# University of Rhode Island (For students entering September, 2012)

## Department of Kinesiology Specialization: Physical Education and Health

This specialization is designed for students who want to teach physical education and health in an elementary or secondary school. Total credits needed for graduation: 130

## **General Education Requirements (40 credits):**

	Course		Course	
English Communications	(6 cr) WRT 104,105, or 1	106	COM 100	
Natural Sciences	(7 cr) NFS 207		BIO 101	
	( )		BIO 103	
Social Sciences	<b>(</b> 6 cr) PSY 113		PSY 232	
Fine Arts/Literature	(6 cr)			
Foreign Lang./Cultural Competence*	(6 cr)			
Letters	(6 cr)			
Mathematics	(3 cr)			
Natural Sciences Social Sciences Fine Arts/Literature Foreign Lang./Cultural Competence* Letters	(7 cr) NFS 207 (6 cr) PSY 113 (6 cr) (6 cr) (6 cr) (6 cr)		BIO 101 BIO 103	

Students interested in applying to the PETE program need to earn at least a C in WRT 104, 105, or 106; COM 100; and KIN 270, as well as, carry a QPA of at least 2.5 to be eligible for application.

\* Students who study abroad for a semester are able to waive their Foreign Language/Cultural Competence Gen. Ed. Requirement.

\* For Foreign Language/Cultural Competence requirement, students <u>can not combine</u> one Foreign Language class with one Cultural Competence class. Both classes must focus on <u>one</u> Foreign Language or be chosen from the specific list of classes which meet the Cultural Competence requirement (see Course Catalog for list of eligible classes).

# Core KIN Curriculum Requirements (17 credits):

BIO 242 (3 cr) I KIN 278 (3 cr) I	Human Anatomy Human Physiology Physical Activity, Cultural Diversity, and Society Physiology of Exercise Kinesiology	(Pre: BIO 121) (Pre: BIO 121 or BIO 242, jr standing) (Pre: BIO 121, BIO 242)
Specialization	Requirements (56 credits):	
KIN 123	(3 cr) Foundations of Health	
NUR 150	(3 cr) Human Sexuality	
KIN 270	(3 cr) Introduction to Teaching P.E. and Health	
KIN 272	(1 cr) First Aid Instructor	
KIN 304*	(3 cr) Methods in Teaching PE - Elementary School	(Pre: concurrent enrollment in 305)
KIN 305*	(1 cr) Supervised Experience – Elementary School	
KIN 307*	(3 cr) Methods of School Health Instruction	
KIN 309*	(1 cr) Supervised Health Ed Experience	
KIN 310*	(3 cr) Principles of Human Motor Development	(Pre: PSY 232 or HDF 200)
EDC 312	(3 cr) Psychology of Learning	
KIN 314*	(3 cr) Methods of Teaching PE - Secondary	(Pre: KIN 304, 305; concurrent enrollment in 315)
KIN 315*	(1 cr) Supervised Experience—Secondary Schools	
HDF 357	(3 cr) Family and Community Health	
KIN 368	(3 cr) Assessment in PE and Health	
KIN 382	(3 cr) Psycho-Social Aspects of PE & Sport	
KIN 401*	(3 cr) Current Issues in Health Education	
KIN 410	(3 cr) Adapted Physical Education	

PSY 460 (3 cr) The Substance-Troubled Person

BMS/PSY 436 (3 cr) Psychotropic Drugs and Therapy

For Adapted Physical Education Endorsement choose 6 credits from the following:

KIN 430	(3 cr) Adapted Aquatics	
KIN 411	(3 cr) Assessment of Special Populations	
KIN 560 camp	(3 cr) Seminar in Health, P.E. and Recreation	

# Activity/Methods Courses (7 credits)

OR

KIN 116	(1 cr)	
KIN 117	(1 cr)	
KIN 118	(1 cr)	
KIN 121	(1 cr)	
KIN 322	(1 cr)	
KIN 324	(1 cr)	

\* Must have admission to the teacher education program or permission of department chairperson.

# Student Teaching (15 credits)

EDC 485*	(3 cr) Seminar in Teaching	
EDC 486/487	(12 cr) Student Teaching in PE and Health	

## Other Key Issues Students Need to Know related to Advising and Graduation:

- To transfer from University College to Kinesiology, students must earn at least 24 credits, hold a GPA of at least 2.0, and pass BIO 101.
- Deadlines for submitting "Intent to Graduate Form" with Dean's Office to make students eligible for graduation: October 15<sup>th</sup> for May graduation, March 15<sup>th</sup> for August graduation, April 15<sup>th</sup> for December graduation.

### The following are the RI state requirements as of fall, 2005. These are subject to change at any time during your program:

- Students must take pass all 3 sections of the Praxis I: PPST test or have an SAT score of 1100 to be eligible to apply for the Physical Education Teacher Education program.
- Students in the Physical Education Teacher Education program must take and pass the Praxis II: PLT tests and the P-12 Content Knowledge test to be eligible to student teach.

Advisor Signature:

An advisor signed copy of this completed form to be submitted to the Dean's Office with the Intent to Graduate Form. Submission deadlines: October 15<sup>th</sup> for May graduation; March 15<sup>th</sup> for August graduation; April 15<sup>th</sup> for December graduation

#### Fall Year 1 (15 credits) Spring Year 1 (16 credits) KIN 123 Foundations of Health BIO 121 Anatomy BIO 101 Intro Teaching PE & Health Animal Biology KIN 270 \_\_\_\_\_ BIO 103 **Biology Lab** Fine Arts Gen Ed PSY 113 Gen Psych WRT 104 Writing COM 100 Communication \_\_\_\_\_ NFS 207 KIN 118 Teaching Life Activity URI 101 Traditions Fall Year 2 (15 credits) Spring Year 2 (15 credits) Human Physiology BIO 242 KIN 322 Outdoor Pursuits PSY 232 Develop Psych KIN 278 Phys Act/Culture Math Gen Ed Lang/Cul Gen Ed Lang/Cul Gen Ed Fine Arts Gen Ed \*\* Apply to PHETE Program\*\* **KIN 121 Youth Fitness** Fall Year 3 (14 credits) Spring Year 3 (13 credits) KIN 117 Teach Team Sports KIN 314 Teach Meth – Secondary KIN 315 Teaching Experience KIN 310 Motor Development KIN 370 Kinesiology KIN 368 Letters Gen Ed KIN 382 Psycho-social Aspects \_\_\_\_\_ Spring Year 4 (15 credits) Fall Year 4 (15 credits) KIN 307 Teach Meth – Health KIN 430 Adapted Aquatics KIN 309 **Teaching Experience** KIN 334 NUR 150 Human Sexuality KIN 401 **Current Issues Health** Letters Gen Ed \_\_\_\_\_ KIN 272 CPR Instructor Adapted PE Elec KIN 410 Adapted PE \_\_\_\_\_ KIN 222 Gymnastics Fall Year 5 (15 credits)

Student Teaching

**General Nutrition** EDC 312 Psychology of Learning HDF 357 Family /Community Health \_\_\_\_\_ KIN 116Teach Individual Sports KIN 304 Teaching Methods – Elementary KIN 305 Teaching Experience KIN 324 Rhythms and Dance Assessment in PE/Health

Physiology of Exercise PSY 460 Substance Troubled Person

\*\*\*To complete this program in 4 years, students can take summer classes.