

URI Informed

Vol. 25 Issue 3 Summer 2018

THE URI EMPLOYEES' NEWSLETTER

URI-Led Consortium Selected to Operate New Research Ship to Replace R/V Endeavor

by Carol McCarthy

The National Science Foundation (NSF) has selected the East Coast Oceanographic Consortium, led by the University of Rhode Island's Graduate School of Oceanography, to operate a new oceanographic research ship, one of only three such vessels in the nation.

Owned by NSF and valued at over \$100 million, the Regional Class Research Vessel will be constructed in Louisiana, delivered to Rhode Island in 2021 and home-ported at URI's Narragansett Bay Campus.

"This significant investment in the nation's scientific research recognizes URI's half-century of leadership in the field of oceanography and its long-standing and fruitful collaborations with partner institutions," said URI President

David M. Dooley. "No doubt the new vessel will help researchers, educators, students and the public gain a richer understanding of our planet and stimulate exploration that will lead to discoveries we can't yet imagine."

"This is tremendous news for the Consortium members, URI, and the state of Rhode Island," said Bruce Corliss, dean of the Graduate School of Oceanography. "This new ship and our consortium will provide cutting edge technology and exciting new opportunities for research, education and outreach in ocean science and exploration."

The East Coast Oceanographic Consortium, whose members include URI, the Woods Hole

continued on page 2



An artist's rendering of the new Regional Class Research Vessel to be operated by URI's Graduate School of Oceanography and home-ported at the University's Narragansett Bay Campus.

THE
UNIVERSITY
OF RHODE ISLAND

THINK BIG  WE DO™



URInformed

Nancy Gillespie, Editor
Charlene Dunn, Assistant Editor

Editorial Board

Michelle Curreri
Bonnie Jacob

Contributors

Laura Kenerson
Kathie McKinstry
Mary Beth Arnold
Shawn Simmons

If you have a suggestion for an article about a co-worker or colleague, or perhaps information about an event, or simply have an interest in being involved with the newsletter, you may send your request to:

URInformed, 73 Upper College Road,
Kingston Campus
or contact us by e-mail at:

NGillespie@uri.edu

The editorial board reserves the right to select the material printed and to edit it to conform to space restrictions.

Please get involved! This is your newsletter and we need your support to make it work.

URI is an equal opportunity employer committed to the principles of affirmative action and values diversity.

New Research Ship...continued from page 1

Oceanographic Institution and the University of New Hampshire School of Marine Science and Ocean Engineering — along with 13 associate members — submitted a proposal in April to operate one of three new NSF research vessels that will enhance and update the nation's Academic Research Fleet.

"The award of the RCRV to the East Coast Oceanographic Consortium demonstrates the power of collaboration," said Robert Munier, vice president for Marine Facilities and Operations at Woods Hole. "Providing access to the sea for our scientists and engineers is a key mission objective, which the Consortium will now be able to provide for decades to come."

"This is particularly exciting news for the new School of Marine Science and Ocean Engineering at UNH," said Larry Mayer, director

of the school. "As a member of the East Coast Oceanographic Consortium with access to this new state-of-the-art research vessel, UNH scientists will have an unprecedented opportunity to participate in a range of important coastal and deep sea research experiments."

Continuing URI's half century of ocean-going research, the new vessel will support such scientific studies as the tracking of ocean currents and fish migration, seafloor surveys in earth-quake prone regions of the world, conservation of marine mammals or the food-web dynamics in the deep ocean. In addition, the ship will offer educational opportunities to teachers and students from high school through the graduate level, as well as outreach to the general public.

In 2017 NSF awarded the first of the three new research vessels to Oregon State University, which is overseeing design and construction of all three ships. Naval architecture and engineering consultant Glostien Associates is developing the ship design, with input from leading oceanographers from throughout the U.S. The ships will be built at Gulf Island Shipyards, LLC, in Houma, La.

The new ship will be 199 feet long and 41 feet wide and will feature improved science labs, more workspace, state-of-the-art technologies, and more comfortable berthing. The ship will be able to cruise at 11.5 knots for up to 21 days. It will also include a dynamic positioning system that enables ships to remain in one exact spot for long periods and will allow operation of remote operated vehicles. The ship will carry a crew of 13 and up to 16 scientists and have a cruising range of 5,400 nautical miles.

Regional Class Research Vessels conduct operations in the coastal ocean ranging from near-

continued on page 4



Table of Contents

<i>URI's New Research Ship</i>	<i>p. 1</i>
<i>URI's FBI Graduate</i>	<i>p. 3</i>
<i>Farm Open House</i>	<i>p. 5</i>
<i>New Welcome Center</i>	<i>p. 6</i>
<i>NEW! Word Search</i>	<i>p. 7</i>
<i>Lifetime Awards</i>	<i>p. 8</i>
<i>Comings & Goings</i>	<i>p. 9</i>
<i>Cook's Corner/ Recipe</i>	<i>p. 11</i>

URI Police Major Graduates from FBI National Academy

Michael Jagoda says 10-week program challenged, rejuvenated him

by Dave Lavallee

University of Rhode Island Police Maj. Michael Jagoda has a yellow brick in his office at the police station on Briar Lane.

But it's not because he is obsessed with the Wizard of Oz or that he is hoping to begin a paving trend at URI.

He has the yellow brick, inscribed with the words "Yellow Brick Road, FBINA 272" and mounted on a wood base, because he is the only Rhode Island law enforcement officer to graduate this session from the FBI National Academy, prestigious 10-week academic, physical training, leadership and ethics program.

Jagoda was among 232 law enforcement officials worldwide selected to participate. The class, which graduated June 8, was made up of men and women from 48 states and the District of Columbia, as well members of law enforcement agencies from 25 countries, five military organizations and several federal agencies. The University of Connecticut was the only other college from New England to have an officer accepted. In total, officers from seven university police departments participated.

"Classes started every day at 7:30 a.m. and we finished at 4:45 p.m.," the major said. "For the first five weeks, I spent my weekends writing papers." And they weren't easy classes.

"Because I have a master's degree, several of my six courses at UVA had to be graduate level," Jagoda said.

Among the topics were: executive leadership in contemporary law enforcement, which addressed topics like diversity and protests, legal issues in law enforcement, counterterrorism, critical incident leadership and fitness in law enforcement, which covered physical and mental health and had a strong reflection component.

Jagoda said the experience has made him a better police officer and leader.

"There is a higher calling for those involved in this work and a commitment to be a better public servant," Jagoda said. "You can't just rest on your laurels. This experience reminded me and many others why we chose law enforcement as our careers. This really rejuvenated me."



URI Police Maj. Michael Jagoda poses with his yellow brick outside the URI Police Station, which he received for completing the FBI National Academy. (URI photo/Randy Osga)

Jagoda and his classmates were required to blog about their classes and experience each night, and they had to prepare for frequent discussions. They evaluated after-action reports on mass shootings to learn what was done correctly and what went wrong.

FBI Director Christopher Wray also spoke to the class, calling attention to its immense responsibility and the values law enforcement should seek to uphold.

Although crime is at an all-time low, police training and education more advanced than ever and use of technology and advanced leadership training are key components of law enforcement, public trust in the police is lower than it was 15 years ago, the major said.

continued on page 4

Research Ship..continued from page 2

shore environments to the outer continental rise, as well as the open ocean. The vessel's endurance, draft, ice classification and science mission equipment are tailored for essential science throughout the Atlantic Ocean and adjoining seas.

NSF and other federal sponsors, including NOAA and the Office of Naval Research, are likely to continue annual funding of approximately \$5 million to URI to operate the vessel. These funds support the cost of operating a research vessel, which include crew, food, fuel, planned maintenance, safety training, and science logistics. Scheduling will be coordinated through the University-National Oceanographic Laboratory System.

The consortium's associate members will have opportunities to conduct research at sea and will collaborate on research, education and outreach activities. They are: Bermuda Institute of Ocean Sciences; Bigelow Laboratory for Ocean Sciences; Brown University; Lamont Doherty Earth Observatory of Columbia University; Harvard University; Ocean Exploration Trust; University of Maine; University of Miami; University of Puerto Rico; University of Massachusetts, Dartmouth; University of Massachusetts, Boston, Florida Institute of Oceanography, and the University of South Florida. The consortium members will hold an annual science meeting to promote collaborations amongst the member institutions.

Police Major..continued from page 3

"So we learned about how to build trust, and we were given a new way to think about how we interact with people, "Don't just listen to respond. Listen to understand."

Jagoda said the life expectancy of a police officer is about 10 years shorter than the average population, and so much of the program focused on getting proper sleep, exercising and eating the right foods.

"I really bought in to all of this. Even before the academy, I was getting to the Mackal Field House on campus every day at 6:30 to work out. I trained three months prior to the academy, but I wasn't as conditioned as I thought."

Each Wednesday the class completed a fitness challenge, one of which required the

"I appreciate the commitment and dedication of all of our consortium members in preparing a successful proposal and planning for the operation of this new vessel," Corliss said. "I look forward to partnering with them as we continue our work to advance ocean science and education worldwide."

The URI vessel will replace R/V Endeavor, a 185-foot ship that URI has operated for more than 40 years and is nearing the end of its useful life. Endeavor traveled more than one million nautical miles from the Arctic to the South Pacific and nearly everywhere in between while conducting more than 600 research expeditions.

"As a floating laboratory and classroom, Endeavor has been a tremendous facility for the University and for the state and has raised URI and GSO's profile internationally," said Corliss. "Endeavor has made important contributions to the state's economy, and the work conducted aboard the ship has advanced our understanding of oceanographic processes. We are pleased to continue this legacy over the next 40 years with the new vessel."

URI's first ship, R/V Trident, was a former Army coastal freighter that was converted to a research vessel and operated by URI from 1962 to 1976.

candidates to run a mile in under 10 minutes, which Jagoda did, finishing with a time under 7 minutes.

"They tested us on flexibility, our reach, strength, speed and endurance," Jagoda said. He said one of the major benefits of the academy is the network it creates among current and past participants.

"I have a roster of all of the participants in this year's class, and if we have an incident at URI for which I might need some guidance, I can call any one of them for help. I can even call those who participated in past academies, including those from other countries."

URI to Host Open House at Its Three Farms in Kingston, August 25

Event highlights research, education on animals, gardening, crops, more

by Todd McLeish

The University of Rhode Island's Cooperative Extension will host an open house at its three farms in Kingston, providing visitors with an opportunity to learn about its research and education efforts related to farm animals, gardening, crops and many other topics. The free event runs from 1 to 4 p.m. on Saturday, Aug. 25.

"We've got interesting things happening on all of our farms, and we're eager to showcase them to the public," said Deborah Sheely, associate director of URI Cooperative Extension and associate dean of the URI College of the Environment and Life Sciences. "We're fortunate to have the farms near campus and look forward to letting the public get a peek at the research, teaching and outreach that goes on there."

The three farms – Peckham Farm on Route 138 across from the URI athletic complex, East Farm on Route 108, and the Agronomy Farm (also called the Gardner Crops Research Station) on Plains Road – will each offer children's activities, educational displays, tours and more.

"There are different things to see at each of the farms," Sheely said. "People with children will be attracted to Peckham to see the farm animals; people who care about gardening will start at East Farm because that's the home of the URI Master Gardeners; and those interested in crop production will go to Agronomy. But we hope that people will visit them all."

The 300-acre Peckham Farm includes pasture areas, woodlands, wetlands and turf fields, but the main focus is on the barns where students raise sheep, goats, pigs and cows. Donkeys serve as guard animals. Visitors may participate in a scavenger hunt, self-guided tours, 4-H activities for children, and research demonstrations.

The many buildings at East Farm are home to a variety of research, education and outreach programs, all of which will have activities and exhibits during the event. The Master Gardener program will showcase its demonstration vegetable garden and provide cooking demonstrations; the URI Fisheries Center and the Commercial Fisheries Center of Rhode Island will

continued on page 8



Donkeys, Sheep, and pigs will be on display at URI's Peckham Farm during the University's Farm Open House on August 25. Photos by Nora Lewis.

New University of Rhode Island Welcome Center Named for Robert J. Higgins '67

by Dave Lavallee

The University of Rhode Island's new welcome center will be named in honor of the late Robert J. Higgins '67, a leader in the banking industry and long-time supporter of the University. Governor Gina Raimondo signed House bill 8054 sponsored by Representative Kathleen Fogarty and Senate bill 2809 sponsored by Senator V. Susan Sosnowski into law on June 14, 2018 officially naming the Robert J. Higgins Welcome Center at the University.

The announcement comes after a \$2 million gift to the URI Welcome Center Building Fund from Higgins' widow, Mary Danielian Higgins '67.

"The University of Rhode Island always remained such an important part of Bob's life," said Higgins. "I think it is very fitting to have his name provide a first impression for the University's guests and visitors."

The 11,000-square-foot Robert J. Higgins Welcome Center will serve as the gateway to the University for more than 50,000 annual visitors, from prospective students and their families to visiting scholars, guest lecturers, and community and business leaders. It is scheduled to open in the fall of 2018.

In addition to being the starting point for prospective students to meet with admission staff and tour the Kingston campus, the Higgins Welcome Center will host a variety of campus activities. In the reception area, digital screens will give visitors a dynamic display of events, academic programs, and University news.

"In its architecture and carefully planned interior design, the Robert J. Higgins Welcome Center will provide an essential first impression, one that conveys the University's spirit of innovation and transformation," said President David M. Dooley. "We are honored to have the Higgins name as such a central part of it."

Higgins was president of his senior class and a member of URI's Reserve Officers' Training Corps. During his senior year, he was given the honor of driving Martin Luther King Jr. from Westerly Airport to Keaney Gymnasium, where King spoke before a record crowd. Higgins called the event his favorite memory of his time as a URI student.

Upon graduating, he served two years as an officer in the U.S. Army, including a year of active duty in Vietnam. He then began a 30-year banking career, joining Fleet Bank in 1971 and rising through the ranks to become president and COO at FleetBoston Financial.

Higgins was a civic leader, and served as a trustee of the URI Foundation. He also served on the boards of the Providence Foundation, Rhode Island School of Design, Trinity Square Repertory Company, Lincoln Center, and Rhode Island Hospital. He was instrumental in efforts to raise funds for scholarships and other University needs. He received an honorary doctorate from URI in 2000.



SOUTH COUNTY FAVORITES



G	D	E	L	S	L	E	M	O	N	A	D	E
S	U	N	E	N	I	R	B	Y	T	L	A	S
T	N	A	Q	U	A	H	O	G	E	T	P	S
U	E	V	T	G	I	P	A	K	A	S	T	H
C	S	V	B	N	D	C	U	I	K	I	J	E
I	G	G	Y	S	O	Q	N	T	A	M	U	L
M	Y	O	K	T	H	H	T	E	Y	N	D	L
A	L	L	I	E	S	N	C	S	A	A	I	S
U	H	I	D	I	H	B	A	O	K	E	T	S
Q	O	R	S	A	O	W	R	G	N	C	H	E
S	B	U	O	Y	R	C	R	A	B	O	O	A
I	C	E	I	R	E	A	I	X	V	B	U	Y
M	S	T	U	F	F	I	E	S	U	R	F	Q
S	R	E	T	S	Y	O	S	A	N	D	E	X

- | | | | |
|------------------|---------------|-------------------|-----------|
| 1. Quahog | 8. Ocean Mist | 15. Dels Lemonade | 23. Kites |
| 2. Salty Brine | 9. Crab | 16. Oysters | 24. Sea |
| 3. Aunt Carries | 10. Sun | 17. Surf | 25. Dunes |
| 4. Quonochontaug | 11. Stuffies | 18. Shells | |
| 5. Misquamicut | 12. Shore | 19. Kayak | |
| 6. Allies | 13. Buoy | 20. URI | |
| 7. Iggys | 14. Sand | 21. Pt Judith | |

DIRECTIONS: The object is to find the 25 hidden words within the grid. Words can be found horizontally, vertically, diagonally, backwards or forwards. Return the completed wordsearch to Michelle Curreri, President's Office, 35 Campus Avenue, Green Hall. Please include your name, address and e-mail with your entry. A drawing of all correct entries will determine the winner. A URI prize will be given to the winning entry.

The winner will be announced in the next issue of URInformed. Good Luck!

Name _____ Dept. _____

Campus Address _____

Phone Ext. _____ E-mail _____

THE
UNIVERSITY
OF RHODE ISLAND

OFFICE OF THE
PRESIDENT

2018 Lifetime Service Society Induction Ceremony

2018 LIFETIME SERVICE SOCIETY
BRICK DEDICATION
AND INDUCTION CEREMONY

honoring retired staff and faculty members who have
been employed at the University for 40 or more years.

Friday, September 28, 2018
10 a.m

Robert L. Carothers Library and Learning Commons
URI Kingston Campus



Lifetime Service
Society Inductees:

(retired as of December 2017)

Winifred E. Brownell, 46 years
Lawrence F. Brusic, 43 years
Richard A. Casagrande, 41 years
Robert A. Comerford, 42 years
Robert H. Fuqea, 45 years
Thomas P. Husband, 40 years
George E. Kent, 48 years
Amar K. Lahiri, 47 years
William R. Matteson, 44 years
Barbara J. Ray, 45 years
Karen F. Stein, 49 years
Timothy W. Tierney, 41 years
Wayne F. Velicer*, 42 years

* posthumous

Peckham Farm...continued from page 5

display and demonstrate commercial fishing gear; the Rhode Island Natural History Survey will hold a show-and-tell about its coyote research and showcase an exhibit of art inspired by nature; the URI Department of Plant Sciences will showcase bee research and pollinator habitat projects; and the URI Tick Encounter Resource Center and RI-DEM Mosquito Abatement Program will offer important information about ticks, mosquitos and their diseases.

At the Agronomy Farm, visitors can participate in a taste-test of 18 varieties of carrots being grown there, enjoy faculty-led tours of vegetable production research, join a scavenger hunt, and learn to identify weeds.



Pigs at Peckham Farm. Photo by Nora Lewis.

Personnel Script

Job Opportunities

The classified and non-classified application process is now automated so that you can apply on-line for positions here at the University. You will also be able to review the status of your application during the recruitment process, update your on-line application, and apply for positions that become available in the future. For the job opportunities visit:

<https://jobs.uri.edu>

We Welcome the Following People to our Community...

Krystle Alexander (Police); Sarah Amin (Nutrition & Food Sciences); Irene Andreu Blanco (Research Office); Christopher Baker (GSO Marine Office); Alisa Baron (Communicative Disorders); Margaret Benz (Faculty Senate); Stephen Beuth (GSO Marine Office); Abigail Borchert (International Student Services); Todd Brothers (Pharmacy Practice); Chase Campbell (Athletics Strength Condition); John Carroll (Men's Basketball); Jerrell Coleman (Men's Basketball); Matthew Cook (Custodial Services); Daniel Cruger (AHC Operations); Antonio DaSilva (HRL M&R Facilities); Lisa Dowaliby (Ryan Institute Neuroscience); Brittni Ferguson (Enrollment Services); Timothy Gallagher (Landscape & Grounds Maintenance); Morgan Haldeman (GSO Research); Peter Hanlon (GSO Office of Marine Programs); Paul Harden (Small Business Development Ctr); Vanessa Harwood (Communicative Disorders); Ashley Hayden (GSO Marine Office); Shaun Holt (Communications & Marketing); Rabia Hos (School of Education); Medhi Hossain (Business Instruction); Wallace Irons Jr (HRL Central Office); Jason Jaacks (Journalism); Karen Jennings (Nursing Instruction); Anthony LaRoche (Communications & Marketing); Spencer Leary (GSO Marine Office); Elizabeth Leibovitz (Biomedical & Pharmaceutical Sci); Jessica Linicus (Dean Business); Jennifer Mammen (Nursing Instruction); Brendan Mark (Political Science); Gabriel Matthias (GSO Marine Technicians); Kathleen McIntyre (Gender and Women's Studies); Mary McKenzie (GSO Research); Lori Merolla (Communication Studies); Laura

Motley (Publications); Theodore Myatt (Research Office); Samantha Neary (Univ Coll for Academic Success); Caroline Nikitas (Univ Coll for Academic Success); Ignacio Perez-Ibanez (Languages); Aaron Piepmeier (Kinesiology); Kathryn Ramsey (CELS Academic Unit 3); Leonard Raposa (Media & Technology Services); Susan Riley (Business Instruction); Melissa Roberts (Enrollment Services); Sean Rogers (Business Instruction); LuAnne Roth (Writing & Rhetoric); Alana Russell (ELS Academic Unit 1); Melissa Schenck (International Engineering Prog); Abnik Sen (Ryan Institute Neuroscience); Shanyka Soriano (Research Purchasing); LeAnne Spino-Seijas (Languages); Aleksandra Stanisavljevic (Ryan Institute Neuroscience); Valerie Steen (CELS Academic Unit 2); Patricia Steere (Kingston Library); Raymond Sutton (Men's Basketball); Andrew Tainsh (Police); Erin Tallman (Enrollment Services); Walter Wetmore, Jr (GSO Marine Office); Xinmu Zhang (Biomedical & Pharmaceutical Sci).

... and Say Goodbye to ...

Robin Carroll (Central Stores); Almudena Amador-Carrandi (Languages); Steven Williamson (Political Science); Maureen Hillier (Resignation); Stefanie Boyer (Health Services); Amanda Alfano (Enrollment Services); Allyson Quintanilla (Research Office); Christine Dias (Recreational Services); Stephanie Coro (Women's Basketball); David Kelvey (Dining Central Operations); Adam Moore (School of Education); Brian Doorley (Custodial Services); Nicholas DeTroia (Police); Joanne Peterson (University Computing Systems); Frank Bianco IV (Cancer Prevention Research Ctr); Erika Vuernick (Pharmacy Practice); Rodrigue Spinette (GSO Research); John Mischler, Sr (HRL M & R Facilities); Thomas McGovern (Dining Central Operations); Joseph Erickson (Mathematics); Andrew Kahrhoff (Whispering Pines Conference); I-Ling Hsu (Languages); Kimberly Fournier (Kinesiology); Elizabeth Schaefer (Communications & Marketing); Chad Estabrooks (Mathematics); Zachary Kerrigan (CELS Academic Unit 1); Jeanette Vaganek (AHC Finance & Admin-

continued on page 10

Personnel...continued from page 9

istration); Shelby Galliher (Communications & Marketing); Elizabeth Kiesewetter (Chemistry); Philippa Jack (External Relations and Comm); Daniel Marshall (Athletics Strength Condition); Hollie Smith (Communication Studies); Aleksandr Kodess (Mathematics); Jenna Briggs (Confucius Institute); Christopher McMahan (Campus Planning & Design); Theresa Devine (Economics); Steffen Vantz (Computer Science); Christopher McCabe (History); Rebecca Cahoon (Whispering Pines Conference); Ann Terry (Art); Emily Heaphy (Business Instruction); Chad Rigsby CELS Academic Unit 3); Adrien Tableau (GSO Research); Prabhani Kuruppumullage Don (Computer Science); Carly Paul (Dining Central Operations); Elisabetta Mariotti (Languages); Sozos Michailidis (CELS Academic Unit 3); Zhongguo (Biomedical & Pharmaceutical Sc); Kenle Chen (Elec, Computer & Bio Engr); Regina Kim (Ryan Institute Neuroscience); Carmine Vita Jr (Business Services Other); Sandy Gallo (Athletics' Custodial Services).

... and Best Wishes To Those Who Retired

Leo Carroll (Sociology & Anthropology); Lorraine Berube (Computer Science); Linda Connell (Physics); Roger Jadosz (Health Services); Katherine Faella (University Computing Systems); J Peter Morgan (AHC Operations); Victor Gaspar (Enrollment Services); Diane Delgreco (Undergraduate Admissions); Nancy Kelley (Dean Health Sciences); John Poggie Jr (Sociology & Anthropology); Barbara Silver (Labor Research Center); Maureen Moakley (Political Science); Joann Hammadou-Sullivan (Languages); Linda Green (CELS ACADEMIC Unit 2); Alan Hawkrige (Theatre); Gerard Baudet (Computer Science); Surendra Malik (Physics); Yvetter Harps-Logan (Textiles, Fashion Merch & Design); Christian Wittwer (Theatre); Richard Mccorkle (Physics); Zahir Shaikh (Biomedical & Pharmaceutical Sc); Pamela Rohland (Disability Services Student); Henry Schwarzbach (Business Instruction); Clement White (Languages); Nancy Neff (Faculty Senate).

In Memoriam

- ❖ Judith Barnett, Professor Librarian, University Library
- ❖ Hollis B. Farnum, Dean, Current Affairs, CCE, retired
- ❖ Noel Jackson, Professor Emeritus, Plant Biology
- ❖ Joanne M. DiBello, Director, Marketing and External Relations, Alan Shawn Feinstein College of Education & Professional Studies, retired



URInformed is now on the Web

at

<http://web.uri.edu/urinformed/>

**Browse the current issue of
URInformed**



Cook's Corner

Share your favorite recipes in the Cook's Corner

Blueberry Lemon Coffee Cake

*This blueberry cake is so good!
By adjusting the ingredients slightly, it is also a little healthier.*

Bake 375* for 45-55 mins/until toothpick comes out clean.

Ingredients:

- 2 large eggs
- ½ honey or maple sugar
- ½ cup granulated sugar
- 1 cup lite/fat free sour cream
- ½ cup olive oil
- 1 tsp vanilla extract
- ¼ tsp salt
- 1 cup flour
- 1 ¼ cups almond flour / or your favorite substitute
- 2 teaspoons baking powder
- 1 medium lemon zest and juice, divided
- ½ tbsp. corn starch
- 16 oz fresh blueberries
- Powered sugar to dust the top.

Preparation:

Line a 9" springform pan with parchment and lightly spray it with olive oil non-stick spray.

Directions:

1. Beat 2 eggs, sugar and honey until light in color.
2. Add sour cream, oil, vanilla and salt until well combined.
3. Whisk together the flour and baking powder.
4. Add ½ to batter mix; add second half and mix (do not over mix). Finally add 1 tbsp lemon juice and ½ tbsp. zest.
5. Pour half batter in springform pan, add a layer of blueberries, add second half and more blueberries. Push them down slightly.



Sheep at Peckham Farm. Photo by Nora Lewis.

Invitation to the Pets Corner

We know how much people like their pets. It's up to you to show us just how much.

Please send us your favorite photo of you and your pet.

We need a high resolution jpg.

Your name and department.

Your pet's name, breed

One or two sentences about your pet. Maybe the photo will tell us all we need to know.

The deadline for the next issue is October 1.

Contact:

Nancy Gillespie
ngillespie@uri.edu



THE
UNIVERSITY
OF RHODE ISLAND

THINK BIG  WE DO™

URInformed

The URI Employees' Newsletter

73 Upper College Road, Kingston Campus

