

Materials:

None

Time:

15 minutes

Objective:

This warm, fuzzy feeling activity should be done at the end of the course. It is meant to enhance unity and inspire continuous interaction between students.

Instructions:

- Divide your group in half. One half of the group will sit in a tight circle with their eyes closed, while the other group walks around the outside of the circle.
- As the facilitator, introduce that you will be reading statements aloud beginning with "Tap the shoulder of..."
- Give instructions that those on the outside of the circle will walk around the group and tap the shoulders of as many people for which they think that statement applies.
- Read the following statements:

Tap the shoulder of...

- Someone who made you smile today.
- Someone who made you look at things differently.
- Someone you respect and admire.
- Someone who you relate to.
- Someone you would like to know better.
- Someone you find interesting.
- Someone you would like to thank for teaching you something.
- Someone who has enriched your life.
- Someone with whom you have at least one thing in common.