

**Bridget Owens, MS, RD, CNSC**  
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## **EDUCATION**

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<b>M.S. in Nutrition</b>	<b>2009</b>
Baylor University	
<b>U.S. Army Dietetic Internship</b>	<b>2009</b>
Walter Reed Army Medical Center	
<b>B.S. in Nutrition and Dietetics</b>	<b>2007</b>
<b>Minor in Military Science</b>	
University of Rhode Island	

## **RESEARCH INTERESTS**

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- Maternal Child Health, Breastfeeding Promotion and Support, Prenatal and Infant Nutrition, Postpartum Health and Wellness
- Nutrition Focused Physical Exam, Malnutrition Screening and Assessment
- Use of Simulation in Dietetics Education

## **CERTIFICATIONS**

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- Registered Dietitian, Commission on Dietetic Registration, Current
- Dietitian/Nutritionist, State of Rhode Island Department of Health, Current
- Certified Nutrition Support Clinician, National Board of Nutrition Support Certification, Current

## **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

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- Academy of Nutrition and Dietetics

## **HONORS AND AWARDS**

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- Army Meritorious Service Medal, 2014, 2020
- Army Commendation Medal, 2011, 2016, 2018
- Army Achievement Medal, 2011, 2019
- President's Award for Student Excellence, Military Science and Leadership, University of Rhode Island, 2007
- Charles E. Olney Food Science Scholarship, University of Rhode Island, 2007

## **CONFERENCE PRESENTATIONS**

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### **Oral Presentations**

- "Nutrition for metabolic disorders," Federal Advanced Amputee Skills Training Course; Fort Sam Houston, TX; May 2015
- "Performing Nutrition Focused Physical Exams," Joint Field Nutrition Operations Course; Camp Bullis, TX; September 2018
- "Learners' Experience During Military Dietetics Practice Simulation," International Meeting on Simulation in Healthcare; San Diego, CA; January 2020

### **Poster Presentations**

- "Comparing three methods of assessing body composition in Active Duty Service Members," American College of Sports Medicine Annual Meeting; Baltimore, MD; June 2010
- "Lactation support group program at San Antonio Military Medical Center," TriService Nursing Research Program Research and Evidence Based Practice Dissemination Course; San Antonio, TX; August 2016
- "Association between intuitive eating and body composition in middle-aged women," U.S. Army Medical Center of Excellence Graduate School Research Symposium; Virtual platform; July 2021