

Infused Pine Oil

GOAL

To make your own essential oil out of Pine needles. This can then be used to make your own candles, soaps, sugar scrubs and many other health and beauty products or for aromatherapy.

PREPARE

All essential oils are stabilized with other oils for this one we will use Olive Oil. A crock pot liner will make clean up easier!

MATERIALS

Crock Pot	Pine Needles
Spatula	Cheese Cloth
Crock Pot Liner	

STEPS

1

Pour about 25 Ounces olive oil into crock pot or saucepan (low temp). Add pine needles/branches at least double amount as oil or more. Pack needles with end of spatula into crock pot (end of spatula will help tear needles to expose scent).

2

Cook on low (160 degrees max) for 5-6 hours. Every hour or so re-pack with end of spatula (push down into oil).

3

When infusion is ready, pour oil through cheese cloth or mesh into jar and discard old cooked needles. This fragrant pine needle oil infusion can be used to make candles, salves, or food recipes.

