

# Sarah A. Amin, PhD, MPH

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## **EDUCATION AND TRAINING**

### ***Education***

- 2015 Ph.D. Nutrition and Food Sciences, University of Vermont, Burlington, VT  
Dissertation: *The application of valid and feasible dietary assessment methods to evaluate the impact of policy and behavioral interventions on children's fruit and vegetable consumption*
- 2012 M.P.H. Brown University, Providence, RI  
Thesis: *Is childcare center CACFP status associated with parental nutrition knowledge and practices as reported by childcare center directors?*
- 2010 B.A. Biology, *magna cum laude*, Phi Beta Kappa, Wheaton College, Norton MA  
Honors Thesis: *The angiogenic effect of Tadalafil (Cialis) on adult zebrafish (dano rerio) during caudal fin regeneration*  
Study Abroad: Medical Practice & Policy, Danish Institute for Study Abroad, Copenhagen, DK

### ***Post-Doctoral Training***

- 2015-2017 Post-Doctoral Scholar, Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA  
Research Focus: *School-based physical activity interventions*

## **PROFESSIONAL EMPLOYMENT**

- 2024- Associate Professor, Department of Nutrition, University of Rhode Island
- 2018-2024 Assistant Professor, Department of Nutrition, University of Rhode Island
- 2018- Director, Community Nutrition Education (SNAP-Ed & EFNEP), University of Rhode Island
- 2017-2018 Research Assistant Professor, Friedman School of Nutrition Science & Policy, Tufts University
- 2012-2015 Graduate Research & Teaching Assistant, Department of Nutrition and Food Sciences, University of Vermont
- 2014-2015 Adjunct Faculty, Department of Environmental and Health Sciences, Johnson State College
- 2010-2012 Graduate Research Assistant, Department of Behavioral and Social Sciences, Brown University

## **OTHER NON-ACADEMIC POSITIONS**

- 2024- Board of Directors, Meals on Wheels of Rhode Island
- 2021-2023 Consultant, New England Feeding New England: Cultivating a Reliable Food Supply
- 2019-2022 Consultant, USDA Farm to School Grant, Farm Fresh Rhode Island

## **AWARDS AND HONORS**

- 2016 Physical Activity and Public Health (PAPH) Fellowship, University of South Carolina
- 2010 Institute for Community Health Promotion Full Research Assistantship, Brown University
- 2010 Sally Gale Gilman Award, Wheaton College
- 2010 Julia R. Lange Fellowship, Wheaton College
- 2007 Phi Beta Kappa Freshman Book Prize (awarded to freshman with highest GPA), Wheaton College
- 2007 Presidential Award, Wheaton College
- 2006 Community Scholarship, Wheaton College

## **REFEREED PUBLICATIONS**

### **Interpretation of authorship for refereed articles (see section immediately below):**

- When I am listed last in a publication, I am the senior author and the majority of the work took place in my lab.
- Names of my graduate students are underlined.
- \*Most significant, representative of my independent research program at the University of Rhode Island.

### ***Published/Accepted***

- Amin SA**, Johnson RK. Room for improvement: Americans' dietary patterns and food environment. *President's Council on Fitness, Sports, & Nutrition: Elevate Health*. 2014; 15(1).

[https://www.presidentschallenge.org/informed/elevatehealth/docs/201403elevatehealth\\_1.pdf](https://www.presidentschallenge.org/informed/elevatehealth/docs/201403elevatehealth_1.pdf)

2. **Amin SA**, Yon BA, Taylor JT, Johnson RK. When fruits and vegetables are optional, elementary school children choose processed over whole offerings. *Journal of Child Nutrition & Management*. 2014; 38(1).
3. **Amin SA**, Yon BA, Taylor JC, Johnson RK. Impact of the National School Lunch Program on fruit and vegetable selection in Northeastern elementary schoolchildren, 2012-2013. *Public Health Reports*. 2015; 130: 453-57. doi: 10.1177/003335491513000508
4. Yon BA, **Amin SA**, Taylor JC, Johnson RK. School nutrition directors' perspectives on preparing for and implementing USDA's new school meal regulations. *Journal of Child Nutrition & Management*. 2016; 4(1).
5. **Amin SA**, Yon BA, Taylor JC, Johnson RK. Fruit and vegetable consumption in schools: Amin et al. respond. *Public Health Reports*. 2016; 131: 227-28.
6. Risica PM, **Amin SA**, Ankoma A, Lawson E. The food and activity environments of childcare centers in Rhode Island: a directors' survey. *BMC Nutrition*. 2016; 2(41). doi: 10.1186/s40795-016-0081-7
7. **Amin SA**, Stickle TR, Yon BA, Howard A, Eriksen H, Cochran R, Johnson RK. The feasibility of teacher and parent volunteers collecting digital image data of children's fruit and vegetable consumption during school lunch. *Health Behavior and Policy Reviews*. 2016; 3(5): 410-18. doi: 10.14485/HBPR.3.5.1
8. **Amin SA**, Wright CM, Chui K, Economos CD, Chomitz V, Boulos R, Sacheck J. The association between the physical activity environment and academic success in Massachusetts schoolchildren. *Journal of School Health*. 2017; 87(12): 932-40. doi: 10.1111/josh.12569
9. **Amin SA**, Panzarella C, Lehnerd M, Cash S, Economos CD, Sacheck JM. Identifying food literacy educational opportunities for youth. *Health Education & Behavior*. 2018; 1-8. <https://doi.org/10.1177/1090198118775485>
10. **Amin SA**, Duquesnay PJ, Wright CM, Chui K, Economos CD, Sacheck JM. Perceived athletic competence and physical activity: implications for low-income schoolchildren. *Pediatric Exercise Science*. 2018; 20: 1-8. doi: 10.1123/pes.2017-0242
11. **Amin SA**, Lehnerd M, Cash S, Economos CD, Sacheck J. A case study of a nutrition cohort: the development of a funder-initiated learning collaborative. *Journal of Agriculture, Food Systems, and Community Development*. 2018; 8(2): 1-15. doi: 10.5304/jafscd.2018.082.009
12. Sacheck JM, **Amin SA**. Cardiorespiratory fitness in children and youth—a call for surveillance, but how do we do it? *Exercise and Sport Sciences Reviews*. 2018; 46(2). doi: 10.1249/JES.0000000000000145
13. Wright CW, Chomitz VR, Duquesnay PJ, **Amin SA**, Economos CD, Sacheck JM. The FLEX Study school-based physical activity programs - measurement and evaluation of implementation. *BMC Public Health*. 2019; 19:73. doi: 10.1186/s12889-018-6335-3
14. **Amin SA**, Lehnerd M, Cash S, Economos CD, Sacheck JM. The reliability and validity of a youth food literacy tool. *Journal of Nutrition Education and Behavior*. 2019; 51(3): 364-369. doi: 10.1016/j.jneb.2018.12.006
15. Bleiweiss-Sande R, Chui K, Evan EW, Goldberg J, **Amin SA**, Sacheck JM. Alignment of food processing classification systems with nutrient quality in children's diets. *Nutrients*. 2019; 11:1344. doi:10.3390/nu11061344
16. Bleiweiss-Sande R, Chui K, Wright C, **Amin SA**, Anzman-Frasca S, Sacheck JM. Associations between food group intake, cognition, and academic achievement in elementary schoolchildren. *Nutrients*. 2019; 2722. doi:10.3390/nu11112722
17. Lyerly R, Rummo P, **Amin S**, Evans W, Cohen ED, Lawson E, Hallett E, De'Oliveira S, Rose J, Coats C, Nunn A. Effectiveness of mobile produce markets in increasing access and affordability of fruits and vegetables among low-income seniors; *Public Health Nutrition*. 2020; 1-10. doi: 10.1017/S1368980020002931
18. Mena NZ., **Amin SA**, Mann G, Vollmer R. Quality nutrition education materials for pregnant or lactating women and children ages 0–24 months old. *Journal of Nutrition Education and Behavior*. 2021; 53(5), 369. doi: 10.1016/j.jneb.2021.03.009
19. Sacheck JM, Wright CM, **Amin SA**, Anzman-Frasca V, Chui K, Duquesnay P, Nelson ME, Economos CD. The FLEX Study: effects of a two-year randomized controlled trial of school-based activity programs on children's moderate-to-vigorous physical activity; *American Journal of Preventive Medicine*. 2021; 60(6): 239-249. doi: 10.1016/j.amepre.2021.02.002
20. Shonkoff T, Hennessy E, Chui K, Gervis J, Matthews E, **Amin S**, Bakun P, Roberts SB, Borges M, Martino J, Economos CD. Reliability and validity of digital images to assess plate waste in a quick serve restaurant setting. *Journal of the Academy of Nutrition and Dietetics*. 2022; 123(3):427-437. doi: 10.1016/j.jand.2022.08.116
21. Bouchard K, Grigsby-Toussaint D, Fox K, **Amin S**, Vadiveloo M, Greaney M, Tovar A. Maternal experiences with discussing complementary feeding in primary care. *Patient Education and Counseling, Environmental Research and Public Health*. 2022; 19(19):12061. doi: 10.3390/ijerph191912061
22. \***Amin S**, Hafner S, McNamara J, Raymond J, Balestracci K, Missimer A, Potvin J, Greene G. Development and validation of the ASKFV-SE tool for requesting fruits and vegetables. *Journal of Nutritional Science*. 2023; 2(12). doi: 10.1017/jns.2022.59
23. \***Potvin J**, Chappell K, Balestracci K, Greene G, Sweetman S, **Amin S**. A Formative Evaluation of a STEAM and Nutrition Education Summer Program for Low-Income Youth. *Evaluation and Program Planning*. 2023; 97:102255. doi: 10.1016/j.evalprogplan.2023.102255

24. \*[Hamdi N](#), Samson M, Balestracci K, Tovar A, Corcoran C, Watts DJ, Tobar F, Potvin J, **Amin S**. Multi-prong formative evaluation of a pediatric clinical-community food assistance and education intervention. *Am J Health Promot*. 2024 Nov 19;8901171241301886. doi: 10.1177/08901171241301886.

### Columns

1. **Amin SA**, Liguori G. Hydration. *ACSM's Health and Fitness Journal*. February 2019.

### Reports

1. Sacheck JM, **Amin SA**, Wright CM. Newman's Own Foundation Nutrition Cohort Key Findings. September 2018.
2. \***Amin SA**, Tobar F, Tovar A, Balestracci K, Read M, Hetzler H, Samson M, Gans K. The Impact of COVID-19 on Food Access in Rhode Island: Elevating Stakeholder Voices. April 2021.  
<https://web.uri.edu/wp-content/uploads/sites/1241/The-Impact-of-COVID-19-on-Food-Access-in-Rhode-Island.pdf>
3. \*Donahue B, **Amin S**, Barley L, Richardson S. New England Feeding New England: Volume 1: Estimating Resilient Eating Patterns, 2023.  
[https://nefoodsystemplanners.org/wp-content/uploads/NEFNE\\_Volume-1\\_Estimating-Resilient-Eating-Patterns.pdf](https://nefoodsystemplanners.org/wp-content/uploads/NEFNE_Volume-1_Estimating-Resilient-Eating-Patterns.pdf)

### Under Review

1. \*[Meola M](#), Missimer A, Gorman K, Agbemaflé I, **Amin S**. The URI Free Farmers' Market and Food Access Among College Students. *Journal of Nutrition Education and Behavior*.
2. \*[Hamdi N](#), McCaffrey J, **Amin S**. Implementing SNAP-Ed with Healthcare Partners: A Nationwide Mixed-Methods Examination of Implementation Determinants and Strategies. *Translational Behavioral Medicine*.
3. \*[Hamdi H](#), Tovar A, Balestracci K, Corcoran C, Watts D, Tobar F, **Amin S**. Hamdi N, Implementation of a clinical-community mobile health (m-health) program to promote food security and parental feeding practices: a pilot study. *Journal of Nutrition Education and Behavior*.
4. \*[Potvin J](#), Balestracci K, Chappell K, Greene G, Parker H, Sweetman S, **Amin S**. Impact of a Nutrition-Centered STEAM Program for Urban Youth from Low-Income Families. *Journal of Nutrition Education and Behavior*.
5. \*[Potvin J](#), Balestracci K, Chappell K, Greene G, Parker H, Sweetman S, **Amin S**. Development, Revisions, and Preliminary Findings of a Nutrition-Focused STEAM Curriculum for Urban Youth. *Journal of Extension*.

### Published Abstracts

1. **Amin SA**, Taylor JT, Yon BA, Johnson RK. Elementary school children's fruit and vegetable selections in an Offer Versus Serve environment. *Journal of the Academy of Nutrition and Dietetics*. 2013. 113(9)S3:A88.
2. Yon BA, Taylor JT, **Amin SA**, Johnson RK. Elementary school children's fruit and vegetable consumption in schools with and without a Farm to School Program. *Journal of Nutrition Education and Behavior*, 2013. 45(4S); S74.
3. Yon BA, Taylor JT, **Amin SA**, Johnson RK. Elementary students select more fruits and vegetables when required, but waste more regardless of Farm to School programming. *Journal of Nutrition Education and Behavior*, 2014; 46(4S); O2.
4. Yon BA, Taylor JT, **Amin SA**, Johnson RK. New USDA school meal regulations are associated with children's increased fruit and vegetable selection but not consumption. *Federation of American Societies for Experimental Biology Journal*. 2014. 28(1)S384.3.
5. **Amin SA**, Stickle TR, Yon BA, Howard A, Eriksen H, Cochran R, Johnson RK. The feasibility of teacher and parent volunteers collecting digital image data of children's fruit and vegetable consumption during school lunch. *Federation of American Societies for Experimental Biology Journal*. 2015. 29(1); S131.7.
6. **Amin SA**, Stickle TR, Eriksen H, Johnson RK. Nudging pre-school children's fruit and vegetable consumption during afternoon snack time using older child mentors from the Live Y'ers afterschool program. *Journal of the Academy of Nutrition and Dietetics*. 2016. 116(9); A25.
7. **Amin SA**, Chui K, Wright CM, Chomitz VR, Economos CD, Sacheck JM. The association between perceived peer and teacher social support and physical activity in schoolchildren. *American College of Sports Medicine*. 2016. 48(5S Suppl 1): 761-762.
8. Chomitz VR, Duquesnay PJ, Wright CM, **Amin SA**, Anzman-Frasca S, Chui K, Economos CD, Nelson M, Sacheck JM. Physical activity programming in lower-income schools: Preliminary implementation results from the Fueling Learning through Exercise (FLEX) Study. *International Journal of Behavioral Medicine and Physical Activity*. 2017.
9. Sacheck JM, Wright CM, **Amin SA**, Anzman-Frasca S, Chomitz V, Chui K, Nelson M, Economos CD. The Fueling Learning through Exercise (FLEX) Study: short-term findings on sedentary time in lower-income schoolchildren. *American College of Sports Medicine*. 2017.
10. **Amin SA**, Chui K, Duquesnay PJ, Wright CM, Economos CD, Sacheck JM. The association between perceived athletic competence and physical activity: implications for low-income schoolchildren. *American College of Sports Medicine*. 2017.
11. Anzman-Frasca S, **Amin SA**, Wright CM, Chomitz VR, Economos CD, Sacheck JM. Associations between sedentary time and executive functioning among low-income schoolchildren. *The Obesity Society*. 2017.

12. **Amin SA**, Lehnerd M, Cash SB, Economos CD, Sacheck JM. Development of a food literacy tool for children (grades 4-5). *American Public Health Association*. 2017.
13. Shonkoff ET, Hennessy E, **Amin SA**, Bakun P, Borges M, Chui K, Gervis J, Matthews E, Roberts SB, Economos CD. Reliability and validity of digital images to assess plate waste in a restaurant setting. *American Society of Nutrition*, 2018.
14. Sacheck JM, **Amin SA**, Anzman-Frasca S, Chomitz V, Chui K, Duquesnay P, Nelson M, Wright C, Economos CD. Fueling Learning Through Exercise (FLEX) - Long-term impact of school-based programs on children's moderate-to-vigorous physical activity. *American College of Sports Medicine*. 2018.
15. **Amin SA**, Chui K, Duquesnay PJ, Wright CM, Economos CD, Sacheck JM. Impact of social support on changes in physical activity among children participating in school-based programs Oral Presentation. *American College of Sports Medicine*. 2018.
16. Bleiweiss-Sande R, Chui K, Wright C, Anzman-Frasca S, **Amin S**, Sacheck JM. Associations between dietary intake patterns, cognition and academic achievement in 3<sup>rd</sup> and 4<sup>th</sup> grade children from the Fueling Learning through Exercise Study. *American Society for Nutrition*. 2019.
17. Bleiweiss-Sande R, Chui K, Evans W, **Amin S**, Goldberg J, Sacheck JM. Alignment of food processing classification systems with nutrient quality *American Society for Nutrition*. 2019.
18. Morgera C, Balestracci K, **Amin S**, Raymond J, Greene G. Evaluation of a PSE School-Based Fruit and Vegetable Intervention. *American Society for Nutrition*. 2019.
19. **Amin SA**, Duquesnay PJ, Chui K, Wright CM, Sacheck JM. Examining shifts in school-time physical activity patterns from elementary to middle school among lower-income schoolchildren. *Society for Nutrition Education and Behavior*. 2019. 51(7): S123-124.
20. Lyerly R, Dexter Cohen E, Lawson E, Green A, Evans W, **Amin SA**, Nunn A. Estimating the 10-Year Costs of Expanding SNAP Incentives to Grocery Retail Settings in Rhode Island. *American Public Health Association*. 2019.
21. Lyerly R, Dexter Cohen E, Lawson E, Camacho-Orona K, Hallett E, Evans W, **Amin SA**, Nunn A. Impacts of the Food on the Move Statewide Mobile Produce Market on Access and Consumption of Fresh Fruits and Vegetables. *American Public Health Association*. 2019.
22. Georgio A, Gorman K, Amin S, Oaks B. Prenatal Vitamin Use in Rhode Island According to Women, Infants, and Children (WIC) Participation. *American Society of Nutrition*. 2020. 4(Suppl 2): 994.
23. \***Potvin J**, Chappell K, Balestracci K, Greene GW, Sweetman S, **Amin S**. A Formative Evaluation of a STEAM and Nutrition Education Summer Program for Low-Income Youth. *Society for Nutrition Education and Behavior*. 2021.
24. \***Tobar F**, Balestracci K, Tovar A, Gans K, Hetzler H, Samson M, Read M, **Amin S**. Preliminary Analysis from Statewide Stakeholder Interviews around the Impact of Food Access during COVID-19. *Society for Nutrition Education and Behavior*. 2021. 53(7): S46.
25. Bouchard K, Grigsby-Toussaint D, Fox K, **Amin S**, Tovar A. Maternal experiences of discussing complementary feeding in primary care settings. *International Journal of Behavioral Medicine and Physical Activity*. 2022.
26. \***Hamdi N**, Missimer A, Kidd K, Nikolaus C, Gorman K, Meuleners J, **Amin S**. Examining participation in a university pilot fresh produce distribution program among postsecondary students. *International Journal of Behavioral Medicine and Physical Activity*. 2022.
27. \***Potvin J**, Chappell K, Balestracci K, Greene G, Parker H, Sweetman S, **Amin S**. Pilot year evaluation of a STEAM and nutrition summer program for low-income, urban youth. *Society for Nutrition Education and Behavior*. 2022.
28. \***Hamdi N**, Samson M, Balestracci K, Tovar A, Corcoran C, Watts DJ, Tobar F, Potvin J, **Amin S**. Multi-prong formative evaluation of a pediatric clinical-community food assistance and education intervention. *Society for Nutrition Education and Behavior*. 2022. 54(7):S75-S76.
29. **Tobar F**, Balestracci K, Oliva R, Hetzler H, Meuleners J, Samson M, **Amin S**. The development of a social marketing campaign rooted in cultural inclusion. *Society for Nutrition Education and Behavior*. 2023. 55(7):89-90.
30. \***Hamdi H**, Tovar A, Balestracci K, Corcoran C, Watts D, Tobar F, **Amin S**. A clinical-community partnership to promote food Access and parental feeding practices among parents and caregivers: a pilot feasibility trial. *Society for Nutrition Education and Behavior*. 2024.
31. \***Potvin J**, Balestracci K, Chappell K, Greene G, Sweetman S, **Amin S**. An Evaluation of a Nutrition-Focused STEAM Summer Program for Urban Youth. *Society for Nutrition Education and Behavior*. 2024.
32. \***Meola M**, Missimer A, Gorman K, Agbemafle I, **Amin S**. The URI Free Farmers' Market and Food Access Among College Students. *Journal of Nutrition Education and Behavior*. 2024.
33. \***Santos L**, Harper S, Puglisi M, Missimer A, Greaney M, Ziso D, Amin S. EFNEP Peer Educator Facilitators and Barriers to Teaching Physical Activity to Adult Participants. *Society for Nutrition Education and Behavior*. 2024.

## **TEXTBOOK CHAPTERS**

Sacheck J, **Amin S.** Strategies to Address Physical Activity in Schools. In: Boulton ML, Wallace RB, eds. Public Health & Preventive Medicine. 16th ed. New York, NY: McGraw-Hill. 2020.

## **GRANTS**

USDA Hatch Act Funds \$60,000 <i>Web-based Training in Digital Imaging to Measure Fruit and Vegetable Consumption in Schools</i>	Johnson (PI)	9/1/13-5/31/16
Tufts Collaborates Grant \$50,000 Role: Co-I <i>Understanding Dietary Behaviors in Middle Childhood: the Role of Autonomy, Health Literacy, and Food Literacy</i>	Fleary (PI)	7/1/17-6/30/18
Newman's Own Foundation \$650,000 Role: Post-Doctoral Scholar <i>Evaluation of the collective impact of innovative programs targeting food access across the United States</i>	Sacheck (PI)	12/1/14-11/30/17
NIH-NICHHD R01 Role: Post-Doctoral Scholar <i>Understanding the impact of school-based physical activity programs</i>	Sacheck (PI)	12/1/14-3/31/18
USDA EFNEP Role: State Coordinator/Director \$390,366	Kirby (PI)	10/1/21-9/30/22
USDA SNAP-Ed \$1,480,596	Amin (PI)	10/1/21-9/30/22
RI Foundation Medical Research Grant <i>Addressing Food Insecure RI Families at Primary Care Clinics: A Pilot Study</i> \$24,909	Amin (PI)	7/1/20-7/31/22
USDA CYFAR <i>Project STRIde: Science and Technology Reinforced by Innovative Dietary Education</i> \$646,992	Amin (PI)	9/1/19-8/31/25
USDA NIFA <i>Cultivating Regional Growth: Expanding the New England Nutrition Incentive System</i> \$14,460	Amin (PI)	9/15/22-9/30/25
RI Foundation Medical Research Grant \$25,000 Role: Co-I <i>Upscaling participation in WIC: A Pilot Study</i>	Agbemafle (PI)	7/1/24-12/31/25

## **TEACHING**

### ***Courses Taught***

#### **Graduate Courses, University of Rhode Island**

2017-present NUT 506: Community Nutrition

2018-present NUT 565: Community Nutrition & Health Promotion (Course Designer)

Undergraduate Courses, University of Rhode Island

2018- NUT 394: Nutrition in the Lifecycle I  
2018- NUT 458: Nutrition Education

Graduate Courses, Tufts University

2020- Graduate Seminar (Co-Instructor)  
2017-2018 Nutrition in the Lifecycle

Undergraduate Courses, University of Vermont

2014-2015 Field Experience: Dietary Assessment & Applications to the School Nutrition Environment  
2014-2015 Fundamentals of Nutrition

Undergraduate Courses, Johnson State College

2014-2015 Nutrition

**STUDENTS**

***Major Professor, PhD Students***

2025- Maruth Emilcar  
2024- Maria Meola  
2021-2024 Nick Hamdi  
2021-2024 Jackie Potvin

***Major Professor, Masters Students***

2021-2024 Luisa Santos  
2020-2024 Fatima Tobar (Rhode Island College)  
2019-2021 Jackie Potvin  
2019-2019 Caterina Morgera (Co-Major Professor)

***Major Professor, Accelerated B.S. to M.S. Program***

2022-2024 Maria Meola (Co-Major Professor)

***Undergraduate Research Lab Students***

2024- Francesca Albanese  
2024- Mandy Wiezalis  
2024- Macey Higgins  
2023- Kaylie Marie  
2023-2024 Jenna DiLustro  
2022-2024 Sydney Harper  
2022-2024 Julia Reilly  
2022-2022 Ilayna Seibold  
2021-2022 Maruth Emilcar (CHS Research Fellowship)  
2021- 2022 Lily Curreri  
2021-2022 Paige Nickla  
2020- 2021 Emily Bartley  
2020- 2021 Hannah Levine  
2020- 2021 Jennah Bolton  
2020- 2021 Morgan Switzer  
2020- 2021 Kiley Therrien  
2020- 2021 Emily Iannotti  
2019- 2020 Macey Clavette  
2019- 2020 Chesi Piccolo  
2019- 2020 Luisa Santos  
2019-2020 Joya Pelosi

***Graduate Student Committees***

September 2022-present  
May 2019-May 2020

Dea Ziso (University of Connecticut, PhD in Nutrition)  
Hanna Shepard, MPH (Brown University, MPH)

May 2019-May 2020  
May 2019-May 2020

Alyssa Giorgio, MS  
Maggi Samson, MS

## **PRESENTATIONS**

### ***Invited Scholarly Lectures***

Addressing Peer Educator Perceptions of Physical Activity Delivered to EFNEP Adults. EFNEP National Coordinators Conference, Crystal City, VA, February 2024.

The Resilience of Nutrition Educators: Socially Distanced but Virtually Connected. Society for Nutrition Education and Behavior Annual Meeting, Virtual Presentation, July 2021.

The Impact of COVID-19 on Food Access in RI. NOPREN COVID-19 & Nutrition Work Group, Virtual, August 2021.

URI Community Nutrition Education Programs. URI College of Health Sciences Advisory Council, Virtual, April 2021.

Leveraging Research and Evaluation to Advance Effective Farm to School and Early Care Policies and Practices. Society for Nutrition Education and Behavior Annual Meeting, Orlando, Florida, July 2019.

Reducing Hunger & Food Insecurity in RI: Health & Nutrition Impacts. University of Rhode Island Food Summit, Kingston, RI, January 2019.

Food Literacy as an Essential Framework for Nutrition Educators. Society for Nutrition Education and Behavior Annual Conference, Minneapolis, MN, July 2018.

Planting the Seed Early: Cultivating a Plan to Evaluate Farm to School. Farm to Institution Summit, Leominster, MA, April 2017.

### ***Invited Course Lectures***

Public Health Nutrition in Action in Rhode Island: Spotlight from SNAP-Ed & EFNEP Programs. Public Health Nutrition, Brown University School of Public Health, December 2023.

Community Nutrition Education Programs at the University of Rhode Island. NFS212G: Public Health Nutrition, Department of Nutrition and Dietetics, University of Rhode Island, April 2020.

Physical Activity Assessment. NFS501: Methods in Nutrition Research, Department of Nutrition and Dietetics, University of Rhode Island, April 2019.

Community-based Intervention Implementation. NUTR315: Study Design in Nutrition Research, Friedman School of Nutrition Science & Policy, Tufts University, April 2018.

Sports Nutrition. NUTR101: General Nutrition, Friedman School of Nutrition Science & Policy, Tufts University, August 2017.

National School Lunch Program and Fruit and Vegetable Consumption. ED014: Food and Schools, Department of Education, Tufts University, September 2015.

Addressing Children's Nutrition and Physical Activity Behaviors through the School Environment and Policies. Friedman Seminar, Friedman School of Nutrition Science & Policy, Tufts University. December 2015.

Food Sustainability in the United States. NFS43: Fundamentals of Nutrition, Department of Nutrition and Food Sciences, University of Vermont, April 2015.

Food Service in the Elementary School Cafeteria Environment. NFS250: Food Service & Management, Department of Nutrition and Food Sciences, University of Vermont, September 2013.

## ***Community Lectures***

URI Cooperative Extension SOAR Session. URI Cooperative Extension Retreat, April 2024.

Food Access in RI. Food Recovery for RI (URI Cooperative Extension), Virtual, August 2021.

Eating Healthy on a Budget While Camping. Boy Scouts Troop of Gaspee Plateau, Warwick, RI, April 2019.

Choosing a Healthy Plate for Lunch. McDonald's New England, Natick, MA, August 2016.

Nutrition Needs of Middle School Athletes. Middlebury Union Middle School, Middlebury, VT, May 2014.

## **UNIVERSITY & DEPARTMENT COMMITTEES**

2020-	College of Health Sciences Diversity Taskforce, Member
2022-2023	College of Health Sciences, Strategic Planning Committee
2019- 2022	University of Rhode Island Faculty Senate, Senator <ul style="list-style-type: none"><li>● Academic Calendar Committee, Chair (2021-2022)</li><li>● Academic Calendar Committee (2019- 2020)</li><li>● Curriculum &amp; Standards (2019-2020)</li></ul>
2018-	Cooperative Extension Outreach Committee, Member
2018-	Department of Nutrition & Food Sciences Graduate Committee, Member

## **LOCAL, STATE, & NATIONAL COMMITTEES & ADVISORY COUNCILS**

2024	USDA GusNIP Nutrition Incentive Grant Review Panel
2024-	EFNEP National Coordinators Conference Planning Committee
2023-	RI State Food Plan (Relish Rhody 2.0) Strategic Planning Committee
2023-	RI Farm to School Strategic Planning Committee
2022-	RI Farm to School Leadership Council (appointed) <ul style="list-style-type: none"><li>● Farm to School Coach for Hoxie Elementary School, (2024-2025)</li><li>● Co-Chair of Education Community of Practice (2022-2023)</li></ul>
2022-	Brown University Advance-CTR Community Advisory Board
2020-2021	RI COVID-19 & Food Access Committee
2019-2020	Providence Public School District Farm to School Advisory Committee
2018-	RI Hunger Elimination Taskforce

## **PROFESSIONAL MEMBERSHIPS**

2018-	Association of SNAP Nutrition Education Administrators, Member <ul style="list-style-type: none"><li>● 2021-SNAP-Ed National Toolkit Workgroup, Member</li><li>● 2019-USDA SNAP-Ed Toolkit, Reviewer</li></ul>
2018-	Society for Nutrition Education & Behavior, Member <ul style="list-style-type: none"><li>● Chair, Nutrition Education for Children Division (2022- 2023)</li><li>● Chair-Elect, Nutrition Education for Children Division (2021-2022)</li><li>● Communications Chair, Nutrition Education for Children Division (2020-2021)</li><li>● Division Liaison (2019-2020)</li></ul>
2011-	Academy of Nutrition and Dietetics, Member
2011-2015	American Society for Nutrition, Member