

TEACHING COGNATE					
Courses	Credit	Prerequisites	Courses	Credit	Prerequisites
COM 100 Comm. (3)*			KIN 270 Intro Teach (3)		
EDC 280 Career Sem (1)			KIN 368 Assessment (3)		Math gen ed requirement
EDC 312 Psych Learn (3)		PSY 113	WRT 104 or 106 Writing (3)*		
Total Credits					

PHYSICAL EDUCATION COGNATE					
Courses	Credit	Prerequisites	Courses	Credit	Prerequisites
KIN 116 Indiv Sports (1)			KIN 304 Elem Methods (3)		Concurrent enrollment in 305
KIN 117 Team Sports (1)			KIN 305 Elem Exper (1)		Concurrent enrollment in 304
KIN 118 Lifetime Act (1)			KIN 310 Motor Devel (3)		
KIN 121 Youth Fitness (1)			KIN 314 Secon Method (3)		Concurrent enrollment in 315
KIN 322 Outdoor Activ (1)			KIN 315 Secon Exper (1)		Concurrent enrollment in 314
KIN 324 Rhythm Dance (1)					
Total Credits					

HEALTH COGNATE					
Courses	Credit	Prerequisites	Courses	Credit	Prerequisites
KIN 123 Health (3)*			KIN 307 Health Methods (3)		Concurrent enrollment in 309
HDF 357 Comm Health (3)		Jr. Standing	KIN 309 Health Exper (1)		Concurrent enrollment in 307
KIN 401 Current Issues (3)			PSY 460 Subs. Trouble (3)		BIO 101 or 113 or 121 or PSY 381
NFS 207 Nutrition (3)*			OR		
NUR 150 Sexuality (3)			PSY/BPS 436 Psych Drug (3)		
Total Credits					

ADAPTED PHYSICAL AND HEALTH EDUCATION COGNATE					
Courses	Credit	Prerequisites	Courses	Credit	Prerequisites
KIN 410 Adapted PE (3)		KIN 304 or 314	EDC 402 Special Needs (3) OR		
KIN 430 Adapted Aqua (3)		KIN 410	KIN 585 Disability Sport (3)		
Total Credits					

* May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

FREE ELECTIVES - Use free electives as needed to total 124 credits.					
Total Credits					