

NEWSLETTER

The **Multicultural Consultation (MCC)** Team is composed of graduate students in the Department of Psychology at the University of Rhode Island.

Our mission is to cultivate an inclusive community and support students, faculty, and staff as they build knowledge and implement multiculturalism into their work and facilitate the conduct of culturally-informed, inclusive, and equitable research, teaching, service, and clinical practice.



What services do we provide?

Teaching

(e.g., review of syllabi, input on best classroom practices)

Research

(e.g., recruitment strategies, selection of psychological tests/questionnaires)

Supervision

(e.g., groundwork for culturally competent supervision, ways to address cultural differences in supervisory relationships)

Mentorship

(e.g., resources for power differentials, input on recruitment and retention of diverse students)

Practice

(e.g., culturally competent best practices, suggestions for culturally competent training opportunities, resources for working with interpreters in mental health settings)

UPCOMING EVENTS

Inclusion and Diversity Committee (IDC)

The Inclusion and Diversity Committee (IDC) is a collaboration of faculty, staff, and graduate students who are committed to cultivating a department environment that promotes inclusive excellence. Members engage in critical conversations and select thoughtful actions during monthly meetings. All are welcome to join our meetings!

Fall 2022 Meetings (in Chafee 150 or via Webex):

- 10/24/22 at 1 PM
- 11/28/22 at 1 PM

IDC Brown Bag Series: Research Methods with Diverse Populations

10/20/22 at 3 PM via Zoom

Drs. Linda Stanley and Randy Swaim are presenting on archival research and secondary data analysis with culturally diverse populations.

11/10/22 at 3 PM via Zoom

Dr. Bonnie Duran is presenting on community-based participatory research with culturally diverse populations.

Students of Color Meeting

The Students of Color meeting serves as a platform and safe space for students of color to discuss experiences and issues that might be affecting them in and outside of the program. Meetings are held monthly. For more information about the Students of Color Meeting, email Alexa at raudales@uri.edu.

Fall 2022 Meetings (Chafee 150 or virtual per request):

- 10/19/22 at 7 PM
- 11/16/22 at 7 PM



NEW MEMBERS SPOTLIGHT



Catherine Trinh B.A. is a 2nd year Clinical Psychology Ph.D. student working with Dr. Nichea Spillane at the University of Rhode Island (URI). Her research interest is strengths-based interventions for substance use across racially diverse populations. She is developing her master's thesis on the interaction between savoring (the ability to fully experience and appreciate positive events) and cannabis motives on cannabis-associated consequences.



Aradhana (Ara) Srinagesh M.P.H., C.H.E.S. is a 2nd year Clinical Psychology Ph.D. student working with Dr. Lyn Stein at the University of Rhode Island (URI). She is a first-generation immigrant from Bangalore, India. Her immigrant experiences have shaped her commitment to education, equity, and social justice. Broadly, she is interested in people-centered and place-oriented research that intersects Psychology and Public Health.

Alana Egan M.A. is a 2nd year Clinical Psychology Ph.D. student working with Dr. Nichea Spillane at the University of Rhode Island (URI). Her research interests are focused on investigating health disparities for Indigenous people broadly, with a special focus on Native Hawaiians.



TOWN HALL

Dismantling Microaggressions

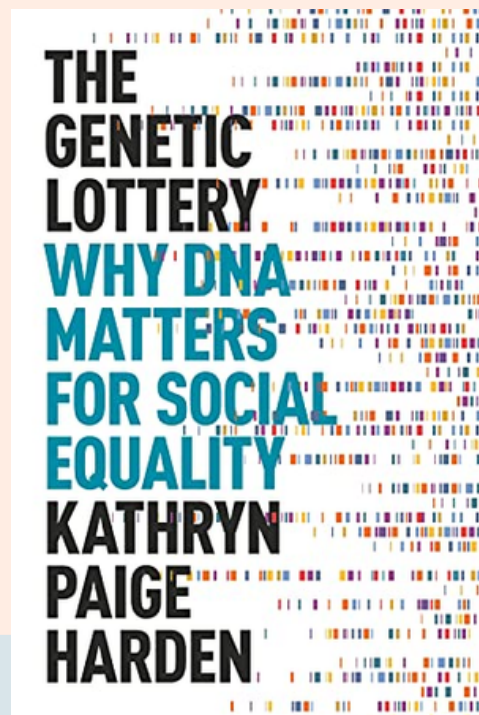
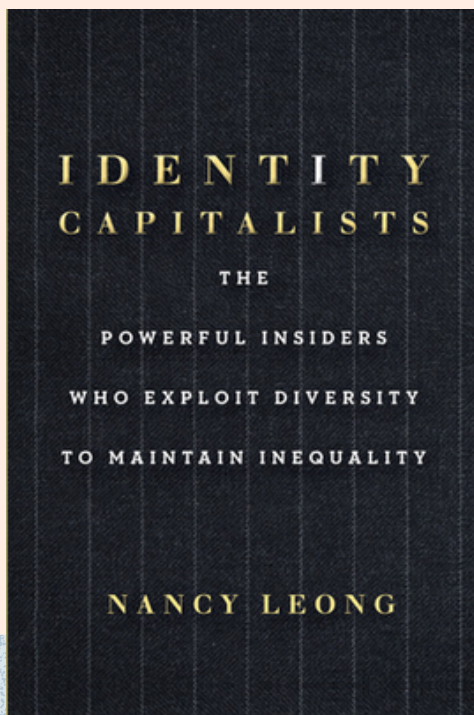
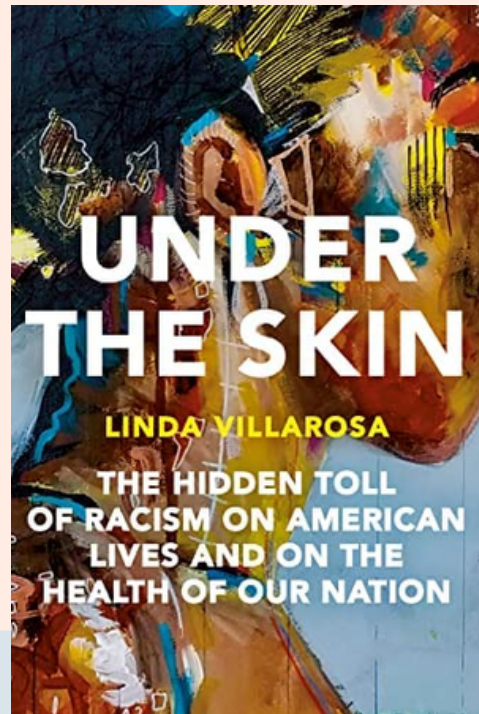
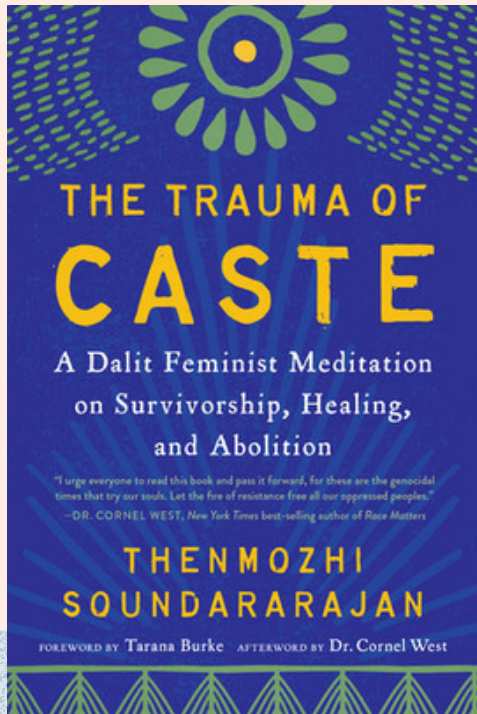
The **Town Hall on May 16, 2022** started with a review of microaggressions including a broad definition, a description of the various forms that microaggressions may take, and examples of comments or situations that may be classified as microaggressions (Sue et al., 2007). Following this, students and faculty met separately to learn tactics for dismantling microaggressions (Sue et al. 2021, "Microintervention Toolkit"). The decision for students and faculty to meet separately was intentional -- facilitators wanted student participants to have a safe space to discuss their experiences and responses to microaggressions in our department and for faculty participants to be able to ask difficult questions and be asked difficult questions.

Students: The focus was on specific examples of microaggressions that had been experienced as students/supervisees and how they can better intervene and support each other in responding at the moment. Also discussed was how to handle microaggressions from undergraduate students when in the role of TA. Lastly, there was a discussion of how power and privilege shift across settings as well as the importance of mentors/supervisors who integrate a racial justice framework.

Faculty: There was also a focus on the influence of power and privilege in responding to microaggressions, with emphasis on how many of the tactics would be difficult for a student to implement with a faculty member. Also discussed was the role of context in dismantling microaggressions in the classroom, including barriers that may arise based on location (classroom vs. office) and type (graduate vs. undergraduate). Further discussed were tactics that were congruent and incongruent with each individual's interpersonal style (e.g., humor).



SUGGESTED READS



MCC TEAM

Alana Egan, M.A.

Alexa Raudales, M.A.

Aradhana Srinagesh, M.P.H., C.H.E.S.

Burcu Kaplan, M.A.

Catherine Trinh, B.A.

Esther Quiroz Santos, M.A.

Silvi Goldstein, M.A.

Not sure what other services we provide?

Just ask!

To schedule an appointment, please visit our website:

<https://web.uri.edu/psychology/about/inclusion-and-diversity-initiatives/multicultural-consultation-team/>