lvisor Signatu	re.						Date:				
NERAL EDUCATION	ON G	UIDEI	_INI	ES: General education	is 40 cred	lits. Ea	ch of the 12 outcomes (A1-D1) must be met by at least wards the 40-credit total. At least one course must be a	3 credits. A single			
. No more than 12	credit	s can	ha	ve the same course coo major or minor when a	de (note-	HPR c	ourses may have more than 12 credits). General educati	on courses may a			
General Educatio	n Cr	edit C	ou	nt			General Education Outcome Audit				
At least 40 credits,	no n	nore t	har	12 credits with the sa	me cour	se	At least 3 credits in each outcome	Course			
Course	Cr.	✓		Course	С	r. 🗸	KNOWLEDGE				
ILT 100G (C1, G)	3						A1. STEM	BIO			
TL 200 (B4)	4						A2. Social & Behavioral Sciences	PSY 113			
IN 123 (A2, B4)	3						A3. Humanities	PHL			
IATH (B3)	3						A4. Arts & Design				
HL (A3)	3						COMPETENCIES				
SY 113 (A2)	3						B1. Write effectively	WRT			
OM 100 (B2)	3						B2. Communicate effectively	COM 100			
VRT (B1)	3						B3. Mathematical, statistical, or computational	MATH			
IO 101/103 (A1)	4						strategies B4. Information literacy	HLT 200			
HP 405 (D1)	4						RESPONSIBILITIES				
СНМ							C1. Civic knowledge & responsibilities	HLT 100G			
							C2. Global responsibilities				
							C3. Diversity & inclusion				
							INTEGRATE AND APPLY				
							D1. Ability to synthesize	PHP 405			
							GRAND CHALLENGE				
							G . Check that at least one course of your 40 credi	its			
Requirements that	may	be us	sed	Total Gen Ed Credits as Gen Eds: BIO 101)3, CO	is an approved "G" course in 100, HLT 100G, HLT 200, KIN 123, NFS 207, MTH	 1 107, MTH 131,			
/ITH 141, NRS 10	0, PF	IL, PS	SV	113, WRT 104, WRT 1	106.						
Specializations											
. Global & Env			al F	lealth							
 Health Promo Health Servio 											
							e specialization areas. At least 4 courses must be at the				
course	اا تاق	iust D	<u> </u>	om at loast 5 unierent	Cr.		urse	Cr.			
						\dashv					

Core Health Studies Requirements								
Course	Cr.	✓	Соц	irse	Cr.	✓	Prerequisites	
Take all of the following		Sele	Select 1 of the following					
URI 101	1		WR1	Γ 104 Writing* (B1)	3			
KIN 122 Anat & Physio	4	1	W/P7	Γ 106 Res. Writing*	3			
·			VVIX	100 res. Willing	J			
KIN 123 Health* (A2, B4)	3							
PSY 113 Psychology* (A2)	3		Sele	ct 1 of the following				
COM 100 Communication Fund.* (B2)	3		STA	307 Biostats	4			
		+	STA	308	4			
Select 1 of the following (A3)			PSY		4			
MTH 107 Finite Math*	3							
MTH 108 Math Topics*	3		Sele	ct 1 of the following				
MTH 131 Appl Calc*	3		CHM	1 100 Env. Chem	3			
MTH 141 Calc*	4	+	CHM	1 103 Intro. Chem	3			
			Take	e all of the following				
				100G Perspectives on Public	3		(C1, G)	
				200 Interdisciplinary	4		(B4), HLT 100G	
Select 1 of the following				oaches to Health 314 Medical Ethics	3		PHL 101, PHL 103, PHL 212	
PHL 101 Critical Think (A3)	3			405 Epidemiology (D1)	4		HLT 200 (C or better), PSY	
. ,							200 or STA 307, STA 308 and Jr. standing	
PHL 103 Intro. Phil (A3)	3		HLT	450 Adv. Health Studies	4		HTL 200 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing	
PHL 212 Ethics (A3, C3)	3							
				ct 1 of the following				
Select 1 of the following			BIO	101 & 103 (A1)	4			
COM 202 Public Speak	3							
COM 208 Debate	3							
COM 210 Persuasion	3							
COM 251 Group Comm	3							
		$\perp \perp \mid$						
Total Cradita								
Total Credits *Mayba used as a	gonomi	odriz = _t ,	on colina	Mark CE if upod as a series	(ore all	to a	annot count twice)	
*Maybe used as a g	general	euucati	on course	e. Mark GE if used as a gen ed	(credi	is Ca	annot count (wice).	
Use free elective as needed to total 120	credite	Free	alectives :	may he used for further study	in the	are	of health. Completing an into	
hrough the office of Internships and Exp								
Course			Cr.	Course				
Total Credits		-						

Note: Free Electives may be used for a minor or certificate or to take additional courses in a specific area of interest. Partial list of Minors: Business, Gerontology; Hunger Studies; Leadership; International Development; International Relations; Sustainability; or 18 credits in an approved minor field of study. Certificates: Substance Abuse Counseling.

Specializations

Students must select a minimum of 18-24 credits (6 courses) from one of the following specialization areas. At least 4 courses must be at the 300 or 400 level. Courses selected must be from at least 4 different disciplines/departments.

Global and Environmental Health							
Course	Cr.	V	Prerequisites	Course	Cr.	✓	Prerequisites
APG 319 Cultural Behavior & Environ.	3			NUR 160 Global Health	3		
BIO/ENT 286 Insects & Disease	3			NRS 100 Resource Conservation*	3		
COM/SUS 315 Environ Communication	3		Jr. Standing	NRS 300 Introduction to Global Issues In Sustainable Development	3		
GWS 325 International Women's Issues	3		GWS 150	PSC 113 Intro American Politics	3		
HPR 412 Emerging Infectious Diseases	3			PSC 402 Environment Policy	4		PSC 113. Jr. Standing
HLT 312 Intersecting Social Identities and Health	3		HLT 200	PSC 403 Global Eco-politics	4		PSC 210, or 402
HLT/COM 320 Health Communications	3		HLT 200	PHP 201 Intro U.S. Hith Care System	4		
				PHL 454 Philos. of Natural Sci	3		Jr. Standing
Health Promotion (HR-Highly Recommer	nded)				<u> </u>	
PSY 255 Health Psychology (HR)	3			HLT 312 Intersecting Social Identities	3		HLT 200
PSY 479 Topics: Health Promote (HR)	3			HLT/COM 320 Health Communication	3		HTL 200
HDF 357 Fam & Commun Health (HR)	3		Jr. Standing	KIN 401 Current Issues HIt Ed	3		
NFS 207 General Nutrition (HR)*	3			NFS 276G Food, Nutrition, People	3		NFS 207
BPS 201 How Drugs Work	3			NFS 360 Nutrition in Exercise	3		NFS 207
HDF 200 Life Span Development	3			NFS 394 Nutrition Lifecycle I	3		NFS 276G
HDF 201 Life Span Development 11	3			NFS 395 Nutrition Lifecycle II	3		NFS 276G and 394
HDF 310/311 Adolescent Development	4			PSY 381 Physiological Psych	3		Jr. Standing
HDF 314 Intro to Gerontology	4		Complete 24 Credits	PSY 460 Substance Troubled	3		PSY 113
IDF 450 Intro to Counseling			Permission of Instr.	PSY 479 Topics Advisor Permission	3		Permission of Instr.
HDF 440 Environmental Context of Aging	3			GWS 350 Women & Health	3		
HDF 312 Adult Development	3			GWS 350 Women & Mental Hith	3		
KIN 325 Exercise Testing & Presc.	3		KIN 275 and KIN 300	GWS 350 Women in Aging	3		
KIN 275 Intro to Exercise Science	3			PHP 201 Intro U.S. HIth Care System	3		
KIN 425 Fitness Wellness Prog. Dev.	3		KIN 275				
Health Services							
HSA 360 Health Services Admin. (HR)	3		Jr. Standing	COM 361 Intercultural Communication	3		Jr. Standing
ECN 360 Health Economics (HR)	3		ECN 201	COM 402 Leadership and Motiv.	3		BUS 202, 201, or COM 251
PHP 201 Intro U.S. Hlth Care System (HR)	3			COM 450 Org. Commun. Theory	3	1	COM 251, Jr. Standing
BPS 201 How Drugs Work	3			COM 461 Manage Cult. Differ.	3		COM 361, Jr. Standing
MKT(BUS) 341 Organizational Behav.	3		Jr. Standing	ECN 201 Microeconomics	3		
MKT(BUS) 342 HR Management	3		Jr. Standing	PSY 255 Health Psychology	3		
HLT 312 Intersecting Social Identities and HLT	3		HLT 200	PSC/HDF 405 Policy Issues in HIth	3		
HLT/COM 320 Health Communication	3		HLT 200	SOC 224 Health, Illness, and Medical Care	3		
COM 351 Organizational Comm	3		Jr. Standing	WRT 306 Writing Hlth & Disability (HR)	3	1	