

Name: _____

ID Number: _____

Advisor Signature: _____

Date: _____

GENERAL EDUCATION GUIDELINES: General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome but cannot be double counted towards the 40-credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (note- HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

General Education Credit Count			
At least 40 credits, no more than 12 credits with the same course code.			
Course	Cr.	✓	
HLT 100G (C1, G)	3		
HLT 200 (B4)	4		
KIN 123 (A2, B4)	3		
MTH (B3)	3		
PHL (A3)	3		
PSY 113 (A2)	3		
COM 100 (B2)	3		
WRT (B1)	3		
BIO 101/103 (A1)	4		
PHP 405 (D1)	4		
CHM			
Total Gen Ed Credits			

General Education Outcome Audit	
At least 3 credits in each outcome	Course
KNOWLEDGE	
A1. STEM	BIO
A2. Social & Behavioral Sciences	PSY 113
A3. Humanities	PHL
A4. Arts & Design	
COMPETENCIES	
B1. Write effectively	WRT
B2. Communicate effectively	COM 100
B3. Mathematical, statistical, or computational strategies	MTH
B4. Information literacy	HLT 200
RESPONSIBILITIES	
C1. Civic knowledge & responsibilities	HLT 100G
C2. Global responsibilities	
C3. Diversity & inclusion	
INTEGRATE AND APPLY	
D1. Ability to synthesize	PHP 405
GRAND CHALLENGE	
G. Check that at least one course of your 40 credits is an approved "G" course	HLT 100G

Requirements that may be used as Gen Eds: BIO 101, CHM 103, COM 100, HLT 100G, HLT 200, KIN 123, NFS 207, MTH 107, MTH 131, MTH 141, NRS 100, PHL, PSC 113, WRT 104, WRT 106.

Specializations
1. Global & Environmental Health ____
2. Health Promotion ____
3. Health Services ____

Students must select a minimum of 18-24 credits (6 courses) from one specialization areas. At least 4 courses must be at the 300 or 400 level. Selected course must be from at least 3 different disciplines/departments. See last page for course selections. List your courses below

Course	Cr.	Course	Cr.
Total Credits			

Core Health Studies Requirements			
Course	Cr.	✓	
Take all of the following			
URI 101	1		
KIN 122 Anat & Physio	4		
KIN 123 Health* (A2, B4)	3		
PSY 113 Psychology* (A2)	3		
COM 100 Communication Fund.* (B2)	3		
Select 1 of the following (B3)			
MTH 103 Appl. Pre Calc*	3		
MTH 107 Finite Math*	3		
MTH 108 Math Topics*	3		
MTH 111 Pre Calc*	3		
MTH 131 Appl Calc*	3		
MTH 141 Calc*	4		
STA 220* Statistics in Modern Society	3		
Select 1 of the following			
PHL 101 Critical Think (A3)	3		
PHL 103 Intro. Phil (A3)	3		
PHL 212 Ethics (A3, C3)	3		
Select 1 of the following			
COM 202 Public Speak	3		
COM 208 Debate	3		
COM 210 Persuasion	3		
COM 251 Group Comm	3		
Total Credits			
*Maybe used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).			
Fee Electives			
Use free elective as needed to total 120 credits. Free electives may be used for further study in the area of health. Completing an internship through the office of Internships and Experiential Learning is highly recommended. At least 12 credits must be at the 300 or 400 level.			
Course	Cr.		Cr.
Total Credits			
<p><i>Note:</i> Free Electives may be used for a minor or certificate or to take additional courses in a specific area of interest. Partial list of Minors: Business, Gerontology; Hunger Studies; Leadership; International Development; International Relations; Sustainability; or 18 credits in an approved minor field of study. Certificates: Substance Abuse Counseling.</p>			

Course	Cr.	✓	Prerequisites
Select 1 of the following (B1)			
WRT 104 Writing*	3		
WRT 106 Res. Writing*	3		
Select 1 of the following			
STA 307	4		
STA 308	4		
PSY 200	4		
Select 1 of the following			
CHM 100 Env. Chem	3		
CHM 103 Intro. Chem	3		
Take all of the following			
HLT 100G Perspectives on Public Health (C1, G)	3		
HLT 200 Interdisciplinary Approaches to Health (B4)	4		HLT 100G
PHL 314 Medical Ethics	3		PHL 101, PHL 103, PHL 212
PHP 405 Epidemiology (D1)	4		HLT 200 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing
HLT 450 Adv. Health Studies	4		HLT 200 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing
Select 1 of the following			
BIO 101 & 103 (A1)	4		
Important:			
Students must earn a "C" or better in HLT 200 and HLT 450 in order to meet the graduation requirements for Health Studies.			

Global and Environmental Health							
Course	Cr.	✓	Prerequisites	Course	Cr.	✓	Prerequisites
APG 319 Cultural Behavior & Environ.	3			HLT/COM 320 Health Communications	3		HTL 200
BIO/ENT 286 Insects & Disease	3			NFS 524 Global Nutrition	3		
BIO/ENT 385 Introductory Entomology	3			NRS 100 Resource Conservation*	3		
BPS 201 How Drugs Work	3			NRS 300 Introduction to Global Issues In Sustainable Development	3		
COM/SUS 315 Environ Communication	3		Jr. Standing	NUR 160 Global Health	3		
COM 361 Intercultural Communication	3		Jr. Standing	PHP 201 Intro U.S. Hlth Care System	3		
COM 460 Environ. Comm: Local Global	3		Jr. Standing	PSC 113 Intro American Politics	4		
COM 461 Man Cultural Differences in Org	3		Jr. Standing	PSC 402 Environment Policy	4		PSC 113. Jr. Standing
COM 462 Communication in Global Soc.	3		Jr. Standing	PSC 403 Global Eco-politics	4		PSC 210, or 402
GWS 325G International Women's Issues	3		GWS 150	WRT 303 Public Writing	3		
HPR 412 Emerging Infectious Diseases	3			WRT 332 Technical Writing	3		
HLT 312 Intersecting Social Identities and Health	3		HLT 200	WRT 388 Proposal Writing for Clients	3		
Health Promotion (HR-Highly Recommended)							
HDF 357 Fam & Commun Health (HR)	3		Jr. Standing	HLT/EDC 401 Current Issues Health Ed	3		
NFS 207 General Nutrition (HR) or NFS 210 Applied General Nutrion (HR)	3-4			KIN 275 Intro to Exercise Science	3		
PSY 255 Health Psychology (HR)	3			KIN 325 Exercise Testing & Presc.	3		KIN 275 and KIN 300
PSY 479 Topics: Health Promotion (HR)	3		Permission of Advisor	KIN 425 Fitness Wellness Prog. Dev.	3		KIN 275
BPS 201 How Drugs Work	3			NFS 212G Public Health Nutrition	3		NFS 207
GWS 350 Women & Health	3			NFS 276G Food, Nutrition, People	3		NFS 207
GWS 350 Women & Mental Health	3			NFS 360 Nutrition in Exercise	3		NFS 207
GWS 350 Women & Aging	3			NFS 394 Nutrition Lifecycle I	3		NFS 276G
HDF 200 Life Span Development	3			NFS 395 Nutrition Lifecycle II	3		NFS 276G and 394
HDF 201 Life Span Development II	3			PHP 201 Intro U.S. Hlth Care System	3		
HDF 314 Intro to Gerontology	4		Complete 24 Credits	PSY 381 Physiological Psych	3		Jr. Standing
HDF 440 Environmental Context of Aging	3			PSY 460 Substance Troubled Person	3		PSY 113
HDF 450 Intro to Counseling	3		Permission of Instr.	WRT 303 Public Writing	3		
HLT 312 Intersecting Social Identities	3		HLT 200	WRT 332 Technical Writing	3		
HLT/COM 320 Health Communication	3		HLT 200	WRT 388 Proposal Writing for Clients	3		
Health Services (HR-Highly Recommended)							
ECN 360 Health Economics (HR)	3		ECN 201	HLT 312 Intersecting Social Identities and Health	3		HLT 200
HSA 360 Health Services Admin. (HR)	3		Jr. Standing	HLT/COM 320 Health Communication	3		HLT 200
PHP 201 Intro U.S. Health Care System (HR)	3			MGT 341 Organizational Behavior	3		Jr. Standing
WRT 306 Writing Health & Disability (HR)	3			MGT 342 HR Management	3		Jr. Standing
BPS 201 How Drugs Work	3			PSC/HDF 405 Policy Issues in Health	4		
COM 351 Organizational Comm	3		Jr. Standing	PSY 255 Health Psychology	3		
COM 361 Intercultural Communication	3		Jr. Standing	SOC 224 Health, Illness, and Medical Care	3		
COM 402 Leadership and Motivation	3		ACC 202, 201, or COM 251	WRT 303 Public Writing	3		
COM 450 Org. Commun. Theory	3		COM 251, Jr. Standing	WRT 332 Technical Writing	3		
COM 461 Manage Cultural Differ.	3		COM 361, Jr. Standing	WRT 388 Proposal Writing for Clients	3		
ECN 201 Microeconomics	3						