

**Materials:**

You need to have enough space to be in a full circle

**Objective:**

Increase problem solving, critical thinking skills, and communication within a group.

**Instructions:**

- Begin by having the group stand in a close circle.
- Start by having everyone raise their right hands and grab someone's hand across from them.
- Next with their left hands they should reach low and grab someone's left hand across from them.
- Instruct the group to untangle themselves without letting go of anyone's hand. They should have one big circle instead of a knot