

TIFFANI S. KISLER

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EDUCATION

ARIZONA STATE UNIVERSITY

Doctor of Philosophy in Family & Human Development
Concentration: Marriage and Family Therapy
Dissertation: *Exploring a Biopsychosocial Model of Women's Sexual Functioning*
Degree Awarded: May 2006

UNIVERSITY OF RHODE ISLAND & ARIZONA STATE UNIVERSITY

ASU Marriage and Family Therapy Clinic July 2004-2006
URI Marriage and Family Therapy Clinic September 2006- present
AAMFT Approved Supervisor

ARIZONA STATE UNIVERSITY

Master of Science in Family & Human Development
Specialization in Marriage & Family Therapy
Thesis: *Examining the Role of Sexual Exchange and Sexual Satisfaction for Relationship Satisfaction in Dating Relationships*
Degree Awarded: May 2004

ARIZONA STATE UNIVERSITY

Bachelor of Science in Psychology
Degree Awarded: May 2000
Summa Cum Laude

RESEARCH PUBLICATIONS and PRESENTATIONS

Publications:

Kisler, T. S., Jacobson, A.N., Church, I., Pacheco, T. & Stearley, K. (In press).Challenging Expectations: Disability in the 21st Century. *Exceptional Parenting.*

Saint-Eloi Cadely, H. & **Kisler, T.S.** (2021). An integrative exploration of sexual, physical, psychological, and cyber-digital relationship abuse in adolescent and young adult r relationships. In E. A. Kalfoglou (Ed.), *Sexual abuse-An interdisciplinary approach.* London, UK: IntechOpen. [_https://www.intechopen.com/online-first/76901](https://www.intechopen.com/online-first/76901)

- Kisler, T. S.** & Locke, L. (2019) Honoring the Voices of Polyamorous Clients: Recommendations for Couple and Family Therapists. *Journal of Feminist Family Therapy, 31*, 1, 40-58, doi 10.1080/08952833.2018.1561017
- Gorman, K.S., McCurdy, K., **Kisler, T.S.**, & Metallinos-Katsaras, E. (2017). Maternal strategies to access food differ by food security status. *Academy of Nutrition and Dietetics, 17*, 1, 48-57. doi: 10.1016/j.jand.2016.07.010
- Adams, S. K., Williford, D. N., Vaccaro, A., **Kisler, T. S.**, Francis, A., Newman, B. M. (2016). The Young and the Restless: Socializing trumps sleep, fear of missing out, and technological distractions in first year college students. *International Journal of Adolescence and Youth, 1-12*. doi:10.1080/02673843.2016.1181557
- McCurdy, K., **Kisler, T.**, Gorman, K.S., & Metallinos-Kataras, E. (2015). Food and health-related correlates of self-reported body mass index among low-income mothers of young children. *Journal of Nutrition Education and Behavior, 47*(3), 225-233. doi: 10.1016/j.jneb.2015.01.004
- Vaccaro, A., Adams, S. K., **Kisler, T. S.**, & Newman, B.M. (2015). The use of social media for navigating the transition to college. *Journal of the First-Year Experience & Students in Transition, 27*(2), 29- 48.
- McCurdy, K., Gorman, K., **Kisler, T. S.**, & Metallinos-Katsaras, E. (2014). Associations between family food behaviors, maternal depression, and child weight among low-income children. *Appetite, 79*, 97-105.
- Conti, J., Adams, S.K. & **Kisler, T. S.** (2014). A pilot examination of self-esteem, depression and sleep in college students. *Journal of Women in Higher Education, 7*, 1, 47-72.
- Adams, S.K. & **Kisler, T. S.** (2013). Sleep quality as a mediator between technology-related sleep quality, depression and anxiety *Cyberpsychology, Behavior, and Social Networking, 16*(1), 25-30.
- Christopher, F.S., **Kisler, T.S.**, & Johnson, S. (2012). College women's encounters with intimate partner violence: Exploring mental health issues. *Journal About Women in Higher Education*.
- McCurdy, K., Gorman, K., **Kisler, T.S.**, & Metallinos-Katsaras, E. (2012). Maternal mental health and child health and nutrition. In The NICHD/Oxford Handbook on Child Development and Poverty.
- Sparks, J.A., **Kisler, T.S.**, Adams, J.F., and Blumen, D.G. (2011). Teaching accountability: Using client feedback to train effective family therapists. *Journal of Marital and Family Therapy*.
- Kisler, T. S.** (2010). Review of the book The nature of sexual desire, by J. Giles. *Journal of Marriage and Family, 72*, 214-217.
- Kisler, T. S.** (2009a). Marriage and sex. In Harry T. Reiss & Susan Sprecher (Eds.),

Encyclopedia of Human Relationships. Thousand Oaks, CA: Sage.

Kisler, T.S., & Christopher, F.S. (2008a). Sexual exchanges and relationship satisfaction: Testing the role of sexual satisfaction as a mediator. *Journal of Social and Personal Relationships*, 25, 583-598.

Kisler, T. S., & Christopher, F. S. (2008b). Writing a letter to your sexual self. In C.F. Sori & L. Hecker (Eds.) *The therapist's notebook III: homework, handouts & activities for use in psychotherapy*, 95-101. New York: Routledge.

Christopher, F.S., & **Kisler, T.S.** (2004a). Exploring marital sexuality: Peeking inside the bedroom and discovering what we don't know - but should! In J. Harvey, A. Wenzel, & S. Sprecher (Eds.), *The handbook of sexuality in close relationships*. Lawrence Erlbaum. Mahwah, NJ: Lawrence Erlbaum Associates.
* Handbook was recipient of the Society of Sex Therapy and Research (SSTAR) *Exceptional Merit Award*

Christopher, F.S., & **Kisler, T.S.** (2004b). Sexual Aggression in Romantic Relationships. In J. Harvey, A. Wenzel, & S. Sprecher (Eds.), *The handbook of sexuality in close relationships*. Lawrence Erlbaum. Mahwah, NJ: Lawrence Erlbaum Associates.
* Handbook was recipient of the Society of Sex Therapy and Research (SSTAR) *Exceptional Merit Award*

Professional Presentations (Refereed):

Salas, S. & **Kisler, T. S.** Exploring clients' perceptions of benefits and barriers of the transition from in-person to teletherapy services (accepted). Poster to be presented at the New England Psychological Association, Virtual (November 2021).

Kisler, T.S., Saint-Eloi Cadely, H., & deFreitas, M.* (2019, October). A pilot examination exploring the association between cyber digital relationship aggression and face to face violence in romantic relationships. Poster presented at the Society for the Study of Emerging Adulthood, Ontario, Toronto, Canada

Kisler, T. S. & Saint-Eloi Cadely, H., Almeida*, A. L. & Franco, H* (2019). Endorsement of Motives for Cyber-Digital Relationship Aggression Among Emerging Adults. Poster presented at the New England Psychological Association, Boston, MA (November 2019).

Dju, L.* & **Kisler, T. S.** (2018). Exploring the effectiveness of trauma systems therapy in home-based versus residential care settings. Poster presented at the New England Psychological Association, Worcester, MA (November 2018).

Kisler, T.S., Saint-Eloi Cadely, H., Raboin, S.*, & Schnep, V. *(2018). Exploring depression and engagement in cyber-digital relationship aggression. Poster presented at the New England Psychological Association, Worcester, MA (November 2018).

Saint-Eloi Cadely, H., & **Kisler, T.S.** (2017). *Cyber-digital relationship aggression: A new form of psychological dating violence*. Paper presented at the National Council for Family Relations, Orlando, FL.

- Kisler, T.S.,** Saint-Eloi Cadely, H., & Henninger, A.* (2017). Cyber-digital relationship aggression: Exploring the prevalence of digital forms of negative conflict strategies among young adults. Poster presented at the New England Psychological Association, Boston, MA.
- Kisler, T. S.,** Saint-Eloi Cadely, H. (2017). *Cyber-digital relationship aggression: A pathway to interpersonal violence*. Paper presented at the American Association of Behavioral and Social Sciences, Las Vegas, NV.
- Kisler, T.S. & Lavigne, B.*** (2016). College students' perspectives on genital groom preferences and practices. Poster presented at the annual meeting of the Society for Scientific Study of Sexuality, Phoenix, AZ, November 17-20, 2016.
- Kisler, T.S. & Lavigne, B.*** (2016). *Becoming Barbie: Influences and trends of the new vulva aesthetic*. Paper presented at the 19th Annual American Association of Behavioral and Social Sciences, Las Vegas, NV, February, 2016.
- Kisler, T.S.,** Locke, L. Lavigne, B*. & Crews, C.* (2015). *It's not just sex!: Clinical directions for honoring the voices of polyamorous clients*. Poster presented at the 40th SSTAR Annual Meeting in Boston, MA, March 26-29, 2015.
- Kisler, T.S.,** McCurdy, K., Gorman, K., & Metallinos-Katsaras, E. (2015). Associations Between Social Support, Maternal Health & Maternal Depression Among Low-Income Mothers of Preschool Age Children. Poster presented at the 18th Annual American Association of Behavioral and Social Sciences, Las Vegas, NV, February, 2015.
- Vaccaro, A., Adams, S. K., **Kisler, T. S.,** & Newman, B.M. (2014). Social Media Use Into and Through the First Year of College. A scholarly paper presentation at the annual NASPA Convention, Baltimore, Maryland.
- McCurdy, K., **Kisler, T.S.,** Gorman, K., & Metallinos-Katsaras, E. (2014). *The role of food acquisition strategies, food insecurity and maternal depression on maternal body weight among low-income mothers of preschool age children*. Poster presented at the 17th Annual American Association of Behavioral and Social Sciences, Las Vegas, NV, February, 2014.
- McCurdy, K., **Kisler, T.S.,** Gorman, K., & Metallinos-Katsaras, E. (2014). *Associations between economic disadvantage and maternal body weight among low-income mothers of preschool age children*. Poster presented at the 22nd Annual Congress Academy of Women's Health, Washington D.C., April, 2014.
- Locke, L * & **Kisler, T.S.** (2013). Clinical problems in the polyamorous population: A qualitative study. Poster presented at the American Association of Sex Educators, Counselors and Therapists, Miami FL, June 2013.
- Adams, S.K., Daly, J.F.,* Williford, D.*, **Kisler, T.S.,** Newman, B., Vaccaro, A., & Rose, M. *(2013). The Young And The Restless: Factors Contributing To Impaired Sleep In First-Year College. Poster presented at the New England Psychological Association, Bridgeport, CT, October 2013.

- Adams, S.K., Bronstein, J., **Kisler, T.S.**, Daly, J. *Johnston, A., & Gencarelli, A. *(2012). *The use of self-report diaries to monitor technology use after sleep onset: Issues and future directions*. Poster presented at the New England Psychological Association, Worcester, MA. October, 2012.
- McCurdy, K., **Kisler, T.S.**, Gorman, K.S. & Metallinos-Katsaras (2012). *Family food environment and child overweight in low-income families*. Poster presented at 30th Annual Scientific Meeting of the Obesity Society, San Antonio, TX, September 2012.
- Adams, S.K., **Kisler, T.S.**, Daly, J.,* Lemus, E., Fiore, *A., Vani, K., *Johnston, A.,* Gencarelli, A.M.,& Bronstein, J. (2012). *Daytime impairment due to college students' technology use during sleep: Similarities to Obstructive Sleep Apnea*. Poster presented at the 120th Annual Convention of the American Psychological Association, Orlando, FL. August, 2012.
- Kisler, T.**, Adams, S.K., & Daly, J.* (2011). Sexting & texting & posting, Oh My! Technology use and health in the Net Generation. Workshop for the NASPA TECH: Student Affairs Technology Conference, October, 2011.
- Powers, J.*, Adams, S., **Kisler, T.** (2011). An examination of self-esteem, depression, and sleep in college students: A meditational model. Poster presented at the American Psychological Association Annual Convention. August 2011, Washington, D.C.
- McCurdy, K., Gorman, K.S., Metallinos-Katsaras, E., & **Kisler, T.S.** (2011). *The relationship between maternal depression and child nutritional outcomes in Low income families*. Poster to be presented at the biennial meeting for the Society for Research in Child Development, March, 2011, Montreal, Quebec, Canada.
- Adams, S. K., **Kisler, T.S.**, Andrew, L, Mediros, *T., Brooks, B.S., *Vacca, A.,* & Cummings, B.S. (2010). *Text messaging and phone use during sleep: The impact on psychological well-being*. Poster presented at the New England Psychological Association Annual Conference, October, 2010, Colchester, VT.
- Christopher, F.S., **Kisler, T.S.**, & Johnson, S. (2009). *Bookendings: Beginnings and endings for women in violent relationships*. Paper presented for the International Association of Relationship Research mini-conference, November, 2009, Lawrence, KS.
- Kisler, T.S.** (2009b). *Concerns about labiaplasty from a sexual health perspective*. Paper presented at the American Society for Bioethics and Humanities Annual Meeting, October 2009, Washington, D.C.
- Christopher, F.S., **Kisler, T.S.**, & Johnson, S. (2008). *Experiences with partner violence and mental health problems: Exploring patterns*. Poster presented at the annual meeting of the National Council on Family Relations, November, 2008, Little Rock, AR.
- Sparks, J., Adams, J., **Kisler, T.S.**, & Blumen, D. (2008). Teaching accountability using

client feedback software. Workshop to be presented at the annual meeting of the American Association of Marriage and Family Therapy, October, 2008, Memphis, TN.

- T. S. Kisler**, Johnson, S., & Christopher, F. S. (2008). *Women's experiences of intimate partner violence: Exploring mental health issues*. Paper presented at the biennial meeting of the International Association of Relationship Research, July, 2008, Providence, R.I.
- Morrow, G, Diamond, L., Christopher, F.S., Monegeu, P. & **Kisler, T.S.** (2008). *Integrating relationship research and sexuality research*. Roundtable presented at the biennial meeting of the International Association of Relationship Research, July, 2008, Providence, R.I.
- Kisler, T.S.**, Sparks, J., & Adams, J. (2007). Using software to track client ratings of MFT trainee effectiveness. Paper presented at the annual meeting of the National Council on Family Relations, November, 2007, Pittsburgh, P.A.
- Dinella, L.M., **Kisler, T. S.**, White, A., Guimmond, A., & Thayer, S.M. (2007). Career paths for family science degree holders: The world is full of options! Symposium presented at the annual meeting of the National Council on Family Relations, November, 2007, Pittsburgh, P.A.
- Kisler, T. S.** (2007). *The multidimensional nature of women's sexual functioning*. Poster presented at the annual meeting of the American Association of marriage and Family Therapy, October, 2007, Long Beach, CA.
- Kisler, T. S.** & Christopher, F. S. (2006). *Sexual exchanges and relationship satisfaction*. Paper presented at the biennial meeting of the Society for Scientific Study of Sexuality, November, 2006, Las Vegas, NV.
- Kisler, T.S.**, & Christopher, F.S. (2004c). *Victims' perspectives of sexual aggression in intimate relationships*. Poster presented at the annual meeting of the National Council on Family Relations, November, 2004, Orlando, FL.
**Award Finalist for Marriage and Family Therapy*
- Kisler, T.S.**, & Christopher, F.S. (2004d). *Sexual aggression in intimate relationships*. Paper presented at the biennial meeting of the International Association of Relationship Research, July, 2004, Madison, WI.
- Kisler, T.S.** (2003). *Sexual satisfaction as a mediator of relationship satisfaction*. Poster presented at the Inaugural International Association of Relationship Research New Scholars Workshop, June, 2003, Tempe, AZ.
- Christopher, F.S., & **Kisler, T.S.** (2002). *Understanding sexuality in close relationships*. Paper presented at the biennial meeting of the International Association of Relationship Research, July, 2002, Halifax, Nova Scotia.
- Christopher, F. S., **Kisler, T.S.**, & Burch, S.C. (2002). *Single men's use of sexual aggression: A meta-analysis & implications for intervention*. Paper presented at the annual meeting of the National Council on Family Relations, Houston, November,

2002.

Greving, K., **Kisler, T.S.**, Dumka, L., & Lunka, M. (2002). *Therapeutic progress: Evaluating differences in client gender*. Poster presented at the 60th annual conference of the American Association for Marriage and Family Therapy, October, 2002, Cincinnati, OH.

Christopher, F.S., Burch, S.C., & **Kisler, T.S.** (2001). *Men's use of sexual aggression in dating relationships: A Meta-analysis*. Paper presented at the annual meeting of the Society for Scientific Study of Sexuality, October 2001, San Diego, CA.

Bush, K., Kupanoff, K., Leonard, S., & **Kisler, T.S.** (2001). *Parenting practices as predictors of adolescent autonomy among Mexican adolescents*. Poster presented at annual meeting of the American Psychological Association, August, 2001, San Francisco, CA.

Invited Professional Presentations

Kisler, T. S. (2020). Who Cares About Kelsey. Virtual Fall movie Night RIAMFT. November, 2020.

Kisler, T. S. (2014). *Sexting & Texting & Posting Oh My!: Technology Use in the Net Generation*. Transitions, Transformations, & Explosions. Ignite presentation for the 6th Annual Academic Summit. January, 2014.

Kisler, T.S. , & Lavigne, B. (2012). Staying Systemic: The Example of Separation, Divorce and Remarriage. Psychological Centers/URI Counseling Center Training Program, December, 2012, Providence, RI.

Kisler, T. S., Adams, S. K., & Daly, J. (2012). *The Net Generation: Helping Youth and Young Adults Navigate through a Tech-Based World*. Child & Family Service, Newport, RI.

Kisler, T.S. (2012). Keynote Address. Sexual health in the digital age: Emerging issues for youth and young adults of the net generation. RI Conference on Youth, Sexual Health, and Social Media. Roger Williams Conference Center, June, 2012, Bristol, RI.

Kisler, T.S., Adams, S.K., & Block, P. (2012). *Working with families to support better health care outcomes*. Beacon Learning Collaborative, Warwick Crown Plaza, Warwick, RI.

Kisler, T.S. & Sparks, J. (2012). The URI Multicultural Dialogue Project. URI Diversity week, September 2012, Kingston RI.

Kisler, T. S., Dennewitz, S., & Mason G. (October 2011). Couples Therapy Series: Helping Couples Uncover their Sexual Potential. Psychological Centers/URI Counseling Center Training Program, October, 2011.

- Kisler, T.S.** (2011) Am I Normal? Challenging the promotion of female genital cosmetic surgery. College of Human Science and Services Diversity Day, University of Rhode Island, September 2011, Kingston, RI.
- Sparks, J. & **Kisler, T.S.** (2011). Just talk: Moving dialogue that values and responds to diverse opinions. College of Human Science and Services Diversity Day, Rhode Island, September, 2011, Kingston, RI.
- Kisler, T.S.** (2011). *Bridging the Couple Chasm*. Psychological Centers/URI Counseling Center Training Program, June, 2011.
- Kisler, T. S.** (2010a). *Treating infidelity: A contemporary approach for working with affair couples*. Psychological Centers/URI Counseling Center Training Program, May, 2010.
- Kisler, T. S.** (2010b). *Challenges of couple therapy: What every good relational therapist should know*. Psychological Centers/URI Counseling Center Training Program, March, 2010, Providence, RI.
- Kisler, T.S.** (2010c). *An introduction to careers in sex education, counseling and therapy*. University of Rhode Island Human Science and Service Living and Learning Community, February 2010, Kingston, RI.
- Kisler, T. S.** (2009a). *Healthy living: Perspectives on women's sexual health and wellness*. 18th Annual Women's Wellness Workshop 2009: Miriam Hospital, September, 2009, Providence, RI.
- Kisler, T.S.** (2009c). Small group facilitator for ASSECT sponsored *Sexual Attitude Reassessment Seminar (SAR)*, March, 2009, Providence, R.I.
- Kisler, T.S.** (2009d). *Couple therapy: Current approaches to helping couples*. Psychological Centers/URI Counseling Center Training Program, January, 2009, Providence, RI.
- Campbell, J. & **Kisler, T.S.** (2008a). *Women's sexual health: An introduction to sex and relationship therapy*. Center for Ob/Gyn, December, 2008, Providence, RI.
- Campbell, J. & **Kisler, T.S.** (2008b). *Sex therapy: Current approaches to treatment and intervention*. Women and Infant's Hospital of Rhode Island, December, 2008, Providence, RI.
- Campbell, J. & **Kisler, T.S.** (2008c). *Sex therapy: An introduction to the treatment of sexual problems*. Psychological Centers/URI Counseling Center Training Program, May, 2008, Providence, RI.
- Kisler, T.S.** (2008). *The Namesake: Continuing Education Program*. Rhode Island Association of Marriage and Family Therapy, Kingston, RI.
- Kisler, T.S.** (2007). *The Squid and the Whale: Continuing Education Program*. Rhode Island Association of Marriage and Family Therapy, Kingston, RI.

Kisler, T. S. (2005). *Diversity and Teaching*. Arizona State University Division of Graduate Studies: Graduate Student Orientation, Tempe, AZ.

Kisler, T. S. (2003). *Treating Difficult Adolescents and Teens*. Jewish Family & Children's Service, Scottsdale, AZ.

Kisler, T. S. (2002). *Family Systems Theory and Systemic Therapies*. Jewish Family & Children's Service, Scottsdale, AZ.

Keuth, K., **Kisler, T.S.** , & Greving, K., & (2001). *Teenage substance: What every parent should know*. Maricopa County Department of the Attorney General. Phoenix, AZ.

Kisler, T.S. , Greving, K., & Keuth, K. (2001). *Teenage Depression: What to look for and what to do about it*. Maricopa County Department of the Attorney General. Phoenix, AZ.

Media Presentations/Apearances

Kisler, T.S. (July 23, 2011). Study: Sexting increasing. NBC-10 WJAR, RI & Southeastern Massachusetts Nightly News (Pre-recorded).

Kisler, T.S. (July 23, 2011). Sexting among college students. WPRI 12 Eyewitness News, RI & Southeastern Massachusetts (Pre-recorded).

Kisler, T.S. (July 22, 2011). Study: Sexting increasing. NBC-10 WJAR, RI & Southeastern Massachusetts Nightly News (Pre-recorded).

Kisler, T.S. (July 21, 2011). Sexting among college students. NBC-10 WJAR, RI & Southeastern Massachusetts Nightly News (Live).

Kisler, T.S. (July 21, 2011). Sexting among college students. WPRI 12 Eyewitness News, RI & Southeastern Massachusetts (Pre-recorded).

Kisler, T.S. (2011). Segment for URI "It Get's Better" Film.

Kisler, T.S. (2010d). Affairs: What are they?: Part 1 of 4 part series on recovering from infidelity. *The Rational Basis of Happiness, National Syndication, Sirius Satellite Radio*.

Kisler, T.S. (2010e). Damage control: Part 2 of 4 part series on recovering from infidelity. *The Rational Basis of Happiness, National Syndication, Sirius Satellite Radio*.
Airdate

Kisler, T.S. (2010f). Saving ourselves and setting boundaries: Part 3 of 4 part series on recovering from infidelity. *The Rational Basis of Happiness, National Syndication, Sirius Satellite Radio*.

Kisler, T.S. (2010g). What can we learn from the affair?: Part 4 of 4 part series on recovering from infidelity. *The Rational Basis of Happiness, National Syndication, Sirius Satellite Radio*.

Kisler, T.S. (October 23, 2010h). Single and sexy in later life: Perspectives on women, aging and sexuality. Chapter & Verse. PEG RI-TV Public Access Programming.

Grant Proposals

Funded Grant Proposals

McCurdy, K., Gorman, K., Metallinos-Katsaras, E., & Kisler, T. S. (2009-2011). *Maternal depression, family food behavior, and child nutritional health*. Funded by the National Institutes of Health for \$138,800.

Unfunded Grant Proposals

Kisler, T.S. & Saint-Eloi Cadely, H. (2017). Cyber-Digital Relationship Aggression: A New Danger to Adolescent Health and Academic Outcomes.

Saint-Eloi Cadely, H. & **Kisler, T.S.** (2018). Cyber-Digital Relationship Aggression and Adolescent Health Outcomes. URI Council for Research.

Saint-Eloi Cadely, H. & **Kisler, T.S.** (2018). Investigating the Influence of Cyber-Digital Relationship Aggression on Adolescent Health and Relationship

Saint-Eloi Cadely, H. & **Kisler, T.S.** (2018). Rhode Island Foundation Medical Research Funds. Co-Principal Investigator. "CDRA: A New Risk to Adolescent Physical and Mental Health Outcomes." Not funded (October 2018).

Kisler, T.S., Adams, S.K. & Vaccaro, A. (2014). Beyond game day: Preparing college athletes for the challenges of social media. Submitted to NCAA Innovations in Research and Practice.

Adams, S. K., **Kisler, T.S., & Vaccaro, A. (2014).** The role of sleep deprivation in student-athlete neurocognitive, psychological and academic well-being. Submitted to NCAA Innovations in Research and Practice.

Vaccaro, A., **Kisler, T.S., & Adams, S.K. (2014).** One size does not fit all: Delving deeply into attitudes toward LGBT people, LGBT microaggressions, and student-athlete wellbeing to design effective interventions. Submitted to NCAA Innovations in Research and Practice.

Kisler, T.S. (Co-P.I.), Adams, S. (Co-P.I.), & Newman, B., (in preparation). *Health, intimacy and belonging: Perspectives on the transition to college.* Proposal submitted to NICHD-R03.

Adams, S. (Co-P.I.), **Kisler, T.S. (Co-P.I.),** *The Net Generation: Technology and sleep during the transition to college.* Proposal submitted to NICHD.

McCurdy, K., Gorman, K., Kisler, T., & Metallinos-Katsaras, E. (June 2008). *Maternal depression, family food behaviors, and child nutritional health.* Proposal submitted to CSREES-USDA for \$457,000. Project duration 3 years (09-11). Given highest rating of “**Outstanding**”, top 13% of proposals.

Adams, S. (Co-P.I.), **Kisler, T.S. (Co-P.I.), & Newman, B. (Grant Inquiry).** *Health, intimacy and belonging: Perspectives on the transition to college.* Proposal submitted to the William T. Grant Foundation.

CLINICAL EXPERIENCE

Psychological Centers: Rhode Island Center for Sexual Health, Co-founder and Clinical Director (January 2008-2016) * Now North American Family Institute (NAFI-RI)

Johnson & Wales Student Counseling Center, Clinician (January 2008-August 2008)

Ocean Tides, Family Therapy Consultant (April 2007-January 2008)

Northern Arizona University, Adjunct Instructor, (2005-2006)

Arizona State University Marriage and Family Therapy: Clinical Supervisor (Fall

2004, Spring 2005, Summer 2005)

Arizona State University Marriage and Family Therapy: Clinic Intake Coordinator (2004, 2005)

Family Therapist: Jewish Family and Children's Service, Scottsdale, AZ (April 2002-July 2003)

Master's Level Clinical Education: Arizona State University, Tempe, AZ (Fall 2000-May 2002)

Clinical Experience: ASU Marriage & Family Therapy Clinic (May 2001-May 2002)

Internship: Maricopa County Child Protective Services: (January 1998- January 1999)

RESEARCH AWARDS and FELLOWSHIPS

Fellowships

Cowden Research Fellowship

Funding Source: Cowden Family Endowment (Academic years 2001, 2002)

Mentor: Dr. F. Scott Christopher

- Completed a Meta-analysis on Men's Use of Sexual Aggression.
- Played an integral role in the development and implementation of the Sexual Coercion Project: an online investigation of women who have been sexually coerced or aggressed against in marital or dating relationships.
- Developed a website for online data collection using ACCESS and FrontPage
- Analyzed and disseminated research findings via National and International conference presentations.

Cowden Research Fellowship

Funding Source: Cowden Family Endowment (Academic years 2000, 2001)

Mentor: Dr. Richard Fabes

- Assessment manager for the STAR Project (Successful Transitions and Relationships). The STAR project is a longitudinal investigation of children's transition to school.
- Trained and supervised large teams of undergraduate research assistants
- Oversaw data collection.
- Supervised various special tasks.
- Developed ongoing relationships with administrators of education institutions, teachers, parents and students.
- Participated in the grant writing process for a large-scale longitudinal study of children's relationships, psychological adjustment, and transitions into school.

Cowden Research Fellowship

Funding Source: Cowden Family Endowment (Summer 2000, 2001)

Mentor: Dr. Richard Fabes

- Designed and conducted a study on families of children with Autism. Interviewed parents of 30 + families. Identified daily life stressors of dealing with disease.
- Data collection, preparation/cleaning and data analysis for STAR project.

TEACHING EXPERIENCE

Graduate Courses Taught

Assessment in Family Therapy (HDF 569)

Administration and interpretation of assessment instruments for treatment, planning, and evaluation. Ethical, legal, and theoretical issues related to family systems assessment are discussed.

Marital and Family Therapy I (HDF 563)

Major contemporary theories of family therapy and the development of family therapy as a unique intervention strategy; special consideration of issues and problems commonly confronted in conducting family therapy.

Human Sexuality and Counseling (HDF 505)

Historical, cultural, and developmental issues in Human sexuality and counseling. Implications for self and Client understanding through personal exploration And desensitization to sensitive topics.

Marital and Family Therapy II (HDF 564)

Major contemporary theories of family therapy and the development of family therapy as a unique intervention strategy; special consideration of issues and problems commonly confronted in conducting family therapy.

Marriage and Family Therapy Practicum (HDF 565)

Supervised clinical experience in marriage and family therapy; includes development of assessment and outcome evaluation skills.

Families Under Stress: Coping and Adaptation (HDF 535)

A comprehensive review of major theories related to family development, family structure, and behavior in response to social and psychological stress. Emphasis on

both research and intervention.

Advanced Couples Therapy (FAS 598)

The course's primary goal is for students to develop and/or strengthen their conceptual, perceptual, and executive skills for couple intervention. An additional goal is for students to practice and strengthen their writing and presentation skills as these skills critical to efficient program completion and professional success.

Marital Counseling and Family Systems (EPS 621)

Introduces the major theories in marital and family counseling, including developmental phases of the family, family systems and systemic based therapies. Students will learn the various models of family therapy including techniques and assumptions of each model.

Marriage and Family Therapy Practicum (FAS 580)

Supervised clinical experience in marriage and Family therapy; includes development of assessment and outcome evaluation skills.

Undergraduate Courses Taught

Introduction to Counseling (HDF 450)

Introduces students in human sciences to interviewing and counseling skills in both professional and paraprofessional settings. Integrates theory, practice, and application by didactic and experiential learning.

Human Sexuality (NUR 150)

Interdisciplinary approach to the study of individual and societal determinants in the development, integration, and expression of human sexuality and a code of sexual behavior.

Marriage and Family Relationships (HDF 230)

Male-female and other close relationships in courtship and Family systems as influenced by personality and culture in a Changing society. Professional and functional orientation

Fundamentals of Marriage and Family Therapy (FAS 440)

Introduces the fundamental theories of marriage and family therapy.

Marriage and Family Relationships (FAS 331)

Issues, challenges, and opportunities relating to present-day marriage and family living. Factors influencing interrelations within the family.

Teaching Assistant Positions

Research Methods (FAS 361)

Examines basic methods applied to family/child research, critiques current research literature, and applies methods in current topics.

Marriage and Family Relations (FAS 331)

Issues, challenges, and opportunities relating to present-day marriage and family living. Factors influencing interrelations within the family.

Human Development throughout the Lifespan (CDE 232)

Lifespan development from conception through adulthood, with emphasis on family influences. Recognition of individuality within the universal pattern of development.

Human Sexuality (FAS 332)

Relationship of sexuality to family life and to major societal issues. Emphasizes developing healthy, positive, and responsive ways of integrating sexual and other aspects of human living.

Infant and Toddler Development (CDE 430):

Examines the development of infants/toddlers, the socialization processes of families, and the interactions of these processes.

Family, Ethnic, and Cultural Diversity (FAS 370):

Integrative approach to understanding historical and current issues related to the structure and internal dynamics of diverse American families.

QUANTITATIVE and COMPUTER SKILLS

- Completed a comprehensive battery of statistic courses, including Intermediate Statistics/Analysis of Variance, Multiple Regression and Correlation, Multivariate Analysis, and Structural Equation Modeling, Advanced

Structural Equation Modeling

- Skilled in statistical software SPSS, Excel, EQS, Mplus, and Amos, including database creation, preparation, management, and implementation
- Created and maintained websites using FrontPage and Access
- Experience using wikis and Google for course instruction
- Online course development using Blackboard, Macromedia Breeze, Webct, and wiki pages.

HONORS & ACHIEVEMENTS

- ***Co-founded the Rhode Island Center for Sexual Health 2008***
- ***Graduate and Professional Student Association 2004-2005 Teaching Excellence Award recipient***
- ***Division of Graduate Studies 2005 Diversity Workshop Award of Appreciation***
- ***AZAMFT 2005 Graduate Student Award recipient***
- ***Co-founded the ASU Marriage & Family Therapists Student Organization***
- ASU Marriage and Family Therapy Community Resource Fair: Met with appropriation committee and received funding to plan and host a community resource fair which brought together representatives from local social service agencies to share information about the mission of their program and discuss how to coordinate services as part of the Arizona Wrap-around model (March 2002).
- Attend regular meetings with Arizona Association of Marriage & Family Therapy (AZAMFT) president elect. Periodically attend AZAMFT board meetings. Contact Legislators about issues pertaining to Marriage & Family Therapy.
- ***Undergraduate Dean's Award for helping to coordinate and assist African American Career Day***

PROFESSIONAL ACTIVITIES

Editorial:

Ad-hoc Reviewer for: *American Association of Marriage and Family Therapy*
Journal of Marriage and Family
Journal of Social and Personal Relationships
Journal of Gerontology: Social Sciences
Violence Against Women
Journal of Contemporary Family Therapy

Committees

University Committees:

Faculty Senate Library Committee (2012-2018)
Graduate School Outcomes Assessment Committee (2009-2011)
1 of 4 exemplar programs
Scholastic Standing Committee (2018-Present)

College Committees:

Human Science & Services Diversity Committee (2009-2016)
Human Science & Services LGBT Faculty Fellows Committee (2011)
College of Health Sciences Academic Affairs Diversity Task Force (2016-2019)

Departmental Committees (HDF):

Couple and Family Therapy Program Graduate Committee (2006-Present)
Early Childhood Education Search Committee (2006-2007)
Early Childhood Education Search Committee (2007-2008)
Early Childhood Education Search Committee Chair (2012-2013)
Adolescent Search Committee (2014-2015)
HDF Undergraduate Committee (2012-2018; 2020-present)
HDF Undergraduate Committee Chair (2019-2020)
HDF Social Committee (2011-2014) (2018-2019)
CFT Search Committee (2020-2021)

Masters Thesis Committees:

Cassandra Mandojana-Ducot (2019) *Department of Psychology*
Bryana Killian (Proposed Summer 16) *Department of Psychology*
Anna Vaccarro (Defended Spring 2016) *Human Development and Family Studies*
Brittany Lavigne Non-Thesis Research Project (Completed 2016) *Human Development and Family Studies*
Janan Wyatt (Defended 2014) *Department of Psychology*
Uchenna Jones (Defended 2013) *Department of Psychology*
Amanda Colletti Non-Thesis Research Project (Completed 2013) *Human Development and Family Studies*
Erin Carey Non-Thesis Research Project (Completed 2012) *Human Development and Family Studies*
Brittney Slater Non-Thesis Research Project (Completed 2012) *Human Development and Family Studies*
Lindsay Locke Non-Thesis Research Project (Completed 2012) *Human Development and Family Studies*
Elizabeth Reichert (Defended 2010) *Department of Psychology*
Jamie Friedinger (Defended 2008) *Human Development and Family Studies*

Comprehensive Examination Committees:

Annette Bourbonniere (2021) *Environmental and Resource Economics*
Cassandra Mandojana-Ducot (2019) *Department of Psychology*
Uchenna Jones (2015) *Department of Psychology*
Monica Nanda (2013) *Department of Psychology*

Michele Meek (2013) *Department of English*
Elizabeth Reichert (Defended 2011) *Department of Psychology*

Dissertation Committees:

Bryanna Killion (Defended Fall 2019) *Department of Psychology*
Bryanna Killion (Proposed Summer 2018) *Department of Psychology*
Michele Meek (Defended Fall 2016) *Department of English*
Uchenna Jones (Proposed Fall 2015) *Department of Psychology*
Lara Spencer (Defended 2013) *Department of Psychology*
Elizabeth Reichert (Defended 2013) *Department of Psychology*

Arizona State University Graduate Student Committees:

Cowden Distinguished Scholar Award Committee (2002-2006)
Marriage and Family Therapy Graduate Student Representative (2001 & 2002)

Professional Memberships/Affiliations:

American Association of Marriage and Family Therapy
Rhode Island Association of Marriage and Family Therapy
International Association of Relationship Research
National Council on Family Relations
American Association of Sex Educators, Counselors and Therapists
New England Psychological Association