

Name _____

ID Number _____

Advisor Signature (Intent to Graduate Form) _____

Date _____

GENERAL EDUCATION GUIDELINES: General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome, but cannot be double counted towards the 40 credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

General Education Credit Count				General Education Outcome Audit	
Course	Credit	Course	Credit	Outcomes	Course
				KNOWLEDGE	
				A1. STEM	
				A2. Social & Behavioral Sciences	
				A3. Humanities	
				A4. Arts & Design	
				COMPETENCIES	
				B1. Write effectively	
				B2. Communicate effectively	
				B3. Mathematical, statistical or computational	
				B4. Information Literacy	
				RESPONSIBILITIES	
				C1. Civic Knowledge & responsibilities	
				C2. Global responsibilities	
				C3. Diversity & inclusion	
				INTEGRATE AND APPLY	
				D1. Ability to synthesize	
				GRAND CHALLENGE	
				Approved "G" course	
Total General Education Credits					
Requirements that may be used as general education courses: BIO 101, CHM 103, COM 100, , KIN 123, NFS 207, PSY 113, WRT 106. Students considering PT should consider PHY 111, PHY 112, MTH 111, & PSY 232					
Minimum of 40 credits; no more than 12 credits with the same course code.; 1 approved "G" course.					

CORE EXERCISE SCIENCE REQUIREMENTS - Take ALL of the following courses					
Courses	Credit	Prerequisites	Courses	Credit	Prerequisites
URI 101 (1)			KIN 300 Ex Phys (3)		BIO 121
BIO 101 Biology (3)*(A1)			KIN 301 Ex Phys Lab (1)		BIO 121
BIO 103 Biology Lab (1)*(A1)			KIN 320 Resistance Train (3)		BIO 121, KIN 275, KIN 300
BIO 121 Anatomy (4)			KIN 325 Ex Test & Rx (3)		BIO 121, KIN 275, KIN 300
BIO 242 Physiology (3)		BIO 121	KIN 370 Kinesiology (3)		BIO 121
CHM 103 Chemistry (3)*(A1)			KIN 381 PA Behavior (3)		PSY 113
COM 100 Communicate (3)*(B2)			KIN 390 Seminar (2)		
KIN 123 Health (3)*(A2,B4)			KIN 420 Chronic Disease (3) (D1)		KIN 275, KIN 300, KIN 325
KIN 275 Intro to Ex Sci (3)			NFS 207 Nutrition (3)*(A1,B3)		
KIN 278 P.A./Culture (3)			PSY 113 Psychology (3)*(A2)		
			WRT 106 Res. Writing (3)*(B1,B4)		
Total Credits					

* May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

PROFESSIONAL CONTENT AREA: Students take ALL classes listed in ONE area (Pre-Professional or Applied ES)

Courses	Credit	Prerequisites/Notes
Pre-Professional		
CHM 105 Chemistry Lab (1)		Credit or concurrent enrollment in CHM 103
CHM 124 Organic Chemistry (3)		CHM 101 or 103 with a grade of C- or better
CHM 126 Organic Chem Lab (1)		CHM 102 or 105 & credit or concurrent enrollment in CHM 124
CMB 210 Biochem Aspects (3)		CHM 124 (offered in fall and summer only)
BIO 244 Human Physiology Lab (1)		Credit or concurrent enrollment in BIO 242
Select 1 of the following		
PSY 200 Quantitative Methods (4)		PSY 113, sophomore standing, one math course
STA 307 Biostatistics (4)		MTH 107 or 108 or 131 or 141
STA 308 Introductory Statistics (4)		MTH 107 or 108 or 131 or 141 or BUS 111
Applied Exercise Science		
KIN 369 Measurement/Eval (3)		Math gen ed requirement & completion of 30 credits
KIN 425 Program Devel (3)		KIN 275 and junior standing
KIN 125 Teaching Group Ex (2)		
Select 2 of the following		
KIN 243 Athletic Injuries (3)		BIO 121
KIN 382 Sport Psychology (3)		PSY 113. Not offered every semester.
KIN 414 Strength/Condition (3)		BIO 121, KIN 275, KIN 300, & KIN 320. Not offered every semester
KIN 475 Gender/Phys Culture (3)		KIN 278, SOC 100, WMS 150, or JOR 110. Not offered every semester
KIN 478 Sport, Film, Politics (3)		KIN 278, SOC 100, WMS 150, or JOR 110. Not offered every semester
NFS 360 Sports Nutrition (3)		NSF 207 or 210 & Kin 275 or BIO 242. Not offered every semester
PSY 255 Health Psychology (3)		
Total Credits		

INTERNSHIP

KIN 484 Internship (12)		Prerequisites: 84 credits that count toward degree progress, CPR certification, KIN 275, 300, 301, 320, 325, 370, 390, BIO 121, CHM 103 and CHM 124 (pre-professional only). Students doing a cardiac rehabilitation internship also must complete KIN 420.
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Students must have a 2.5 GPA to qualify for KIN 484 Internship. Students with a GPA below 2.5 must take 12 additional credits of Kinesiology or health related courses including at least 6 credits at the 300-400 level. Select courses with your academic advisor and list them here.

Total Credits		
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FREE ELECTIVES - Use free electives as needed to total 120 credits.

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Total Credits		
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Notes About Graduate School

Some students are interested in attending graduate programs at the completion of their undergraduate degree. The following information should help students select the appropriate courses to qualify for graduate programs.

EXERCISE SCIENCE: At the completion of your undergraduate program, you will have the prerequisites necessary to qualify for the URI graduate program in exercise science, as well as other programs across the U.S. Exercise Science graduate programs often vary in focus. Work with your academic advisor in selecting programs

PHYSICAL THERAPY: Students Interested in pursuing a Doctorate in Physical Therapy can view a list of physical therapy programs throughout the U.S. along with prerequisites, application deadline dates, PT observations requirements and GRE requirements by program at <http://www.ptcas.org/ProgramPrereqs/>

University of Rhode Island Physical Therapy program prerequisites**:

- 12 credits of Biology: BIO 101, 121, 242, 244 (required in pre-professional track)
- 8 credits of Chemistry: CHM 103, 105, 124, 126 (required in pre-professional track)
- 8 credits of Physics: PHY 111, 185, 112, 185 (use general education or free elective credits)
- 6 credits of Psychology including a second level Psychology course (e.g., developmental, adolescent, social, lifespan, etc): PSY 113 required; use general education or free elective for second level course
- 3 credits of Pre-Calculus: MTH 111; can be used to satisfy the Math/Computational/Statistics General Education requirement
- 3 credits of Statistics (required in pre-professional track)
- 3 credits of Communication (may be included in general education requirements)

**Other PT programs often include additional/different prerequisites such as requiring BIO 102 or requiring a higher level chemistry (CHM 101 in place of CHM 103). For specific information about individual schools, students are encouraged to review individual web sites for schools that they are interested in attending so that they can use general education and free elective courses to fulfill any additional requirements.

OCCUPATIONAL THERAPY: There is little consistency in prerequisites among graduate programs in occupational therapy. A list of OT programs by state can be found at <http://www.aota.org/Education-Careers/Find-School.aspx>. For specific information about prerequisites for individual schools, students are encouraged to review individual web sites. Students should use general education and free elective courses to get the prerequisites needed to qualify for their graduate schools of choice.

