

Name _____

ID Number _____

Advisor Signature _____

Date _____

GENERAL EDUCATION GUIDELINES General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome, but cannot be double counted towards the 40 credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (note- HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

General Education Credit Count				
At least 40 credits, no more than 12 credits with the same course code.				
Course	Cr.	Course	Cr.	Cr.
HLT 100G (3cr)(C1,G)				
HLT 200(4cr.) (B4)				
KIN 123(3cr.)(A2,B4)				
Math(3cr.) (B3)				
PHL(3cr.) (A3)				
PSY 113(3cr.) (A2)				
Com 100(3cr.)(B2)				
WRT(3cr.) (B1)				
BIO101/103(4cr)(A1)				
PHP 405(4cr.) (D1)				
CHM				
		Total Gen Ed Credits		

General Education Outcome Audit	
At least 3 credits in each outcome	Course
KNOWLEDGE	
A1. STEM	BIO
A2. Social & Behavioral Sciences	PSY113
A3. Humanities	PHL
A4. Arts & Design	
COMPETENCIES	
B1. Write effectively	WRT
B2. Communicate effectively	COM 100
B3. Mathematical, statistical, or computational strategies	MATH
B4. Information literacy	HLT 200
RESPONSIBILITIES	
C1. Civic knowledge & responsibilities	HLT 100G
C2. Global responsibilities	
C3. Diversity & inclusion	
INTEGRATE AND APPLY	
D1. Ability to synthesize	PHP 405
GRAND CHALLENGE	
G. Check that at least one course of your 40 credits is an approved "G" course	HLT 100G

Requirements that may be used as gen eds: BIO 101, CHM 103, COM 100, HLT 100G, HLT 200, KIN 123, NFS 207, MTH 107, MTH 131, MTH 141, NRS 100, PHL, PSY 113, WRT 104, WRT 106.

SPECIALIZATIONS

1. Global & Environmental Health 2. Health Promotion 3. Health Services				
Students must select a minimum of 18-24 credits (6 courses) from one specialization areas. At least 4 courses must be at the 300 or 400 level. Selected course must be from at least 3 different disciplines/ departments. See last page for course selections. List your courses below.				
Course	Cr.	Course	Cr.	
Total Credits				

CORE HEALTH STUDIES REQUIREMENTS						
Courses	Cr.	Courses	Cr.	Courses	Cr.	Prerequisites
Take all of the following			Select 1 of the following			
URI 101 (1)				WRT 104 Writing (3)*(B1)		
KIN 122 Anat & Physio (4)				WRT 106 Res. Writing (3)*		
KIN 123 Health (3)*(A2,B4)				Select 1 of the following		
PSY 113 Psychology (3)*(A2)				STA 307 Biostats (4)		
COM 100 Commun. (3)*(B2)				STA 308 (4)		
				PSY 200 (4)		
Select 1 of the following (A3)			Select 1 of the following			
MTH 107 Finite Math (3)*		MTH 131 Appl Calc		CHM 100 Env. Chem (3)		
MTH 108 Math Topics (3)		MTH 141 Calc		CHM 103 Intro. Chem (3)*		
MTH 103 Appl. Pre Calc (3)*						
MTH 111 Pre Calc (3)*				Take all of the following		
Select 1 of the following				HLT 100G Intro to Public HLT		(C1, G)
PHL 101 Critical Think (: (A3)				HLT 200 Interdisc. Appr. to H		(B4)
PHL 103 Intro. Phil(3) (A3)				PHL 314 Medical Ethics (3)		
PHL 212 Ethics (3) (A3,C3)				PHP 405 Epidemiology(4)(D1)		HLT 200 (C or better), PSY 200 or STA 307, Jr standing
Select 1 of the following				HLT 450 Adv Health Stud (4)		
COM 202 Public Speak (3)				Select 1 of the following		
COM 208 Debate (3)				BIO 101 & 103 Biology (4)*(A		
COM 210 Persuasion (3)						
COM 251 Group Comm (3)						

Total Credits

* May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

Free Electives			
Use free elective as needed to total 120 credits. Free electives may be used for further study in the area of health. Completing an internship through the office of Internships and Experiential Learning is highly recommended. At least 12 credits must be at the 300 or 400 level.			
Course	Cr.	Course	Cr.
Total Credits			
<p><i>Note</i> : Free Electives may be used for a minor or certificate or to take additional courses in a specific area of interest. Partial list of Minors: Business Gerontology; Hunger Studies; Leadership; International Development; International Relations; Sustainability; or 18 credits in an approved minor field of study. Certificates: Substance Abuse Counseling.</p>			

Specializations. Students must select a minimum of **18-24 credits (6 courses)** from one of the following specialization areas. At least 4 courses must be at the 300 or 400 level. Courses selected must be from at least 4 different disciplines/departments.

Global and Environmental Health

Courses	Prerequisites	Courses	Prerequisites
APG 319 Cultural Behavior & Environ. (3)		BPS 201 How Drugs Work (3)	
BIO/ENT 286 Insects & Disease (3)		PHP 201: Intro U.S. Hlth Care System (3)	
BIO/ENT 385 Introductory Entomology (3)		PHL 454 Philos. of Natural Sci (3)	PHL 101 or 103
COM/SUS 315 Environ Communication (3)	jr. standing	HLT 312 Intersecting Social Identities and Hlt	HLT 200
COM 460 Environ. Comm: Local Global (3)		HLT/COM 320 Health Communications(3)	HLT 200
HPR 412 Emerging Infectious Diseases (3)		PSC 113 Intro American Politics (4)	
NRS 100 Resource Conservation (3)*		PSC 402 Environment Policy (4)	PSC 113, jr. standing
NRS/CPL 300 Global Sustainable Devel (3)		PSC 403 Global Eco-politics (4)	PSC 210, 121 or 402
NUR 160 Global Health (3)		GWS 325 Internat. Wom. Issues (3)	GWS 150
HDF 318G Health and Wealth (3)		NFS 524 Global Nutrition (3)	

Health Promotion (HR- Highly recommended)

Courses	Prerequisites	Courses	Prerequisites
PSY 255 Health Psychology (3)(HR)		HLT 312 Intersecting Social Identities HLT (3)	HLT 200
PSY 479 Topics: Health Promote (3)(HR)		HLT/Com 320 Health Communication (3)	HLT 200
HDF 357 Fam & Commun Health (3)(HR)	jr standing	NFS 212G Public Health Nutrition (3)	
NFS 207 General Nutrition (3)(HR)*		NFS 276G Food, Nutrition, People (3)	KIN 275
BPS 201 How Drugs Work (3)		NFS 360 Nutrition in Exercise (3)	NFS 207, KIN 275
HDF 200: Life Span Development (3 cr)		NFS 394 Nutrition Lifecycle I (3)	NFS 276G
HDF 201 Life Span Development II (3)		NFS 395 Nutrition Lifecycle II (3)	NFS 276G and 394
HDF 318G Health and Wealth (3)		PSY 381 Physiological Psych (3)	jt standing
HDF 314 Intro to Gerontology (4)	complete 24 credits	PSY 460 Substance Troubled (3)	PSY 113
HDF 450 Intro to Counseling (3)	permission of instr.	PSY 479 Topics (3) Advisor Permissioi	permission of instr.
HDF 440: Environmental Context of Aging (3 cr)		GWS 350 Women & Health (3)	
KIN 275 Intro to Exercise Science (3)		GWS 350 Women & Mental Hlth (3)	
KIN 325 Exercise Testing & Presc. (3)	KIN275 and KIN300	GWS 350 Women in Aging(3)	
KIN 401 Current Issues Hlt Ed (3)		PHP 201: Intro U.S. Hlth Care System (3)	
KIN 425 Fitness WellnessProg. Dev. (3)	KIN 275		

Health Services (HR - Highly Recommended)

Courses	Prerequisites	Courses	Prerequisites
HSA 360 Health Services Admin.(3) (HR)	jr standing	COM 402 Leadership and Motiv. (3)	BUS 202, 201 or COM 251
ECN 360 Health Economics (3)(HR)	ECN 201	COM 450 Org. Commun. Theory (3)	COM 251, jr standing
PHP 201: Intro U.S. Hlth Care System (3)(HR)		COM 461 Manage Cult. Differ. (3)	COM 361, jr standing
BPS 201 How Drugs Work (3)		ECN 201 Microeconomics	
BUS 341 Organizational Behav. (3)	jr standing	PSY 255 Health Psychology (3)	
BUS 342 HR Management (3)	jr standing	PSC/HDF 405: Policy Issues in Hlth (3)	
HLT 312 Intersecting Social Identities and HLT(3)	HLT 200	SOC 224 Hlt, Illness, Med. Care (3)	
HLT/COM 320 Health Communication(3)	HLT 200	WRT 306 Writing Hlth & Disability (3)(HR)	
COM 351 Organizatinal Comm (3)	jr standing		
COM 361 Intercultural Communication (3)	Jr. Standing		