# Jerome F. Adams

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## Academic Preparation

Degree Institution		Year	Major
Ph.D.	Purdue University	1989	Child Dev. & Family Studies
M.A.	University of Windsor	1970	Clinical Psychology
B.A.	University of Windsor	1968	Psychology & Philosophy

## Academic and Professional Employment History

Date	Role/Responsibility	Unit
2006 - 2012	Chair	Dept. of Human Dev & Family Studies University of Rhode Island
2004 - 2017	Director	Graduate Program in Family Therapy Dept. of Human Dev & Family Studies University of Rhode Island
2000 - Present	Professor	Dept. of Human Dev & Family Studies University of Rhode Island
1994 - 2000	Associate Professor	University of Rhode Island
1989 - 1994	Assistant Professor	University of Rhode Island

## **Licensure and Certifications**

- State of Rhode Island Board of Examiners for Psychologists (License #439)
- American Association for Marriage and Family Therapy—Clinical Member and Approved Supervisor

## Honors and Scholarships

• Member, American Family Therapy Academy

• American Association for Marriage and Family Therapy (AAMFT), Family Therapy Graduate Research Award, 1990

- Indiana Association for Marriage and Family Therapy, Family Research Award, 1988
- Purdue University Research Foundation, David Ross Research Award, 1988

## Publications (Refereed Journal Articles)

- Adams, J. (2018). The situated self as a motivational resource. *Journal of Systemic Therapies, 37 (3),* 26-37.
- Uttley, C.M. & Adams, J. (2013). Including the family perspective of social emotional development: An assessment case study. *New Hampshire Journal of Education*, 16, 62-68.
- Sparks, J., Kisler, T., Adams, J., & Blumen, D. (2011). Teaching accountability: Using client feedback to train effective family therapists. *Journal of Marital and Family Therapy*, 37 (4), 452-467.
- Adams, J. (2007). Divorce therapy in context. *Journal of Couple & Relationship Therapy*, 6 (1/2), 109-123.
- Moynehan, J. & Adams, J. (2007). What's the problem: A look at men in marital therapy. *American Journal of Family Therapy*, 35 (1), 41-51.
- Adams, J. & Maynard, P. (2004). Contextual therapy: Applying the family ledger to couple therapy. *Journal of Couple & Relationship Therapy*, 3 (1), 1-12.
- Adams, J. (2003). Involving Stakeholders: A focus group model for assessing a family therapy training program. *Journal of Teaching in Marriage & Family*, 3 (3), 109-120.
- Adams, J. (2001). Impact of parent training on family functioning. *Child & Family Behavior Therapy*, 23 (1), 29-42.
- Adams, J. & Maynard P. (2000). Evaluating training needs for home-based family therapy. *American Journal of Family Therapy*, 28 (1), 41-52.
- Adams, J. (1997). Questions as interventions in therapeutic conversation. Journal of Family

Psychotherapy, 8 (2), 17-35.

- Weiner, J., Harlow, L., Adams, J. & Grebstein, L. (1995). Psychological adjustment of college students from families of divorce. *Journal of Divorce and Remarriage*, 23 (3/4), 75-95.
- Adams, J. (1993). The utilization of family secrets as a constructive resource in strategic therapy. *Journal of Family Psychotherapy*, 4 (2), 19-33.
- Adams, J. & Eastwood, M. (1992). The therapeutic utilization of the language and concepts of alcoholics anonymous in strategic marital therapy. *Journal of Family Psychotherapy*, 3 (2), 1-22.
- Adams, J., Piercy, F.P. & Jurich, J.A. (1991). Effects of solution focused therapy's "Formula First Session Task" on compliance and outcome in family therapy. *Journal of Marital* and Family Therapy, 17 (3), 277-290.
- Adams, J. & Sprenkle, D. (1990). Self-perception and personal commitment: A challenge to current theory of marital dissolution and stability and implications for marital therapy. *American Journal of Family Therapy*, 18 (2), 131-139.

## **Chapters in Edited Books**

- Adams, J. (2015). Milan Systemic Therapy. In Wetchler, J. & Hecker, L. (Eds.). An Introduction to Marriage and Family Therapy 2e. NY: Taylor Francis 182-205.
- Adams, J. (2011). Divorce therapy. In J. Wetchler, (2<sup>nd</sup> Ed.) *Handbook of Clinical Issues in Couple Therapy*. NY: Taylor Francis 165-188.
- Adams, J. (2007). Divorce therapy in context. In J. Wetchler, (Ed.) *Handbook of Clinical Issues in Couple Therapy*. NY: Haworth pp. 109-123.
- Adams, J. (2003). Milan Systemic Therapy. In Hecker, L. & Wetchler, J. (Eds.). An Introduction to Marriage and Family Therapy. New York: Haworth pp. 123-147.
- Adams, J. & Maynard, P. (1998). The marital conference. In T. Nelson and T. Trepper (Eds.), 101 Interventions in Family Therapy Vol. II. New York: Haworth Press. pp. 415-420.
- Adams, J. & Eastwood, M. (1992). Unconscious fears. In T. Nelson and T. Trepper (Eds.), 101 Interventions in Family Therapy. New York: Haworth Press. pp. 128-131.

## **Special Publications**

Adams, J., Piercy, F.P. & Jurich, J.A. (2012). Effects of solution focused therapy's "Formula First Session Task" on compliance and outcome in family therapy. *Journal of Marital* and Family Therapy, Republication in Special Virtual Issue: Solution Focused Brief Therapy doi: 10.1111/j.1752-0606.1991.tb00895.x.

## **Technical Reports**

Adams, J. (2006). Self-study report to the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) Adams, J. (2012). Self-study report to the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE)

## **Book Reviews**

- Adams, J. (2001). Review of *The handbook constructive psychotherapies: Innovative approaches from leading practitioners* by M. F. Hoyt, <u>Journal of Family Psychotherapy</u>.
- Adams, J. (1999). Review of *The art of the question; A guide to short-term question-centered therapy* by M. C. Goldberg, <u>Journal of Family Psychotherapy</u>, 10 (2), 91-92.
- Adams, J. (1998). Review of *Time-effective psychotherapy: Maximizing outcomes in an era* of minimized resources by S. Friedman, Journal of Family Psychotherapy, 9 (2), 82-83.
- Adams, J. (1997). Review of *The reflecting team in action: Collaborative practice in family therapy* by S. Friedman, Journal of Family Psychotherapy, 8 (3), 81-82.
- Adams, J. (1996). Review of *The times of time: A new perspective in systemic therapy* and consultation by L. Boscolo and P. Bertrando, <u>Journal of Family Psychotherapy</u>, 7 (1), 73-74
- Adams, J. (1994). Review of *A brief guide to brief therapy* by B. Cade and W. H. O'Hanlon, <u>Journal of Family Psychotherapy</u>, 5 (2), 83-84.
- Adams, J. (1993). Review of *Putting differences to work* by Steve deShazer, Journal of Marital and Family Therapy, 19 (2), 206-208.
- Adams, J. (1993). Review of Solution talk: Hosting therapeutic conversations by B. Furman and T. Ahola, <u>Journal of Family Psychotherapy</u>, 4 (3), 86-87.
- Adams, J. (1992). Review of *Family belief systems, therapy, and change* by Rudi Dallos, <u>Journal of Family Psychotherapy</u>, 3 (4), 83-84.
- Adams, J. (1991). Review of *Narrative means to therapeutic ends* by M. White and D. Epston, <u>Journal of Marital and Family Therapy</u>, 17 (4), 413-414.
- Adams, J. (1991). Review of *The myth of atlas: Families and the therapeutic story* by M. Andolfi, C. Angelo, and M. de Nichilo, <u>Journal of Family Psychotherapy</u>, 2 (2), 89-90.
- Adams, J. (1991). Review of *When one wants out and the other doesn't: Doing therapy with polarized couples* by John F. Crosby, <u>American Journal of Family Therapy</u>, 19 (3), 284.
- Adams, J. (1990). Review of *Clues: Investigating solutions in brief therapy* by S. DeShazer, <u>Journal of Family Psychotherapy</u>, 1 (2), 76.
- Adams, J. (1988). Review of *Treating incest: A multi-modal systems perspective* by T. Trepper & M. J. Barrett, <u>Purdue Family Therapist</u>, 5 (1), 6.

## Papers and Presentations

- Adams, J. *Predictors of marital satisfaction: The importance of context.* Presented at the Rhode Island Association for Marriage and Family Therapy, Warwick, RI, 2012.
- Uttley, C. & Adams, J. *Incorporating parents' assessments of social emotional development into childcare settings*. Presented at the National Association for the Education of Young Children. National Institute for Early Childhood Professional Development. Phoenix, AZ. 2010.
- Sparks, J., Adams, J., & Kisler, T., and Blumen, D. *Teaching Accountability Using Client Feedback Software.* Presented at the American Association for Marriage and Family Therapy Annual Conference, Memphis, TN 2008.
- Kisler, T., Sparks, J., & Adams, J. Using Software to Track Client Ratings of MFT Trainee Effectiveness. Presented at the National Council on Family Relations Annual Conference, Pittsburgh, PA, 2007.
- Adams, J. *Responding to teens: Guidelines for communicating with adolescents.* Presented at the Family & Consumer Sciences Northeast Regional Conference, Providence, RI, 2005.
- Adams, J. & Blumen, D. *Advanced supervisions skills.* Presented at the Rhode Island Association for Marriage and Family Therapy Conference, Providence, RI, 2005.
- Maynard, P. & Adams, J. *Ethical decision making in the context of Rhode Island law.* Presented at the Rhode Island Association for Marriage and Family Therapy Conference, Providence, RI, 2002.
- Adams, J. *Family Centered Practice.* Plenary address presented at the Texas Association for Marriage and Family Therapy Conference, Dallas, TX, 2001.
- Adams, J. Strategies for integrating family therapy in disability service delivery. Workshop presented at the Texas Association for Marriage and Family Therapy Conference, Dallas, TX, 2001.
- Adams, J. *Neutralizing resistance: A training model for enlisting family cooperation.* Presented at the Rhode Island Association for Marriage and Family Therapy Conference, Providence, RI, 2000.
- Adams, J. *Evaluating outcomes in psychotherapy practice.* Presented at the American Psychological Association Division 43 Conference, West Palm Beach, FL, 1999.
- Adams, J. Neutralizing resistance: A training model for enlisting family cooperation. Presented at the Department of Children, Youth, and Families, Providence, RI, 1998.
- Adams, J. & Maynard, P. *Psychotherapy with care giving families of the elderly.* Presented at the American Psychological Association Division 43 Conference, San Diego, CA, 1995.
- Adams, J. Larger systems implications in family therapy. Presented at the Rhode Island Association for Counseling and Development Annual Conference, Providence, RI, 1991.

- Adams, J. & Maynard, P. Ethical decision making in family therapy practice. Presented at the American Association for Marriage and Family Therapy Northeast Region Conference, Newport, RI, 1991.
- Adams, J. AA and family therapy. Presented at the American Association for Marriage and Family Therapy Annual Conference, San Francisco, CA, 1989.
- Adams, J. & Sprenkle, D. *Evaluating the decision to divorce.* Presented at the American Association for Marriage and Family Therapy, New Orleans, LA, 1988.
- Adams, J. & Sprenkle, D. *Evaluating martial commitment: Theory and intervention in divorce decisions*. Presented at the Indiana Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN, 1988.
- Adams, J. & Osborne, B. *Treating adolescent sexual offenders: A systemic model.* Presented at the Indiana Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN, 1988.

#### Invited Presentations and Clinical Consultations

- Adams, J. Working with chronic multi-problem families. Presented at East Bay Mental Health Services, Bristol, RI, 2001.
- Adams, J. Assessing resistant families and enlisting cooperation. Presented at the Southern Rhode Island Teacher's Conference, Wakefield, RI, 2000.
- Adams, J. Neutralizing resistance: A training model for enlisting family cooperation. Presented at Mental Health Services for Cranston, Johnston, and Northwestern Rhode Island, Cranston, RI, 1999.
- Adams, J. *Relational dynamics of abusive relationships*. Presented at the Women's Resource Center, Shelter Program, Providence, RI, 1997.
- Adams, J. *Brief problem focused treatment in a mental health setting.* Presented at Mental Health Services for Cranston, Johnston, and Northwestern Rhode Island, Cranston, RI, 1993.
- Adams, J. *Doing family therapy research: Methodological considerations.* Human Development and Family Studies departmental colloquium, 1992.
- Adams, J. & Maynard, P. *Dynamics of family systems*. Presented at Southern Rhode Island Teacher's Conference, Kingston, RI, 1992.
- Adams, J. Parents and teachers working together: Guidelines for more effective parentteacher conferences. Presented at South Kingstown Parent-Teacher Conference, University of Rhode Island, 1991.
- Adams, J. *A family systems conceptualization of clinical depression.* Presented at the Rhode Island Society of Osteopathic Physicians and Surgeons Annual Conference, Providence, RI, 1991.

- Adams, J. Families and teens in the 1990's: What does the research say about how we are doing. Presented at Winman/Tollgate Parent-Teachers Association Conference, Warwick, RI, 1991.
- Adams, J. *Problem focused brief family therapy.* South Shore Mental Health Services, Charlestown, RI, 1991.
- Adams, J. *Relational dynamics of abusive relationships*. Presented at the Women's Resource Center, Shelter Program, Wakefield, RI, 1990.
- Adams, J. *The use of team opinions in strategic therapy.* Presented at the Rhode Island Association for Marital and Family Therapy, Lincoln, RI, 1990.
- Adams, J. Strategic family therapy in a residential treatment setting. Charter Hospital staff colloquium, Lafayette, 1989.
- Adams, J. *Treating adolescent sex offenders using a family systems framework.* Juvenile Probation Department staff seminar, Lafayette, 1988.

## Grants and Contracts

#### Funded

2006 – 2007	Schaffran, J. & Adams, J. "Increasing seat belt usage rates among high school students." (FRP) RI Department of Transportation, \$120,000.
2001 – 2005	Adams, J., Schaffran, J. & Kulberg, J. "RI Early Intervention Training Center." (FRP) RI Department of Health, \$1,500,000
1999 – 2002	Horm, D., Adams, J., deMesquita, P. & Kulberg, J. "Evaluation of the Reading Readiness Program." US Department of Education, subcontract with RI Department of Education, \$240,000.
1999 – 2002	Adams, J., Schaffran, J. & Kulberg, J. "Family Resource Partnership: Strengthening services for children and families at risk." A three year multi-disciplinary partnership funded by the URI Partnership Program, \$425,000.
1999 – 2001	Adams, J., Schaffran, J. & Kulberg, J. "Evaluation of the RI Early Intervention Program." (FRP) RI Department of Health, \$125,000.
1997 – 2001	Adams, J., Caruso, D. & Horm-Wingerd, D. "Evaluation of the Rhode Island Parenting Center." US Department of Education, subcontract with RI Parent Information Network, \$90,000.
1992 – 1995 Training and personnel	Adams, J. & Maynard, P. "Severe mental disorders in the elderly: MFT." preparation. National Institute of Mental Health, \$146,964.
1992- 1993	Adams, J. "Family assessment and treatment of depression in the elderly." University of Rhode Island Council for Research proposal development

program, \$4,899.

## Submitted

2010-2105 Bocage, P., Harper, L., McCurdy, K., Sparks, J., & Adams, J. "University of Rhode Island Early Language and Literacy Mentoring Opportunities (ELLMO) and Family Support Project "USDA-NIFA \$635,000.

## Membership in Professional Organizations

- American Association for Marriage and Family Therapy (AAMFT)
- American Psychological Association (Division 43)
- Society for Research in Child Development (SRCD)
- Rhode Island Psychological Association
- Rhode Island Association for Marriage and Family Therapy

## **Professional Service Activities**

## International

• Grant Reviewer, Social Sciences and Humanities Research Council of Canada

#### National

• Editorial Board Member, Journal of Couple and Relationship Therapy,

1993-present

- Reviewer, Journal of Family Psychotherapy
- Reviewer, American Journal of Family Therapy
- Ad-Hoc Reviewer, Journal of Marital and Family Therapy Journal of Family Issues

• Member, American Association of Marriage and Family Therapy Regulatory Boards, 1993-1999

• Member, Angoff validation study panel for the national Marriage and Family Therapy licensure examination. Professional Examination Service, 1989

• Member, Core Competencies Committee, Commission on Accreditation for Marriage and Family Therapy Education. 2003-04

## State

- Member, Ethics Committee, RI Association for Marriage and Family Therapy, 1989-2004.
- Member, Rhode Island Board of Regulation for Mental Health Counselors and Marriage and Family Therapists, 1993-1999
- Chair, Rules & Regulations Committee, RI Board of Regulation for Mental Health Counselors and Marriage and Family Therapists, 1996-1999

• Co-Chair, Continuing Education Committee, RI Association for Marriage and Family Therapy, 1998-present

 Chair, Program Committee, Northeast Regional Conference (Region V) of the American Association for Marriage and Family Therapy, 1990-1991

## University (selected examples)

- Member, College of Health Science Dean Search Committee 2015-2016
- Member, Health College Reorganization Committee Phase II 2014-2015
- Member, Graduate Outcomes Assessment pilot project 2010-2013
- Member, Faculty Senate, University of Rhode Island, 2000-03, 2008-10, 2016-2018
- Member, Council for Research, University of Rhode Island 2003-06
- Member, Teaching Effectiveness Committee, URI Faculty Senate 1993-97
- Member, Providence Undergraduate Initiative Committee, 2006-10
- Member, Honors Program Committee, 2005-08.
- Chair, Department of Human Development & Family Studies, University of Rhode island 2006- 2012
- Director, M.S. Graduate Program in Couple and Family Therapy, University of Rhode Island 2004- 2017