(Bovy, Continued)

recently become interested in learning about, and raising awareness of, the long history of the URI campus.

Cathy DeCesare, assistant professor in the Department of History, received her graduate degrees from Providence College and Fordham University. She began teaching at the University of Rhode Island in 2008 and previously worked as an academic advisor and coordinator at the URI Providence Feinstein Campus. Prior to her employment at the university, she was an archivist at Brown University and the Rhode Island Supreme Court Judicial Records Center. Her teaching and research interests intersect, and include Rhode Island history, legal, colonial, and applied history. She enjoys collaborating with students and colleagues on creative research projects that showcase and raise awareness about the relevance of history. She serves as co-director of the Applied History Lab.

Vegetable Research at URI

1 Session with Rebecca Brown Thursday, August 11, 5:00 PM -6:30 PM Max: 25 Tuition: \$15

Ever wonder what is happening in the fields off Plains Road? Interested in learning about how URI is supporting local food production? Spend an evening touring the Gardiner Crops Research Center and learning about vegetable production research at URI. Topics will include vegetable variety trials, prevention of bird damage to sweet corn, high tunnel vegetable production, cover crops for soil health, polycultures, and crops in urban community gardens for ethnic groups.

Note: This is a walking tour, and the farm roads are not payed.



(Veg Research, Continued)

The class meets at the Gardiner Crops Research Center on Plains Road. Parking is available but if the lot is full, please park across the street in the Plains lot.

Rebecca Brown is a professor of plant sciences at URI. She is the faculty leader of URI's Vegetable Research and Extension Program and teaches vegetable production classes for URI undergraduates and for the URI Master Gardener Program.

URI Library Tour

1 Session with Amanda Izenstark Tuesday, June 21, 10:00 AM - 11:30 AM Max: 25 Tuition: \$15

This tour includes the Robert L. Carothers Library and Leater Commons major service points and resources, as well as a hands-on introduction to the library's online offerings, including the catalog and resources for finding articles from popular and

scholarly publications. Additional resources from the Ocean State Libraries network will



also be highlighted. Details about meeting time and place and parking will be sent to those that register.

Amanda Izenstark is professor and reference and instructional design librarian at the URI libraries. She teaches information literacy sessions and courses and provides professional development opportunities for librarians at local and national organizations. Her research interests include information literacy, educational technology, and academic librarianship.

TOURS & TRIPS

Kayak Historic Wickford Harbor

with Ken Fandetti
▶ Wednesday, July 6
▶ Tuesday, August 16
10:00 AM - 1:30 PM
Max: 12 Tuition: \$20 (plus a \$30 equipment fee paid directly to The Kayak Centre.)



This is an opportunity to paddle a kayak in the waterways of Historic Wickford Village. Following the coastline of the harbor, we will pass what is left of Wickford's fishing industry. We will go around a couple of the islands in the harbor (Cornelius and Rabbit), pass Smith's Castle, and proceed up Mill's Creek. No prior paddling experience is necessary, but participants should be mobile enough to paddle for several hours in tranquil conditions.

Participants MUST use the Kayak Center's equipment—tandem

(double) kayaks, paddles, and life jackets. The class will be held rain or shine so dress accordingly.

Ken Fandetti is a certified America Canoe Association coastal kayak instructor and has been for the past 20 years. He has led or co-led kayak trips in the U.S. and in foreign countries, including Belize, the outer Bahama Islands, and Bonaire.

Johnston Landfill and Recycling Facility

1 Session on Wednesday, July 13 11:30 AM - 12:30 PM Max: 20 Tuition: \$20

If you've ever wondered what happens to your trash and recycling when it leaves the curb or the transfer station, this full facility tour will answer your questions. The group will meet at 11:15 a.m. at the site and be transported by bus on a tour around the landfill and then go indoors for a video and a tour of the recycling plant. Directions to the site are available online. The site is accessible. Carpooling is encouraged considering the environmental aspect of this event.

Matunuck Oyster Farm Tour

1 Session on Thursday, June 16 10:00 AM - 11:30 AM Max: 36 Tuition: \$25

The Matunuck Oyster Farm started on a seven-acre commercial aquaculture lease in 2002 and now harvests over one million oysters per year. The tour begins at the Matunuck Oyster Bar, which opened in 2009. After an introduction about the East Matunuck Barrier Beach. Succotash Salt Marsh, and the Potter Pond estuary, the group continues by barge across the pond to the shellfish farm to view the operation close-up. The entire tour takes about sixty minutes, after which people may choose to dine on their own at the restaurant.

Note: Be prepared rain or shine and wear comfortable, flat shoes (people will be walking on uneven ground and on a dock to board the barge). If there is thunder or lightning, the tour is cancelled, but if it's raining, we will go out!



The Glass Station Studio and Gallery Tour

1 Session with Eben Horton & Jennifer Nauck Tuesday, July 12, 10:00 AM - 11:00 AM Max: 10 Tuition: \$15

This gallery features the work of owners Eben Horton and Jennifer Nauck, with regular exhibitions by visiting artists from all over the country. Behind the gallery, observe the artists as they work in the hot shop where they will explain the process that goes into the pieces they create. After the demonstration, browse in the shop at leisure.



Eben Horton first blew glass in high school in Newport. He went on to study classical methods of glass blowing at the School for American Crafts at Rensselaer, as well as at the Penland School of Crafts, the Corning Museum of Glass, and Urban Glass. He is the creator of the Glass Float Project on Block Island. He opened the original Glass Station in a 1920s gas station in Wakefield in 2000.

Jennifer Nauck began blowing glass in the mountains of Estes Park, Colorado. Mostly self-taught, she was often turned loose in the studio after hours with a project that she would figure out how to make. Her designs spring purely from imagination and serendipity. She and Eben Horton bring a combination of technical skill and unfettered creativity to the studio that informs their unique designs.

17

TOURS & TRIPS

World War II Foundation Museum Tour

1 Session on Wednesday, June 15 2:00 PM - 3:30 PM Max: 20 Tuition: \$15

The nonprofit World War II Foundation Global Education Center, which opened in fall 2018, displays thousands of artifacts. The tour, open to OLLI members only, will begin with an introduction by documentary filmmaker Tim Gray, followed by guides who will point out rare objects such as a large piece of the USS Arizona, a monogrammed silver serving tray that belonged to Adolf Hitler, and personal items that belonged to one of the leaders of the French Resistance. The Center strives to share with the visitor the personal stories of the men and women who served in World War II.

It offers a theater that seats 35 and a library with over 700 volumes.



GREAT DECISIONS

Registration is Free but you MUST register to attend each session.

Fridays, 11:00 AM - 12:30 PM Max: 35

Facilitator: Jim Findley

Great Decisions is America's largest discussion program on world affairs. The name is shared by a national civic education program and publication of the Foreign Policy Association. Published annually, the Great Decisions briefing book highlights eight of the most thought-provoking foreign policy challenges facing Ameri-



cans today. Great Decisions provides background information, current data and policy options for each issue and serves as the focal text for discussion groups. Learn more by going to the Foreign Policy Association website: www.fpa.org and clicking on Great Decisions. Books can be ordered from this website.

Great Decisions 2022 - Quad Alliance Friday, June 17

As part of the U.S. pivot to Asia, the United States has been in dialogue with Japan, Australia, and India in an effort to contain China. Recently, the Quad countries held joint naval exercises in the South Pacific. How effective will the actions of this alliance be?

Great Decisions 2022 - Drug Policy in Latin America Friday, July 15

The issue of migration to the United States from Latin America has overshadowed the war on drugs, which has been underway for decades with little signs of progress. What are the roots and the bureaucratic logic behind today's dominant drug policies in Latin America? Is it time to reconsider punitive drug control policies that disrupt supply chains and punish drug possession?

Great Decisions 2022 - Industrial Policy Friday, August 19

The current discussion of industrial policy in the United States is not simply about whether or not to support specific companies or industries, but about trust or mistrust of the government and its ability to manage the economy and deal with a rising China. The upheaval in supply chains during the pandemic exposed weaknesses in the international economy. What policies can the United States implement to deal with trade and the economy?



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Contemporary Economic Policy Issues

4 Sessions with Jon Haveman Mondays, 5:00 PM - 6:30 PM July 11, 18, 25, Aug 1 Max: 45 Tuition: \$45

Economics is central to the functioning of every aspect of society, primarily through the actions of governments at the federal, state, and local levels. After an initial overview of the U.S. economy with



a focus on the effects of the pandemic, we will look at some timely policy issues with economics at their core, such as climate change, health care, economic inequality, infrastructure, autonomous vehicles, and more. We will explore these issues in detail, including their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. The focus will be on what the economics profession, represented by guest subject matter experts at our sessions, understand to be true about the selected issues.

Jon Haveman holds a Ph.D. in economics from the University of Michigan. He is the executive director of the National Economic Education Delegation (NEED) and has a reputation for providing economic information that is readily useful in the work and private lives of people. Previously, Jon was the director of the Economy Program at the Public Policy Institute of California, a senior economist with the President's Council of Economic Advisers, an economist with the Federal Trade Commission, and faculty at the Business School at Purdue University.

Life in Germany During and After World War II

6 Sessions with Dr. Toni Kirkwood-Tucker Mondays, 11:30 AM - 1:00 PM June 13, 20, 27, (skip July 4), July 11, 18.25 Max: 45 Tuition: \$55

PLAY VIDEO 🕨

Learn about the experiences of a German girl growing up in Bavaria during the Nazi era. The course will address conditions in southern Germany toward the end of World War II: the suppression of local traditions, the position of church and state, life at school, the constant presence of the Nazis in the village. the flight of women, children, and the elderly from bombed-out German cities, frightened boy soldiers and retreating German soldiers hiding in the surrounding mountains as the war ended; and the effect of the war on her family and the sabotage activities of her dissident father. The last class will address the mandatory teaching of the Holocaust in German schools; creation of new textbooks; building of memorials; how Germans deal with their guilt/ shame/lack of knowing; and existing student exchanges to promote relationships between Germans and Jews.

Suggested reading: Shirer, W. L. (1990). The Rise and Fall of Nazi Germany. Touchstone: Simon & Schuster. Shirer, W. L. (1984). The Night*mare Years 1930-1940.* Little & Brown. Gilbert, M. (1989). The Second World War. New York: Henry Holt. Hegi, U. (1997). *Tearing the* Silence: On Being German in America. New York: Simon & Schuster

Dr. Toni Fuss Kirkwood-Tucker was born in Germany and raised in her war-torn country. At age 22, she immigrated to the United States. She obtained her B.A. from Florida Atlantic University and her M.A. and Ed.D. Degrees from Florida International University. She served as associate professor emerita at Florida Atlantic University from 1996 to 2004 and visiting professor and program coordinator in the School of Teacher Education at Florida State University from 2006 to 2012. During her tenure at both institutions, she

(Kirkwood-Tucker, Continued)

globalized the social studies curriculum and instruction and introduced new courses to the curriculum. She authored numerous articles in refereed national and international journals, and is the editor of two books and a third in the making to be published in October 2022.

The Vietnam War Era Seen **Through Short Fiction**

6 Sessions with Robert Weibezahl Tuesdays, 3:30 PM - 5:00 PM July 19, 26, August 2, 9, 16, 23 Max: 35 Tuition: \$55

We will look at the many experiences of this turbulent period through the prism of short fiction by American and Vietnamese writers, men and women, and explore how they attempt to document and make sense of the historic and emotional truths of a controversial time. Students will be sent stories to read in advance of class sessions so that we can engage in lively discussions about the messages and interconnections among the stories. The readings will be provided elec-



tronically to those who register.

Robert Weibezahl is a writer, editor, critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless bestselling authors. A columnist for BookPage for two decades, he is also a published novel*ist and award-winning, internationally* produced playwright. He teaches at Osher programs across the country.

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Introductory Oceanography, Continued

4 Sessions with Kenneth Hinga Wednesday, 9:30 AM - 11:00 AM July 13, 20, 27, Aug 3 Max: 45 Tuition: \$45



The course will cover topics in marine science including coastal and beach processes, coastal eutrophication and dead zones, fisheries management and ocean law, sea level and other effects due to global warming, harvesting energy from the ocean, and a brief look at whales and other marine mammals. It is not necessary to have taken the Introductory Oceanography course at OLLI during the winter session.

Kenneth R. Hinga was a research scientist and assistant dean at URI's Graduate School of Oceanography where he participated in 19 deep-sea research cruises. His research addressed oceanic carbon budgets, phytoplankton ecology, whale feeding, marine eutrophication, marine hydrocarbon pollutants, indices of paleo carbon dioxide levels, and radioactive waste disposal. His teaching included courses in general oceanography, marine pollution, and understanding environmental issues. He moved to Federal service on a diplomacy fellowship where he spent ten years at the USDA Foreign Agricultural Service, and the US FDA Center for Food Safety and Applied Nutrition. He was a science advisor for both agencies, providing technical analysis of a variety of food safety and agriculturalenvironmental topics for international negotiations.

The Folk Singers, the Bureau, & the Second Red Scare

6 Sessions with Aaron Leonard Thursdays, 4:30 PM - 6:00 PM June 23, 30 July 7, 14, 21, 28 Max: 45 Tuition: \$55

Some of the most prominent folk singers of the 20th century, Woody Guthrie, "Sis" Cunningham, Pete Seeger, Lee Hays, Burl Ives, etc., were also political activists with various associations with the American Communist Party. As a consequence, the FBI, along with other governmental and right-wing organizations, monitored them, keeping meticulous files running many thousands of pages and making (and carrying out) plans to purge them from the cultural realm. Using music, video selections, news clippings, and records from extensive Freedom of Information Act filings—including material never before releasedthe course will bring to life these artists and the systematic way they were subjected to government surveillance and suppression.

Aaron J. Leonard is a writer and historian with a particular focus on the history of radicalism and state suppression. He is the author of Heavy Radicals: The FBI's Secret War on America's Maoists and A Threat of the First Magnitude–FBI Counterintelligence & Infiltration: From the Communist Party to the Revolutionary Union. His most recent book, The Folk Singers and the Bureau, was published in September 2020. He has a B.A. in social sciences and history magna cum laude from New York University. He lives in Los Angeles.

A Look at Renewable PLAY VIDED D Energy

5 Session with Kenneth Hinga Thursdays, 9:30 AM - 11:00 AM July 28, Aug 4, 11, 18, 25 Max: 45 Tuition: \$50

The course will cover the features of different forms of renewable energy including wind, solar, hydropower, biofuels, biogas, energy recovery from waste streams, and energy from the ocean. We will also look at energy efficiency options we may use in our homes, commercial buildings, and transportation, including heating, light, and automobiles. The personal economics of some of the efficiency choices we may make will be touched upon. We will look briefly at energy storage options that will be necessary with widespread adoption of renewable energy sources.

Ken Hinga (see Introductory Oceanography, continued)

Writing a Legacy Letter

1 Session with Jay Sherwin Friday, July 15, 10:00 AM - 11:30 AM Max: 20 Tuition: \$15

A legacy letter (also called an ethical will) is a document that people create to share their life lessons, express their values, and transmit their blessings to family and friends. A legacy letter is not a legal document or memoir and, typically, is only a few pages long; writing one is a rewarding experience that results in an enduring gift. This workshop will introduce the concept of legacy letters. It includes discussion and brief writing exercises to encourage participants to examine their life histories, capture important insights, and begin crafting their own legacy documents.

Jay Sherwin created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. He has practiced law, given away money for five different charitable foundations, worked as a philanthropy consultant, and served as a hospital chaplain. He has extensive experience teaching and facilitating online learning programs, including online presentations for more than a dozen OLLI programs nationwide.



Global Network

The Age Friendly Vision for URI

Background

Every day in the US until the year 2028, 10,000 people will turn 65. By 2024, 20% of the US population will be 65+; and by 2034, older adults will outnumber children for the first time in US history. How should higher educational institutions respond to this demographic change and the challenges it creates?

The Age Friendly University (AFU) movement was initiated in 2012 at Dublin City University in Ireland, inspired by a vision of how to make universities more globally responsive to the needs and interests of older adults. At present, over 45 universities in the US are members, and the mission is supported by the Academy for Gerontology in Higher Education. URI became an AFU in 2018, in the belief that higher educational institutions must be transformed in ways that recognize the unprecedented impacts of aging on all aspects of society.

AFUs are not just age-friendly, but they are aging-friendly. They embrace the educational needs of adults as they age through the life course, changing jobs and preparing for new careers and occupations. However, education is more than just getting the knowledge and skills necessary for the workplace. It also includes how one spends one's time and energy on other important life pursuits, such as family, health, leisure, civic engagement, and spirituality.

Current Projects and Activities

The AFU workgroup at URI is presently focusing on the following initiatives: (1) creating Intergenerational programs, such as Cyberseniors, and classes with both URI students and older adults, (2) increasing access by older adults to regular URI courses, (3) developing a retirement community on or near the URI campus that could also serve as the home for the Osher Lifelong Learning Institute (OLLI), (4) creating a retired faculty and staff association, and (5) expanding research involving older adults, particularly with regard to health and wellbeing.

OLLI and the AFU Vision and Mission

The AFU effort has depended greatly on the contributions of many OLLI members, including those who serve on our work group, attend intergenerational classes, and participate in special projects and programs. OLLI is a critically important part of what the AFU vision and mission represent at URI, and we look forward to continuing to work with OLLI members as we move forward to make URI more age-friendly!

AFU Principles

AFU institutions endorse ten principles that provide an ongoing evaluation of efforts to make the University an open and welcoming community for adults of all ages. The principles are not a set of absolute criteria that must be met; rather, they are a set of standards to identify gaps and opportunities for growth. The ten principles are:

- (1) encourage participation of older adults in all core activities of the university,
- (2) promote personal and career development,
- (3) recognize the range of their educational needs,
- (4) promote intergenerational learning for reciprocal sharing of expertise,
- (5) widen access to online educational opportunities,
- (6) ensure the research agenda is informed by the needs of an aging society,
- (7) increase student understanding of the complexity and richness that aging brings to society,
- (8) enhance access to a range of health and wellness programs and arts and cultural activities,

OLLI Mail-In Course Registration - Summer 2022

Name (one member per form)				ONLINE REGISTRATION begins May 25
Mailing Address				_
City	State	Zip	Renewal Date:	
Telephone [.]		E	Imail	

MONDAY

- ___ Coastal Defenses in Narragansett
- In This Moment: Mindfulness Meditation
- ___ Purpose Driven Retirement
- ___ Topics in Ecology

<u>TUESDAY</u>

- ___ Creativity, Play and Innovation
- ___ Duke Ellington & His Musicians
- ___ Early Rhode Island History
- ___ Free Will Is It an Illusion?
- ____ The Evolution of Drug Discovery
- The Music of Young Americal The Story of Motown Records
- ___ Vignettes: Writing from Experience

WEDNESDAY

- ___ A Time to Close
- ___ Aging Gracefully Let's Do it Together
- ___ Find Your Voice
- ____ Hand Lettering
- ___ Let's Explore the Google Suite
- ___ Salon des Refuses
- ___ Smith's Castle: A Rhode Island Treasure
- Travel and Landscape Photography with Your iPhone
- ___ Women's Body Image Workshop

<u>THURSDAY</u>

- ___ The Sitcom
- ___ Tree Care and Essentials Simplified

<u>FRIDAY</u>

- ___ Award-Winning Movie Musicals
- ___ Breath Techniques
- ___ Introduction to the South Kingstown Land Trust

ZOOM CLASSES

- ___ A Look at Renewable Energy
- Contemporary Economic Policy Issues
- __ Introductory Oceanography, Cont
- ___Life in Germany During and After World War II
- ___ The Folk Singers, the Bureau, & the Second Red Scare
- ____ The Vietnam War Era Seen Through Short Fiction
- ___ Writing a Legacy Letter

TOURS AND TRIPS

- __ Matunuck Oyster Farm Tour
- ___ Johnston Landfill and Recycling Facility
- __ Kayak Historic Wickford Harbor (July 6)
- Kayak Historic Wickford Harbor (August 16)
- ___ The Glass Station Studio and Gallery Tour
- <u>World War II Foundation Museum</u> Tour

DISCOVER URI

- _ URI Library Tour
- Vegetable Research at URI
- Walking Through Time: 5000-Year History of URI Campus

GREAT DECISIONS (free)

- ___ Quad Alliance-June 17
- __ Drug Policy in Latin America-July 15
- ___ Industrial Policy-Aug 19

SPECIAL INTEREST GROUPS (free)

- __Book Group
- __Bowling
- __Golf (Wait List Only)
- ___Photo Friday
- ___Mah Jonng
- __Movie Group
- ___Walking
- ___Writer's Group

Total # Classes	
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Total Due \$

Credits to Apply \$_____

If you think you may have credits to apply, please call the office at 401-874-4197 to confirm before you write your check.

Payment Method: Check (Payable to URI) #						
Credit Card: 🗆 Visa 🗆 Mastercard 🗆 Discover						
Credit Card No:E	Ехр:	_3/4 digit code:				
Name on Card:						
Signature:						
OFFICE USE:						
DATE RCVD: DATE PROCESSED:	INITIALS:					
MEMBERSHIP: CURRENT NEW RENEWAL						
If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212 Kingston, RI 02881						

THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE

MEMBERSHIP FORM

210 FLAGG ROAD, ROOM 212, KINGSTON, RI 02881 WEB.URI.EDU/OLLI 401-874-4197 OLLI@URI.EDU MAIL FORM OR REGISTER ONLINE AT <u>URIOLLI.AUGUSOFT.NET</u>

WEWDERSHIP INFORWATION (Please use one	e form per person)						
O NEW MEMBERSHIP O RENEW	AL MEMBERSHIP RE	NEWAL DATE:					
Last Name	First Name						
Address							
City	State		Zip				
Seasonal Address	Вес	gin Date	End Date				
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Phone	Secondary Pho	one					
Year of Birth Email							
Emergency Contact	Relation:	Phone					
MEMBER PROFILE							
The following information is used to help us better understand our OLLI Membership as a community and to better serve you. This information is optional and confidential.							
URI Alumni : 🗆 No 🗆 Yes Year	Gender: 🗆 Male [□ Female					
Highest Level of Education:	□ Some College	□ Associates Degree	e /Certification				
Bachelor's D	egree 🛛 Master's Degre	e 🗆 Doctorate					
Employment Status: Retired Work Full Time Work Part-Time Not Currently Employed							
Current/Former Occupation:							
PAYMENT INFORMATION: Annual Membership Fee \$65 (non-refundable)							
Payment Method: Check (Payable to URI) Cr	edit Card: 🛛 Visa 🗆 Ma	astercard 🗆 Discover	□ AMEX				
Credit Card No	Exp Dat	e:3	or 4 digit code				
Name on Card:							
Signature							

Photos taken during OLLI events or programs can be used in promotion material for OLLI at URI.

OLLI and URI will not be held liable for members or guests for any damage or personal injury.

Your membership must be in effect through the last date of the class(es) you have chosen.

For questions, please call 401-874-4197 or email olli@uri.edu

If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212, Kingston, RI 02881

OFFICE USE: DATE RCVD: _

DATE PROCESSED:





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Age-friendly University Global Network FOLLOW/LIKE US!

