THE UNIVERSITY OF RHODE ISLAND

BACHELOR OF SCIENCE

HEALTH AND PHYSICAL EDUCATION

ALAN SHAWN FEINSTEIN COLLEGE OF EDUCATION AND PROFESSIONAL STUDIES

FALL 2020-SPRING 2021 124 credits

Plan code: EP HPE BS

| Student: | Advisor: |
|----------------|------------------------------|
| Student ID: | Requirement: |
| Date Prepared: | Expected Date of Graduation: |

ABOUT THE BACHELOR OF SCIENCE: PHYSICAL HEALTH EDUCATION:

This major is designed for students seeking teacher certification in physical education and/or health education and/or adapted physical education at the elementary and secondary levels. Completion of the approved certification program fulfills the requirements for teacher certification in Rhode Island and the majority of other states. Students interested in undergraduate teacher education programs must apply for admission to URI's Office of Teacher Education.

STEP 1:

Major Requirements:

| Course | Semester | Credits | Grade | | |
|----------------------------------|------------|---------|-------|--|--|
| BASIC AND SOCIAL SCIENCE COGNATE | | | | | |
| URI 101 | | 1 | | | |
| BIO 101*/103 | | 3/1 | | | |
| BIO 220/221 | | 4 | | | |
| BIO 222/223 | | 4 | | | |
| KIN 300 | | 3 | | | |
| KIN 370 | | 3 | | | |
| PSY 113* | | 3 | | | |
| KIN 381 | | 3 | | | |
| | TEACHING (| COGNATE | | | |
| COM 100* | | 3 | | | |
| EDC 102 | | 3 | | | |
| EDC 280 | | 1 | | | |
| EDC 312 | | 3 | | | |
| EDC 368 | | 3 | | | |
| WRT 104 or 106* | | 3 | | | |
| PHYSICAL EDUCATION COGNATE | | | | | |
| EDC 116 | | 1 | | | |
| EDC 117 | | 1 | | | |
| EDC 118 | | 1 | | | |
| KIN 121 | | 1 | | | |
| EDC 322 | | 1 | | | |
| EDC 324 | | 1 | | | |
| EDC 300/302 | | 3/1 | | | |
| EDC 310 | | 3 | | | |
| EDC 314/315 | | 3/1 | | | |

| HEALTH COGNATE | | | | |
|---|--|-----|--|--|
| KIN 123* | | 3 | | |
| HDF 357 | | 3 | | |
| EDC/HLT 401 | | 3 | | |
| NFS 207* | | 3 | | |
| NUR 150 | | 3 | | |
| EDC 307/308 | | 3/1 | | |
| PSY 460 or | | | | |
| PSY/BPS 436 | | 3 | | |
| ADAPTED PHYSICAL & HEALTH EDUCATION COGNATE | | | | |
| EDC 410 | | 3 | | |
| EDC 440 | | 3 | | |
| EDC 402 or | | | | |
| EDC 588 | | 3 | | |

^{*} May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

| STUDENT TEACHING | | | | |
|--|--|---|--|--|
| Students in HPE are required to have a cumulative GPA of 2.50 | | | | |
| or higher prior to the practical teaching residency (EDC 486/7). | | | | |
| EDC 485 3 | | | | |
| EDC 486 6 | | | | |
| EDC 487 | | 6 | | |

FREE ELECTIVES - Use free electives as needed to total 124 credits.

| Course | Credits | Course | Credits |
|--------|---------|--------|---------|
| | | | |
| | | | |
| | | | |

RI state requirements for teacher education programs. These are subject to change at any time.

Students must pass all 3 sections of the Praxis I: Praxis Core Academic Skills for Educators (core) tests or have a composition reading and math SAT score of 1150 to be eligible to apply for the Health and Physical Education program (HPE)

Students in the HPE program must take and pass the Praxis II: PLT Test, the P-12 Physical Education Content Knowledge test, and the P-12 Health Education Content Knowledge Test to be eligible to student teach. Students who do not pass these exams can complete their degree (Youth Health and Physical Activity Studies Internship) but will not be eligible for teacher certification.

For more info on application and test scores go to https://web.uri.edu/education/admission/

THE UNIVERSITY OF RHODE ISLAND ALAN SHAWN FEINSTEIN COLLEGE OF

EDUCATION AND

PROFESSIONAL STUDIES

GENERAL EDUCATION REQUIREMENTS

FALL 2020-SPRING 2021 Plan code: EP_HPE_BS

| Student: | Advisor: |
|----------|----------|
| | |

<u>GENERAL EDUCATION GUIDELINES</u>: General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one general education outcome, but cannot be double counted towards the 40-credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (note: HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate

<u>STEP 2</u>: <u>STEP 3</u>:

| G | eneral Educa | tion Credit Count | | General Education Outcome Audit | |
|---|--------------|----------------------|-----------|--|--|
| | | | | Course | |
| At least 40 credits, no more than 12 credits with the | | with the | KNOWLEDGE | | |
| | same co | ourse code. | | A1. STEM | |
| 3 | 6 | | C | A2. Social & Behavioral Sciences | |
| Course | Cr. | Course | Cr. | A3. Humanities | |
| | | | | A4. Arts & Design | |
| | | | | COMPETENCIES | |
| | | | | B1 . Write effectively | |
| | | | | B2. Communicate effectively | |
| | | | | B3 . Mathematical, statistical, or computational strategies | |
| | | | | B4. Information literacy | |
| | | | | RESPONSIBILITIES | |
| | | | | C1. Civic knowledge & responsibilities | |
| | | | | C2. Global responsibilities | |
| | | | | C3. Diversity and Inclusion | |
| | | | | INTEGRATE & APPLY | |
| | | | | D1 . Ability to synthesize | |
| | | | | GRAND CHALLENGE | |
| | | Total Gen Ed credits | 40 | G. Check that at least one course of your 40 credits is an approved "G" course | |

SEE OPPOSITE SIDE FOR PROGRAM REQUIREMENTS

NOTE: This worksheet sheet is a snapshot of your entire curriculum. You must work with your advisor each term to discuss requirements to keep you on course for timely progress to complete this major. Official requirements for graduation are listed in the University Catalog.

BACHELOR OF SCIENCE

HEALTH AND PHYSICAL EDUCATION

| Fall | Spring | Summer | Milestones | | |
|---|---|---------------------------------------|--------------------------------------|--|--|
| Year One | | | | | |
| URI 101 (1) Plan for Acad. Success | KIN 122* (3) Human Anat & Phys | Overall GPA 2.75 | | | |
| NFS 207 (3) General Nutrition | COM 100 (3) Comm. Fundamentals | | Meet with Academic Advisor | | |
| PSY 113 (3) General Psychology | WRT 104 (3) Write to Inform & Explain OR | | Complete URI 101 | | |
| KIN 123 (3) Foundations of Health | WRT 106 (3) Intro to Research Writing | | Complete EDC 280 for Praxis CORE | | |
| EDC 102 (3) Intro to Amer. Ed (C3) (B4) | EDC 280 (1) Prgm Prep - Math OR → | depending on what student needs | prep (if needed)* | | |
| EDC 117 (1) Team Sports | EDC 282 (1) Prgm Prep - English | | OR composite reading and math | | |
| | Gen Ed | Take Praxis I (PPST) Exam → | SAT score of 1150 | | |
| (14 credits total) | (16 credits total) | | | | |
| | Year Tw | vo | | | |
| EDC 118 (1) Lifetime Phys Activities | BIO 101/103 (3/1) Biology I/Lab I | | Overall GPA 2.75 | | |
| EDC 312 (3) Psych of Learning (A2) (B4) | EDC 307/308 (3/1) Health Methods/Exp. | Take Praxis II (PLT) Exam | Attend SoE Admission Session (Fall) | | |
| EDC 368 (3) Assessment | EDC 322 (1) Outdoor Pursuits | | Apply to SoE by Jan. 31 | | |
| Gen Ed | KIN 121 (1) Principles of Youth Fitness | | | | |
| Gen Ed | EDC 116 (1) Individual Sports Activities | | | | |
| | Gen Ed | | Meet with Academic Advisor | | |
| (13 credits total) | (14 credits total) | | | | |
| | Year Thr | ree | | | |
| EDC 314/315 (3/1) Sec Method/Exp. | EDC 300/302 (3/1) PE ELE Teach Method/Exp. | EDC 588 (if not planning on taking | Overall GPA 2.75 | | |
| EDC/HLT 401 (3) Issues in Health Ed | EDC 324 (1) Rhythms & Dance | EDC 402) | | | |
| EDC 410 (3) Adapted Phys Ed | EDC 440 (3) Adapted Aquatics | | | | |
| NUR 150 (3) Human Sexuality | HDF 357 (3) Family & Community Health | Take P-12 Health & P-12 Phys Ed Tests | | | |
| EDC 310 (3) Human Motor Develop-PE | PSY 460 (3) Substance-Troubled Person OR | | | | |
| | PSY/BPS 436 (3) Psychotropic Drugs & Ther. | | | | |
| | KIN 381 (3) Exer Behavior & Psychosocial | (3 credits total) | Meet with Academic Advisor | | |
| (16 credits total) | (16 credits total) (17 credits total) | | | | |
| Year Four | | | | | |
| EDC 402** (3) Special Needs | EDC 485 (3) Seminar in Teaching | | Overall GPA 2.75 | | |
| KIN 300 (3) Physiology of Exercise | EDC 486 (6) Student Teach ELE Phys Ed | | Meet with Academic Advisor | | |
| KIN 370 (3) Kinesiology | EDC 487 (6) Student Teach SEC Phys Ed | | Apply student teaching by October 1 | | |
| Gen Ed. | | | for spring semester | | |
| Gen Ed | | | Comp. Intent to Graduate by Oct 1 | | |
| (15 credits total) | (15 credits total) | | | | |

^{*} Replacing BIO 220/223 (paperwork in progress)

Note: This plan is not intended to be prescriptive. Credits in transfer, as well as summer or j-term coursework, may result in deviations from the above recommendations.

^{**} If KIN 585 hasn't been taken