

THE
UNIVERSITY
OF RHODE ISLAND

ALAN SHAWN FEINSTEIN
COLLEGE OF
EDUCATION AND
PROFESSIONAL STUDIES

BACHELOR OF SCIENCE
HEALTH AND PHYSICAL EDUCATION

FALL 2020-SPRING 2021
124 credits
Plan code: EP_HPE_BS

Student: _____

Advisor: _____

Student ID: _____

Requirement: _____

Date Prepared: _____

Expected Date of Graduation: _____

ABOUT THE BACHELOR OF SCIENCE: PHYSICAL HEALTH EDUCATION:

This major is designed for students seeking teacher certification in physical education and/or health education and/or adapted physical education at the elementary and secondary levels. Completion of the approved certification program fulfills the requirements for teacher certification in Rhode Island and the majority of other states. Students interested in undergraduate teacher education programs must apply for admission to URI's Office of Teacher Education.

STEP 1:

Major Requirements:

Course	Semester	Credits	Grade
BASIC AND SOCIAL SCIENCE COGNATE			
URI 101		1	
BIO 101*/103		3/1	
BIO 220/221		4	
BIO 222/223		4	
KIN 300		3	
KIN 370		3	
PSY 113*		3	
KIN 381		3	
TEACHING COGNATE			
COM 100*		3	
EDC 102		3	
EDC 280		1	
EDC 312		3	
EDC 368		3	
WRT 104 or 106*		3	
PHYSICAL EDUCATION COGNATE			
EDC 116		1	
EDC 117		1	
EDC 118		1	
KIN 121		1	
EDC 322		1	
EDC 324		1	
EDC 300/302		3/1	
EDC 310		3	
EDC 314/315		3/1	

HEALTH COGNATE			
KIN 123*		3	
HDF 357		3	
EDC/HLT 401		3	
NFS 207*		3	
NUR 150		3	
EDC 307/308		3/1	
PSY 460 or PSY/BPS 436		3	
ADAPTED PHYSICAL & HEALTH EDUCATION COGNATE			
EDC 410		3	
EDC 440		3	
EDC 402 or EDC 588		3	

* May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

STUDENT TEACHING			
Students in HPE are required to have a cumulative GPA of 2.50 or higher prior to the practical teaching residency (EDC 486/7).			
EDC 485		3	
EDC 486		6	
EDC 487		6	

FREE ELECTIVES - Use free electives as needed to total 124 credits.

Course	Credits	Course	Credits

RI state requirements for teacher education programs. These are subject to change at any time.

Students must pass all 3 sections of the Praxis I: Praxis Core Academic Skills for Educators (core) tests or have a composition reading and math SAT score of 1150 to be eligible to apply for the Health and Physical Education program (HPE)

Students in the HPE program must take and pass the Praxis II: PLT Test, the P-12 Physical Education Content Knowledge test, and the P-12 Health Education Content Knowledge Test to be eligible to student teach. Students who do not pass these exams can complete their degree (Youth Health and Physical Activity Studies Internship) but will not be eligible for teacher certification.

For more info on application and test scores go to <https://web.uri.edu/education/admission/>

BACHELOR OF SCIENCE

HEALTH AND PHYSICAL EDUCATION

Fall	Spring	Summer	Milestones
Year One			
URI 101 (1) Plan for Acad. Success NFS 207 (3) General Nutrition PSY 113 (3) General Psychology KIN 123 (3) Foundations of Health EDC 102 (3) Intro to Amer. Ed (C3) (B4) EDC 117 (1) Team Sports (14 credits total)	KIN 122* (3) Human Anat & Phys COM 100 (3) Comm. Fundamentals WRT 104 (3) Write to Inform & Explain OR WRT 106 (3) Intro to Research Writing EDC 280 (1) Prgm Prep - Math OR → EDC 282 (1) Prgm Prep - English Gen Ed (16 credits total)	depending on what student needs Take Praxis I (PPST) Exam →	Overall GPA 2.75 Meet with Academic Advisor Complete URI 101 Complete EDC 280 for Praxis CORE prep (if needed)* OR composite reading and math SAT score of 1150
Year Two			
EDC 118 (1) Lifetime Phys Activities EDC 312 (3) Psych of Learning (A2) (B4) EDC 368 (3) Assessment Gen Ed Gen Ed (13 credits total)	BIO 101/103 (3/1) Biology I/Lab I EDC 307/308 (3/1) Health Methods/Exp. EDC 322 (1) Outdoor Pursuits KIN 121 (1) Principles of Youth Fitness EDC 116 (1) Individual Sports Activities Gen Ed (14 credits total)	Take Praxis II (PLT) Exam	Overall GPA 2.75 Attend SoE Admission Session (Fall) Apply to SoE by Jan. 31 Meet with Academic Advisor
Year Three			
EDC 314/315 (3/1) Sec Method/Exp. EDC/HLT 401 (3) Issues in Health Ed EDC 410 (3) Adapted Phys Ed NUR 150 (3) Human Sexuality EDC 310 (3) Human Motor Develop-PE (16 credits total)	EDC 300/302 (3/1) PE ELE Teach Method/Exp. EDC 324 (1) Rhythms & Dance EDC 440 (3) Adapted Aquatics HDF 357 (3) Family & Community Health PSY 460 (3) Substance-Troubled Person OR PSY/BPS 436 (3) Psychotropic Drugs & Ther. KIN 381 (3) Exer Behavior & Psychosocial (17 credits total)	EDC 588 (if not planning on taking EDC 402) Take P-12 Health & P-12 Phys Ed Tests (3 credits total)	Overall GPA 2.75 Meet with Academic Advisor
Year Four			
EDC 402** (3) Special Needs KIN 300 (3) Physiology of Exercise KIN 370 (3) Kinesiology Gen Ed. Gen Ed (15 credits total)	EDC 485 (3) Seminar in Teaching EDC 486 (6) Student Teach ELE Phys Ed EDC 487 (6) Student Teach SEC Phys Ed (15 credits total)		Overall GPA 2.75 Meet with Academic Advisor Apply student teaching by October 1 for spring semester Comp. Intent to Graduate by Oct 1

* Replacing BIO 220/223 (paperwork in progress)

** If KIN 585 hasn't been taken

Note: This plan is not intended to be prescriptive. Credits in transfer, as well as summer or j-term coursework, may result in deviations from the above recommendations.