

**Materials:**

Make sure there is enough room for your class to be able to lie on a carpeted floor.

**Objective:**

To increase comfort level between students or to bring laughter to a group after a serious discussion.

**Instructions:**

Have one student lay on the ground (stomach facing up), have a second student lay on the ground (stomach facing up) with their head on the first persons stomach, have the third person lay down with their head on the second persons stomach, etc. until each student is laying down with their head on the stomach of the person before them. The first person begins the game by saying “Ha,” the second person then says “Ha, Ha,” this continues until the final person has said the appropriate number of “Ha” (equal to the number of people). The catch? This must be done without any outbursts of laughter or the game starts over.