

## Mentee Expectation Worksheet Fall 2005

Directions: Use this worksheet to help you develop an understanding of what you expect to gain from your mentoring relationship. Check all that apply. Add your own items whenever you do not find them listed.

The reasons I want a mentor are to:

- 10 Get advice on how to balance work and other responsibilities and set priorities
- 6 Challenge myself to achieve new goals and explore alternatives
- 5 Gain a realistic perspective of the academic workplace
- 5 Gain knowledge of the unwritten “do’s and don’ts”
- 5 Network
- 4 Receive encouragement and support from more senior faculty
- 1 Increase my confidence
- 5 Other reasons I want a mentor:
  - 1- Grant success (papers).
  - 2- Navigate the system.
  - 3- Bounce off ideas
  - 4- Collaboration.
  - 5- Research program.
  - 6- Job opportunities for spouse.

I want my mentor and me to:

- 11 Meet over coffee, lunch, or dinner
- 3 Go to local professional meetings
- 2 Go to educational events such as lectures, talks, documentaries
- 1 Tour my mentor’s labs/facilities, learn about my mentor’s projects/activities
- 1 Go to formal mentoring events
- 3 Other activities I want to do with my mentor:
  - 1- Integrate into community (self, family).
  - 2- Provide narrative of day to day events.

I hope my mentor and I will discuss:

- 12 Promotion and tenure preparation
- 11 Academic activities that will most benefit my future career
- 7 The realities of the academic workplace
- 6 How to network
- 5 Collaboration with my mentor’s research group and potential contributions to his/her funded grants
- 4 How to manage work and family life
- 1 My mentor’s work
- 0 Other topics I hope to discuss with my mentor

The things I feel are off limits in my mentoring relationship include:

- 5 No Response Given.
- 3 Using non-public places for meeting
- 2 Sharing private aspects of our lives
- 2 Meeting behind closed doors
- 1 Going to restaurants to meet
- Other situations or topics that I feel are confidential or off-limits with my mentor:
  - 1—None.
  - 2—Depends on the Mentor.

I hope that my mentor will help me with professional advancement by:

- 10 Creating opportunities for my advancement
- 10 Introducing me to people who might be helpful to my advancement
- 9 Critiquing my proposals/tenure packet
- 8 Helping me prepare for tenure/promotion
- 7 Suggesting potential professional contacts for me to pursue on my own
- 0 Other ways to help me advance professionally

The amount of time I can spend with my mentee will be, on average:

hours each week:	1(5)	2 (2)	3	4
hours every other week:	1(3)	2 (2)	3	4
hours each month:	1	2 (1)	3 (1)	4