



**Program Handbook
Nutrition and Dietetics Major
Department of Nutrition and Food Sciences**

2021-2022

Topics

NFS Department and Field of Nutrition and Dietetics

Undergraduate Major

 Dietetics Option (Didactic Program in Dietetics)

 Nutrition Option

Admission and Graduation Requirements

Policies and Procedures

Page

2

3

3-4

5

5

6-7

Attachments

Dietetics Option: Advising Sheets and 4 Year Plan

Nutrition Option: Advising Sheets and 4 Year Plan

Waiting for Nutrition Description and Contract

8-10

11-13

14

Welcome to the Department of Nutrition and Food Sciences

The Department of Nutrition and Food Sciences (NFS) has 13 faculty and staff all working to provide teaching, research, and outreach to the University, the State of Rhode Island, and the community at large. Our teaching programs include a Bachelor of Science degree in Nutrition and Dietetics, an Accelerated Bachelor to Master degree in Nutrition and Dietetics, a Master of Science degree in Nutrition, an online Master of Science degree in Dietetics, and a PhD in Health Sciences with an emphasis on Nutrition. Research interests of the faculty include behavior change, eating behavior, energy balance, lipid metabolism, nutrition and pregnancy, big data and eating decisions, and childhood obesity prevention. Outreach programs provide nutrition education to individuals and families across the state of Rhode Island.

Location – Fogarty Hall

The Department is located on the first two floors in Fogarty Hall. The main department office is on the first floor, and most faculty offices are on the first and second floors. Our teaching facilities are on the first floor and include the Foods Lab, the Nutrition Assessment Lab, and the student advising room for our General Nutrition courses. Our research labs are on the first and second floors and include the Lipid Metabolism Lab, Eating Behavior Lab, Energy Balance Lab, Nutrition and Pregnancy (Oaks) Lab, Healthy Feeding Healthy Eating Group, Big Data and Eating Decisions (Byte Lab), Rhode Island Public Education and Nutrition (RIPEN) Group, and Nutrition and Physical Activity Promotion in Underserved Communities Research Group. In addition, the URI Community Nutrition Education Program is located on the URI Providence Campus. All labs welcome volunteers!

The Faculty

The faculty is happy to meet you and work with you. Most are available on Starfish to schedule appointments and can all be contacted via email. Contact information can be found on our department [faculty webpage](#). If you need a place to start, please contact the department chair, Dr. Ingrid Lofgren, 144B Fogarty Hall, nfsdepartmentchair@uri.edu, 401-874-5706.

The Field

Nutrition is the study of the components of food and their role in maintaining human health. Nutrition is an applied science. Drawing on aspects of chemistry, biochemistry and physiology, nutritionists study the role of nutrients, the body's requirements for nutrients throughout life, and the effects of inadequate intakes on health and well-being. Nutritionists also draw on the social sciences to study the social, economic, cultural, and psychological implications of food and eating.

Dietetics is the application of knowledge about food and nutrition to help people achieve and maintain health throughout the life span. An important component of health care, dietetics involves helping people meet their nutritional needs in health and disease through diet counseling and nutrition support. Dietetics integrates knowledge of food, nutrition, management, basic sciences, and social sciences to improve the dietary intake and health of individuals and communities.

Undergraduate Major

The Department has one undergraduate degree – Nutrition and Dietetics. There are two options, the Nutrition Option and the Dietetics Option. The Dietetics Option is the nationally accredited Dietetics Program.

Dietetics Option

This option is required of all students planning to become Registered Dietitian/Nutritionist (RDN). RDNs work in a variety of settings including healthcare facilities, community agencies, industry, and in private practice. To become an RDN, students must complete academic training (Didactic Program in Dietetics) and a supervised practice program (Dietetic Internship), and pass a national exam (Registration Exam for Dietitians). This program (Dietetics Program) is a Didactic Program in Dietetics and provides the academic training needed to become a Registered Dietitian. URI's Dietetics Program is accredited by the [Accreditation Council for Education in Nutrition and Dietetics](#) of the Academy for Nutrition and Dietetics (AND), 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606, 312-899-0040, ext. 5400. Please see our [website](#) for complete program information.

After completing their B.S. requirements, students can qualify for the professional title of RDN by completing supervised practice requirements and passing a national exam. The supervised practice requirement is met by completing an AND-accredited dietetic internship program available to students on a competitive basis nationwide. Admission to internship programs is highly competitive; students are encouraged to review the latest admission information on the Academy for Nutrition and Dietetics [website](#). Internships may be combined with graduate programs in universities leading to an advanced degree. Students who complete the academic and supervised practice requirements are eligible to take the national registration examination.

Meeting continuing education requirements maintains registration status. Students who become RDN are eligible for licensing in the state of Rhode Island as a Licensed Dietitian/Nutritionist. The [Rhode Island Department of Health](#) provides complete information on licensing requirements. The AND website contains information on licensing in all states.

Beginning January 1, 2024, all candidates will be required to complete academic training (Didactic Program in Dietetics), supervised practice program (Dietetic Internship), and a graduate degree (in any field) to be eligible to take the national registration examination to become an RDN.

Program Mission

The mission of the Dietetics Program is to provide theoretical knowledge and opportunities for experiential learning to prepare students for supervised practice leading to eligibility for the CDR credentialing exam to become a Registered Dietitian Nutritionist.

Program Goals and Objectives

The Dietetics Program will prepare graduates to become competent entry-level Registered Dietitian Nutritionists.

- At least 80% of program students complete program/degree requirements within 3 years (150% of program length)
- At least 60% of program graduates apply for admission to a supervised practice program prior to or within 12 months of graduation.
- At least 60% of program graduates are admitted to a supervised practice program prior to or within 12 months of graduation.

- At least 75% of graduates who complete a graduation survey will rate the quality of their academic preparation in nutrition and support courses as good to excellent (3 or higher on a 5 point scale).

Graduates will be well prepared for post-graduate opportunities including attending an ACEND-accredited supervised practice program, completing a graduate program, and/or entering the workforce.

- At least 75% of one-year graduates who respond to a post-baccalaureate survey will rate the quality of their academic preparation in nutrition and support courses as good to excellent (3 or higher on a 5 point scale).
- At least 75% of dietetic internship directors who respond to a survey will rate the academic training of graduates for clinical, community, foodservice management, and out-patient rotations as good to excellent (3 or higher on a 5 point scale).
- The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
- At least 30% of graduates who respond to a post-baccalaureate survey will have completed some graduate coursework within one year of graduation.
- At least 50% of graduates who respond to a post-baccalaureate survey who sought employment in dietetics will be employed within three months of program completion.

Admission and Degree Requirements

Admission and degree requirements for the Dietetics Program are the requirements for the Dietetics Option of the Nutrition and Dietetics degree program. Please see these sections of the Handbook on pages 5 and 6 for detailed information.

Issuing of Verification Statements

All students who successfully complete the Dietetics Option of the Nutrition and Dietetics degree program are issued Verification Statements indicating that they have completed an Accreditation Council for Education in Nutrition and Dietetics' accredited program. Verification statements are sent to students approximately 6 weeks after graduation as the degree must be posted on the transcript before they can be issued. Either a digital, verified copy will be emailed to the student or copies will be mailed to the students' home address. Please let the Program Director know if you need these forms sent to an alternate address. The Program Director (Professor Sarah Larson, 117A Fogarty Hall, sarahlarson@uri.edu, 401-874-9867) maintains a copy of the Verification Statement indefinitely in program files, thus you may contact them at any time for additional copies.

Program Cost

Detailed cost information may be found in the University Catalog or on the University Website. No additional costs are required of students completing the Dietetics Program.

Academic Calendar

The Dietetics Program follows the standard University calendar.

Nutrition Option

This option is for students who want to study nutrition but do not plan to become Registered Dietitians. Students are encouraged to focus their training either by completion of a minor or curriculum tracks depending upon the set of requirements being followed. Focus areas (tracks) include:

- Nutrition Science – students who want to study the science of nutrition and use this background for advanced study in the field or admission to professional health programs.
- Health Promotion – students who want to work with the public in preventative health education programs.
- Foods – students who want to work in foodservice management, food safety, or food sustainability.

Program Mission

The mission of the Nutrition option is to provide evidence-based knowledge and experiential opportunities to prepare students to pursue pre-health professional degrees, graduate studies, and careers in public health, government, or the community.

Admission and Degree Requirements

Admission and degree requirements for the Nutrition Option of the Nutrition and Dietetics degree program can be found in the overall admission and degree requirements for the major in this Handbook.

Program Cost

Detailed cost information may be found in the University Catalog or on the University Website. No additional costs are required of students completing the Nutrition Option.

Academic Calendar

The Nutrition Option follows the standard University calendar.

Admission to the Major

Incoming First Year Students

First year students are admitted to the Nutrition and Dietetics major in University College. University College is the first year student advising college and includes a variety of resources for new students. Examples of these resources include academic advising for all majors, tutoring, counseling, etc. An advisor from the College of Health Sciences will meet with you at virtually or in Roosevelt Hall your first year in the program. Once you have completed a minimum of 30 credits and the appropriate course work, you will be transferred from University College to the College of Health Sciences – your degree granting college.

Transfer Students

Transfer students are not admitted directly to the major. Interested students will take the first four courses required in the major (NFS 207 **or** 210 **and** NFS 212G **or** 276G, **and** either CHM 103/105 and CHM 124 **or** BIO 220/1 and BIO 222/3). GPA earned in these four courses will determine the student's position in the competitive admission pool. Each semester, the Department will determine the number of seats available in the major and then admit students from the pool. Admission is competitive, and there is no guarantee that the student will be admitted to the degree program from the admission pool. Full information on the procedure is found on page 14 of this Handbook.

Academic Advising

Students enrolled in the Nutrition and Dietetics major are strongly encouraged to meet with their advisors at least once per year. First year students must meet with an academic advisor each semester. Students in University College may schedule an appointment with a departmental advisor through Starfish. Other students should contact the Department Chair, Dr. Ingrid Lofgren (nfsdepartmentchair@uri.edu) for more information.

Admission Requirements

Students will be admitted to the Nutrition and Dietetics degree program in the College of Health Sciences after completing a minimum of 30 credits, including CHM 103/105, CHM 124, BIO 220/221, NFS 207 or 210, NFS 212G or 276G, COM 100, STA 220, and WRT 104. Students must have earned a 2.5 average in these classes with no less than a C in any one class to be admitted to the Nutrition option, or a 3.0 average in these classes with no less than a C in any one class to be admitted to the Dietetics Option. Students may repeat NFS courses once. All students meeting the admission requirements for the Nutrition option will be accepted.

Degree Requirements

Please see the advising materials at the end of this Handbook on pages 8-13.

Graduation Requirements

The following graduation requirements are for students entering the program in Fall 2010 or later:

- *Dietetics Option*: Students must earn a 3.0 average in all required courses (science courses, NFS courses, and the additional degree requirements), with no less than a C in any one class.
- *Nutrition Option*: Students must earn a 2.5 average in all required courses (science courses, NFS courses, and the additional degree requirements), with no less than a D in any one class.

Students must also complete remaining degree requirements to meet University requirements (general education, supporting electives, and free electives). See attached advising materials.

Accelerated BS to MS Program

The Accelerated BS to MS Program in Nutrition allows you to complete both a bachelor's degree and a master's degree in 5 years. The BS degree requirements are the same as for students completing the degree over four years; the MS degree requirements are the same as for students completing the degree over two years. You will be able to use a small number of credits towards both degrees. The MS degree program includes a thesis that allows you to gain experience in the research process. Please see the Department [website](#) for more information.

Policies and Procedures

Filing and handling of complaints from students

The Department has a system in place for students to resolve problems or complaints. Students are encouraged to first contact the professor directly to see if the issue can be resolved. If this does not lead to an acceptable resolution, you should contact the Department Chair (Dr. Ingrid Lofgren, 144B Fogarty Hall, nfsdepartmentchair@uri.edu, 401-874-5706) to set up an appointment to discuss the problem. If this does not lead to an acceptable resolution, you may contact the College of Health Sciences Student Affairs Office (Assistant Dean Cindie Cruger, ccruger@uri.edu, 401-874-4002). Dean Cruger will refer the problem to the appropriate University representative if it cannot be resolved within the College.

Assessment of prior learning

The Department follows the University's standard policies and procedures for assessment of prior learning. Course work taken at another institution is evaluated using the University's standard transfer credit system. This is described on the University College website. If you believe that the course work was evaluated incorrectly, you may ask for a re-evaluation of your transcript. The form to request this is on the College of Health Sciences website under [Student Forms](#). Always work with your academic advisor to ensure that you understand how the process works; this is likely to resolve the problem more efficiently and effectively. The Alan Shawn Feinstein College of Education and Professional Studies is responsible for evaluating if prior work experience can count as academic credit.

Formal assessment of student learning

The Department follows the University's standard policies and procedures for assessment of student learning. Students will be assessed on their learning in each course enrolled each semester and will earn a grade in the class. The criteria assessed to determine a grade are clearly identified on the course syllabus, and commonly include multiple methods of assessment (exams, written assignments, presentations, etc.). It is the prerogative of the faculty member to set the scale of the class, following conventionally acceptable guidelines. Students should read the course syllabus carefully at the beginning of the course to be sure they understand the criteria being used for grading. Each semester all grades will be posted on your transcript, with a semester and cumulative grade point average calculated.

Program retention and remediation procedures

The Department follows the University's standard policies and procedures for retention and remediation procedures. The URI Student Affairs has many services available to help students succeed at the University. Examples of the services include the [Academic Enhancement Center](#), [Counseling Center](#), and the [Office of Disability, Access, and Inclusion](#). It is always best to meet with your academic advisor, or any member of the Department or University, to help you match the programs available to your needs.

The Nutrition and Dietetics degree program has specific GPA requirements for both admission and graduation. It is the responsibility of the student to be sure that they have earned the grades necessary to graduate. The grades earned in specific courses, and the overall GPA needed for graduation, are available in the University Catalog, the Department website, and in this Program Handbook. Students who are concerned that they are not meeting degree requirements are strongly encouraged to meet with their advisor immediately.

Disciplinary/termination procedures

The Department follows the University's standard policies and procedures for discipline and termination. The University Student Handbook details the procedures for discipline for all non-academic matters. Academic procedures follow standard policies. The general rule is if your overall GPA falls below a 2.0, you will be placed on probation; two semesters on probation makes you eligible for dismissal from the University. The second grade option allows first year and first semester transfer students to retake courses to improve their GPAs. A full description of the academic processes appears on the University website.

Nutrition and Dietetics: Dietetics Option

ABOUT THE NUTRITION & DIETETICS - BS DEGREE

There are two options in this major: Nutrition or Dietetics. The Dietetics Option is for those planning to become a Registered Dietitian and is the application of knowledge about food and nutrition to help people achieve and maintain health. Students must earn an overall 3.0 GPA in the Basic Non-Science Requirements, Basic Science Requirements, and the Nutrition and Food Science Requirements in order to graduate.

| Basic Non-Science Requirements (18 cr.) | Course | Grade | Cr. |
|------------------------------------------------|---------------|--------------|------------|
| Organizational Behavior | MGT 341 | | 3 |
| Communication Fundamentals | COM 100* | | 3 |
| General Psychology | PSY 113* | | 3 |
| General Sociology | SOC 100* | | 3 |
| Statistics in Modern Society | STA 220* | | 3 |
| Writing to Inform & Explain | WRT 104* | | 3 |

*Approved general education course.

| Basic Science Requirements (23 cr.) | Course | Grade | Cr. |
|--------------------------------------------|---------------|--------------|------------|
| Anatomy and Physiology I | BIO 220/1 | | 4 |
| Anatomy and Physiology II | BIO 222/3 | | 4 |
| General Chemistry | CHM 103* | | 3 |
| General Chemistry, lab | CHM 105 | | 1 |
| Organic Chemistry | CHM 124 | | 3 |
| Organic Chemistry, lab | CHM 126 | | 1 |
| Biochemistry | CMB 210 | | 3 |
| Intro to Medical Microbiology | CMB 201 | | 4 |

| General Education See back page for details (12 cr.) | Course | Grade | Cr. |
|---------------------------------------------------------------------|---------------|--------------|------------|
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| Nutrition and Food Science Requirements (46 cr.) | Course | Grade | Cr. |
|---------------------------------------------------------|---------------|--------------|------------|
| Intro. to Nutrition & Dietetics | NFS 110 | | 1 |
| Applied General Nutrition | NFS 210* | | 4 |
| Public Health Nutrition | NFS 212G* | | 3 |
| Scientific Principles of Food I | NFS 336 | | 4 |
| Scientific Principles of Food II | NFS 337 | | 4 |
| Foodservice Management I | NFS 375 | | 3 |
| Foodservice Management II | NFS 376 | | 4 |
| Nutrition in the Lifecycle I | NFS 394 | | 3 |
| Nutrition in the Lifecycle II | NFS 395 | | 3 |
| Professional Issues in NFS | NFS 410 | | 1 |
| Macronutrient Metabolism | NFS 440 | | 3 |
| Micronutrient Nutrition | NFS 441 | | 3 |
| Nutrition Assessment | NFS 443 | | 4 |
| Nutrition & Disease | NFS 444 | | 3 |
| Nutrition Education | NFS 458* | | 3 |

| Supporting Electives (6 cr.) | Course | Grade | Cr. |
|-------------------------------------|---------------|--------------|------------|
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| Free Electives (15 cr.) | Course | Grade | Cr. |
|--------------------------------|---------------|--------------|------------|
| Planning for Academic Success | URI 101 | | 1 |
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Student: _____ Advisor: _____

Nutrition and Dietetics: Dietetics Option General Education Worksheet

GUIDELINES: General education is 40 credits. Each of the twelve outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome, but cannot be double counted towards the 40 credit total. At least one course must be a Grand Challenge (G). No more than twelve credits can have the same course code (note- HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

| General Education Credit Count | | | |
|---------------------------------------------------------------------|-------|----------------------|-------|
| At least 40 cr., no more than 12 credits with the same course code. | | | |
| Course | Cr. | Course | Cr. |
| COM 100 | 3 | | |
| PSY 113 | 3 | | |
| SOC 100 | 3 | | |
| STA 220 | 3 | | |
| WRT 104 | 3 | | |
| CHM 103 | 3 | | |
| NFS 210 | 4 | | |
| NFS 212G | 3 | | |
| NFS 458 | 3 | | |
| | | | |
| | 28 cr | | 12 cr |
| | | | |
| | | Total Gen Ed credits | 40 |

| General Education Outcome Audit | |
|---------------------------------------------------------------------------------------|---------------------------|
| | Course |
| KNOWLEDGE | |
| A1. STEM | NFS 210 or CHM 103 |
| A2. Social & Behavioral Sciences | PSY 113 or SOC 100 |
| A3. Humanities | |
| A4. Arts & Design | |
| COMPETENCIES | |
| B1. Write effectively | WRT 104 |
| B2. Communicate effectively | COM 100 or NFS 458 |
| B3. Mathematical, statistical, or computational strategies | NFS 210 or STA 220 |
| B4. Information literacy | WRT 104 |
| RESPONSIBILITIES | |
| C1. Civic knowledge & responsibilities | COM 100 |
| C2. Global responsibilities | |
| C3. Diversity and inclusion | NFS 212G |
| INTEGRATE & APPLY | |
| D1. Ability to synthesize | NFS 458 |
| GRAND CHALLENGE | |
| G. Check that at least one course of your 40 credits is an approved "G" course | NFS 212G |

Required courses for the degree will provide 28 of the 40 credits of general education courses. You need to take a minimum of **12 additional credits** in General Education courses and must cover the following areas. Once these 3 areas are completed, you may take any general education course to fulfill the 12 credit minimum.

1. Humanities (A3)
2. Arts & Design (A4)
3. Global Responsibilities (C2)

Nutrition and Dietetics Four-Year Plan *Dietetics Option*

Fall Semester

Spring Semester

First Year

Composition (WRT 104) 3cr.
General Chemistry/Lab (CHM 103/105) 4cr.
Applied General Nutrition (NFS 210) 4cr.
Sociology (SOC 100) 3cr.
Academic Success (URI 101) 1cr.

15cr.

Communications (COM 100) 3cr.
Organic Chemistry/Lab (CHM 124/126) 4cr.
Public Health Nutrition (NFS 212G) 3cr.
Intro to Nutrition/Dietetics (NFS 110) 1cr.
Psychology (PSY 113) 3cr.
General Education* 3cr.

17cr.

Second Year

Anatomy & Physiology I/Lab (BIO 220/221) 4cr.
Statistics (STA 220) 3cr.
Foodservice Management I (NFS 375) 3cr.
General Education* 3cr.

13cr.

Anatomy & Physiology II/Lab (BIO 222/223) 4cr.
Foodservice Management II (NFS 376) 4cr.
General Education* 3cr.
Supporting Elective 3cr.
Free Elective 3cr.

17cr.

Third Year

Biochemistry (CMB 210) 3cr.
Scientific Principles of Food I (NFS 336) 4cr.
Nutrition in the Lifecycle I (NFS 394) 3cr.
Management (MGT 341) 3cr.
General Education* 3cr.

16cr.

Microbiology (CMB 201) 4cr.
Scientific Principles of Foods II (NFS 337) 4cr.
Nutrition in the Lifecycle II (NFS 395) 3cr.
Macronutrient Metabolism (NFS 440) 3cr.

14cr.

Fourth Year

Professional Issues (NFS 410) 1cr.
Micronutrient Nutrition (NFS 441) 3cr.
Nutrition Assessment (NFS 443) 4cr.
Nutrition Education (NFS 458) 3cr.
Free Elective 3cr.

14cr.

Nutrition & Disease (NFS 444) 3cr.
Supporting Elective 3cr.
Free Elective 3cr.
Free Elective 3cr.
Free Elective 3cr.

15cr.

General Education: Required courses for the degree provide 28 of the 40 credits of General Education courses. You need to take a minimum of **12 additional credits** in General Education courses and must cover the following areas: Humanities (A3), Arts & Design (A4), and Global Responsibilities (C2).

Grade Point Average: Students must earn a minimum of C in every required course and a 3.0 overall GPA in all required courses to graduate from the Dietetics Option.

Nutrition and Dietetics: Nutrition Option

ABOUT THE NUTRITION & DIETETICS - BS DEGREE

There are two options in this major: Nutrition or Dietetics. Nutritionists study the body's requirements for nutrients throughout life, and the effects of inadequate intakes on health and well-being. Nutritionists also study social, economic, cultural, and psychological implications of food and eating. Students must earn an overall 2.5 GPA in the Basic Non-Science Requirements, Basic Science Requirements, Nutrition and Food Science Requirements, and the Nutrition Track in order to graduate.

| Basic Non-Science Requirements (9 cr.) | Course | Grade | Cr. |
|----------------------------------------|----------|-------|-----|
| Communication Fundamentals | COM 100* | | 3 |
| Statistics in Modern Society | STA 220* | | 3 |
| Writing to Inform & Explain | WRT 104* | | 3 |

*Approved general education course.

| Basic Science Requirements (23 cr.) | Course | Grade | Cr. |
|-------------------------------------|-----------|-------|-----|
| Anatomy and Physiology I | BIO 220/1 | | 4 |
| Anatomy and Physiology II | BIO 222/3 | | 4 |
| General Chemistry | CHM 103* | | 3 |
| General Chemistry, lab | CHM 105 | | 1 |
| Organic Chemistry | CHM 124 | | 3 |
| Organic Chemistry, lab | CHM 126 | | 1 |
| Biochemistry | CMB 210 | | 3 |
| Intro to Medical Microbiology | CMB 201 | | 4 |

| General Education See back page for details (16 cr.) | Course | Grade | Cr. |
|------------------------------------------------------------|--------|-------|-----|
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| Supporting Electives (18 cr.) | Course | Grade | Cr. |
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| Nutrition and Food Science Requirements (31 cr.) | Course | Grade | Cr. |
|--------------------------------------------------|-----------|-------|-----|
| Intro. to Nutrition & Dietetics | NFS 110 | | 1 |
| Applied General Nutrition | NFS 210* | | 4 |
| Public Health Nutrition | NFS 212G* | | 3 |
| Food, Nutrition, and People | NFS 276G* | | 3 |
| Scientific Principles of Food I | NFS 336 | | 4 |
| Nutrition in the Lifecycle I | NFS 394 | | 3 |
| Nutrition in the Lifecycle II | NFS 395 | | 3 |
| Professional Issues in NFS | NFS 410 | | 1 |
| Macronutrient Metabolism | NFS 440 | | 3 |
| Micronutrient Nutrition | NFS 441 | | 3 |
| Nutrition Education | NFS 458* | | 3 |

| Nutrition Tracks – COMPLETE ONE (10-11 cr.) | | | |
|---------------------------------------------|---------|--|---|
| Health Promotion Track | | | |
| Nutrition in Exercise and Sport | NFS 360 | | 3 |
| Nutrition Assessment | NFS 443 | | 4 |
| Nutrition and Disease | NFS 444 | | 3 |
| Foods Track | | | |
| Scientific Principles of Food II | NFS 337 | | 4 |
| Foodservice Management I | NFS 375 | | 3 |
| Foodservice Management II | NFS 376 | | 4 |
| Nutrition Science Track | | | |
| Scientific Principles of Food II | NFS 337 | | 4 |
| Special Projects | NFS 491 | | 3 |
| 300 or 400 level NFS Course | NFS | | 3 |

| Free Electives (12-13 cr.) | Course | Grade | Cr. |
|-------------------------------|---------|-------|-----|
| Planning for Academic Success | URI 101 | | 1 |
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Student: _____ Advisor: _____

Nutrition and Dietetics: Nutrition Option

General Education Worksheet

GUIDELINES: General education is 40 credits. Each of the twelve outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome, but cannot be double counted towards the 40 credit total. At least one course must be a Grand Challenge (G). No more than twelve credits can have the same course code (note- HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

| General Education Credit Count | | | |
|---------------------------------------------------------------------|-------|----------------------|--------|
| At least 40 cr., no more than 12 credits with the same course code. | | | |
| Course | Cr. | Course | Cr. |
| COM 100 | 3 | | |
| STA 220 | 3 | | |
| WRT 104 | 3 | | |
| CHM 103 | 3 | | |
| NFS 210 | 3* | | |
| NFS 212G | 3 | | |
| NFS 276G | 3 | | |
| NFS 458 | 3 | | |
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| | | | |
| | | | |
| | | | |
| | 24 cr | | 16 cr. |
| | | | |
| | | Total Gen Ed credits | 40 |

* only 12 credits from one discipline

| General Education Outcome Audit | |
|---------------------------------------------------------------------------------------|-----------------------------|
| | Course |
| KNOWLEDGE | |
| A1. STEM | NFS 210 or CHM 103 |
| A2. Social & Behavioral Sciences | NFS 212G or NFS 276G |
| A3. Humanities | |
| A4. Arts & Design | |
| COMPETENCIES | |
| B1. Write effectively | WRT 104 |
| B2. Communicate effectively | COM 100 or NFS 458 |
| B3. Mathematical, statistical, or computational strategies | NFS 210 or STA 220 |
| B4. Information literacy | WRT 104 |
| RESPONSIBILITIES | |
| C1. Civic knowledge & responsibilities | COM 100 |
| C2. Global responsibilities | |
| C3. Diversity and inclusion | NFS 212 |
| INTEGRATE & APPLY | |
| D1. Ability to synthesize | NFS 458 |
| GRAND CHALLENGE | |
| G. Check that at least one course of your 40 credits is an approved "G" course | NFS 276G or NFS 212G |

Required courses for the degree will provide 24 of the 40 credits of general education courses. You need to take a minimum of **16 additional credits** in General Education courses and must cover the following areas. Once these 3 areas are completed, you may take any general education course to fulfill the 16 credit minimum.

1. Humanities (A3)
2. Arts & Design (A4)
3. Global Responsibilities (C2)

Nutrition and Dietetics Four-Year Plan Nutrition Option

Fall Semester

Spring Semester

First Year

Composition (WRT 104) 3cr.
General Chemistry/Lab (CHM 103/105) 4cr.
Applied General Nutrition (NFS 210) 4cr.
General Education* 3cr.
Academic Success (URI 101) 1cr.

15cr.

Communications (COM 100) 3cr.
Organic Chemistry/Lab (CHM 124/126) 4cr.
Public Health Nutrition (NFS 212G) 3cr.
Intro to Nutrition/Dietetics (NFS 110) 1cr.
General Education* 3cr.
General Education* 3cr.

17cr.

Second Year

Anatomy & Physiology I/Lab (BIO 220/221) 4cr.
Statistics (STA 220) 3cr.
Food, Nutrition, & People (NFS 276G) 3cr.
Nutrition in the Lifecycle 1 (NFS 394) 3cr.

13cr.

Anatomy & Physiology II/Lab (BIO 222/223) 4cr.
Nutrition in the Lifecycle II (NFS 395) 3cr.
Supporting Elective 3cr.
General Education* 4cr.
General Education* 3cr.

17cr.

Third Year

Biochemistry (CMB 210) 3cr.
Scientific Principles of Food I (NFS 336) 4cr.
Nutrition Track Course 3cr.
Free Elective 3cr.
Free Elective 3cr.

16cr.

Microbiology (CMB 201) 4cr.
Macronutrient Metabolism (NFS 440) 3cr.
Nutrition Track Course 3cr.
Supporting Elective 3cr.
Free Elective 3cr.

16cr.

Fourth Year

Professional Issues (NFS 410) 1cr.
Micronutrient Nutrition (NFS 441) 3cr.
Nutrition Education (NFS 458) 3cr.
Supporting Elective 3cr.
Supporting Elective 3cr.

13cr.

Nutrition Track Course 4cr.
Supporting Elective 3cr.
Supporting Elective 3cr.
Free Elective 3cr.

13cr.

General Education: Required courses for the degree provide 24 of the 40 credits of General Education courses. You need to take a minimum of **16 additional credits** in General Education courses and must cover the following areas: Humanities (A3), Arts & Design (A4), and Global Responsibilities (C2).

Grade Point Average: Students must earn a 2.5 minimum GPA in all required courses to graduate from the Nutrition Option.

Admission to Nutrition and Dietetics Major Waiting for Nutrition Program Transfer to the Degree Granting College

The Nutrition and Dietetics major has had a great influx of students over the past few years and we need to ensure that we have the capacity to provide a quality education program for our students. As a result, we are no longer accepting transfer students directly into our major. Students will be admitted to the major on a space available basis through the Waiting for Nutrition program. Admission is a two-step process: an initial decision made after the completion of two course sequences, and a second decision made after completion of the major admission requirements. Admission to the Nutrition and Dietetics major is on a space available basis only, and there is no guarantee that students in the competitive admissions pool will be admitted to the major. The following system will be used to select students for admission:

STEP 1 – Waiting for Nutrition Program

- I must complete the following course sequences, with a grade of C or higher in each course, and have an overall GPA of 2.8 or higher in these 4 courses (transfer students may use coursework from prior institutions where applicable):
 - Two science course sequence: either chemistry (CHM 103/105 and CHM 124) or biology (BIO 220/1 and BIO 222/3)
 - Two nutrition course sequence: NFS 207 or 210, and NFS 212G or 276G
- The end of the semester that I complete the above 4 courses I will be reviewed for admission. The order by which students are admitted is determined by the average GPA in these courses based upon space available. If I am not selected for admission, I will automatically be considered for admission at the end of the following semester. If I am not selected at this time, I will not be considered for the major in the future.

STEP 2 – Admission to the College of Health Sciences

- If I am selected for admission from the competitive admission pool, I will remain in the Waiting for Nutrition program until I meet all the requirements for admission to the College of Health Sciences. Students will be admitted to the Nutrition and Dietetics major in the College of Health Sciences after completing a minimum of 30 credits, including:

| | | |
|----------------|------------------|-----------|
| CHM 103/105 | CHM 124 | BIO 220/1 |
| NFS 207 or 210 | NFS 212G or 276G | |
| WRT 104 | COM 100 | STA 220 |

Students must have earned a 2.5 average in these classes with no less than a C in any one class to be admitted to the Nutrition option, or a 3.0 average in these classes with no less than a C in any one class to be admitted to the Dietetics option.

Student Signature Date

Department Signature Date

Email Address

URI ID Number

Please return this sheet to Lauren Bauer, UCAS Advisor (Roosevelt Hall) or Geoffrey Greene, Dept of Nutrition and Food Sciences (Fogarty Hall). Once this sheet is received, the student will be added to the competitive admission pool.