

Materials:

Pens or pencils
Pieces of paper

Time:

30 minutes

Objective:

To provide students with the opportunity to get to know their classmates and compete against each other.

Instructions:

React and Act is a funny icebreaker in which players randomly select a sheet of paper that has an occurrence on it and they must react to the occurrence using animated expressions, gestures, and work.

Feel free to break the class into groups. Pass out sheets of paper and pens to the students.

Have each student write an event on the paper- be creative! Examples of events can include:

- * Being surprised by a large, aggressive bear in the woods
- * You just won the lottery
- * You have just been proposed for marriage with an engagement ring

Once everyone writes an event, fold the paper once and give it to the mentor (or put them in a hat or empty bag for students to select from). Ask one student from each group to randomly select an event from the mentor (or hat/bag). Instruct them to react to this event, without explicitly giving away what the event is. Choose a time limit (usually 30 seconds to a minute works well). When you say "Go!" have them simultaneously react to their event using exaggerated gestures, facial expressions, and their voice. This game is a great way to break the ice, while watching people act out silly things