

**BACHELOR OF SCIENCE**  
**HEALTH AND PHYSICAL EDUCATION**

FALL 2022-SPRING 2023

120 credits

Plan code: EP\_HPE\_BS

Student: \_\_\_\_\_

Advisor: \_\_\_\_\_

Student ID: \_\_\_\_\_

Requirement: \_\_\_\_\_

Date Prepared: \_\_\_\_\_

Expected Date of Graduation: \_\_\_\_\_

**ABOUT THE BACHELOR OF SCIENCE: PHYSICAL HEALTH EDUCATION:**

This major is designed for students seeking teacher certification in physical education and/or health education and/or adapted physical education at the elementary and secondary levels. Completion of the approved certification program fulfills the requirements for teacher certification in Rhode Island and the majority of other states. Students interested in undergraduate teacher education programs must apply for admission to URI's Office of Teacher Education.

**STEP 1:**

**Major Requirements:**

Course	Semester	Credits	Grade
<b>BASIC AND SOCIAL SCIENCE COGNATE</b>			
URI 101		1	
BIO 101*/103		3/1	
KIN 122		4	
KIN 300		3	
KIN 370		3	
PSY 113*		3	
KIN 381		3	
<b>TEACHING COGNATE</b>			
COM 100*		3	
EDC 102		3	
EDC 280		1	
EDC 312		3	
EDC 368		3	
WRT 104 or 106*		3	
<b>PHYSICAL EDUCATION COGNATE</b>			
EDC 220		3	
EDC 230		3	
EDC 300/302		3/1	
EDC 310		3	
EDC 314/315		3/1	

<b>HEALTH COGNATE</b>			
KIN 123*		3	
HDF 357		3	
EDC/HLT 401		3	
NUT 207*		3	
NUR 150		3	
EDC 307/308		3/1	
PSY 460 or PSY/BPS 436		3	
<b>ADAPTED PHYSICAL &amp; HEALTH EDUCATION COGNATE</b>			
EDC 410		3	
EDC 440		3	
EDC 402 or EDC 588		3	

<b>STUDENT TEACHING</b>			
Students in HPE are required to have a cumulative GPA of 2.75 or higher prior to the practical teaching residency (EDC 486/7).			
EDC 485		3	
EDC 486		6	
EDC 487		6	

**FREE ELECTIVES** - Use free electives as needed to total 120 credits.

Course	Credits	Course	Credits

\* May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

**2022-2023 Undergraduate Applicants to Teacher Education Programs**

Evidence of basic competencies may be mixed and matched: For example, if you meet passing scores in SAT Evidence-based Reading & Writing, but do not pass the SAT Math, you may use a passing grade (B) or better in EDC 280.	Evidence	Reading	Writing	Math
	SAT	Evidence-based Reading & Writing: 480		Math: 530
	OLD SAT	Composite of Reading & Writing: 860		Math: 500
	ACT	Reading: 22	English: 18	Math: 22
	Praxis I CORE	Reading (test #5712): 168 OR Reading (test #5713): 168	Writing (test #5722): 165 OR Writing (test #5723): 165	Math (test #5732): 162 OR Math (test #5733): 170
	Coursework	EDC 281: B or better	EDC 282: B or better	EDC 280: B or better
*Passing scores must be uploaded to the <a href="#">OTE database</a> by December 1st in order to be considered for December admission review and by May 1st in order to be considered for May admission review.				

**RI state requirements for teacher education programs. These are subject to change at any time.**

Students in the HPE program must take and pass the Praxis II: PLT Test, the P-12 Physical Education Content Knowledge test, and the P-12 Health Education Content Knowledge Test to be eligible to student teach. Students who do not pass these exams can complete their degree (Youth Health and Physical Activity Studies Internship) but will not be eligible for teacher certification.

For more info on application and test scores go to <https://web.uri.edu/education/admission/>

Student: \_\_\_\_\_ Advisor: \_\_\_\_\_

**GENERAL EDUCATION GUIDELINES:** General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one general education outcome, but cannot be double counted towards the 40-credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (note: HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

**STEP 2:**

General Education Credit Count				
At least 40 credits, no more than 12 credits with the same course code.				
Course	Cr.		Course	Cr.
			<b>Total Gen Ed credits</b>	<b>40</b>

**STEP 3:**

General Education Outcome Audit	
	Course
<b>KNOWLEDGE</b>	
<b>A1. STEM</b>	
<b>A2. Social &amp; Behavioral Sciences</b>	
<b>A3. Humanities</b>	
<b>A4. Arts &amp; Design</b>	
<b>COMPETENCIES</b>	
<b>B1. Write effectively</b>	
<b>B2. Communicate effectively</b>	
<b>B3. Mathematical, statistical, or computational strategies</b>	
<b>B4. Information literacy</b>	
<b>RESPONSIBILITIES</b>	
<b>C1. Civic knowledge &amp; responsibilities</b>	
<b>C2. Global responsibilities</b>	
<b>C3. Diversity and Inclusion</b>	
<b>INTEGRATE &amp; APPLY</b>	
<b>D1. Ability to synthesize</b>	
<b>GRAND CHALLENGE</b>	
<b>G. Check that at least one course of your 40 credits is an approved "G" course</b>	

Requirements that may be used as gen eds: BIO 101, COM 100, KIN 123, NFS 207, PSY 113, WRT 106.

**SEE OPPOSITE SIDE FOR PROGRAM REQUIREMENTS**

**NOTE:** This worksheet sheet is a snapshot of your entire curriculum. You must work with your advisor each term to discuss requirements to keep you on course for timely progress to complete this major. Official requirements for graduation are listed in the University Catalog.

## NOTES

**BACHELOR OF SCIENCE**  
**HEALTH AND PHYSICAL EDUCATION**

Fall	Spring	Summer	Milestones
<b>Year One</b>			
URI 101 (1) NUT 207 (3) General Nutrition PSY 113 (3) General Psychology KIN 123 (3) Foundations of Health EDC 102 (3) Intro to Amer. Ed (C3)(B4)	KIN 122* (4) Human Anat & Phys COM 100 (3) Comm. Fundamentals WRT 104 (3) Write to Inform & Explain <b>OR</b> WRT 106 (3) Intro to Research Writing EDC 280 (1) Prgm Prep - Math Gen Ed		Overall GPA 2.75 Meet with Academic Advisor Complete URI 101 <b>Evidence of basic competencies</b> (Refer to table on requirements sheet)
<b>Year Two</b>			
EDC 220 (3) Lifetime Fitness Activities EDC 368 (3) Assessment Gen Ed Gen Ed Gen Ed	BIO 101/103 (3/1) Biology I/Lab EDC 312 (3) Psych of Learning (A2) (B4) EDC 230 (3) Individual & Team Sports Gen Ed	<b>Take Praxis II (PLT) Exam</b>	Overall GPA 2.75 Attend SoE Admission Session (Fall) Apply to SoE by Jan. 31  Meet with Academic Advisor
<b>Year Three</b>			
EDC/HLT 401 (3) Issues in Health Ed NUR 150 (3) Human Sexuality EDC 300/302 (3/1) PE ELE Teach Method/Exp. EDC 310 (3) Human Motor Develop-PE	HDF 357 (3) Family & Community Health PSY 460 (3) Substance-Troubled Person <b>OR</b> PSY/BPS 436 (3) Psychotropic Drugs & Ther. KIN 381 (3) Exer Behavior & Psychosocial EDC 307/308 (3/1) Health Methods/Exp. EDC 410 (3) Adapted Phys Ed	EDC 588 (if not planning on taking EDC 402) <b>Take P-12 Health &amp; P-12 Phys Ed Tests</b>	Overall GPA 2.75  Meet with Academic Advisor
<b>Year Four</b>			
EDC 402* (3) Special Needs KIN 300 (3) Physiology of Exercise KIN 370 (3) Kinesiology EDC 314/315 (3/1) Sec MethodExp. EDC 440 (3) Adapted Aquatics	EDC 485 (3) Seminar in Teaching EDC 486 (6) Student Teach ELE Phys Ed EDC 487 (6) Student Teach SEC Phys Ed		Overall GPA 2.75 Meet with Academic Advisor Apply student teaching by October 1 for spring semester Comp. Intent to Graduate by Oct

\* KIN 122 is required but students can take both BIO 220/221 and BIO2 22/223 as a replacement for KIN 122

\*\* If EDC 588 hasn't been taken

Note: This plan is not intended to be prescriptive. Credits in transfer, as well as summer or j-term coursework, may result in deviations from the above recommendations.